

GP 2023 after Race 11 Treggy 7 - Female Table

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	SiEntries ID	Name	Club	Storm Force	Newquay 10k	Looe 10	Falmouth	An Res	Trevornick	Sticker 5	Mag 7	Turkey Trot	IQ Half	Treggy 7	Truro Half	Cornish	Score	Completed
1	723331	Anna Harrold	Truro Running Club	498	499	496			499	500	500	500	500	500			3996	9
2	761681	Emma Paull	Hayle Runners		494	497	500	499	500	499	499	498					3986	8
3	537987	Ayesha Gillespie	Tamar Trotters	479	478	482	497	497	492	491	498	482	493	494			3944	11
4	620794	Melodie Manners	Hayle Runners	488		490	495		488	490	495	485	480	492			3923	9
5	794462	Ashley Elliott	East Cornwall Harriers	475	481	483		494	484	492	497	488					3894	8
6	746124	Kirsty Medlock	Hayle Runners	480	475	480	494			482	494	471	488	487			3880	9
7	716934	Beth Popperwell	Mile High	485	484	481	496		480	481		466	474	484			3865	9
8	717181	Lee Strickland	Hayle Runners	481		479		492	477	484		474	485	491			3863	8
9	188018	Karen Pascoe	Cornwall AC	477	477		491	489	479	485		475	483				3856	8
10	368022	Liz Trebilcock	Truro Running Club	452	465	476	487	483	460	475	489	461		483			3819	10
11	746257	Julia Pearce	Cornwall AC	468	474		486	482	474		490	463	482				3819	8
12	746924	Mandy Watts	Newquay Road Runners	437	436	456	475	475	467	478	488	470	468	481			3802	11
13	745054	Debbie Jones	Looe Pioneers Running Club	460	459	462		481	472	473	482			482			3771	8
14	817216	Megan Pitts	Truro Running Club	446	448	465	468	480	463	469	479	458	470	474			3768	11
15	451019	Sarah Wilkinson	Newquay Road Runners	453	456	460	478	474	462	471	486						3740	8
16	747797	Eleanor Ellison	Newquay Road Runners	456	455			467	451	470	485	460		471			3715	8
17	575007	Victoria Humphreys	East Cornwall Harriers	449	445	466	479	472	456		481	456					3704	8
18	735977	Michelle Fitt	Hayle Runners		449	458	472	464	442	454	475	452		473			3697	9
19	747273	Alison Thomas	Hayle Runners	444			471	466	450	452	471	446		472			3672	8
20	720452	Sarah McDonough	East Cornwall Harriers	432	443				439	464	483	459	465	476			3661	8
21	292734	Jennifer Forbes	Hayle Runners	416	418	436	470	457		457		455	473	480			3646	9
22	504291	Lisa Webb	East Cornwall Harriers	427	428	451	469	461	447	453		467	465				3641	9
23	315324	Janet Ritchie	Carn Runners	418	409	445	464	459	440	451	470	439		470			3638	10
24	240101	Debbie Marshall	St Austell Running Club	430	421	449	451	460	436	437	464	444	460	467			3632	11
25	686166	Lucy Oldham	East Cornwall Harriers	412	410	452	454	462	448	455	476		461				3620	9
26	726579	Linda Tout	Tamar Trotters	409	408	438	456	447	427	448	463	438	457	458			3605	11
27	567775	Lisa Player	Newquay Road Runners	433	442	453	473		454	466		453	421				3595	8
28	494548	Lynn Coffman	Tamar Trotters	426	375	464		468	455	461	477			456			3582	8
29	795543	Gill Aze-Thomas	Launceston Road Runners	380	392	428	450	440	412		455	434	462	464			3545	10
30	158743	Jane Stedman	Bodmin Road Runners	401	414	442	460	425		459	467		459				3527	8
31	416165	Sarah Steed	East Cornwall Harriers	366	363	413	434	424	399	428	458	429	453	449			3488	11
32	441674	Rosie Gibbons	Cornwall AC	493	497			498		496		494	497	497			3472	7
33	555073	Claire Barlow	Bodmin Road Runners	364	395	435	429	431	416	441	450	427	431	413			3460	11
34	795451	Hannah Thomas	Truro Running Club	375	385	425	445	433	410		440		450	460			3448	9
35	759322	Donna Fisher	Newquay Road Runners	396	382	433		435	426		461	435		442			3410	8
36	501256	Nikki Pritchard	East Cornwall Harriers	360	350	421	425	414	395	425	449	416	439	419			3408	11
37	386188	Revis Crowle	East Cornwall Harriers		460			491	487	487	496	481		490			3392	7
38	747894	Claire Stone	Hayle Runners	379	354		439	446			451	423	448	451			3391	8
39	750622	Kirstie Slater	Truro Running Club	378	366	424	444		413	440		432	451				3348	8
40	747899	Karen Sims	East Cornwall Harriers	352	378	411		438		446		422	449	448			3344	8
41	748020	Karen Warner	Newquay Road Runners	369	337	401		418	408	430	452	419		445			3342	9
42	746290	Emma James	Launceston Road Runners	386	364	397	440		404	415	445	412	442				3341	9
43	684226	Michelle Dunn	St Austell Running Club	347	313	403	414	406	389	419	448	409	436	395			3330	11
44	797225	Lorraine Hawkins	Launceston Road Runners	357	323	396	422	403	388	408	432	394	432	416			3303	11
45	430070	Wendy Lowe	Bodmin Womens Running Club	376	349	407	437		424			402	437	426			3258	8
46	509954	Annie Bover	Bude Rats (Run and Tri)					456	465	467	472	448	472	468			3248	7
47	504813	Julie Bolitho	Hayle Runners	355	309	395	416	397	360	395	430	382	425	403			3243	11
48	555265	Jacquie Rapiere	Falmouth Running Club	362	355	412		427	398			401	438	420			3213	8
49	746777	Ann Bradley	St Austell Running Club	350	336			400	393	421	443	420		435			3198	8
50	580949	Jackie Stone	Hayle Runners	338	317		419	402	370	416	431	395		422			3193	9
51	747235	Theresa Williams	St Austell Running Club	353	330			413	385	417	438	407		423			3166	8
52	726279	Dawn Scallan	Carn Runners		420		452	442		449	468		463	466			3160	7
53	730447	Gemma Wotherspoon	Bodmin Womens Running Club	319		385	413		376	396	429		429	406			3153	8
54	494547	Jane Forder	Tamar Trotters	371	315	393		392	406	420	439			415			3151	8
55	530557	Judy Jameson	Carn Runners	351	328			408	390	413	434	405		418			3147	8
56	363333	Lavinia Marshall	Launceston Road Runners	358	327	404	426		382	400	433	388					3118	8
57	454043	Juliet Stewart	Truro Running Club	413			459	434	435	450	465	442					3098	7
58	434324	Jacqui Martin	St Austell Running Club	341	298	388	418			393	426	392	427				3083	8
59	682696	Janet Wills	St Austell Running Club	314		382		389	366	403	428	381		410			3073	8
60	745096	Jacqueline Jenkin	Cornwall AC	346	312	394		405	377	407	435	389					3065	8
61	774229	Caroline Cross	Cornwall AC	398	413		462		419	444		436		461			3033	7
62	746678	Sarah Law	Falmouth Running Club	339	293	386		399	383	423		397		404			3024	8
63	826400	Chloe Turner	East Cornwall Harriers		380	427	448		417	435	459		437				3003	7
64	724660	Gillian Onley	Cornwall AC	402	386			420		432	453	399		427			2919	7
65	726522	Natalie Jewell	Falmouth Running Club	384	370	416			414	443		428		446			2901	7
66	741002	Sarah Luff	JP Fitness Cornwall		288			416	421		456	431	445	443			2900	7
67	557271	Helen Mitchell	Truro Running Club	467		477	490				493	469		486			2882	6
68	726521	Nicola Crilly	Falmouth Running Club	367	367	414			409	433		426		433			2849	7
69	343079	Deborah Hocking	Carn Runners	373	358		433	426			437	404		412			2843	7
70	501802	Karina Bowers	St Austell Running Club			463	477		470	472	484			475			2841	6
71	742959	Tanya Coleman	Truro Running Club	463	467	471		479	471			465					2816	6
72	305375	Sandy Jamieson	Carn Runners	363	338			412		412	446	406		436			2813	7
73	795598	Greta Viertel	St Austell Athletes Running Club		341	402			391		436	403	424	411			2808	7

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74	641940	Hannah Smith	Hayle Runners	442	439			469	461			449		478			2738	6
75	751063	Lizzie Hasell	Truro Running Club		308			394	369	418		393	428	409			2719	7
76	431617	Samantha Ewart	St Austell Running Club		301	383		388	394		444	410		396			2716	7
77	831125	Vanessa Morley	Newquay Road Runners	423	422	454		465		458	473						2695	6
78	690858	Kathy Saunders	Looe Pioneers Running Club	331	322	390	421	395	371					399			2629	7
79	452156	Joanne Barry	JP Fitness Cornwall	385	403		453	444	423	399							2507	6
80	794648	Katie Walker	Cornwall AC		495		499					496	499	499			2488	5
81	531490	Jennifer Lawson	Newquay Road Runners	388	393			392	426	454				430			2483	6
82	394924	Emma Stepto	Cornwall AC	497	498			497	495					495			2482	5
83	819655	Georgia Stanfield	Falmouth Running Club	489	491	491		495				489					2455	5
84	748767	Debbie Harrison-Webb	Hayle Runners					493	478	489		479	494				2433	5
85	748487	Alice Vage	Cornwall AC		482		485	490	486			484					2427	5
86	359238	Lesley Taphouse	Bodmin Road Runners		302					422	441	413	430	405			2413	6
87	610044	Eve Hearle	Newquay Road Runners	478	479							476	491	489			2413	5
88	584880	Emma Johns	Hayle Runners				415	396	367	401	427	379					2385	6
89	748670	Olivia Pellowe	Carn Runners			468		473	457	465	478						2341	5
90	752566	Sophie Talling	Newquay Road Runners	425	464			485		476		472					2322	5
91	793957	Courtney Marks	St Austell Running Club	327	303				403	427			433	424			2317	6
92	746871	Wendy Williams	JP Fitness Cornwall	349	305		424	401		398		391					2268	6
93	273360	Sarah Myford	Bodmin Road Runners	434	434	459			459	468							2254	5
94	660236	Helen Cattran	Hayle Runners	356	273		428	384		410				400			2251	6
95	396493	Christina Lake	Falmouth Running Club	333	282		417	390	379					397			2198	6
96	747948	Charlie Gray	Newquay Road Runners	403	404				443			447		469			2166	5
97	306370	Margaret Wade	Carn Runners	321	285			404	363			373		398			2144	6
98	385026	Demelza Withershoven	Carn Runners	390				381	431	442	414						2058	5
99	581664	Catherine Sims	Tamar Trotters	392	374	422		428	418								2034	5
100	499360	Jeanette Turpin	East Cornwall Harriers	377	361	423	438	423									2022	5
101	756886	Fiona Gamble	Hayle Runners	415	333		443	421				386					1998	5
102	512242	Rebecca Stobart	Cornwall AC	491	493				496			498					1978	4
103	818765	Jasmine Rapson	Newquay & Par AC		488				494	494		491					1967	4
104	420986	Nicky Sowerby	Truro Running Club	365	352	405	427	407									1956	5
105	224653	Emma Mossop	Falmouth Running Club	487	487			496				483					1953	4
106	716839	Hannah Fox	Mile High				489	488				477					1937	4
107	578573	Katy Jenkins	Truro Running Club	486	485				486			480					1937	4
108	393536	Corinne Gerrard	Hayle Runners	464				487					481	485			1917	4
109	159667	Caroline Vinnicombe	Cornwall AC	344					380	388	423	371					1906	5
110	800391	Lucy Paull	Hayle Runners	461		472			482				484				1899	4
111	802823	Jane Barker	Hayle Runners	458				470		479		464					1871	4
112	729035	Emma Fox	Newquay Road Runners		458			471	476			462					1867	4
113	728766	Alison Roose	Newquay Road Runners	440					464	474			478				1856	4
114	745100	Miranda Flannigan	Cornwall AC	457	452		463	478									1850	4
115	748124	Angeline Hadfield	Truro Running Club		440				458	463		454					1815	4
116	745090	Marlene Grobler	Carn Runners	450	450		461		444								1805	4
117	782710	Nicola Edwards	Newquay Road Runners						445	456		440		463			1804	4
118	748849	Ellen Gibson	Cornwall AC	436	432				438	460							1766	4
119	748154	Izzy Cook	Bys Vyken Race Team		405				411	447		443					1706	4
120	553271	Sally Martin	Falmouth Running Club	383		410	431						455				1679	4
121	111146	Janet Watson	Carn Runners	368				429				418	454				1669	4
122	577907	Ruth Simmons	St Austell Running Club							392	425	383	426				1626	4
123	579805	Sarah Booker	Falmouth Running Club		335	409		410						439			1593	4
124	502174	Melanie Nile	St Austell Running Club		334	399			397	438							1568	4
125	336814	Rachael Church	Perran Trail Runners	359	342			409	396								1506	4
126	233295	Sarah Hoskin	Mile High	499		500		500									1499	3
127	569236	Tamara Beach	Cornwall AC						498			497		498			1493	3
128	610688	Steph Hutton	Cornwall AC	494		498						499					1491	3
129	443494	Lucy Longbottom	Truro Running Club			493			498				495				1486	3
130	735698	Jo Temple	Truro Running Club		490	495				497							1482	3
131	522445	Lucy Williams	Truro Running Club	490		494						493					1477	3
132	730928	Rose Harvie	Newquay Road Runners		489			495				492					1476	3
133	867639	Donna Raggett	Cornwall AC									487	487	493			1467	3
134	744611	Ann Foster	Tamar Trotters		280			391	374	405							1450	4
135	419419	Jane Pett	JP Fitness Cornwall	316	306		423		402								1447	4
136	745497	Stella Gardener	Newquay Road Runners	484	483					480							1447	3
137	823678	Jessica Gallienne	Newquay Road Runners		299				373	394		378					1444	4
138	748731	Leigh Spencer	Newquay Road Runners		470				483	488							1441	3
139	295043	Jenny Mills	Launceston Road Runners								480		476	477			1433	3
140	420137	Emma Clark	Looe Pioneers Running Club	474								473	486				1433	3
141	475278	Sharon Daw	East Cornwall Harriers	472	480	478											1430	3
142	240026	Kaye Patterson	East Cornwall Harriers		472	474			481								1427	3
143	748378	Georgina Purvis	Truro Running Club	330	279		420	393									1422	4
144	661596	Lauren Bailey	Truro Running Club	466	461						491						1418	3
145	781964	Amanda Gore	Hayle Runners	337	291					404		384					1416	4
146	514834	Sarah Johns	Hayle Runners	343	286					406		380					1415	4

