

























## GP 2024 after Race 6 Mag 7 - Female Age Category Table

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Best 8 events to count. Age category depends on age on 01/01/2024. Only affiliated Cornish clubs included.  
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SIEntries ID	Name	Club	Storm Force	Newquay 10k	Looe 10	Falmouth	An Res	Trevornick	Mag 7	Turkey Trot	IQ Half	Sticker 5	Treggy 7	Truro Half	Marazion 10k	Cornish	Score	Completed	Age Category
911665	Anna Goodman	Hayle Runners	183	190		190	190	192	198								1143	6	Female Under 35
730928	Rose Harvie	Newquay Road Runners	193	193	195		195		200								976	5	Female Under 35
774229	Caroline Cross	Cornwall AC	181	186			187	188	197								939	5	Female Under 35
826400	Chloe Turner	East Cornwall Harriers	180	183	194	185		187									929	5	Female Under 35
512242	Rebecca Stobart	Cornwall AC	196			200	198	198									792	4	Female Under 35
217210	Jodie Gauld	St Austell Running Club			200	198	197	196									791	4	Female Under 35
641940	Hannah Smith	Hayle Runners	185	189			189	189									752	4	Female Under 35
793957	Courtney Marks	St Austell Running Club	178	180			186	186									730	4	Female Under 35
794648	Katie Walker	Cornwall AC	199	200			200										599	3	Female Under 35
791344	Roisin Mooney	Cornwall AC	194	197				197									588	3	Female Under 35
463105	Melissa Nicholas	Hayle Runners	192		196	194											582	3	Female Under 35
752566	Sophie Talling	Newquay Road Runners	187	192			191										570	3	Female Under 35
903585	Augusta Trussell	Truro Running Club	182	187			188										557	3	Female Under 35
884656	Cassie Higgins	Perran Trail Runners	177	182		184											543	3	Female Under 35
794003	Katie Knowles	Truro Running Club	198					200									398	2	Female Under 35
735698	Jo Temple	Truro Running Club			199	197											396	2	Female Under 35
818765	Jasmine Rapson	Newquay & Par AC		199				195									394	2	Female Under 35
860281	Sarah Reel	Falmouth Running Club	195			199											394	2	Female Under 35
800950	Joanna Furtado	Falmouth Running Club				195	196										391	2	Female Under 35
447321	Stacie Tregonning	St Austell Athletes Running Club			198	191											389	2	Female Under 35
643015	Lia Foreman	Hayle Runners					193	191									384	2	Female Under 35
882997	Amy Harrington	Truro Running Club					192	190									382	2	Female Under 35
911507	Helen Barrett	Falmouth Running Club	190			192											382	2	Female Under 35
893484	Georgia Gowing	St Austell Running Club	186			186											372	2	Female Under 35
749248	Rebecca Ezra-Ham	Tamar Trotters	200														200	1	Female Under 35
870953	Harriet Housam	Tamar Trotters						199									199	1	Female Under 35
931009	Zoe Levin	Newquay & Par AC						199									199	1	Female Under 35
557272	Louise Mitchell	Truro Running Club					199										199	1	Female Under 35
420151	Bethan Gay	Cornwall AC		198													198	1	Female Under 35
537987	Ayesha Gillespie	Tamar Trotters			197												197	1	Female Under 35
748040	Charlotte Tansley	Cornwall AC	197														197	1	Female Under 35
937213	Amber Simler	Truro Running Club						196									196	1	Female Under 35
732795	Anna Pearce	Cornwall AC				196											196	1	Female Under 35
911420	Creina O'Shea	Cornwall AC		196													196	1	Female Under 35
764689	Adrienne Hodge	Newquay Road Runners		195													195	1	Female Under 35
869368	Jessica Brown	Newquay & Par AC						194									194	1	Female Under 35
748487	Alice Vage	Cornwall AC					194										194	1	Female Under 35
443494	Lucy Longbottom	Truro Running Club		194													194	1	Female Under 35
938332	Beth Elkin	Hayle Runners						193									193	1	Female Under 35
