

# Cornwall Road Running and Racing Group

## Rules for competitors

1. The Grand Prix series is open to all runners who are paid up members of a running club based in Cornwall that is affiliated to EA-
2. To qualify for a series award, a competitor must compete in the minimum number of races as determined by the committee each year. Of this number, at least two races must be of 10 miles or over;
3. If a competitor has to drop out of a race they must inform a marshal or official so that the information is relayed back to the results computer so that they can be accounted for
4. In the Open categories, each competitor will be awarded 300 points diminishing in relation to their finishing position in the race, (100 points diminishing in the Veteran and Team categories)
5. Grand Prix series prizes will be awarded to the top three in every category. In the event of a tie, there will be no "count back" rule used, instead a "joint 1st, 2nd, or 3rd, award presented.
6. All competitors are advised to check that his or her points have been allocated correctly on a regular basis. Any errors will only be amended in the two most recent races. Anyone finding an error, must report it to their own club's representative, who will then deal with it on your behalf. Under no circumstances should you contact the G.P. controllers direct.
7. A runner's age on the 1<sup>st</sup> of January each year will determine that runners age category in the G.P. series for the duration of the year, Awards in age categories at races will be determined by the runners age on race day (as normal).
8. Grand Prix club runners must wear their club vests in GP events. Failure to do so will result in their disqualification from the GP results for that race and therefore zero points. (In accordance with UKA rules they will also be disqualified from all team results.)
9. Any runner who enters a GP race via their own club's "bulk entry system" ( and has not therefore completed a "signed" entry form for that race ), is deemed to have accepted and agreed to that race organiser's responsibilities regarding Data Protection and a Declaration regarding their own personal health and safety.

March 2005

February 2006 Amendment. Rule 3 Now deleted as no longer applicable.

December 2006. Additional Rule. Implementation of Rule 6.

September 2007. Additional rule. Implementation of Rule 7.

December 2007. Additional rule. Implementation of Rule 8.

December 2007. Additional rule. Implementation of Rule 9

September 2012 Rule 1 affiliation to Cornwall AAA replaced by EA

September 2012 Rule 4 points awarded raised from 200 to 300.

September 2012 Rule 3 reinstated to inform of DNF