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147	725804	Samantha Dixon	Hayle Runners	311	278								423	401			1413	4
148	271994	Susanne Wood	Cornwall AC	462	469			476									1407	3
149	750577	Kelly Keough	Newquay Road Runners		463				475			468					1406	3
150	416840	Anna Carter	Newquay Road Runners			450	474				474						1398	3
151	166973	Meeta Nicholls	East Cornwall Harriers		441	469		477									1387	3
152	591350	Rosie Trevains	Bys Vyken Race Team	328	292				368			385					1373	4
153	561754	Sally Johnston	Tamar Trotters			429							458	452			1339	3
154	727278	Helen Casey	Hayle Runners				449	453				437					1339	3
155	748595	Tessa Mason	East Cornwall Harriers	445	438	455											1338	3
156	730223	Sarah Ryan	Newquay Road Runners	429	433								475				1337	3
157	209394	Michelle Roskilly	Hayle Runners		429	447		455									1331	3
158	437107	Linda Cuff	Looe Pioneers Running Club	438	435	457											1330	3
159	244469	Tamzin Davey	Perran Trail Runners	410					446				471				1327	3
160	408199	Kathryn Thomas	Cornwall AC	312	268				358	389							1327	4
161	583630	Sarah Allen	Hayle Runners	428	427		467										1322	3
162	730619	Mary Goodacre	Tamar Trotters								447		446	428			1321	3
163	683153	Paula Richardson	East Cornwall Harriers	309	267			383	361								1320	4
164	853307	Caroline Pack	Falmouth Running Club					439	420					457			1316	3
165	742330	Jackie Chapman	Launceston Road Runners							434		424	450				1308	3
166	210570	Lisa Talling	Newquay Road Runners	424	419							451					1294	3
167	820780	Abigail Smith	Tamar Trotters		407			445	432								1284	3
168	726436	Louisa Chisholm	Looe Pioneers Running Club	451	454	377											1282	3
169	818356	Rachel Yelland	East Cornwall Harriers		379					439	457						1275	3
170	818362	Jeanette Duncan	Newquay Road Runners		396				425	445							1266	3
171	745490	Dawn Diprose	East Cornwall Harriers	387	415	444											1246	3
172	824069	Angela Datlen	Newquay Road Runners		387				415				435				1237	3
173	643489	Julie Oxenham	Bodmin Road Runners	399	398	426											1223	3
174	751122	Ashley Holt	Carn Runners	391	401			419									1211	3
175	579695	Nicky Brenton	Bodmin Road Runners	393	400	417											1210	3
176	759165	Margaret Clark	Hayle Runners	397	381	430											1208	3
177	830865	Kerry Hoskin	Truro Running Club		316								447	441			1204	3
178	784808	Gwen Maggs	St Austell Running Club		369	387	436										1192	3
179	494115	Naomi Flower	Newquay Road Runners	370						414		400					1184	3
180	665436	Susan Thomas	Hayle Runners	354		400						430					1184	3
181	757149	Margaret Ann Kinahan	East Cornwall Harriers						362			396		414			1172	3
182	747792	Victoria Hall	Bodmin Road Runners		325	398							425				1148	3
183	619081	Mary Mullarkey	East Cornwall Harriers		329				386				421				1136	3
184	772276	Victoria Walton	Newquay Road Runners	322					387			390					1099	3
185	781344	Angela Tyson	Newquay Road Runners		274				375				422				1071	3
186	516080	Julie Gregory	Looe Pioneers Running Club	342	320	391											1053	3
187	621651	Kathran Dormer	Falmouth Running Club		289			387				375					1051	3
188	669906	Paula Brooks	Tamar Trotters	324	281						424						1029	3
189	764246	Karen Lovegrove	Hayle Runners	334	290	389											1013	3
190	749248	Rebecca Ezra-Ham	Tamar Trotters	500	500												1000	2
191	396166	Zelah Morrall	Cornwall AC	496								495					991	2
192	748040	Charlotte Tansley	Cornwall AC									492		496			988	2
193	463105	Melissa Nicholas	Hayle Runners				493							488			981	2
194	509156	Amy Sole	Cornwall AC	492	489												981	2
195	447321	Stacie Marks	St Austell Athletes Running Club			484				493							977	2
196	175380	Jane Bremner	Tamar Trotters			486							490				976	2
197	748043	Sarah Ellis	Hayle Runners	318	272			386									976	3
198	684939	Rachel Vague	Tri Logic Cornwall	483		485											968	2
199	436121	Rosie Bradbury	Falmouth Running Club			475	492										967	2
200	745244	Jenny Cartwright	Looe Pioneers Running Club				480	484									964	2
201	785080	Sally Turner	Cornwall AC						485			477					962	2
202	610805	Andrea Simmons	Hayle Runners				481						479				960	2
203	204826	Catheryn Camborieux	Truro Running Club	465			488										953	2
204	666752	Ellen Jones	Cornwall AC	473								478					951	2
205	819645	Lily Lorys	Hayle Runners			467	484										951	2
206	637011	Laura Pool	Truro Running Club	470	476												946	2
207	643015	Lia Foreman	Hayle Runners	469	473												942	2
208	747856	Amanda Hewitt	Cornwall AC	476	466												942	2
209	870386	Cerys Brady	East Cornwall Harriers							469		456					925	2
210	720469	Eleanor Ward	Truro Running Club		462		457										919	2
211	425707	Amy Gregory	Newquay Road Runners	455	457												912	2
212	378506	Judith Wilkinson	Tamar Trotters							460				447			907	2
213	864019	Hannah Law	Cornwall AC							462		445					907	2
214	782705	Camellia Bullingham	Truro Running Club	431			476										907	2
215	160186	Helen Thomas	Truro Running Club	454	453												907	2
216	809333	Maria De Ruvo	Hayle Runners	439			466										905	2
217	748385	Kay Middleditch	Truro Running Club				455						444				899	2
218	491669	Aimee Jones	Tri Logic Cornwall			446		452									898	2
219	315414	Linda Pickard	Launceston Road Runners			432					462						894	2

GP 2023 after Race 11 Treggy 7 - Male Table

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	SiEntries ID	Name	Club	Storm Force	Newquay 10k	Looe 10	Falmouth	An Res	Trevornick	Sticker 5	Mag 7	Turkey Trot	IQ Half	Treggy 7	Truro Half	Cornish	Score	Completed
1	855837	David Tregonning	St Austell Running Club	493		497	496	499	496	500	498		491				3970	8
2	424338	Jordan Morant	Hayle Runners	495	493			496	492	495	496		498	492			3957	8
3	616146	Jacob Gardner	Hayle Runners	485		491	497	494	482	498		493	499	495			3952	9
4	761304	Simon Morse	East Cornwall Harriers	489	492	498		498	489	494	497	487	494	488			3951	10
5	665637	Peter Barnes	Hayle Runners	481	478			493	495	490	493	482	495	485			3914	9
6	748247	Daniel Strickland	Hayle Runners	474	472	489		489		484	490		492	486			3876	8
7	248258	Adrian Ball	Cornwall AC	479	476		498		484	489		479	493	475			3873	8
8	727361	Liam Gallantry	East Cornwall Harriers	477	475	492			478	480	488	474	488	479			3857	9
9	209201	Richard Martin	St Austell Running Club			488	482	483	476	472	486	464		463			3814	8
10	799735	Mark Roby	Truro Running Club	429	437	477	481		462	474	484	463	482	478			3801	10
11	688769	Liam O'Neill	Hayle Runners	476	467	485	487	473				461	479	472			3800	8
12	796448	Alan Thomas	Falmouth Running Club	451	446	486	484	462		479		469	486	481			3798	9
13	660317	Darrin Porter	Cornwall AC	456	443	482	477	484	466	471	471	458	475	462			3788	11
14	756650	Anthony Worthington	Tamar Trotters		442			476	473	470	481	460	474	473			3749	8
15	369267	Simon Knowles	Hayle Runners	442	457		456	485	474	467	474	455		468			3736	9
16	773141	Ian Curnow	Hayle Runners	440	430	476	468	467	458	464	477	453	469				3732	10
17	706501	Steve Law	Falmouth Running Club	446	451	484	474	477	464	463				466			3725	8
18	716751	Jon Eldon	Hayle Runners	444	435	474	462	470	453	460	468	450	468	461			3716	11
19	498588	Mike Dowrick	Cornwall AC	454	449			481	472	469	476	456		453			3710	8
20	795745	Mark Williams	Hayle Runners	447	434	469	459	456	443	457	469	451	477	467			3705	11
21	748298	Mike Ellis	Newquay & Par AC	467	456			451	462	472	447	476	464				3695	8
22	283717	Lee Burford	Hayle Runners	425	425	457	439	466	455	459		445	471	456			3648	10
23	454324	David Guffick	Hayle Runners	428	439		460	469	456	452		439	460	460			3635	9
24	215296	Steve Baker	Tamar Trotters		419	468	433	459		456	465	430	461	454			3626	9
25	495184	Bruce Carey	Newquay Road Runners	395	402	463	441	442	435	446	448	426	443	449			3567	11
26	744929	Kevin Silver	Hayle Runners	410	408	458	445		442		454	429	449	450			3537	9
27	216121	Mark Thomas	Truro Running Club	418	412	453	448	449	441		457	424		447			3537	9
28	759505	Frazer Humbles	Hayle Runners	411	411		453	458			462	432	459	445			3531	8
29	276216	Jonathan Crowle	Truro Running Club	414	418	467	449		444	450		433	451				3526	8
30	768098	Andrew Cassidy	Cornwall AC	416	410	459	444	454	424	447	456	420					3520	9
31	800652	Paul Gough	Hayle Runners	415	406	460	438	445	445		445	438	432				3518	9
32	719222	James Stephens	St Austell Running Club	387	388	437	428	441	420	442	459	416	446	434			3507	11
33	684603	Mark Bennetts	St Austell Athletics Running Club	392	387	444	426	432	434	449	453	423		443			3504	10
34	794598	Danny O'Shea	Truro Running Club	384	384	435	421	437	419	439	450	421	441	444			3488	11
35	724134	Steve Reynolds	Truro Running Club	496	495	500	500	500	498					498			3487	7
36	308760	Peter Allen	Newquay Road Runners	397	393	450	431	425	425	438	444	414	439	428			3480	11
37	716607	Paul Whear	Cornwall AC		489		494	497	497	497	495	492					3461	7
38	782406	Dominic Parnell	Tamar Trotters	408	396	443	424	434	421	445	439	427		422			3455	10
39	725983	Michael Counter	St Austell Running Club	379	382	432	420	433	415	428	442	403	431	437			3438	11
40	417445	Barrie Cardew	Carn Runners	385	404			444	437		449	425	442	448			3434	8
41	441624	Derrick Frantz	Cornwall AC	405	400	447	432	436	428	437		419	430				3434	9
42	720455	Ian Savigar	East Cornwall Harriers	386				440	430	435	452	417	435	436			3431	8
43	386444	Andrew Ellis	Hayle Runners	365	372		425	435	423	440	446	405	437				3383	9
44	760591	Richard Collett	Hayle Runners	370	378	431	423	426	408	424	432	400	419	409			3372	11
45	536144	Stuart Smith	Hayle Runners	356	360	422	403		410	427	437	397	426	426			3348	10
46	446463	Mark Knight	Newquay & Par AC		466	483	483	486	480	481		470	477				3343	7
47	751121	Matthew Wilson	Cornwall AC	390	389	440		428	413	429		411		429			3329	8
48	667674	Pete Higham	Falmouth Running Club	358	344	418	401	409	402	416	431	394	416	410			3303	11
49	741008	James Danks	Falmouth Running Club	341	320	411	400	400	405	413	429	398	418	417			3293	11
50	748353	Steven Walkey	Falmouth Running Club	343	330	417	398	410	395	408	426	376	411	399			3264	11
51	420622	Michael Hawke	St Austell Athletics Running Club	433	450	479	467	468	469	468							3234	7
52	631285	Des Evans	Newquay Road Runners	323	311	407	393	398	396	400	422	369	409	395			3220	11
53	745094	Colin Martin	Newquay Road Runners	344		415	405	411		420	430	383		408			3216	8
54	161666	John Sole	Cornwall AC	458	427					466	475	454	463	465			3208	7
55	550913	Chunky Penhaul	Hayle Runners	368	354		410	405		417		390	427	423			3194	8
56	315284	Marcus Wills	East Cornwall Harriers	423	440	481		463	467			452	465				3191	7
57	744607	Darren Blenkinsop	Tamar Trotters	329	310	405	396	382	384	407	424	377		415			3190	10
58	722753	Simon James	Cornwall AC	359	336			404	399	430	440	408		411			3187	8
59	772582	Thomas Halton	St Austell Running Club	422		472	461	461		455	463		453				3187	7
60	755620	John Brady	East Cornwall Harriers	340	325	410		387	386	403	427		410	400			3163	9
61	522287	Alan Brandwood	Falmouth Running Club	326	296	399	385	381	378	394	418	365	407	390			3152	11
62	718771	Ben Dutton	St Austell Athletics Running Club		332	389	402		400		421	378	400	406			3128	8
63	745095	Richard Jenkin	Cornwall AC	327	317	397		397	377	397	420	372	414				3101	9
64	491015	Kevin Marshall	Launceston Road Runners	431	403	456	434		454	453			454				3085	7
65	773171	Robert Bolitho	Hayle Runners	313	290	385		375	365	388	414	357	401	383			3068	10
66	474045	Neil Ham	JP Fitness Cornwall	342	328	401	389		393	412		380	403				3048	8
67	657568	Andrew James	Hayle Runners	398		446		439	431	441	447		440				3042	7
68	748133	Ray Goodright	East Cornwall Harriers	317		386	384		371			416	358	404	387		3023	8
69	274470	Ian Ringer	Bodmin Road Runners	315	294	402		384	385		417		406	393			2996	8
70	623453	Darren Roose	Newquay Road Runners	478	483					499	491		496	493			2940	6
71	728754	Jamie Edwards	Newquay Road Runners	487	491				487	487		491		489			2932	6
72	501552	Alex Marples	Truro Running Club		485		495		490	485	492	477					2924	6
73	746069	Paul Heywood	Launceston Road Runners	316	291	387	387		373	385	415	359					2913	8