857442	Amber Gibb	Cornwall AC				193											193	1	Female Under 35
748731	Leigh Spencer	Newquay Road Runners		191													191	1	Female Under 35
666752	Ellen Jones	Cornwall AC	191														191	1	Female Under 35
900936	Grace Claridge	Cornwall AC				189											189	1	Female Under 35
901733	Amy Glynn	Cornwall AC	189														189	1	Female Under 35
891793	Harriet Carr	Falmouth Running Club				188											188	1	Female Under 35
748239	Lauren Symons	St Austell Athletes Running Club		188													188	1	Female Under 35
356595	Ruth Glover	Tri Logic Cornwall	188														188	1	Female Under 35
833683	Kate Frame	Hayle Runners				187											187	1	Female Under 35
907452	Megan Clarke	Truro Running Club						185									185	1	Female Under 35
891677	Kelly Edwards	Truro Running Club		185													185	1	Female Under 35
718827	Emily Canty	St Austell Athletes Running Club		184													184	1	Female Under 35
888085	Eleanor Dennis	Carn Runners	184														184	1	Female Under 35
907940	Kirsten MacPhee	Launceston Road Runners				183											183	1	Female Under 35
916140	Wenna Shimmiel	Falmouth Running Club		181				197	198								181	1	Female Under 35
799053	Kalei Andrews	Carn Runners		179					199								179	1	Female Under 35
830073	Courtney Bell	Bodmin Running Club	179														179	1	Female Under 35
912006	Maddie Southall	Looe Pioneers Running Club		178													178	1	Female Under 35
912164	Grace Deane	Hayle Runners		176													176	1	Female Under 35
747592	Nicola Masters	Hayle Runners		175													175	1	Female Under 35
665740	Donna Dark	Hayle Runners		174													174	1	Female Under 35
761681	Emma Paull	Hayle Runners	200	200		200	200	200	200								1200	6	Female 35-39
865341	Jenna Bissell	Truro Running Club	190	196	199		197	198									980	5	Female 35-39
756886	Fiona Gamble	Hayle Runners	187	191	195		199		199								971	5	Female 35-39
784808	Gwen Maggs	St Austell Running Club	184	183		191	195		196								949	5	Female 35-39
785080	Sally Turner	Cornwall AC	197	199		199		196									791	4	Female 35-39
820604	Natalie Dunn	Truro Running Club	194			196	198	192									780	4	Female 35-39
425707	Amy Gregory	Newquay Road Runners	191	194				193	198								776	4	Female 35-39
836129	Thelma Namonje Kapembwa	Falmouth Running Club	189	193		194		195									771	4	Female 35-39
730447	Gemma Wotherspoon	Bodmin Womens Running Club	182	179	192			187									740	4	Female 35-39
908240	Tess Wakeham	Newquay Road Runners		195	197	195											587	3	Female 35-39
591350	Rosie Trevains	Bys Vyken Race Team	181	180				190									551	3	Female 35-39
684939	Rachel Vague	Tri Logic Cornwall	199	198													397	2	Female 35-39
561059	Megan Rowe	St Austell Running Club			198	198											396	2	Female 35-39
240026	Kaye Patterson	East Cornwall Harriers			196			197									393	2	Female 35-39
744571	Katie Robinson	Falmouth Running Club	196			197											393	2	Female 35-39
353859	Claire Johnson	St Austell Running Club			193	193											386	2	Female 35-39
748124	Angeline Hadfield	Truro Running Club	188	188													376	2	Female 35-39
292734	Jennifer Forbes	Hayle Runners	186	187													373	2	Female 35-39
823678	Jessica Gallienne	Newquay Road Runners		178				186									364	2	Female 35-39
795598	Greta Viertel	St Austell Athletes Running Club	183	181													364	2	Female 35-39
620794	Melodie Manners	Hayle Runners			200												200	1	Female 35-39
522445	Lucy Williams	Truro Running Club						199									199	1	Female 35-39
689343	Hannah Matthews	East Cornwall Harriers	198														198	1	Female 35-39
938333	Susan Horne	Tamar Trotters						197									197	1	Female 35-39
754414	Grace Barratt	Newquay Road Runners		197													197	1	Female 35-39