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74	726416	Robert Rochowiak	Carn Runners		355		412	418	414	423		393	424				2839	7
75	206038	Martin Trethewey	St Austell Running Club	367	365		418	415	401	425	435						2826	7
76	726219	Matt Fox	Falmouth Running Club	449			478		468		479	465	472				2811	6
77	7111	Stephen Hutchinson	Bude Rats (Run and Tri)	375	352		414		407	422	436			402			2808	7
78	731861	Scott Abraham	Hayle Runners	457	455		480				466	444		469			2771	6
79	728052	Ryan Marks	St Austell Running Club	435	426				460	476			481	476			2754	6
80	780154	Satnam Basram	Cornwall AC	337	361		397	417		419		389		419			2739	7
81	417090	Mike Bawden	Carn Runners	353	335				391	414	433	386		404			2716	7
82	771732	Eoin Stockdale	Carn Runners	347	345	409	391	389	387			392					2660	7
83	315573	Iain Walker	St Austell Running Club	400		452	442	455			464	436					2649	6
84	763759	Adam Carlyon	Truro Running Club	409	422		452	448		451		435					2617	6
85	826316	Steve Menear	St Austell Running Club	328	312	403	392			401		368	412				2616	7
86	537306	Julian Shakerley	St Austell Athletics Running Club	399	405	465	437		418				434				2558	6
87	557872	Stewart Townend	Hayle Runners	322	302		382	380				354	402	385			2527	7
88	749909	Paul Smith	Cornwall AC					491	491	493	494	488					2457	5
89	750253	Dylan Stevens	Newquay & Par AC		484				488	496		485		483			2436	5
90	791818	Mark Scallan	Carn Runners				390	407		406	425		413	394			2435	6
91	384549	Kieran Murrant	Hayle Runners	480		490	491	490	477								2428	5
92	538238	Jake Timms	Falmouth Running Club			483	485	482				471	487				2408	5
93	846971	Callum Waldie	Truro Running Club					480	475		485		485	455			2380	5
94	183240	Andrew Sims	East Cornwall Harriers	360	353			408		426		381		418			2346	6
95	623694	James Rooney	Bude Rats (Run and Tri)	362	349	413	394		411					413			2342	6
96	452256	Leo Muid	Falmouth Running Club	424		473	464	451						442			2254	5
97	423479	James Manning	Hayle Runners	450	433			465				440		452			2240	5
98	622612	Matthew Berry	Truro Running Club	453	458							428	444	451			2234	5
99	498911	Nigel Knuckey	Truro Running Club	330	315			388		399			408	392			2232	6
100	381794	Malcolm Roberts	St Austell Running Club						439	444	455		447	441			2226	5
101	731424	Bradley Parsons	St Austell Running Club	403	429	470		475				448					2225	5
102	516289	John Barnes	Launceston Road Runners	334	316	408		386	375					381			2200	6
103	813088	Tim Hicks	Newquay Road Runners	413	417	464	446	457									2197	5
104	747923	Dennis Burrell	Carn Runners		283				366	383	413	355		382			2182	6
105	284124	Stuart Richards	St Austell Running Club			449	386	450		443				446			2174	5
106	209056	Colin Bathe	Truro Running Club	417	414			416	436			431					2114	5
107	558623	Marty Barnfield	Bodmin Road Runners	407	401	445			433			422					2108	5
108	782622	Steven Thomas	Carn Runners	373				431		434		413	438				2089	5
109	728633	Sam Goodchild	Cornwall AC	500	500				500			500					2000	4
110	750429	James Cutlan	Cornwall AC	494	494							496		494			1978	4
111	661780	Ross Pascoe	Cornwall AC	490	490				499			490					1969	4
112	748065	Llewin Head	Mile High						493	492		489		491			1965	4
113	831126	Andrew Morley	Newquay Road Runners	355	343	421				411	434						1964	5
114	755261	Peter Watson	Falmouth Running Club				490	492				484	490				1956	4
115	656473	Neil Hayhurst	Hayle Runners						481	488		481		487			1937	4
116	747497	Michael Orchard	Hayle Runners	350	324					410			423	416			1923	5
117	748431	Christopher Ramsey	Truro Running Club		300					415		385	422	384			1906	5
118	794709	Kyran James	Newquay & Par AC		470				485	461		483					1899	4
119	464421	Adam Keogh	Falmouth Running Club	464	464			488			482						1898	4
120	754894	Callum Pinch	Truro Running Club	436	454		489				478						1857	4
121	845436	Stan Cameron	Mile High		444					473	478	459					1854	4
122	740858	Jonny Unwin	Cornwall AC	462	468							466	458				1854	4
123	476839	Jeremy Brown	Bude Rats (Run and Tri)	443	428			479					478				1828	4
124	750060	Tommy Polglase	Carn Runners			434		430	427				448				1739	4
125	771633	Benjamin Jarram	Launceston Road Runners	388	394						441			435			1658	4
126	830870	Alan Edwards	Newquay Road Runners						406	421		395		421			1643	4
127	772281	Trevor Spinks	Newquay Road Runners	391	390	441			416								1638	4
128	603684	John Sudell	East Cornwall Harriers	371	371	442					443						1627	4
129	833617	Johnathan Billing	Hayle Runners		357	428	419	422									1626	4
130	511579	Grahame Mace	Looe Pioneers Running Club	363	368				412		438						1581	4
131	272316	Donal Breen	Newquay Road Runners	349	377	426	409										1561	4
132	748011	Martin Venning	Launceston Road Runners						374	389		360		386			1509	4
133	441618	Mike Lemin	Tamar Trotters	332		398		394	369								1493	4
134	728471	David Crawford	Newquay & Par AC	497	497	499											1493	3
135	506307	Robert Kernaghan	Looe Pioneers Running Club	336	329	406					419						1490	4
136	357060	Steve Lawrence	Falmouth Running Club						364	382		351		380			1477	4
137	393129	Aaron Benney	Mile High		479	495	499										1473	3
138	813760	Adam Gore	Hayle Runners	491									497	484			1472	3
139	675675	Carl Murphy	Truro Running Club			493	493		483								1469	3
140	747885	Ian Grimes	Launceston Road Runners		304					396		370		398			1468	4
141	776316	Tony Wright	Cornwall AC	488	487						489						1464	3
142	434172	Trevor Williams	Tamar Trotters	338	327	412		385									1462	4
143	362924	Thomas Rosenfeld	Hayle Runners							482	487		489				1458	3
144	371063	Phillip Henwood	Newquay Road Runners		318		395		382			363					1458	4
145	159638	Paul Sole	Cornwall AC	486	486									482			1454	3
146	604348	Peter Drew	Carn Runners		301			391	380			367					1439	4

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293	829576	Garth McColville	St Austell Athletes Running Club			487											487	1
294	794255	Abhik Gupta	Cornwall AC									486					486	1
295	818594	Joshua Barnett	Cornwall AC						486								486	1
296	569142	Josh Karpinski	Newquay Road Runners	484													484	1
297	752608	Alex Daniels	Newquay Road Runners									483					483	1
298	832539	Jamie Daniell	St Austell Running Club						483								483	1
299	680402	Peter Sowerby	Truro Running Club		482												482	1
300	873558	Colin Snook	Cornwall AC											480			480	1
301	748925	Matt Lawless	Cornwall AC										480				480	1
302	748051	Jon Paget	Mile High		480												480	1
303	367670	James Barnet	Falmouth Running Club						479								479	1
304	561007	Blake Brown	Cornwall AC							477							477	1
305	813001	Ben Kent	Tri Logic Cornwall									476					476	1
306	159593	Gary Richards	Cornwall AC										473				473	1
307	551254	Nigel Swift	Perran Trail Runners	473													473	1
308	870575	Joe Wylie	Mile High									472					472	1
309	215095	James Youlden	St Austell Running Club	471													471	1
310	796319	Clem Mitchell	Hayle Runners										470				470	1
311	812393	Henry Kennaway	Cornwall AC		469												469	1
312	869957	Jordon West	Cornwall AC									468					468	1
313	691616	Tom Brunet-Chugg	St Austell Running Club				466										466	1
314	747397	David Reid	Hayle Runners	466													466	1
315	750433	Liam Donelly	St Austell Running Club				465										465	1
316	805381	Noah Bohge	Truro Running Club	465													465	1
317	803476	Matthew Dyson	Newquay & Par AC										464				464	1
318	689561	Jack Wightman	Mile High	463													463	1
319	209372	Simon Williams	Newquay & Par AC									462					462	1
320	214755	Joseph Kennett-Parsons	Hayle Runners			462											462	1
321	454479	Antony Jarvis	St Austell Running Club		462												462	1
322	871730	Kevin Baskott	Tamar Trotters								461						461	1
323	360842	Paul Gregg	Tamar Trotters	461													461	1
324	750446	John Steadman	Newquay & Par AC		460												460	1
325	819169	Richard Daniels	Newquay & Par AC		459												459	1
326	748506	Tony Dunn	Cornwall AC	459													459	1
327	400385	Richard Kell	Newquay Road Runners										457				457	1
328	748062	David Moore	Cornwall AC									457					457	1
329	607578	Nick Hearle	Perran Trail Runners						457								457	1
330	573007	Alastair Smith	Truro Running Club				455										455	1
331	656749	Andrew Hickson	Cornwall AC										452				452	1
332	861906	Chris Brown	Hayle Runners						452								452	1
333	341498	Will Luckhurst	Hayle Runners	452													452	1
334	748270	Ian Temple	Bodmin Road Runners			451											451	1
335	516973	Paul Allan	Hayle Runners										450				450	1
336	789124	Oliver Pendlington	Newquay Road Runners						449								449	1
337	159554	Richard Keefe	Falmouth Running Club						448								448	1
338	209308	Pete Waumsley	Tamar Trotters		448												448	1
339	453988	Steve Babb	Newquay Road Runners	448													448	1
340	458675	Martin Davis	Newquay Road Runners						447								447	1
341	748940	Gareth Brindley	Newquay Road Runners				447										447	1
342	785564	Rob Humphrey	St Austell Running Club		447												447	1
343	854909	Andy Bray	Tri Logic Cornwall						446								446	1
344	266813	Andy Rich	St Austell Running Club	445													445	1
345	400722	Andy Chase	St Austell Athletes Running Club				443										443	1
346	215086	Robin Watson	Falmouth Running Club									441					441	1
347	315113	Paul Seagger	Hayle Runners											440			440	1
348	311839	James Skeplorn	Truro Running Club											439			439	1
349	355794	Steven Lee	St Austell Athletes Running Club			439											439	1
350	858750	Simon Hambury	Falmouth Running Club										436				436	1
351	749947	Matthew McDonough	East Cornwall Harriers							436							436	1
352	818801	James Toseland	Truro Running Club				436										436	1
353	621283	Adam Roberts	Bodmin Dragons Triathlon Club		436												436	1
354	786001	Mark Sluggett	Launceston Road Runners											433			433	1
355	844795	Andrew Davis	St Austell Athletes Running Club							433							433	1
356	748934	Wayne Rundle	Launceston Road Runners											432			432	1
357	718299	Jonathan Berridge	Truro Running Club						432								432	1
358	397351	Gary Duxbury	Falmouth Running Club				430										430	1
359	861116	Steve Rendle	Newquay Road Runners						429								429	1
360	310118	Hugh Savage	Perran Trail Runners				429										429	1
361	879047	Andrew Simpson	Launceston Road Runners													427	427	1
362	827416	Tom Edie	St Austell Athletes Running Club			427											427	1
363	668214	Mark Thomas	Cornwall AC	427													427	1
364	583131	James Burch	Tamar Trotters	426													426	1
365	744930	Mark Simpson	Launceston Road Runners											425			425	1

GP 2023 after Race 11 Treggy 7 - Female Age Category Table

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SiEntries ID	Name	Club	Storm Force	Newquay 10K	Looe 10	Falmouth	An Res	Trevornick	Sticker 5	Mag 7	Turkey Trot	IQ Half	Treggy 7	Truro Half	Cornish	Score	Completed	Age Category
537987	Ayesha Gillespie	Tamar Trotters	195	191	190	198	200	196	195	200	189	196	197			1577	11	Female Under 35
620794	Melodie Manners	Hayle Runners	196		195	197		192	194	198	191	193	196			1561	9	Female Under 35
794462	Ashley Elliott	East Cornwall Harriers	194	192	191		198	191	196	199	193					1554	8	Female Under 35
817216	Megan Pitts	Truro Running Club	188	186	187	191	195	189	189	195	185	192	192			1531	11	Female Under 35
575007	Victoria Humphreys	East Cornwall Harriers	190	184	188	193	194	187		196	184					1516	8	Female Under 35
826400	Chloe Turner	East Cornwall Harriers	177	184	187			184	184	192			188			1296	7	Female Under 35
774229	Caroline Cross	Cornwall AC	182	181		189		185	185		180		191			1293	7	Female Under 35
795598	Greta Viertel	St Austell Athletes Running Club	173	183				180		191	177	188	184			1276	7	Female Under 35
641940	Hannah Smith	Hayle Runners	186	183			192	188			183		193			1125	6	Female Under 35
793957	Courtney Marks	St Austell Running Club	178	171				181	183			189	185			1087	6	Female Under 35
794648	Katie Walker	Cornwall AC	198			200					198	200	200			996	5	Female Under 35
819655	Georgia Stanfield	Falmouth Running Club	197	196	196			198			194					981	5	Female Under 35
748487	Alice Vage	Cornwall AC	193			195		194	192		190					964	5	Female Under 35
752566	Sophie Talling	Newquay Road Runners	183	188			196		190		187					944	5	Female Under 35
512242	Rebecca Stobart	Cornwall AC	198	197				199				199				793	4	Female Under 35
818765	Jasmine Rapson	Newquay & Par AC	194					197	198		196					785	4	Female Under 35
802823	Jane Barker	Hayle Runners	191				193		191		186					761	4	Female Under 35
748849	Ellen Gibson	Cornwall AC	185	182				186	187							740	4	Female Under 35
748154	Izzy Cook	Bys Vyken Race Team	179					183	186		181					729	4	Female Under 35
569236	Tamara Beach	Cornwall AC							200		199		199			598	3	Female Under 35
610688	Steph Hutton	Cornwall AC	199		199						200					598	3	Female Under 35
443494	Lucy Longbottom	Truro Running Club			197			200				197				594	3	Female Under 35
735698	Jo Temple	Truro Running Club	195	198					199							592	3	Female Under 35
730928	Rose Harvie	Newquay Road Runners		194			199					195				588	3	Female Under 35
748731	Leigh Spencer	Newquay Road Runners	189					190	193							572	3	Female Under 35
751122	Ashley Holt	Carn Runners	181	178			190									549	3	Female Under 35
494115	Naomi Flower	Newquay Road Runners	179						182		176					537	3	Female Under 35
749248	Rebecca Ezra-Ham	Tamar Trotters	200	200												400	2	Female Under 35
748040	Charlotte Tansley	Cornwall AC									197		198			395	2	Female Under 35
463105	Melissa Nicholas	Hayle Runners				196							195			391	2	Female Under 35
447321	Stacie Marks	St Austell Athletes Running Club		192					197							389	2	Female Under 35
870386	Cerys Brady	East Cornwall Harriers								194		190				384	2	Female Under 35
819645	Lily Lorys	Hayle Runners			189	194										383	2	Female Under 35
643015	Lia Foreman	Hayle Runners	192	190												382	2	Female Under 35
666752	Ellen Jones	Cornwall AC	193								188					381	2	Female Under 35
782705	Camellia Bullingham	Truro Running Club	184			192										376	2	Female Under 35
720469	Eleanor Ward	Truro Running Club		187		188										375	2	Female Under 35
760516	Martha Carlisle	Cornwall AC	187	185												372	2	Female Under 35
864019	Hannah Law	Cornwall AC							188		182					370	2	Female Under 35
833683	Kate Frame	Carn Runners		180		190										370	2	Female Under 35
818883	Ellie Peck	Tamar Trotters		176									190			366	2	Female Under 35
459116	Diana Raiker	Falmouth Running Club		174				182								356	2	Female Under 35
665740	Donna Dark	Hayle Runners	176	169												345	2	Female Under 35
575036	Holly Andrews	Truro Running Club			200											200	1	Female Under 35
803538	Hannah Mason	St Austell Athletes Running Club				199										199	1	Female Under 35
793900	Olivia Carthew	Newquay & Par AC		199												199	1	Female Under 35
860281	Sarah Reel	Falmouth Running Club										198				198	1	Female Under 35
871084	Daria Khomych	Tamar Trotters								197						197	1	Female Under 35
778622	Helen Barrett	Falmouth Running Club					197									197	1	Female Under 35
869368	Jessica Brown	Newquay & Par AC									195					195	1	Female Under 35
756176	Sasha Clark	Cornwall AC						195								195	1	Female Under 35
868619	Roxane Cody	Hayle Runners											194			194	1	Female Under 35
561059	Megan Rowe	St Austell Running Club										194				194	1	Female Under 35
870953	Harriet Housam	Tamar Trotters							193							193	1	Female Under 35
800950	Joanna Furtado	Falmouth Running Club						193								193	1	Female Under 35
837043	Tori Marks	St Austell Athletes Running Club			193											193	1	Female Under 35
791347	Aoife Mooney	Cornwall AC									192					192	1	Female Under 35
863111	Joanna White	East Cornwall Harriers										191				191	1	Female Under 35
808993	Hannah Cooksley	Falmouth Running Club					191									191	1	Female Under 35
875509	Abby Munday	Launceston Road Runners											189			189	1	Female Under 35
719892	Susi Menhinick	St Austell Running Club	189													189	1	Female Under 35
874044	Genna Williams	Launceston Road Runners											187			187	1	Female Under 35
859775	Jennifer Kempthorne	Bodmin Womens Running Club											186			186	1	Female Under 35
666494	Bryony Halliday	Cornwall AC				186										186	1	Female Under 35
718827	Emily Canty	St Austell Athletes Running Club			186											186	1	Female Under 35
363241	Kirsty Webb	Looe Pioneers Running Club			185											185	1	Female Under 35
880290	Phoebe Barnes	Launceston Road Runners											183			183	1	Female Under 35
722252	Daisy Booker	Falmouth Running Club	180													180	1	Female Under 35
871598	Rachel Thomas	Carn Runners									179					179	1	Female Under 35
799053	Kalei Andrews	Carn Runners									178					178	1	Female Under 35
747592	Nicola Masters	Hayle Runners	177													177	1	Female Under 35
826422	Hannah Pollard	Tamar Trotters		175												175	1	Female Under 35
831860	Lina Grohbiel	Newquay Road Runners		172												172	1	Female Under 35
829906	Olivia Addelsee	Tamar Trotters		170												170	1	Female Under 35
761681	Emma Paull	Hayle Runners		200	200	200	200	200	200	200	200					1600	8	Female 35-39
292734	Jennifer Forbes	Hayle Runners	190	186	191	195	198		196		194	199	200			1563	9	Female 35-39
720452	Sarah McDonough	East Cornwall Harriers	191	190				192	198	198	195	197	199			1560	8	Female 35-39
684226	Michelle Dunn	St Austell Running Club	183	170	188	190	191	186	193	193	190	195	195			1535	11	Female 35-39

GP 2023 after Race 11 Treggy 7 - Female Age Category Table

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SiEntries ID	Name	Club	Storm Force	Newquay 10k	Looe 10	Falmouth	An Res	Trevornick	Sticker 5	Mag 7	Turkey Trot	IQ Half	Treggy 7	Truro Half	Cornish	Score	Completed	Age Category
747894	Claire Stone	Hayle Runners	184	176		192	196			194	191	196	198			1527	8	Female 35-39
759322	Donna Fisher	Newquay Road Runners	185	180	190		193	187		196	192		197			1520	8	Female 35-39
730447	Gemma Wotherspoon	Bodmin Womens Running Club	180		186	189		185	192	192		194	196			1514	8	Female 35-39
756886	Fiona Gamble	Hayle Runners	189	173		193	192				189					936	5	Female 35-39
800391	Lucy Paull	Hayle Runners	194		195			197				200				786	4	Female 35-39
748124	Angeline Hadfield	Truro Running Club		189				193	197		193					772	4	Female 35-39
823678	Jessica Gallienne	Newquay Road Runners		168				184	191		187					730	4	Female 35-39
591350	Rosie Trevains	Bys Vyken Race Team	181	167				183				188				719	4	Female 35-39
522445	Lucy Williams	Truro Running Club	199		199						199					597	3	Female 35-39
745497	Stella Gardener	Newquay Road Runners	198	197				199								594	3	Female 35-39
240026	Kaye Patterson	East Cornwall Harriers		196	196			196								588	3	Female 35-39
416840	Anna Carter	Newquay Road Runners			194	196				197						587	3	Female 35-39
661596	Lauren Bailey	Truro Running Club	195	193						199						587	3	Female 35-39
750577	Kelly Keough	Newquay Road Runners		194				195			197					586	3	Female 35-39
820780	Abigail Smith	Tamar Trotters		184			195	190								569	3	Female 35-39
818356	Rachel Yelland	East Cornwall Harriers		179					194	195						568	3	Female 35-39
784808	Gwen Maggs	St Austell Running Club		177	187	191										555	3	Female 35-39
509156	Amy Sole	Cornwall AC	200	199												399	2	Female 35-39
785080	Sally Turner	Cornwall AC						198			198					396	2	Female 35-39
745244	Jenny Cartwright	Looe Pioneers Running Club				197	199									396	2	Female 35-39
436121	Rosie Bradbury	Falmouth Running Club			197	199										396	2	Female 35-39
684939	Rachel Vague	Tri Logic Cornwall	197		198											395	2	Female 35-39
491669	Aimee Jones	Tri Logic Cornwall			193		197									390	2	Female 35-39
809333	Maria De Ruvo	Hayle Runners	192			194										386	2	Female 35-39
425707	Amy Gregory	Newquay Road Runners	193	192												385	2	Female 35-39
830683	Rebecca Pearce	St Austell Athletes Running Club			189		194									383	2	Female 35-39
744941	Jamie Gore	Hayle Runners	187						195							382	2	Female 35-39
423501	Katie Bullock	Newquay Road Runners	186					189								375	2	Female 35-39
471236	Nina Bond	Looe Pioneers Running Club	188	185												373	2	Female 35-39
745310	Amy Shackelford	Bys Vyken Race Team	182	175												357	2	Female 35-39
161923	Helen Morse	East Cornwall Harriers						199								199	1	Female 35-39
836129	Ithelma Namonje Kapembwa	Falmouth Running Club										198				198	1	Female 35-39
718706	Emma Figures	Truro Running Club				198										198	1	Female 35-39
833748	Gemma Roberts	Bodmin Dragons Triathlon Club		198												198	1	Female 35-39
754375	Jennifer Dunstan	Cornwall AC									196					196	1	Female 35-39
689343	Hannah Matthews	East Cornwall Harriers	196													196	1	Female 35-39
460378	Harriet Frost	Newquay Road Runners		195												195	1	Female 35-39
858419	Emily Cameron	Newquay Road Runners						194								194	1	Female 35-39
823751	Claire Manton	Looe Pioneers Running Club			192											192	1	Female 35-39
794682	Jess Clancy	Hayle Runners						191								191	1	Female 35-39
827822	Naomi Astill	Hayle Runners		191												191	1	Female 35-39
730624	Cara Hicks	Newquay Road Runners						188								188	1	Female 35-39
719441	Alison O'Hora	East Cornwall Harriers		188												188	1	Female 35-39
365064	Vanessa Willitts	Truro Running Club		187												187	1	Female 35-39
747651	Hamilton Isobel	East Cornwall Harriers		183												183	1	Female 35-39
821892	Becky Hall	Newquay Road Runners		182												182	1	Female 35-39
833285	Alice Picking	Hayle Runners		181												181	1	Female 35-39
785548	Fabienne Loake	Carn Runners		178												178	1	Female 35-39
755823	Sharon Johns	Hayle Runners		174												174	1	Female 35-39
383208	Amy Abraham	Hayle Runners		172												172	1	Female 35-39
818535	Sara Robins	Newquay Road Runners		171												171	1	Female 35-39
587683	Isabel Irwin-Bowler	St Austell Running Club		169												169	1	Female 35-39
723331	Anna Harrold	Truro Running Club	199	200	199			200	200	200	200	200	200			1599	9	Female 40-44
746124	Kirsty Medlock	Hayle Runners	196	196	198	200			199	199	196	198	198			1584	9	Female 40-44
735977	Michelle Fitt	Hayle Runners		193	196	198	199	193	196	196	194		196			1568	9	Female 40-44
501256	Nikki Pritchard	East Cornwall Harriers	179	181	194	193	191	187	193	193	190	191	191			1536	11	Female 40-44
509954	Annie Bover	Bude Rats (Run and Tri)					197	197	197	195	193	195	195			1369	7	Female 40-44
741002	Sarah Luff	JP Fitness Cornwall		175			193	191		194	192	193	193			1331	7	Female 40-44
726522	Natalie Jewell	Falmouth Running Club	183	184	193			189	195		191		194			1329	7	Female 40-44
751063	Lizzie Hasell	Truro Running Club		177			189	185	192		188	189	190			1310	7	Female 40-44
501802	Karina Bowers	St Austell Running Club			197	199		198	198	197			197			1186	6	Female 40-44
610044	Eve Hearle	Newquay Road Runners	195	198							198	199	199			989	5	Female 40-44
385026	Demelza Withershoven	Carn Runners	184					186	194	192	189					945	5	Female 40-44
578573	Katy Jenkins	Truro Running Club	197	199				199			199					794	4	Female 40-44
745090	Marlene Grobler	Carn Runners	190	194		197		194								775	4	Female 40-44
514834	Sarah Johns	Hayle Runners	176	174					191		186					727	4	Female 40-44
233295	Sarah Hoskin	Mile High	200		200		200									600	3	Female 40-44
420137	Emma Clark	Looe Pioneers Running Club	194								197	197				588	3	Female 40-44
726436	Louisa Chisholm	Looe Pioneers Running Club	191	195	191											577	3	Female 40-44
730223	Sarah Ryan	Newquay Road Runners	189	190								196				575	3	Female 40-44
824069	Angela Datlen	Newquay Road Runners		186				190				190				566	3	Female 40-44
830865	Kerry Hoskin	Truro Running Club		178								194	192			564	3	Female 40-44
748043	Sarah Ellis	Hayle Runners	175	173			188									536	3	Female 40-44
637011	Laura Pool	Truro Running Club	192	197												389	2	Female 40-44
748385	Kay Middleditch	Truro Running Club				196						192				388	2	Female 40-44
578509	Helen Stevenson	Bodmin Road Runners		191				196								387	2	Female 40-44
815869	Laura Haghani	Hayle Runners			192		192									384	2	Female 40-44
751066	Joanne Strawbridge	East Cornwall Harriers		188			196									384	2	Female 40-44

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619143	Carly Kent	Falmouth Running Club		185			194									379	2	Female 40-44
718298	Amanda Berridge	Truro Running Club	186					192								378	2	Female 40-44
859634	Nicole Di Maio	Cornwall AC							190		187					377	2	Female 40-44
759677	Becky Andrews	Truro Running Club	188	189												377	2	Female 40-44
751164	Kelly Lewis	Truro Running Club	178			194										372	2	Female 40-44
453452	Katie Thurston	JP Fitness Cornwall	182	187												369	2	Female 40-44
754984	Rebecca O'Doherty	St Austell Athletes Running Club	180	180												360	2	Female 40-44
795437	Alexia Zilli	Tamar Trotters								198						198	1	Female 40-44
353916	Hayley Stacey	East Cornwall Harriers					198									198	1	Female 40-44
664939	Anna Jenkins	Cornwall AC	198													198	1	Female 40-44
448453	Emily Ellen	Hayle Runners									195					195	1	Female 40-44
468574	Zoe Renowden	Hayle Runners						195								195	1	Female 40-44
789380	Melissa Poutney	Hayle Runners					195									195	1	Female 40-44
727652	Katherine Berriman	Falmouth Running Club				195										195	1	Female 40-44
838632	Kathryn Julian	Looe Pioneers Running Club			195											195	1	Female 40-44
774091	Clare Gwennap	Tri Logic Cornwall	193													193	1	Female 40-44
748143	Hannah Fox	Truro Running Club		192												192	1	Female 40-44
415961	Yelda Müge Parsons	Hayle Runners					190									190	1	Female 40-44
846220	Lisa Glithero	Newquay Road Runners						188								188	1	Female 40-44
597860	Claire Palmer	Truro Running Club	187													187	1	Female 40-44
871707	Zoe Webb	Carn Runners									185					185	1	Female 40-44
772748	Sara Needham	Newquay Road Runners	185													185	1	Female 40-44
748532	Rosie Karpinski	Newquay Road Runners		183												183	1	Female 40-44
814583	Stephanie Rennie	JP Fitness Cornwall		182												182	1	Female 40-44
501151	Harriet Oates	Carn Runners	181													181	1	Female 40-44
554432	Sarah Barker	Looe Pioneers Running Club		179												179	1	Female 40-44
748316	Zenna Rogers	Hayle Runners	177													177	1	Female 40-44
819442	Debbie Maunder	Tamar Trotters		176												176	1	Female 40-44
780386	Teresa Moore	Hayle Runners	174													174	1	Female 40-44
717181	Lee Strickland	Hayle Runners	198		198		198	200	199		198	199	199			1589	8	Female 45-49
746257	Julia Pearce	Cornwall AC	196	198		199	195	198		200	197	198				1581	8	Female 45-49
747273	Alison Thomas	Hayle Runners	194			197	190	193	191	197	194		198			1554	8	Female 45-49
686166	Lucy Oldham	East Cornwall Harriers	190	188	194	195	189	192	193	198		193				1544	9	Female 45-49
240101	Debbie Marshall	St Austell Running Club	192	189	192	193	187	186	187	196	193	192	196			1543	11	Female 45-49
504291	Lisa Webb	East Cornwall Harriers	191	191	193	196	188	191	192			194	195			1543	9	Female 45-49
555073	Claire Barlow	Bodmin Road Runners	177	184	191	184	180	180	190	194	187	183	187			1500	11	Female 45-49
416165	Sarah Steed	East Cornwall Harriers	178	175	184	187	179	174	184	195	188	190	192			1499	11	Female 45-49
795451	Hannah Thomas	Truro Running Club	181	182	188	191	182	178		191		188	193			1496	9	Female 45-49
750622	Kirstie Slater	Truro Running Club	183	177	187	190		179	189		190	189				1484	8	Female 45-49
746290	Emma James	Launceston Road Runners	186	176	178	189		176	182	193	184	187				1475	9	Female 45-49
746678	Sarah Law	Falmouth Running Club	173	164	177		177	170	183		181		186			1411	8	Female 45-49
441674	Rosie Gibbons	Cornwall AC	200	200			200		200		200	200	200			1400	7	Female 45-49
726521	Nicola Crilly	Falmouth Running Club	179	178	185			177	185		186		190			1280	7	Female 45-49
431617	Samantha Ewart	St Austell Running Club		166	176			174	172		192	183		184		1247	7	Female 45-49
452156	Joanne Barry	JP Fitness Cornwall	185	186			194	185	182	180						1112	6	Female 45-49
584880	Emma Johns	Hayle Runners				181	176	167	181	190	179					1074	6	Female 45-49
748670	Olivia Pellowe	Carn Runners			195			192	194	195	199					975	5	Female 45-49
747948	Charlie Gray	Newquay Road Runners	188	187				189			195		197			956	5	Female 45-49
499360	Jeanette Turpin	East Cornwall Harriers	182	173	186	188	178									907	5	Female 45-49
159667	Caroline Vinnicombe	Cornwall AC	175					169	178	189	178					889	5	Female 45-49
224653	Emma Mossop	Falmouth Running Club	199	199				199			199					796	4	Female 45-49
716839	Hannah Fox	Mile High				200	196					196				790	4	Female 45-49
728766	Alison Roose	Newquay Road Runners	193					195	196			197				781	4	Female 45-49
729035	Emma Fox	Newquay Road Runners		194				191	199		196					780	4	Female 45-49
782710	Nicola Edwards	Newquay Road Runners						190	194		191		194			769	4	Female 45-49
553271	Sally Martin	Falmouth Running Club	184		183	185						191				743	4	Female 45-49
502174	Melanie Nile	St Austell Running Club		170	180			173	188							711	4	Female 45-49
725804	Samantha Dixon	Hayle Runners	166	162								182	185			695	4	Female 45-49
419419	Jane Pett	JP Fitness Cornwall	168	167		183		175								693	4	Female 45-49
748378	Georgina Purvis	Truro Running Club	171	163		182	175									691	4	Female 45-49
408199	Kathryn Thomas	Cornwall AC	167	160				165	179							671	4	Female 45-49
271994	Susanne Wood	Cornwall AC	195	197				193								585	3	Female 45-49
166973	Meeta Nicholls	East Cornwall Harriers		192	196		194									582	3	Female 45-49
643489	Julie Oxenham	Bodmin Road Runners	187	185	189											561	3	Female 45-49
665436	Susan Thomas	Hayle Runners	176		181						189					546	3	Female 45-49
747792	Victoria Hall	Bodmin Road Runners		168	179								189			536	3	Female 45-49
772276	Victoria Walton	Newquay Road Runners	169					171			180					520	3	Female 45-49
781344	Angela Tyson	Newquay Road Runners		161				168				181				510	3	Female 45-49
747856	Amanda Hewitt	Cornwall AC	197	195												392	2	Female 45-49
197268	Georgina Symons	St Austell Athletes Running Club	189				181									370	2	Female 45-49
748036	Sandra Northcott	Looe Pioneers Running Club		181				185								366	2	Female 45-49
690298	Vicky Oakes	St Austell Running Club	174		190											364	2	Female 45-49
159646	Claire Budge	St Austell Running Club	180					183								363	2	Female 45-49
826484	Claire Norris	Falmouth Running Club		179			183									362	2	Female 45-49
746254	Sarah Marsh	East Cornwall Harriers		169							186					355	2	Female 45-49
573279	Sue Coates	Bys Vyken Race Team		159				164								323	2	Female 45-49
754421	Lisa Picton	East Cornwall Harriers			200											200	1	Female 45-49
420877	Mandy Gibson	Looe Pioneers Running Club			199											199	1	Female 45-49