774009	Holly Byatt	Perran Trail Runners					196										196	1	Female 35-39

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745244	Jenny Cartwright	Looe Pioneers Running Club	195														195	1	Female 35-39
783850	Elizabeth Whinnett	Bodmin Running Club						194									194	1	Female 35-39
575007	Victoria Humphreys	East Cornwall Harriers			194												194	1	Female 35-39
827822	Naomi Astill	Hayle Runners	193														193	1	Female 35-39
785995	Hayley Christopher	St Austell Athletes Running Club				192											192	1	Female 35-39
807647	Lisa Taper	Newquay Road Runners		192													192	1	Female 35-39
858419	Emily Cameron	Newquay Road Runners	192														192	1	Female 35-39
868543	Jenna Ferris	Perran Trail Runners						191									191	1	Female 35-39
799485	Lisa Francey	Cornwall AC		190													190	1	Female 35-39
587683	Isabel Irwin-Bowler	St Austell Running Club						189									189	1	Female 35-39
416840	Anna Carter	Newquay Road Runners		189													189	1	Female 35-39
928151	Beth Green	Newquay Road Runners						188									188	1	Female 35-39
818535	Sara Robins	Newquay Road Runners		186													186	1	Female 35-39
859775	Jennifer Kempthorne	Bodmin Womens Running Club		185													185	1	Female 35-39
744941	Jamie Gore	Hayle Runners	185														185	1	Female 35-39
910493	Laura Blight	Falmouth Running Club		184													184	1	Female 35-39
747910	Liane Holt	Newquay Road Runners		182													182	1	Female 35-39
745310	Amy Shackleford	Bys Vyken Race Team	180														180	1	Female 35-39
750132	Paula Clarkson	Falmouth Running Club		177													177	1	Female 35-39
423501	Katie Bullock	Newquay Road Runners		176													176	1	Female 35-39
385026	Demelza Widdershoven	Carn Runners	184	182	196	196	196	192	196								1342	7	Female 40-44
859634	Nicole Di Maio	Cornwall AC	177	176	194	190	193	186	193								1309	7	Female 40-44
800391	Lucy Paull	Hayle Runners	195	197		200	200	200									992	5	Female 40-44
501802	Karina Bowers	St Austell Running Club			198	199	198	198	198								991	5	Female 40-44
468574	Zoe Renowden	Hayle Runners	193		200		199	196	197								985	5	Female 40-44
741002	Sarah Luff	JP Fitness Cornwall	180	178	193		195	185									931	5	Female 40-44
610044	Eve Hearle	Newquay Road Runners	197	200				199	199								795	4	Female 40-44
818356	Rachel Yelland	East Cornwall Harriers	185	184	195			188									752	4	Female 40-44
509954	Annie Bover	Bude Rats (Run and Tri)	190			197	197										584	3	Female 40-44
748385	Kay Middleditch	Truro Running Club		186		195		193									574	3	Female 40-44
553368	Joanna Marcinekova	Cornwall AC	189	189				195									573	3	Female 40-44
747894	Claire Stone	Hayle Runners	183					189	194								566	3	Female 40-44
747651	Isobel Hamilton	East Cornwall Harriers	188	187				190									565	3	Female 40-44
830865	Kerry Hoskin	Truro Running Club	182	181		192											555	3	Female 40-44
746124	Kirsty Medlock	Hayle Runners	196	198													394	2	Female 40-44
578509	Helen Stevenson	Bodmin Running Club		191				194									385	2	Female 40-44
730223	Sarah Ryan	Newquay Road Runners	191	193													384	2	Female 40-44
726522	Natalie Jewell	Falmouth Running Club		180		193											373	2	Female 40-44
453507	Anna Seymour	St Austell Athletes Running Club		177				192									369	2	Female 40-44
907075	Becky Miles	Newquay Road Runners	186	183													369	2	Female 40-44
514834	Sarah Johns	Hayle Runners	176	174													350	2	Female 40-44
795437	Alexia Zilli	Tamar Trotters						200									200	1	Female 40-44
723331	Anna Harrold	Truro Running Club	200														200	1	Female 40-44