GP 2023 after Race 11 Treggy 7 - Female Age Category Table

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SiEntries ID	Name	Club	Storm Force	Newquay 10k	Looe 10	Falmouth	An Res	Trevornick	Sticker 5	Mag 7	Turkey Trot	IQ Half	Treggy 7	Truro Half	Cornish	Score	Completed	Age Category
777111	Cheryl Hanns	East Cornwall Harriers				198										198	1	Female 45-49
430678	Debbie Mitchell	Hayle Runners							197							197	1	Female 45-49
182815	Jo Staves	Truro Running Club						197								197	1	Female 45-49
758783	Fiona Montague	Tamar Trotters					197									197	1	Female 45-49
360385	Gail Hartill	Bodmin Road Runners			197											197	1	Female 45-49
183165	Claire Longman	Truro Running Club						196								196	1	Female 45-49
754927	Michelle Hague	Newquay Road Runners		196												196	1	Female 45-49
737105	Sarah Woodland	Bude Rats (Run and Tri)										195				195	1	Female 45-49
745643	Claire Mildenhall	Newquay Road Runners		193												193	1	Female 45-49
240359	Ceri Harvey	Carn Runners								192						192	1	Female 45-49
390312	Hannah Ward	St Austell Athletes Running Club				192										192	1	Female 45-49
772157	Trina Bradbury	Launceston Road Runners											191			191	1	Female 45-49
818506	Jenny Pitt	Tamar Trotters		190												190	1	Female 45-49
789259	Vikki Savage	Launceston Road Runners											188			188	1	Female 45-49
854194	Michelle Hickey	Perran Trail Runners						188								188	1	Female 45-49
863416	Charmaine Harverson	Truro Running Club						187								187	1	Female 45-49
864980	Kate Williams	St Austell Running Club							186							186	1	Female 45-49
342972	Tracy Mckenzie	Newquay Road Runners					186									186	1	Female 45-49
580601	Sarah Webb	Falmouth Running Club				186										186	1	Female 45-49
325339	Deborah Peters	St Austell Running Club										185				185	1	Female 45-49
865906	Linda Carter	Carn Runners									185					185	1	Female 45-49
772211	Nicky Hicks	Launceston Road Runners										184				184	1	Female 45-49
159773	Helen Dodwell	Truro Running Club						184								184	1	Female 45-49
755457	Donna Pollard	Carn Runners					184									184	1	Female 45-49
747971	Emma Collins	Looe Pioneers Running Club		183												183	1	Female 45-49
398001	Mollie Evans	Carn Runners									182					182	1	Female 45-49
450721	Nina Chell	Falmouth Running Club			182											182	1	Female 45-49
460474	Anna Jenkin	JP Fitness Cornwall						181								181	1	Female 45-49
750145	Helen Cowling	Newquay Road Runners		180												180	1	Female 45-49
414017	Miranda Honey	Bodmin Road Runners		174												174	1	Female 45-49
748061	Tracey Mackellar	Newquay Road Runners		172												172	1	Female 45-49
721966	Sarah Hardy	Bodmin Womens Running Club	172													172	1	Female 45-49
801563	Jane Tomlinson	Truro Running Club		171												171	1	Female 45-49
455675	Michelle Barriball	Newquay Road Runners		170												170	1	Female 45-49
653881	Steph Hancock	St Austell Running Club						166								166	1	Female 45-49
825685	Sara Archer	Newquay Road Runners		165												165	1	Female 45-49
716934	Beth Popperwell	Mile High		198	198	200	200	199	198			196	197	197		1587	9	Female 50-54
746924	Mandy Watts	Newquay Road Runners		189	194	197	198	196	195	197	200	197	195	196		1576	11	Female 50-54
494548	Lynn Coffman	Tamar Trotters		186	182	198		195	194	196	199			193		1543	8	Female 50-54
795543	Gill Aze-Thomas	Launceston Road Runners		176	183	191	194	191	191		196	192	193	194		1542	10	Female 50-54
434324	Jacqui Martin	St Austell Running Club		172	175	184	193		191	194	191	192				1492	8	Female 50-54
494547	Jane Forder	Tamar Trotters		175	176	186		185	190	193	195			190		1490	8	Female 50-54
726279	Dawn Scallan	Carn Runners		188		195	192		194	197		194	195			1355	7	Female 50-54
742959	Tanya Coleman	Truro Running Club		195	197	199		198	196			195				1180	6	Female 50-54
831125	Vanessa Morley	Newquay Road Runners		184	189	196		194	195	198						1156	6	Female 50-54
394924	Emma Stepto	Cornwall AC		200	200				200	200				200		1000	5	Female 50-54
748767	Debbie Harrison-Webb	Hayle Runners						200	198	199		198	200			995	5	Female 50-54
581664	Catherine Sims	Tamar Trotters		178	181	190		189	192							930	5	Female 50-54
393536	Corinne Gerrard	Hayle Runners		196				199					198	198		791	4	Female 50-54
745100	Miranda Flannigan	Cornwall AC		193	195		196	197								781	4	Female 50-54
577907	Ruth Simmons	St Austell Running Club								190	193	190	191			764	4	Female 50-54
579805	Sarah Booker	Falmouth Running Club			178	187		187						192		744	4	Female 50-54
336814	Rachael Church	Perran Trail Runners		174	179			186	188							727	4	Female 50-54
867639	Donna Raggett	Cornwall AC										199	199	199		597	3	Female 50-54
209394	Michelle Roskilly	Hayle Runners			192	194		193								579	3	Female 50-54
583630	Sarah Allen	Hayle Runners		187	191		197									575	3	Female 50-54
244469	Tamzin Davey	Perran Trail Runners		181				193				196				570	3	Female 50-54
210570	Lisa Talling	Newquay Road Runners		185	187						194					566	3	Female 50-54
579695	Nicky Brenton	Bodmin Road Runners		179	185	189										553	3	Female 50-54
516080	Julie Gregory	Looe Pioneers Running Club		173	177	185										535	3	Female 50-54
669906	Paula Brooks	Tamar Trotters		170	172					192						534	3	Female 50-54
396166	Zelah Morrall	Cornwall AC		199							200					399	2	Female 50-54
204826	Catheryn Camborieux	Truro Running Club		197			199									396	2	Female 50-54
160186	Helen Thomas	Truro Running Club		192	196											388	2	Female 50-54
498189	Alison Weir	Falmouth Running Club		190		195										385	2	Female 50-54
209983	Trish Merrett	Hayle Runners		182	193											375	2	Female 50-54
827341	Jane Garside	Newquay Road Runners		183	190											373	2	Female 50-54
416717	Helen Lawes	Looe Pioneers Running Club		177		192										369	2	Female 50-54
748081	Diane Foster	Looe Pioneers Running Club		180	188											368	2	Female 50-54
778999	Julie Flower	Newquay Road Runners		173					192							365	2	Female 50-54
828713	Jayne Young	Bodmin Womens Running Club		180	184											364	2	Female 50-54
324988	Lorna Hogg	St Austell Running Club		169									189			358	2	Female 50-54
818863	Sara Grattan	Looe Pioneers Running Club		169	182											351	2	Female 50-54
420266	Catherine Trerise	Cornwall AC		171	174											345	2	Female 50-54
747687	Carol Randall	Cornwall AC		199												199	1	Female 50-54
548074	Victoria Jackson	Truro Running Club						197								197	1	Female 50-54
748830	Claire Winfield	Launceston Road Runners		194												194	1	Female 50-54
730156	Judith Mooney	Cornwall AC									193					193	1	Female 50-54

GP 2023 after Race 11 Treggy 7 - Female Age Category Table

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830651	Pippa Cann	Looe Pioneers Running Club			193											193	1	Female 50-54
786203	Elaine Hill	Launceston Road Runners											191			191	1	Female 50-54
463745	Georgia Witchell	Falmouth Running Club	191													191	1	Female 50-54
559710	Ruth Avery	JP Fitness Cornwall					190									190	1	Female 50-54
358960	Jeanette Toy	Carn Runners									189					189	1	Female 50-54
846235	Johanna Spiller	Newquay Road Runners						189								189	1	Female 50-54
773564	Nicola Dickey	Falmouth Running Club					188									188	1	Female 50-54
750985	Jennifer Buckland	Hayle Runners	188													188	1	Female 50-54
720292	Lisa Wilson	Truro Running Club		186												186	1	Female 50-54
839398	Jay Wagstaff	Looe Pioneers Running Club			183											183	1	Female 50-54
816928	Debbie Lackey	Newquay Road Runners		171												171	1	Female 50-54
716698	Sarah Howard	Cornwall AC		170												170	1	Female 50-54
781286	Andria Pollock	JP Fitness Cornwall	168													168	1	Female 50-54
188018	Karen Pascoe	Cornwall AC	200	199		200	200	200	200		200	200				1599	8	Female 55-59
368022	Liz Trebilcock	Truro Running Club	196	198	198	198	199	198	199	199	198		199			1588	10	Female 55-59
745054	Debbie Jones	Looe Pioneers Running Club	197	197	197		198	199	198	198			198			1582	8	Female 55-59
158743	Jane Stedman	Bodmin Road Runners	189	193	193	197	191		196	197		199				1555	8	Female 55-59
747899	Karen Sims	East Cornwall Harriers	178	187	190		194		194		193	197	195			1528	8	Female 55-59
748020	Karen Warner	Newquay Road Runners	183	179	188		189	194	192	193	192		194			1525	9	Female 55-59
797225	Lorraine Hawkins	Launceston Road Runners	181	177	187	189	186	191	188	191	188	195	190			1519	11	Female 55-59
504813	Julie Bolitho	Hayle Runners	179	174	186	188	185	188	187	190	187	194	187			1507	11	Female 55-59
454043	Juliet Stewart	Truro Running Club	192			196	193	195	195	196	197					1364	7	Female 55-59
724660	Gillian Onley	Cornwall AC	190	188			190		193	194	189		191			1335	7	Female 55-59
343079	Deborah Hocking	Carn Runners	184	184		192	192			192	190		189			1323	7	Female 55-59
557271	Helen Mitchell	Truro Running Club	198		199	199				200	199		200			1195	6	Female 55-59
531490	Jennifer Lawson	Newquay Road Runners	186	190				192	191	195			192			1146	6	Female 55-59
660236	Helen Cattran	Hayle Runners	180	169		191	184		189				186			1099	6	Female 55-59
273360	Sarah Myford	Bodmin Road Runners	194	195	196			197	197							979	5	Female 55-59
420986	Nicky Sowerby	Truro Running Club	182	183	189	190	187									931	5	Female 55-59
475278	Sharon Daw	East Cornwall Harriers	199	200	200											599	3	Female 55-59
727278	Helen Casey	Hayle Runners				194	196				196					586	3	Female 55-59
437107	Linda Cuff	Looe Pioneers Running Club	195	196	195											586	3	Female 55-59
745490	Dawn Diprose	East Cornwall Harriers	185	194	194											573	3	Female 55-59
359100	Judith Wilkes	Falmouth Running Club			192		195									387	2	Female 55-59
764821	Karen Parker	Falmouth Running Club		191							195					386	2	Female 55-59
464872	Jean Cutlan	St Austell Athletes Running Club		189									196			385	2	Female 55-59
276349	Louise Ollivier	Hayle Runners	188				197									385	2	Female 55-59
744972	Judy Gluyas	East Cornwall Harriers		186								198				384	2	Female 55-59
417942	Alison Cox	Bodmin Womens Running Club			191	193										384	2	Female 55-59
768199	Sharon Willis	Newquay Road Runners						190					188			378	2	Female 55-59
818695	Teresa Lakeman	Tamar Trotters		180									193			373	2	Female 55-59
652263	Theresa Clark	Hayle Runners		181							191					372	2	Female 55-59
662696	Lorraine Wherry	St Austell Running Club		171				189								360	2	Female 55-59
747977	Yvonne Matthews	Bys Vyken Race Team		170				187								357	2	Female 55-59
637512	Fiona Stallard	Truro Running Club	177	176												353	2	Female 55-59
880735	Marisa Turner	Launceston Road Runners											197			197	1	Female 55-59
778781	Anna Devlin	Bude Rats (Run and Tri)										196				196	1	Female 55-59
716635	Nicola Froud	Cornwall AC						196								196	1	Female 55-59
205812	Jane Stephens	Bodmin Road Runners				195										195	1	Female 55-59
159812	Alison Galloway	Carn Runners									194					194	1	Female 55-59
525864	Elizabeth Brown	St Austell Athletes Running Club						193								193	1	Female 55-59
719295	Sam Murray	Hayle Runners	193													193	1	Female 55-59
751132	Wietske Hansen	Carn Runners		192												192	1	Female 55-59
747599	Lucy Hewitt	Newquay Road Runners	191													191	1	Female 55-59
748952	Michaela Thomas-Horton	St Austell Running Club							190							190	1	Female 55-59
827410	Christine Boon	Truro Running Club					188									188	1	Female 55-59
748265	Mel Burgess	Hayle Runners	187													187	1	Female 55-59
283220	Sarah Choak	Carn Runners									186					186	1	Female 55-59
864147	Jennifer Bowden	Newquay Road Runners							186							186	1	Female 55-59
767136	Sandra Shelley	Carn Runners									185					185	1	Female 55-59
211017	Cathy Willows	East Cornwall Harriers		185												185	1	Female 55-59
725954	Sally Fletcher	St Austell Running Club		182												182	1	Female 55-59
424067	Sally Bowden	Newquay Road Runners		178												178	1	Female 55-59
816842	Emma Stock-Coles	Newquay Road Runners	176													176	1	Female 55-59
206323	Rachel Flanagan	Falmouth Running Club		175												175	1	Female 55-59
727349	Lesley Pallett	St Austell Running Club		173												173	1	Female 55-59
208677	Clare Ainsworth	Tamar Trotters		172												172	1	Female 55-59
419667	Glennie McKinley	JP Fitness Cornwall		168												168	1	Female 55-59
451019	Sarah Wilkinson	Newquay Road Runners	200	199	199	200	199	199	199	199						1594	8	Female 60-64
567775	Lisa Player	Newquay Road Runners	198	198	197	199		198	198		199	197				1584	8	Female 60-64
315324	Janet Ritchie	Carn Runners	197	196	196	198	198	197	197	198	198		199			1582	10	Female 60-64
555265	Jacquie Rapier	Falmouth Running Club	195	192	191		196	194			193	199	193			1553	8	Female 60-64
746777	Ann Bradley	St Austell Running Club	193	190			191	193	193	196	196		195			1547	8	Female 60-64
530557	Judy Jameson	Carn Runners	194	189			194	192	191	194	194		192			1540	8	Female 60-64
580949	Jackie Stone	Hayle Runners	191	187		195	193	188	192	193	192		194			1538	9	Female 60-64
386188	Revis Crowle	East Cornwall Harriers		200			200	200	200	200	200		200			1400	7	Female 60-64
359238	Lesley Taphouse	Bodmin Road Runners		184					194	195	195	198	191			1157	6	Female 60-64

GP 2023 after Race 11 Treggy 7 - Female Age Category Table

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746871	Wendy Williams	JP Fitness Cornwall	192	185		196	192		188		191					1144	6	Female 60-64
396493	Christina Lake	Falmouth Running Club	189	182		194	190	190					190			1135	6	Female 60-64
781964	Amanda Gore	Hayle Runners	190	183					189		190					752	4	Female 60-64
683153	Paula Richardson	East Cornwall Harriers	188	180			188	187								743	4	Female 60-64
748595	Tessa Mason	East Cornwall Harriers	199	197	198											594	3	Female 60-64
561754	Sally Johnston	Tamar Trotters			193							200	197			590	3	Female 60-64
853307	Caroline Pack	Falmouth Running Club					197	195					198			590	3	Female 60-64
742330	Jackie Chapman	Launceston Road Runners							195		197		196			588	3	Female 60-64
818362	Jeanette Duncan	Newquay Road Runners		195				196	196							587	3	Female 60-64
759165	Margaret Clark	Hayle Runners	196	193	194											583	3	Female 60-64
315414	Linda Pickard	Launceston Road Runners			195					197						392	2	Female 60-64
746197	Geraldine Bowden	Looe Pioneers Running Club		186			195									381	2	Female 60-64
716597	Angela Harrison	Looe Pioneers Running Club		188	190											378	2	Female 60-64
744960	Ann Harry	Looe Pioneers Running Club		179	188											367	2	Female 60-64
748272	Alison Temple	Bodmin Road Runners			200											200	1	Female 60-64
368072	Emma Earnshaw	East Cornwall Harriers				197										197	1	Female 60-64
752076	Lynn Counter	Newquay Road Runners		194												194	1	Female 60-64
511402	Susan Rescorl	Bodmin Womens Running Club			192											192	1	Female 60-64
102	Helen Squire	Hayle Runners						191								191	1	Female 60-64
772149	Susan Pooley	Bodmin Womens Running Club		191												191	1	Female 60-64
771357	Angela White	Newquay Road Runners							190							190	1	Female 60-64
159597	Laura Millward	Carn Runners									189					189	1	Female 60-64
538687	Nicola Slateford	St Austell Running Club						189								189	1	Female 60-64
650028	Jane Naylor	Hayle Runners					189									189	1	Female 60-64
431621	Christine Todd	St Austell Running Club			189											189	1	Female 60-64
716679	Michele Baker-Caton	Bodmin Womens Running Club						186								186	1	Female 60-64
471225	Sandra Orchard	JP Fitness Cornwall		181												181	1	Female 60-64
773378	Soraya Williams	Hayle Runners		178												178	1	Female 60-64
747797	Eleanor Ellison	Newquay Road Runners	200	200			200	200	200	200	200		200			1600	8	Female 65-69
430070	Wendy Lowe	Bodmin Womens Running Club	199	199	199	199			198		196	197	195			1582	8	Female 65-69
747235	Theresa Williams	St Austell Running Club	197	198			198	199	197	198	197		194			1578	8	Female 65-69
690858	Kathy Saunders	Looe Pioneers Running Club	195	197	198	198	197	198					193			1376	7	Female 65-69
111146	Janet Watson	Carn Runners	198				199				199	198				794	4	Female 65-69
764246	Karen Lovegrove	Hayle Runners	196	196	197											589	3	Female 65-69
175380	Jane Bremner	Tamar Trotters			200							200				400	2	Female 65-69
610805	Andrea Simmons	Hayle Runners				200						199				399	2	Female 65-69
378506	Judith Wilkinson	Tamar Trotters							199				198			397	2	Female 65-69
638185	Janet Lathom	Launceston Road Runners							199		198					397	2	Female 65-69
415432	Madeleine Blight	St Austell Running Club	194	195												389	2	Female 65-69
749487	Angela Brinicombe	Launceston Road Runners											199			199	1	Female 65-69
568962	Geraldine Hyslop	Falmouth Running Club											197			197	1	Female 65-69
712700	Aileen Barwell	Falmouth Running Club											196			196	1	Female 65-69
726579	Linda Tout	Tamar Trotters	200	200	200	200	200	200	200	199	200	199	199			1600	11	Female 70-74
363333	Lavinia Marshall	Launceston Road Runners	198	197	199	199			198	196	196	197				1580	8	Female 70-74
682696	Janet Wills	St Austell Running Club	196		198		196	196	197	195	196		194			1568	8	Female 70-74
305375	Sandy Jamieson	Carn Runners	199	199			199		199	197	199		198			1390	7	Female 70-74
306370	Margaret Wade	Carn Runners	197	194			198	195			194		193			1171	6	Female 70-74
744611	Ann Foster	Tamar Trotters	193				197	197	198							785	4	Female 70-74
295043	Jenny Mills	Launceston Road Runners								200		200	200			600	3	Female 70-74
730619	Mary Goodacre	Tamar Trotters								198		198	197			593	3	Female 70-74
619081	Mary Mullarkey	East Cornwall Harriers		198				199					196			593	3	Female 70-74
757149	Margaret Ann Kinahan	East Cornwall Harriers						194			198		195			587	3	Female 70-74
621651	Kathran Dormer	Falmouth Running Club		195			195				195					585	3	Female 70-74
748146	Anne Libby	Looe Pioneers Running Club		192	197											389	2	Female 70-74
559425	Lynn Harvey	Newquay Road Runners		196												196	1	Female 70-74
745096	Jacqueline Jenkin	Cornwall AC	200	200	200		200	200	200	200	200					1600	8	Female 75-79
558004	Timothea Cardell	Hayle Runners							200		200					400	2	Female 80-84

GP 2023 after Race 11 Treggy 7 - Male Age Category Table

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SiEntries ID	Name	Club	Storm Force	Newquay 10K	Looe 10	Falmouth	An Res	Trevornick	Sticker 5	Mag 7	Turkey Trot	IQ Half	Treggy 7	Truro Half	Cornish	Score	Completed	Age Category
855837	David Tregonning	St Austell Running Club	196		199	199	200	198	200	198		196				1586	8	Male Under 35
424338	Jordan Morant	Hayle Runners	197	197			198	196	197	196		198	195			1574	8	Male Under 35
616146	Jacob Gardner	Hayle Runners	192		196	200	197	190	199		195	199	196			1574	9	Male Under 35
761304	Simon Morse	East Cornwall Harriers	194	196	200		199	195	196	197	191	197	191			1574	10	Male Under 35
727361	Liam Gallantry	East Cornwall Harriers	189	191	197			189	192	195	184	194	189			1536	9	Male Under 35
688769	Liam O'Neill	Hayle Runners	188	185	194	193	189				177	190	187			1503	8	Male Under 35
495184	Bruce Carey	Newquay Road Runners	169	175	190	181	185	180	185	190	171	184	184			1479	11	Male Under 35
718771	Ben Dutton	St Austell Athletes Running Club		163	184	178		178		189	168	180	182			1422	8	Male Under 35
772582	Thomas Halton	St Austell Running Club	173		192	183	187		186	191		185				1297	7	Male Under 35
728754	Jamie Edwards	Newquay Road Runners	193	195				193	193		194		192			1160	6	Male Under 35
726219	Matt Fox	Falmouth Running Club	180			190		185		193	178	189				1115	6	Male Under 35
728052	Ryan Marks	St Austell Running Club	177	178				183	189			191	188			1106	6	Male Under 35
384549	Kieran Murrant	Hayle Runners	190		195	197	195	188								965	5	Male Under 35
750253	Dylan Stevens	Newquay & Par AC		192				194	198		189		190			963	5	Male Under 35
538238	Jake Timms	Falmouth Running Club			193	192	194				182	193				954	5	Male Under 35
846971	Callum Waldie	Truro Running Club					193	187		194		192	185			951	5	Male Under 35
731424	Bradley Parsons	St Austell Running Club	171	179	191		191				174					906	5	Male Under 35
728633	Sam Goodchild	Cornwall AC	200	200				200			200					800	4	Male Under 35
661780	Ross Pascoe	Cornwall AC	195	194				199			193					781	4	Male Under 35
748065	Llewin Head	Mile High						197	195		192		194			778	4	Male Under 35
755261	Peter Watson	Falmouth Running Club				196	196				188	195				775	4	Male Under 35
794709	Kyran James	Newquay & Par AC		188				191	187		187					753	4	Male Under 35
754894	Callum Pinch	Truro Running Club	178	183		195			191							747	4	Male Under 35
845436	Stan Cameron	Mile High		181					188	192	176					737	4	Male Under 35
740858	Jonny Unwin	Cornwall AC	182	186							179	187				734	4	Male Under 35
818419	Ethan Lusty	Newquay & Par AC		189				182			180					551	3	Male Under 35
475199	Ryan Williams	Falmouth Running Club				188		184			175					547	3	Male Under 35
782914	Matthew Robinson	Cornwall AC				186					173	186				545	3	Male Under 35
653601	Matt Harries	Tamar Trotters	176	180								188				544	3	Male Under 35
310022	Craig Varcoe	St Austell Running Club									170	183	183			536	3	Male Under 35
409815	Tom Howard	Tri Logic Cornwall		166	186							181				533	3	Male Under 35
796431	Connor Davidson	Falmouth Running Club	170	174		180										524	3	Male Under 35
749016	Tao Bi	Newquay Road Runners	166	168	189											523	3	Male Under 35
830039	Lee Jago	Looe Pioneers Running Club	167	165	188											520	3	Male Under 35
748486	Zack Hill	Cornwall AC	168	169		179										516	3	Male Under 35
814224	Harry Stallard	St Austell Running Club	165	161	185											511	3	Male Under 35
717127	Tom Morton	Mile High								199		200				399	2	Male Under 35
745027	Joshua Rowe	Cornwall AC	199										200			399	2	Male Under 35
749926	Jacob Landers	Tamar Trotters	198							200						398	2	Male Under 35
755252	Liam Nicholls	Cornwall AC									197		199			396	2	Male Under 35
578114	Liam Rowe	Cornwall AC									196		197			393	2	Male Under 35
415199	Richard Ezra-Ham	Tamar Trotters	191	193												384	2	Male Under 35
748275	Jose Gray	Cornwall AC							194		186					380	2	Male Under 35
761931	Peter Rackstraw	Falmouth Running Club				187	192									379	2	Male Under 35
483216	Edward Gleadowe	Falmouth Running Club	186			191										377	2	Male Under 35
794380	Robert Warner	Tamar Trotters					190						186			376	2	Male Under 35
836271	George Tanner	Cornwall AC				189		186								375	2	Male Under 35
359030	Robert Chirgwin	Truro Running Club	187	184												371	2	Male Under 35
804303	Paul-Florin Trifanov	Newquay Road Runners	179	190												369	2	Male Under 35
727530	Richard Dalton	Falmouth Running Club	185			182										367	2	Male Under 35
863208	Finley Edwards	Newquay Road Runners						179	184							363	2	Male Under 35
369135	Dan Cocks	St Austell Athletes Running Club	175				188									363	2	Male Under 35
830329	Jason Cook	Tri Logic Cornwall		176		184										360	2	Male Under 35
477346	Daniel Cox	Bodmin Road Runners	172				186									358	2	Male Under 35
761550	Matthew Railton	Cornwall AC	181								172					353	2	Male Under 35
845707	Charles Curtis	Cornwall AC									169	182				351	2	Male Under 35
782844	Edward Mitchell	Cornwall AC									199					199	1	Male Under 35
752875	Zak Clemens	Cornwall AC		199												199	1	Male Under 35
880831	Kenny Gibson	Cornwall AC											198			198	1	Male Under 35
712134	Blake Williams	Newquay & Par AC									198					198	1	Male Under 35
703607	David Maasdorp	Truro Running Club				198										198	1	Male Under 35
760870	Luke Attwood	Tamar Trotters			198											198	1	Male Under 35
752372	Oliver Oldfield	Tamar Trotters		198												198	1	Male Under 35
832789	Joseph Durrant	Tri Logic Cornwall				194										194	1	Male Under 35
865166	David Starley	Launceston Road Runners											193			193	1	Male Under 35
818594	Joshua Barnett	Cornwall AC						192								192	1	Male Under 35
794255	Abhik Gupta	Cornwall AC									190					190	1	Male Under 35
561007	Blake Brown	Cornwall AC							190							190	1	Male Under 35
754947	Jonny Stephenson	Looe Pioneers Running Club			187											187	1	Male Under 35
812393	Henry Kennaway	Cornwall AC		187												187	1	Male Under 35
813001	Ben Kent	Tri Logic Cornwall									185					185	1	Male Under 35
750433	Liam Donnelly	St Austell Running Club				185										185	1	Male Under 35
805381	Noah Bohge	Truro Running Club	184													184	1	Male Under 35
870575	Joe Wylie	Mile High									183					183	1	Male Under 35
689561	Jack Wightman	Mile High	183													183	1	Male Under 35
785564	Rob Humphrey	St Austell Running Club		182												182	1	Male Under 35
869957	Jordon West	Cornwall AC									181					181	1	Male Under 35
789124	Oliver Pendlington	Newquay Road Runners						181								181	1	Male Under 35
753565	Alfie Slater	Truro Running Club		177												177	1	Male Under 35

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583131	James Burch	Tamar Trotters	174													174	1	Male Under 35
830301	Daniel Meens	St Austell Athletes Running Club		173												173	1	Male Under 35
749821	Joshua Grieb	Newquay Road Runners		172												172	1	Male Under 35
745469	Oli Nidds	Carn Runners		171												171	1	Male Under 35
832540	Jacob Taylor	East Cornwall Harriers		170												170	1	Male Under 35
732027	Adam Willcox	Newquay Road Runners		167												167	1	Male Under 35
795877	Frankie Heaton-Pike	Newquay Road Runners		164												164	1	Male Under 35
831479	Adrien Clark	Launceston Road Runners		162												162	1	Male Under 35
780089	Matthew Wild	JP Fitness Cornwall		160												160	1	Male Under 35
818339	Robert Jeffery	Newquay Road Runners		159												159	1	Male Under 35
209201	Richard Martin	St Austell Running Club			197	197	198	197	198	200	196		196			1579	8	Male 35-39
796448	Alan Thomas	Falmouth Running Club	194	193	195	198	197		199		197	199	197			1576	9	Male 35-39
759505	Frazer Humbles	Hayle Runners	191	188		195	196			197	193	196	193			1549	8	Male 35-39
719222	James Stephens	St Austell Running Club	186	185	189	187	193	194	194	196	191	195	191			1543	11	Male 35-39
782406	Dominic Parnell	Tamar Trotters	189	187	190	186	192	195	195	194	192		188			1535	10	Male 35-39
760591	Richard Collett	Hayle Runners	185	184	187	185	191	192	190	192	190	191	187			1520	11	Male 35-39
536144	Stuart Smith	Hayle Runners	183	181	183	182		193	191	193	189	193	190			1515	10	Male 35-39
724134	Steve Reynolds	Truro Running Club	199	199	200	200	200	200					200			1398	7	Male 35-39
763759	Adam Carlyon	Truro Running Club	190	191		194	194		196		194					1159	6	Male 35-39
813088	Tim Hicks	Newquay Road Runners	192	190	192	191	195									960	5	Male 35-39
750429	James Cutlan	Cornwall AC	198	198							200		199			795	4	Male 35-39
771633	Benjamin Jarram	Launceston Road Runners	187	186						195			192			760	4	Male 35-39
833617	Johnathan Billing	Hayle Runners		180	186	184	190									740	4	Male 35-39
728471	David Crawford	Newquay & Par AC	200	200	199											599	3	Male 35-39
813760	Adam Gore	Hayle Runners	197									200	198			595	3	Male 35-39
688699	Pete Walker	Truro Running Club			194				197		195					586	3	Male 35-39
818083	Lee Pollard	Tamar Trotters	193	192								194				579	3	Male 35-39
472352	Ben Smith	Tamar Trotters		179	188		189									556	3	Male 35-39
779680	Lewis Edwards	Cornwall AC		176			188	190								554	3	Male 35-39
160275	Tom Carthey	Falmouth Running Club						199			199					398	2	Male 35-39
214831	Tom Howell	Mile High		196								198				394	2	Male 35-39
690970	Timothy Walker	Newquay Road Runners		195		199										394	2	Male 35-39
837987	Kyle Orgacki	Tamar Trotters							199				194			393	2	Male 35-39
51163	Stuart Walker	Falmouth Running Club	195								198					393	2	Male 35-39
794762	Joseph Thomson	Launceston Road Runners				196							195			391	2	Male 35-39
639044	Matt Davies	East Cornwall Harriers			191					198						389	2	Male 35-39
358924	Mark Deacon	Looe Pioneers Running Club		194	193											387	2	Male 35-39
812943	Craig Pound	Hayle Runners		189		193										382	2	Male 35-39
453250	Neill Furlonger	Newquay Road Runners		178				191								369	2	Male 35-39
830676	Ant Barrett	St Austell Athletes Running Club			182		187									369	2	Male 35-39
784708	Stephen Hill	St Austell Running Club			184	183										367	2	Male 35-39
748404	Charles Simpson	Hayle Runners	184	182												366	2	Male 35-39
832539	Jamie Daniell	St Austell Running Club							200							200	1	Male 35-39
718356	John McWilliams	Mile High					199									199	1	Male 35-39
367670	James Barnet	Falmouth Running Club						198								198	1	Male 35-39
283236	Dave Angell	Mile High			198											198	1	Male 35-39
796319	Clem Mitchell	Hayle Runners										197				197	1	Male 35-39
748051	Jon Paget	Mile High		197												197	1	Male 35-39
861906	Chris Brown	Hayle Runners						196								196	1	Male 35-39
829576	Garth McColville	St Austell Athletes Running Club			196											196	1	Male 35-39
569142	Josh Karpinski	Newquay Road Runners	196													196	1	Male 35-39
749947	Matthew McDonough	East Cornwall Harriers							193							193	1	Male 35-39
872822	Santino Mangion	Hayle Runners										192				192	1	Male 35-39
844795	Andrew Davis	St Austell Athletes Running Club							192							192	1	Male 35-39
748940	Gareth Brindley	Newquay Road Runners				192										192	1	Male 35-39
400722	Andy Chase	St Austell Athletes Running Club				190										190	1	Male 35-39
744930	Mark Simpson	Launceston Road Runners											189			189	1	Male 35-39
818801	James Toseland	Truro Running Club				189										189	1	Male 35-39
449918	Andrew Blizzard	Truro Running Club									188					188	1	Male 35-39
310118	Hugh Savage	Perran Trail Runners				188										188	1	Male 35-39
469425	Marc Allen	St Austell Athletes Running Club	188													188	1	Male 35-39
853349	Stuart Chappell	Perran Trail Runners											186			186	1	Male 35-39
827416	Tom Edie	St Austell Athletes Running Club			185											185	1	Male 35-39
764279	Martyn Griffiths	Newquay Road Runners		183												183	1	Male 35-39
584672	Andy Highton	Perran Trail Runners				181										181	1	Male 35-39
790446	Chris Yelland	East Cornwall Harriers		177												177	1	Male 35-39
665637	Peter Barnes	Hayle Runners	198	194			200	200	199	200	200	199	197			1593	9	Male 40-44
748247	Daniel Strickland	Hayle Runners	196	192	199		199		196	197		198	198			1575	8	Male 40-44
283717	Lee Burford	Hayle Runners	188	182	193	193	194	191	192		194	196	191			1544	10	Male 40-44
454324	David Guffick	Hayle Runners	189	186		194	196	192	191		191	191	192			1536	9	Male 40-44
684603	Mark Bennetts	St Austell Athletes Running Club	184	178	191	191	186	189	190	191	190		189			1517	10	Male 40-44
741008	James Danks	Falmouth Running Club	179	174	187	187	184	187	188	189	188	188	184			1498	11	Male 40-44
420622	Michael Hawke	St Austell Athletes Running Club	190	189	196	197	195	196	194							1357	7	Male 40-44
315284	Marcus Wills	East Cornwall Harriers	186	187	198		191	195			195	194				1346	7	Male 40-44
161666	John Sole	Cornwall AC	192	183					193	193	196	192	193			1342	7	Male 40-44
657568	Andrew James	Hayle Runners	185		192		187	188	189	190		190				1321	7	Male 40-44
623453	Darren Roose	Newquay Road Runners	197	197					200	198		200	200			1192	6	Male 40-44