353916	Hayley Stacey	East Cornwall Harriers			199												199	1	Female 40-44
745497	Stella Gardener	Newquay Road Runners		199													199	1	Female 40-44
417187	Ruby Orchard	Cornwall AC	199														199	1	Female 40-44
874266	Noora Stanforth	Falmouth Running Club				198											198	1	Female 40-44
233295	Sarah Hoskin	Mile High	198														198	1	Female 40-44
933936	Sammy Stringer	Newquay Road Runners						197									197	1	Female 40-44
823751	Claire Manton	Looe Pioneers Running Club			197												197	1	Female 40-44
750577	Kelly Keough	Newquay Road Runners		196													196	1	Female 40-44
941052	Arlene Powell	Tamar Trotters						195									195	1	Female 40-44
637011	Laura Pool	Truro Running Club		195													195	1	Female 40-44
745090	Marlene Grobler	Carn Runners					194										194	1	Female 40-44
492040	Rachel Stephens	Tri Logic Cornwall				194											194	1	Female 40-44
810245	Kate Murphy	St Austell Athletes Running Club		194													194	1	Female 40-44
420137	Emma Clark	Looe Pioneers Running Club	194														194	1	Female 40-44
577016	Emma Williams	JP Fitness Cornwall					192										192	1	Female 40-44
910850	Sara Treeby	Looe Pioneers Running Club			192												192	1	Female 40-44
915866	Helen Matthews	St Austell Athletes Running Club		192													192	1	Female 40-44
814721	Tamsin Lay	East Cornwall Harriers	192														192	1	Female 40-44
931976	Naomi Grint	Looe Pioneers Running Club						191									191	1	Female 40-44
809442	Emma-Jane Howman	Hayle Runners				191											191	1	Female 40-44
726436	Louisa Chisholm	Looe Pioneers Running Club		190													190	1	Female 40-44
408220	Christiana Richardson	Truro Running Club		188													188	1	Female 40-44
454541	Joanna Skyba	St Austell Running Club						187									187	1	Female 40-44
809333	Maria De Ruvo	Hayle Runners	187														187	1	Female 40-44
430367	R Friel	Newquay Road Runners		185													185	1	Female 40-44
652288	Jennifer Burden	St Austell Running Club						184									184	1	Female 40-44
501151	Harriet Oates	Carn Runners	181														181	1	Female 40-44
814583	Stephanie Rennie	JP Fitness Cornwall		179													179	1	Female 40-44
754984	Rebecca O'Doherty	St Austell Athletes Running Club		179													179	1	Female 40-44
415961	Yelda Muge Parsons	Hayle Runners	178														178	1	Female 40-44
899551	Emma Lewis	East Cornwall Harriers		175													175	1	Female 40-44
240101	Debbie Marshall	St Austell Running Club	192	189	195	197	196	191	195								1355	7	Female 45-49
431617	Samantha Ewart	St Austell Running Club	183	180	187	193	191	182									1116	6	Female 45-49
159667	Caroline Vinnicombe	Cornwall AC	180	177	189	192	189	187									1114	6	Female 45-49
751066	Joanne Strawbridge	East Cornwall Harriers	188	190	196			194									768	4	Female 45-49
342972	Tracy Mckenzie	Newquay Road Runners	189	188			195	190									762	4	Female 45-49
555073	Claire Barlow	Bodmin Running Club	186	187	193	194											760	4	Female 45-49
571104	Natasha Gutridge	Newquay Road Runners	184	183	191	195											753	4	Female 45-49
441674	Rosie Gibbons	Cornwall AC	200	200	200												600	3	Female 45-49
729035	Emma Fox	Newquay Road Runners		198				198	200								596	3	Female 45-49
748670	Olivia Pellowe	Carn Runners		196				195	199								590	3	Female 45-49
747948	Charlie Gray	Newquay Road Runners		194				196	198								588	3	Female 45-49

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686166	Lucy Oldham	East Cornwall Harriers	191		197				197								585	3	Female 45-49
782710	Nicola Edwards	Newquay Road Runners	193	193			197										583	3	Female 45-49
435525	Julie Rundle	Bodmin Running Club	190	192	194												576	3	Female 45-49