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501552	Alex Marples	Truro Running Club		198		199		199	197	199	198					1190	6	Male 40-44
452256	Leo Muid	Falmouth Running Club	187		195	195	189					188				954	5	Male 40-44
423479	James Manning	Hayle Runners	191	184			193				192	190				950	5	Male 40-44
656473	Neil Hayhurst	Hayle Runners						198	198		199		199			794	4	Male 40-44
464421	Adam Keogh	Falmouth Running Club	193	191			198			195						777	4	Male 40-44
393129	Aaron Benney	Mile High		195	200	200										595	3	Male 40-44
159638	Paul Sole	Cornwall AC	199	199									196			594	3	Male 40-44
362924	Thomas Rosenfeld	Hayle Runners							195	196		197				588	3	Male 40-44
748022	Edmund Bennett	Hayle Runners						197		194			195			586	3	Male 40-44
726626	Neil Carter	Newquay Road Runners	195	193			197									585	3	Male 40-44
309275	Ben Harding	East Cornwall Harriers						190				195	194			579	3	Male 40-44
292737	James Forbes	Perran Trail Runners			188			186				189				563	3	Male 40-44
652064	Gregg Norton	St Austell Running Club	180	175	186											541	3	Male 40-44
186116	Dan Alsop	St Austell Running Club	200	200												400	2	Male 40-44
507440	Shaun Mellow	MudCrew Running			197	198										395	2	Male 40-44
435484	Andrew Martin	Mile High		196							197					393	2	Male 40-44
561736	Russell King	Falmouth Running Club			194	192										386	2	Male 40-44
837416	Sid Standlick	Tamar Trotters					192			192						384	2	Male 40-44
382036	Richard Chynoweth	Truro Running Club					190	194								384	2	Male 40-44
721350	Neil Penny-Harding	Cornwall AC		188							193					381	2	Male 40-44
748300	Gareth Perry	St Austell Running Club			189	188										377	2	Male 40-44
606131	John Beard	Newquay Road Runners	178				185									363	2	Male 40-44
691616	Tom Brunet-Chugg	St Austell Running Club				196										196	1	Male 40-44
215095	James Youlden	St Austell Running Club	194													194	1	Male 40-44
803476	Matthew Dyson	Newquay & Par AC									193					193	1	Male 40-44
607578	Nick Hearle	Perran Trail Runners						193								193	1	Male 40-44
837259	Gareth Woodcock	Tri Logic Cornwall				190										190	1	Male 40-44
355794	Steven Lee	St Austell Athletes Running Club			190											190	1	Male 40-44
750446	John Steadman	Newquay & Par AC		190												190	1	Male 40-44
634212	Gregory May	Carn Runners									189					189	1	Male 40-44
470028	Paul Trudgeon	St Austell Athletes Running Club				189										189	1	Male 40-44
854909	Andy Bray	Tri Logic Cornwall					188									188	1	Male 40-44
315113	Paul Seagger	Hayle Runners											187			187	1	Male 40-44
861103	Mark Rescorl	Tamar Trotters							187							187	1	Male 40-44
311839	James Skeplorn	Truro Running Club											186			186	1	Male 40-44
879047	Andrew Simpson	Launceston Road Runners											185			185	1	Male 40-44
621283	Adam Roberts	Bodmin Dragons Triathlon Club		185												185	1	Male 40-44
768237	Adam Purvis	East Cornwall Harriers	183													183	1	Male 40-44
761899	Matt Hills	Newquay Road Runners	182													182	1	Male 40-44
491538	John Mitchell	Cornwall AC		181												181	1	Male 40-44
575384	Andrew Cook	Truro Running Club	181													181	1	Male 40-44
205932	Dave Cudby	Truro Running Club		180												180	1	Male 40-44
748368	Luke Reed	Newquay Road Runners		179												179	1	Male 40-44
198135	Thomas Moore	Truro Running Club		177												177	1	Male 40-44
770704	Nicholas Smith	Launceston Road Runners		176												176	1	Male 40-44
799735	Mark Roby	Truro Running Club	194	197	199	199		197	197	199	198	199	199			1587	10	Male 45-49
369267	Simon Knowles	Hayle Runners	196	199		198	199	198	196	197	196		198			1581	9	Male 45-49
748298	Mike Ellis	Newquay & Par AC	199	198				195	194	196	195	197	197			1571	8	Male 45-49
216121	Mark Thomas	Truro Running Club	191	195	196	196	196	193	193	194	193		194			1557	9	Male 45-49
794598	Danny O'Shea	Truro Running Club	187	191	192	194	194	190	192	193	191	195	192			1543	11	Male 45-49
751121	Matthew Wilson	Cornwall AC	188	192	193		192	188	189		189		190			1521	8	Male 45-49
537306	Julian Shakerley	St Austell Athletes Running Club	189	194	198	195		189				192				1157	6	Male 45-49
749909	Paul Smith	Cornwall AC					200	200	200	200	200					1000	5	Male 45-49
622612	Matthew Berry	Truro Running Club	198	200							194	196	195			983	5	Male 45-49
284124	Stuart Richards	St Austell Running Club			195	191	197		193				193			969	5	Male 45-49
558623	Marty Barnfield	Bodmin Road Runners	190	193	194			191			192					960	5	Male 45-49
782622	Steven Thomas	Carn Runners	186				193		191		190	194				954	5	Male 45-49
511579	Grahame Mace	Looe Pioneers Running Club	185	190				187		192						754	4	Male 45-49
371063	Phillip Henwood	Newquay Road Runners		185		192		182			183					742	4	Male 45-49
675675	Carl Murphy	Truro Running Club			200	200		199								599	3	Male 45-49
811701	Simon Jeffs	Hayle Runners	195				198			198						591	3	Male 45-49
424162	Paul Stevens	St Austell Athletes Running Club		196				196	198							590	3	Male 45-49
159700	Craig Hall	Carn Runners						194	195				196			585	3	Male 45-49
832800	Dan Hocking	Hayle Runners					190		188		185					563	3	Male 45-49
725477	Tristan Lang	Truro Running Club	183						190		188					561	3	Male 45-49
749820	Martin Grieb	Newquay Road Runners	182	186				184								552	3	Male 45-49
535398	Clive Ramsden	Newquay Road Runners							199		199					398	2	Male 45-49
317023	Martyn Prouse	PB Running Club						192		195						387	2	Male 45-49
618474	Craig Harper	Bude Rats (Run and Tri)	192				195									387	2	Male 45-49
767611	Carl Williams	Newquay Road Runners				193		185								378	2	Male 45-49
368487	Joseph Stanford	Hayle Runners		187			191									378	2	Male 45-49
783819	Mike Charlwood	Launceston Road Runners		188									189			377	2	Male 45-49
794079	Anthony Bryant	Hayle Runners						183			184					367	2	Male 45-49
873558	Colin Snook	Cornwall AC										200				200	1	Male 45-49
752608	Alex Daniels	Newquay Road Runners										200				200	1	Male 45-49
551254	Nigel Swift	Perran Trail Runners	200													200	1	Male 45-49
748925	Matt Lawless	Cornwall AC										198				198	1	Male 45-49
209372	Simon Williams	Newquay & Par AC									197					197	1	Male 45-49

GP 2023 after Race 11 Treggy 7 - Male Age Category Table

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SiEntries ID	Name	Club	Storm Force	Newquay 10k	Looe 10	Falmouth	An Res	Trevornick	Sticker 5	Mag 7	Turkey Trot	IQ Half	Treggy 7	Truro Half	Cornish	Score	Completed	Age Category
573007	Alastair Smith	Truro Running Club				197										197	1	Male 45-49
214755	Joseph Kennett-Parsons	Hayle Runners			197											197	1	Male 45-49
266813	Andy Rich	St Austell Running Club	197													197	1	Male 45-49
858750	Simon Hambury	Falmouth Running Club										193				193	1	Male 45-49
668214	Mark Thomas	Cornwall AC	193													193	1	Male 45-49
748934	Wayne Rundle	Launceston Road Runners											191			191	1	Male 45-49
724187	Ralph Graves	Truro Running Club			191											191	1	Male 45-49
746755	Steve Mildenhall	Newquay Road Runners		189												189	1	Male 45-49
879046	Roger Serres	Launceston Road Runners											188			188	1	Male 45-49
303051	David Wilcox	Truro Running Club									187					187	1	Male 45-49
765050	Steve Webb	Carn Runners									186					186	1	Male 45-49
718204	David Heath	St Austell Running Club						186								186	1	Male 45-49
206118	Clive Shute	East Cornwall Harriers	184													184	1	Male 45-49
671583	Thomas Grafton	Truro Running Club						181								181	1	Male 45-49
747259	Peter James	Launceston Road Runners	181													181	1	Male 45-49
756650	Anthony Worthington	Tamar Trotters		190			196	199	199	200	199	199	199			1581	8	Male 50-54
498588	Mike Dowrick	Cornwall AC	196	193			199	198	198	198	197		196			1575	8	Male 50-54
773141	Ian Curnow	Hayle Runners	193	188	199	196	195	195	197	199	196	197				1574	10	Male 50-54
706501	Steve Law	Falmouth Running Club	195	194	200	197	197	197	196				197			1573	8	Male 50-54
800652	Paul Gough	Hayle Runners	190	184	196	194	194	193		193	194	193				1547	9	Male 50-54
276216	Jonathan Crowle	Truro Running Club	189	186	198	195		192	194		192	195				1541	8	Male 50-54
386444	Andrew Ellis	Hayle Runners	177	177		193	192	188	193	194	184	194				1515	9	Male 50-54
744607	Darren Blenkinsop	Tamar Trotters	170	169	188	188	183	182	188	189	180		192			1490	10	Male 50-54
722753	Simon James	Cornwall AC	175	171			186	184	192	192	187		189			1476	8	Male 50-54
446463	Mark Knight	Newquay & Par AC		200		200	200	200	200		200		200			1400	7	Male 50-54
206038	Martin Trethewey	St Austell Running Club	179	176		192	188	185	191	191						1302	7	Male 50-54
771732	Eoin Stockdale	Carn Runners	172	173	190	187	185	183				182				1272	7	Male 50-54
731861	Scott Abraham	Hayle Runners	198	195		199				197	195		198			1182	6	Male 50-54
209056	Colin Bathe	Truro Running Club	191	185			189	191			191					947	5	Male 50-54
831126	Andrew Morley	Newquay Road Runners	174	172	191				189	190						916	5	Male 50-54
476839	Jeremy Brown	Bude Rats (Run and Tri)	194	187			198					200				779	4	Male 50-54
830870	Alan Edwards	Newquay Road Runners						186	190		183		193			752	4	Male 50-54
772281	Trevor Spinks	Newquay Road Runners	184	183	195			187								749	4	Male 50-54
272316	Donal Breen	Newquay Road Runners	173	178	193	191										735	4	Male 50-54
506307	Robert Kernaghan	Looe Pioneers Running Club	171	170	189					188						718	4	Male 50-54
261763	Tim Adams	St Austell Running Club	197	191		198										586	3	Male 50-54
442524	Robert Standing	Truro Running Club		199				196			189					584	3	Male 50-54
602808	Glyn Talling	Newquay Road Runners	187				193				190					570	3	Male 50-54
726369	Craig Underhill	Hayle Runners	181				190						194			565	3	Male 50-54
669901	Joe Brooks	Tamar Trotters	183	181						195						559	3	Male 50-54
501782	David Foy	Falmouth Running Club	186	179		191										556	3	Male 50-54
368264	Damian Cook	Bys Vyken Race Team						181	187		179					547	3	Male 50-54
751073	Jon Mitchell	Cornwall AC	178	175	192											545	3	Male 50-54
421716	Nick Richards	Cornwall AC	182	180							181					543	3	Male 50-54
495234	Jon Jones	Looe Pioneers Running Club	169	166	187											522	3	Male 50-54
731348	Craig Knuckey	Cornwall AC	200	197												397	2	Male 50-54
456124	Chris Ullman	East Cornwall Harriers			197					196						393	2	Male 50-54
845488	Henry Cameron	Truro Running Club							195		193					388	2	Male 50-54
799270	Denzil Williams	St Austell Running Club	192	189												381	2	Male 50-54
771105	Chris Campbell	Hayle Runners				190	187									377	2	Male 50-54
778383	David Thomasson	Bodmin Road Runners		182	194											376	2	Male 50-54
515061	Steven Jenkin	Cornwall AC		174							188					362	2	Male 50-54
746668	Jeremy Booker	Falmouth Running Club	168	165												333	2	Male 50-54
747397	David Reid	Hayle Runners	199													199	1	Male 50-54
159593	Gary Richards	Cornwall AC										198				198	1	Male 50-54
748062	David Moore	Cornwall AC									198					198	1	Male 50-54
454479	Antony Jarvis	St Austell Running Club		198												198	1	Male 50-54
400385	Richard Kell	Newquay Road Runners										196				196	1	Male 50-54
819169	Richard Daniels	Newquay & Par AC		196												196	1	Male 50-54
786001	Mark Sluggett	Launceston Road Runners											195			195	1	Male 50-54
159554	Richard Keefe	Falmouth Running Club						194								194	1	Male 50-54
209308	Pete Waumsley	Tamar Trotters		192												192	1	Male 50-54
880351	Andrew Hosking	Launceston Road Runners											191			191	1	Male 50-54
264443	Jason Shipton	Launceston Road Runners											190			190	1	Male 50-54
718299	Jonathan Berridge	Truro Running Club						190								190	1	Male 50-54
861116	Steve Rendle	Newquay Road Runners						189								189	1	Male 50-54
257885	Chris Walker	MudCrew Running			189											189	1	Male 50-54
830889	Dan Stevens	Falmouth Running Club	188													188	1	Male 50-54
494174	Martin Dinham	Mile High									186					186	1	Male 50-54
803502	Stephen Amor	Bodmin Road Runners			186											186	1	Male 50-54
760075	Mike Lackey	Newquay Road Runners									185					185	1	Male 50-54
459730	Martin Penney	Bys Vyken Race Team	185													185	1	Male 50-54
663857	Merlin Keating	St Austell Athletes Running Club					184									184	1	Male 50-54
531514	Simon Mayho	Bys Vyken Race Team					182									182	1	Male 50-54
354636	Craig Vaughnley	East Cornwall Harriers	180													180	1	Male 50-54
717278	Dale Clarke	Hayle Runners									178					178	1	Male 50-54
730749	Simon Pollard	St Austell Athletes Running Club	176													176	1	Male 50-54
248154	Roger Menzies	Newquay Road Runners		168												168	1	Male 50-54

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449237	Alan Byron	Newquay Road Runners		167												167	1	Male 50-54
248258	Adrian Ball	Cornwall AC	199	197		200		199	199		199	200	200			1593	8	Male 55-59
660317	Darrin Porter	Cornwall AC	196	196	200	198	199	198	198	198	198	198	198			1587	11	Male 55-59
795745	Mark Williams	Hayle Runners	193	195	198	196	197	196	197	197	197	199	199			1580	11	Male 55-59
744929	Kevin Silver	Hayle Runners	188	193	197	193		195		195	195	192	197			1557	9	Male 55-59
720455	Ian Savigar	East Cornwall Harriers	186				196	194	194	194	193	191	195			1543	8	Male 55-59
441624	Derrick Frantz	Cornwall AC	187	191	194	191	195	193	195		194	189				1542	9	Male 55-59
725983	Michael Counter	St Austell Running Club	184	189	192	189	194	190	193	193	192	190	196			1540	11	Male 55-59
755620	John Brady	East Cornwall Harriers	181	179	189		188	187	187	192		186	192			1502	9	Male 55-59
474045	Neil Ham	JP Fitness Cornwall	182	180	188	186		189	191		189	184				1489	8	Male 55-59
746069	Paul Heywood	Launceston Road Runners	176	175	186	185		186	184	190	186					1468	8	Male 55-59
716607	Paul Whear	Cornwall AC		200		199	200	200	200	200	200					1399	7	Male 55-59
491015	Kevin Marshall	Launceston Road Runners	191	192	196	192		197	196			195				1359	7	Male 55-59
791818	Mark Scallan	Carn Runners				187	191		189	191		187	191			1136	6	Male 55-59
183240	Andrew Sims	East Cornwall Harriers	183	185			192		192		190		193			1135	6	Male 55-59
788335	Sean Taylor	Bodmin Road Runners	177	176	187						185					725	4	Male 55-59
776316	Tony Wright	Cornwall AC	200	199						199						598	3	Male 55-59
471808	Mark Sweeney	St Austell Running Club			199	195						196				590	3	Male 55-59
316199	Alan Wherry	St Austell Running Club	192			197						197				586	3	Male 55-59
536794	Paul Skipp	Bude Rats (Run and Tri)					190		188		188					566	3	Male 55-59
656430	Andrew Heather	Hayle Runners							186			185	190			561	3	Male 55-59
825771	Pete Young	Bodmin Road Runners	180	190		190										560	3	Male 55-59
657978	Andy Stallard	Truro Running Club	178	177				192								547	3	Male 55-59
644073	Andrew Eddison	Cornwall AC				194	198									392	2	Male 55-59
159853	Paul Angove	Cornwall AC									191		194			385	2	Male 55-59
799819	Andrew Bunt	Newquay Road Runners					193	191								384	2	Male 55-59
260352	Ian Gronwalt	St Austell Running Club	189	194												383	2	Male 55-59
802741	Simon Murray	Hayle Runners		186	193											379	2	Male 55-59
818311	Jon Hoare	East Cornwall Harriers		184	191											375	2	Male 55-59
728589	Darren Hardwick	Looe Pioneers Running Club	185	188												373	2	Male 55-59
572707	Trevor Cornish	Hayle Runners		182	190											372	2	Male 55-59
747966	Martin Gregory	Looe Pioneers Running Club		183	185											368	2	Male 55-59
775004	Nick Pentreath	Falmouth Running Club		178			189									367	2	Male 55-59
784403	Paul Marks	St Austell Running Club		174					185							359	2	Male 55-59
680402	Peter Sowerby	Truro Running Club		198												198	1	Male 55-59
360842	Paul Gregg	Tamar Trotters	198													198	1	Male 55-59
748506	Tony Dunn	Cornwall AC	197													197	1	Male 55-59
215086	Robin Watson	Falmouth Running Club									196					196	1	Male 55-59
871730	Kevin Baskott	Tamar Trotters								196						196	1	Male 55-59
748270	Ian Temple	Bodmin Road Runners			195											195	1	Male 55-59
341498	Will Luckhurst	Hayle Runners	195													195	1	Male 55-59
656749	Andrew Hickson	Cornwall AC										194				194	1	Male 55-59
453988	Steve Babb	Newquay Road Runners	194													194	1	Male 55-59
516973	Paul Allan	Hayle Runners										193				193	1	Male 55-59
531505	Dean Barrett	Tamar Trotters							190							190	1	Male 55-59
202790	Glynn Davis	Carn Runners	190													190	1	Male 55-59
728284	Tim Knab	Bodmin Road Runners										188				188	1	Male 55-59
450214	Sean Webb	Hayle Runners						188								188	1	Male 55-59
612996	Martin Palmer	Perran Trail Runners				188										188	1	Male 55-59
760130	Mark Harrington	Carn Runners									187					187	1	Male 55-59
833157	Jd Rhodes	Tri Logic Cornwall					187									187	1	Male 55-59
386679	David Brown	Bodmin Dragons Triathlon Club		187												187	1	Male 55-59
397926	Julian Tyson	Newquay Road Runners										183				183	1	Male 55-59
425427	Nick Page	East Cornwall Harriers		181												181	1	Male 55-59
205112	Mike Baldwin	Hayle Runners	179													179	1	Male 55-59
716751	Jon Eldon	Hayle Runners	200	200	200	200	200	200	200	200	200	200	200			1600	11	Male 60-64
417445	Barrie Cardew	Carn Runners	197	197			198	198		199	199	199	199			1586	8	Male 60-64
667674	Pete Higham	Falmouth Running Club	195	191	198	196	192	195	195	197	197	196	196			1570	11	Male 60-64
773171	Robert Bolitho	Hayle Runners	187	183	193		188	190	191	195	190	195	193			1535	10	Male 60-64
726416	Robert Rochowiak	Carn Runners		194		198	195	197	198		196	198				1376	7	Male 60-64
780154	Satnam Basram	Cornwall AC	191	195		195	194		197		195		198			1365	7	Male 60-64
417090	Mike Bawden	Carn Runners	194	190				194	194	198	194		195			1359	7	Male 60-64
623694	James Rooney	Bude Rats (Run and Tri)	196	192	197	194		196				197				1172	6	Male 60-64
516289	John Barnes	Launceston Road Runners	190	188	195		190	192					192			1147	6	Male 60-64
434172	Trevor Williams	Tamar Trotters	192	189	196		189									766	4	Male 60-64
749762	Nigel Rapson	St Austell Athletes Running Club		198				199	199							596	3	Male 60-64
430956	Mark Trebilcock	Cornwall AC	198	199			197									594	3	Male 60-64
533489	Trevor Lee	Truro Running Club				197				196		197				590	3	Male 60-64
505729	Dave Pickard	Launceston Road Runners		194						196			194			584	3	Male 60-64
775639	Cas Leo	Hayle Runners	188			193	191									572	3	Male 60-64
748756	Norbert Hamacher	Truro Running Club		185					192		191					568	3	Male 60-64
803516	Paul Cole	Falmouth Running Club				199	196									395	2	Male 60-64
367481	Andrew Vosper	Bodmin Road Runners		196	199											395	2	Male 60-64
855247	Andrew Coles	St Austell Running Club						193	193							386	2	Male 60-64
545595	Simon Blackburn	Hayle Runners					193				192					385	2	Male 60-64
661384	Nick Morley	Hayle Runners	189	186												375	2	Male 60-64
458675	Martin Davis	Newquay Road Runners					199									199	1	Male 60-64

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337370	Andrew Millward	Carn Runners	199													199	1	Male 60-64
453333	Ian Leedham	Newquay Road Runners									198					198	1	Male 60-64
858715	Brian Yates	Truro Running Club									193					193	1	Male 60-64
799095	Andrew Oldfield	Tamar Trotters		193												193	1	Male 60-64
210339	Mark Colton-Taylor	Truro Running Club	193													193	1	Male 60-64
450571	Robert Willcocks	Falmouth Running Club						191								191	1	Male 60-64
829004	Dermot McCann	Looe Pioneers Running Club		187												187	1	Male 60-64
744935	Steve Whitfield	Carn Runners		184												184	1	Male 60-64
215296	Steve Baker	Tamar Trotters		200	200	198	200		200	200	199	200	200			1599	9	Male 65-69
768098	Andrew Cassidy	Cornwall AC	200	199	199	200	198	198	199	198	198					1591	9	Male 65-69
308760	Peter Allen	Newquay Road Runners	198	197	197	197	196	199	197	196	197	198	198			1581	11	Male 65-69
748353	Steven Walkey	Falmouth Running Club	194	194	194	195	195	197	195	193	195	194	193			1559	11	Male 65-69
826316	Steve Menear	St Austell Running Club	191	190	193	194			194		194	195				1351	7	Male 65-69
315573	Iain Walker	St Austell Running Club	199		198	199	199			199	200					1194	6	Male 65-69
498911	Nigel Knuckey	Truro Running Club	192	191			191			193		193	191			1151	6	Male 65-69
381794	Malcolm Roberts	St Austell Running Club						200	198	197		199	199			993	5	Male 65-69
747497	Michael Orchard	Hayle Runners	195	193					196			197	197			978	5	Male 65-69
603684	John Sudell	East Cornwall Harriers	196	196	195					195						782	4	Male 65-69
441618	Mike Lemin	Tamar Trotters	193		192		193	194								772	4	Male 65-69
357060	Steve Lawrence	Falmouth Running Club						192	191			193		190		766	4	Male 65-69
752530	Richard Morton	Tamar Trotters	197	195								196				588	3	Male 65-69
368721	David Wilton	Falmouth Running Club		189				195	192							576	3	Male 65-69
780554	Neville Witham	Cornwall AC		198							196					394	2	Male 65-69
25702	Gavin Clegg	East Cornwall Harriers			196		197									393	2	Male 65-69
24931	Barry Olver	Tamar Trotters								194			195			389	2	Male 65-69
746189	Philip Bunt	Newquay Road Runners					192	196								388	2	Male 65-69
718104	Philip Spargo	Truro Running Club					194						192			386	2	Male 65-69
879863	Martin Morgan	Bodmin Road Runners											196			196	1	Male 65-69
397351	Gary Duxbury	Falmouth Running Club				196										196	1	Male 65-69
880612	Paul Bufton	Truro Running Club											194			194	1	Male 65-69
101	Mark Squire	Hayle Runners						193								193	1	Male 65-69
365385	Jim Lockyer	East Cornwall Harriers		192												192	1	Male 65-69
365945	Gary Oswald	Looe Pioneers Running Club			191											191	1	Male 65-69
818468	John Bowden	Looe Pioneers Running Club					190									190	1	Male 65-69
745094	Colin Martin	Newquay Road Runners	199		199	199	199		199	199	199		200			1593	8	Male 70-74
631285	Des Evans	Newquay Road Runners	196	198	198	198	197	198	197	198	197	198	197			1582	11	Male 70-74
522287	Alan Brandwood	Falmouth Running Club	197	194	197	197	195	194	195	197	195	197	196			1571	11	Male 70-74
7111	Stephen Hutchinson	Bude Rats (Run and Tri)	200	200		200		199	200	200			199			1398	7	Male 70-74
748431	Christopher Ramsey	Truro Running Club		195					198		200	199	194			986	5	Male 70-74
750060	Tommy Polglase	Carn Runners			200		200	200				200				800	4	Male 70-74
765035	Martin Curtis	Hayle Runners	198	199			198	195								790	4	Male 70-74
747885	Ian Grimes	Launceston Road Runners		197						196		198		198		789	4	Male 70-74
604348	Peter Drew	Carn Runners		196			196	196			196					784	4	Male 70-74
748011	Martin Venning	Launceston Road Runners						193	194		194		195			776	4	Male 70-74
750113	Nick Miles	Newquay Road Runners						197								197	1	Male 70-74
350003	John Tilley	Bodmin Road Runners		193												193	1	Male 70-74
550913	Chunky Penhaul	Hayle Runners	200	200		200	200		200		200	200	200			1600	8	Male 75-79
745095	Richard Jenkin	Cornwall AC	199	199	199		199	199	199	200	199	199				1593	9	Male 75-79
274470	Ian Ringer	Bodmin Road Runners	197	198	200		198	200		199		198	198			1588	8	Male 75-79
748133	Ray Goodright	East Cornwall Harriers	198		198	199		198		198	197	197	196			1581	8	Male 75-79
747923	Dennis Burrell	Carn Runners		194				196	195	197	195		195			1172	6	Male 75-79
193851	Roy Newton	Falmouth Running Club		196				197	198		198					789	4	Male 75-79
475986	David Garrard	Falmouth Running Club		193					194		193		194			774	4	Male 75-79
845658	Andrew Cameron	Truro Running Club						196			196					392	2	Male 75-79
718927	Michael Wooding	Newquay Road Runners		195							194					389	2	Male 75-79
426109	Brian Wiles	Launceston Road Runners											199			199	1	Male 75-79
768208	Paul Wright	Bodmin Road Runners											197			197	1	Male 75-79
799417	David Salvage	Tamar Trotters							197							197	1	Male 75-79
159601	Barry Drew	Carn Runners					197									197	1	Male 75-79
747308	John Lillis	Newquay Road Runners		197												197	1	Male 75-79
557872	Stewart Townend	Hayle Runners	200	200		200	200				200	200	200			1400	7	Male 80-84
843139	Richard Moore	Truro Running Club							200		199					399	2	Male 80-84

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Best 8 events to count. Age category depends on age on 01/01/2023. Only affiliated Cornish clubs included.
Make name / club changes on your SiEntries account and it will be uploaded on your next event.

Statistic	Storm Force	Newquay 10k	Looe 10	Falmouth	An Res	Trevornick	Sticker 5	Mag 7	Turkey Trot	IQ Half	Treggy 7	Truro Half	Cornish	Total
Total Entrants	499	706	531	513	309	339	254	283	314	381	368			4497
Male Entrants	260	334	285	310	171	170	133	169	172	233	209			2446
Female Entrants	239	372	246	203	138	169	121	114	142	148	159			2051
Cornish Male Entrants	189	220	117	119	126	137	121	88	152	102	122			1493
Cornish Female Entrants	192	240	124	88	118	145	113	78	132	80	106			1416