772276	Victoria Walton	Newquay Road Runners			190		188	186									564	3	Female 45-49
584880	Emma Johns	Hayle Runners	179	174				185									538	3	Female 45-49
748043	Sarah Ellis	Hayle Runners	178	175				181									534	3	Female 45-49
271994	Susanne Wood	Cornwall AC				198	200										398	2	Female 45-49
716839	Hannah Fox	Mile High				199	199										398	2	Female 45-49
166973	Meeta Nicholls	East Cornwall Harriers	197		199												396	2	Female 45-49
524126	Kelly Bills	Hayle Runners			198			197									395	2	Female 45-49
728766	Alison Roose	Newquay Road Runners	198	197													395	2	Female 45-49
278473	Helen Knowles	Hayle Runners	195				198										393	2	Female 45-49
555364	Kate Stevens	St Austell Running Club						192	196								388	2	Female 45-49
726521	Nicola Crilly	Falmouth Running Club		186		196											382	2	Female 45-49
197268	Georgina Symons	St Austell Athletes Running Club	187	191													378	2	Female 45-49
531617	Paula Vieira	St Austell Running Club		184			192										376	2	Female 45-49
452156	Joanne Barry	JP Fitness Cornwall	182				193										375	2	Female 45-49
185901	Kathryn Marsh	Carn Runners		181			190										371	2	Female 45-49
747792	Victoria Hall	Bodmin Running Club		179	188												367	2	Female 45-49
781344	Angela Tyson	Newquay Road Runners		176				183									359	2	Female 45-49
541030	Ruth Barnes	Falmouth Running Club						200									200	1	Female 45-49
420877	Mandy Gibson	Looe Pioneers Running Club			200												200	1	Female 45-49
360385	Gail Hartill	Bodmin Running Club						199									199	1	Female 45-49
754927	Michelle Hague	Newquay Road Runners		199													199	1	Female 45-49
578573	Katy Jenkins	Truro Running Club	199														199	1	Female 45-49
183165	Claire Longman	Truro Running Club	196														196	1	Female 45-49
909058	Julie Gillbard	Tamar Trotters		195													195	1	Female 45-49
206040	Charlotte Trethewey	St Austell Running Club					194										194	1	Female 45-49
584634	Lisa Cassidy	Bodmin Womens Running Club	194														194	1	Female 45-49
159773	Helen Dodwell	Truro Running Club						193									193	1	Female 45-49
838215	Bianca Phillips-Libby	Looe Pioneers Running Club			192												192	1	Female 45-49
190133	Joanna Rich	St Austell Running Club						189									189	1	Female 45-49
936868	Anna Cullen	Tri Logic Cornwall						188									188	1	Female 45-49
414017	Miranda Honey	Bodmin Running Club		185													185	1	Female 45-49
665436	Susan Thomas	Hayle Runners	185														185	1	Female 45-49
782496	Carrie Patrick	Carn Runners						184									184	1	Female 45-49
424610	Marie Green	Falmouth Running Club		182													182	1	Female 45-49
745153	Sonia McLean	St Austell Running Club	181														181	1	Female 45-49
895233	Zoe Webb	Carn Runners		178													178	1	Female 45-49
408199	Kathryn Thomas	Cornwall AC		173													173	1	Female 45-49
746924	Mandy Watts	Newquay Road Runners	191	194	195	197	195	197	197								1366	7	Female 50-54
422172	Cat Wallman	Truro Running Club	177	178	193	193	187	192	196								1316	7	Female 50-54
394924	Emma Stepto	Cornwall AC	199	200	200		199	200	200								1198	6	Female 50-54
424921	Gail Aspden	Cornwall AC		195	199	199	198	198	198								1187	6	Female 50-54
434324	Jacqui Martin	St Austell Running Club	178	174	191	191	184		194								1112	6	Female 50-54
747856	Amanda Hewitt	Cornwall AC	197	197		200		199	199								992	5	Female 50-54
748767	Debbie Harrison-Webb	Hayle Runners	196	196	197	198	197										984	5	Female 50-54
742959	Tanya Coleman	Truro Running Club	190		196	196	193	196									971	5	Female 50-54
746290	Emma James	Launceston Road Runners	183	181	188			191	195								938	5	Female 50-54
583630	Sarah Allen	Hayle Runners	184	185		194	191										754	4	Female 50-54
878218	Loraine Hoar	St Austell Running Club	180	170	192	192											734	4	Female 50-54
718376	Claire Payne	Carn Runners	175		187		181	182									725	4	Female 50-54
324988	Lorna Hogg	St Austell Running Club		165	186		180	185									716	4	Female 50-54
577907	Ruth Simmons	St Austell Running Club	174	162				181	193								710	4	Female 50-54
396166	Zelah Morrall	Cornwall AC	200	199			200										599	3	Female 50-54
393536	Corinne Gerrard	Hayle Runners	194		198			194									586	3	Female 50-54
716934	Beth Popperwell	Mile High	193				196	195									584	3	Female 50-54
631373	Sharon Rowat	Hayle Runners	187	192			192										571	3	Female 50-54
160186	Helen Thomas	Truro Running Club	188	191			189										568	3	Female 50-54
750985	Jennifer Buckland	Hayle Runners	186	187			190										563	3	Female 50-54
224653	Emma Mossop	Cornwall AC	198	198													396	2	Female 50-54
204826	Catheryn Camborieux	Truro Running Club	189	193													382	2	Female 50-54
872847	Julia Evans	East Cornwall Harriers			189			189									378	2	Female 50-54
581664	Catherine Sims	Tamar Trotters		183	194												377	2	Female 50-54
416165	Sarah Steed	East Cornwall Harriers	179		190												369	2	Female 50-54
726279	Dawn Scallan	Carn Runners		180			185										365	2	Female 50-54
502174	Melanie Nile	St Austell Running Club		172				190									362	2	Female 50-54
910996	Samantha Rendell	Falmouth Running Club		175			186										361	2	Female 50-54
746811	Anita Hudson	St Austell Running Club	182	179													361	2	Female 50-54
755457	Donna Pollard	Carn Runners		173			182										355	2	Female 50-54
376613	Sandra Lidiard	Bodmin Womens Running Club		167				184									351	2	Female 50-54
773564	Nicola Dickey	Falmouth Running Club		168			183										351	2	Female 50-54
669906	Paula Brooks	Tamar Trotters		163	185												348	2	Female 50-54
908430	Kathryn Lindsay	Falmouth Running Club				195											195	1	Female 50-54
576118	Katie Spencer	Truro Running Club	195														195	1	Female 50-54
407003	Monique Jeffrey-Jones	Bodmin Running Club					194										194	1	Female 50-54
931753	Catherine Horton	Falmouth Running Club						193									193	1	Female 50-54
746920	Natasha Stevens	Bodmin Womens Running Club	192														192	1	Female 50-54
745643	Claire Mildenhall	Newquay Road Runners		190													190	1	Female 50-54
904050	Lisa Wilson	Truro Running Club		189													189	1	Female 50-54
749121	Clare Dent	St Austell Running Club					188										188	1	Female 50-54
690298	Vicky Oakes	St Austell Running Club					188										188	1	Female 50-54
487188	Paula Bate	St Austell Athletes Running Club		188													188	1	Female 50-54
909503	Dellen Carroll	Newquay Road Runners					187										187	1	Female 50-54
336814	Rachael Church	Perran Trail Runners					186										186	1	Female 50-54
748465	Karen Masters	Newquay Road Runners		186													186	1	Female 50-54

## GP 2024 after Race 6 Mag 7 - Female Age Category Table

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SIEntries ID	Name	Club	Storm Force	Newquay 10k	Looe 10	Falmouth	An Res	Trevornick	Mag 7	Turkey Trot	IQ Half	Sticker 5	Treggy 7	Truro Half	Marazion 10k	Cornish	Score	Completed	Age Category
498189	Alison Weir	Falmouth Running Club	185														185	1	Female 50-54
624823	Clare Fuller	Bodmin Dragons Triathlon Club		184													184	1	Female 50-54
829492	Sarah Griffiths	Newquay Road Runners						183									183	1	Female 50-54
915710	Suzannah Kelly	Newquay Road Runners		182													182	1	Female 50-54
435768	Kath Wisner	St Austell Running Club	181														181	1	Female 50-54
748081	Diane Foster	Looe Pioneers Running Club		177													177	1	Female 50-54
195667	Nicola Hall	Bodmin Womens Running Club		176													176	1	Female 50-54
595738	Nicola Rudgley	East Cornwall Harriers	176														176	1	Female 50-54
888810	Sam Robinson	Hayle Runners	173														173	1	Female 50-54
576979	Kelly Stevens	Falmouth Running Club		171													171	1	Female 50-54
858364	Kathryn Berry	Falmouth Running Club		169													169	1	Female 50-54
868464	Rowena Rutledge	Falmouth Running Club		166													166	1	Female 50-54
866000	Clare Duncan	Falmouth Running Club		164													164	1	Female 50-54
268255	Rachael Staff	St Austell Running Club		161													161	1	Female 50-54
910032	Jude Hollyman	Tamar Trotters		160													160	1	Female 50-54
504813	Julie Bolitho	Falmouth Running Club	187	185	196	195	190	186	194								1333	7	Female 55-59
652263	Theresa Clark	Hayle Runners	188	187	194		191	188	195								1143	6	Female 55-59
579695	Nicky Brenton	Bodmin Running Club	196	195	198	198	196										983	5	Female 55-59
276349	Louise Ollivier	Hayle Runners	199	197		196	198	191									981	5	Female 55-59
557271	Helen Mitchell	Truro Running Club		200	199		200	200									799	4	Female 55-59
273360	Sarah Myford	Bodmin Running Club	200	198			199	197									794	4	Female 55-59
724660	Gillian Onley	Cornwall AC	191				192	189	199								771	4	Female 55-59
660236	Helen Cattran-Dunlop	Hayle Runners	189		195		189		196								769	4	Female 55-59
368022	Liz Trebilcock	Truro Running Club			200	200		195									595	3	Female 55-59
747599	Lucy Hewitt	Newquay Road Runners	198	196		199											593	3	Female 55-59
210570	Lisa Talling	Newquay Road Runners	192	194				193									579	3	Female 55-59
748020	Karen Warner	Newquay Road Runners	195	192				183									570	3	Female 55-59
827410	Christine Boon	Truro Running Club		188			193	184									565	3	Female 55-59
748830	Claire Winfield	Launceston Road Runners						196	200								396	2	Female 55-59
319509	Karen Mcclay	Cornwall AC		199				194									393	2	Female 55-59
454043	Juliet Stewart	Truro Running Club	194				195										389	2	Female 55-59
464872	Jean Cutlan	St Austell Athletes Running Club	193					192									385	2	Female 55-59
764821	Karen Parker	Falmouth Running Club		191			194										385	2	Female 55-59
929560	Sharon Coyne	Newquay Road Runners						199									199	1	Female 55-59
786203	Elaine Hill	Launceston Road Runners							198								198	1	Female 55-59
188018	Karen Pascoe	Cornwall AC						198									198	1	Female 55-59
797225	Lorraine Hawkins	Launceston Road Runners							197								197	1	Female 55-59
748265	Mel Burgess	Hayle Runners					197										197	1	Female 55-59
728417	Gail Cory	East Cornwall Harriers				197											197	1	Female 55-59
747899	Karen Sims	East Cornwall Harriers			197												197	1	Female 55-59
437107	Linda Cuff	Looe Pioneers Running Club	197														197	1	Female 55-59
827341	Jane Garside	Newquay Road Runners		193													193	1	Female 55-59
725954	Sally Fletcher	St Austell Running Club						190									190	1	Female 55-59
211017	Cathy Willows	East Cornwall Harriers		190													190	1	Female 55-59
778781	Anna Devlin	Bude Rats (Run and Tri)	190														190	1	Female 55-59
206713	Denise Facey	Falmouth Running Club		189													189	1	Female 55-59
929887	Sara Chapman	Newquay Road Runners						187									187	1	Female 55-59
531490	Jennifer Lawson	Newquay Road Runners		186													186	1	Female 55-59
903816	Julie Frost	Hayle Runners	186														186	1	Female 55-59
637512	Fiona Stallard	Truro Running Club						185									185	1	Female 55-59
864147	Jenny Bowden	Newquay Road Runners	185														185	1	Female 55-59
206323	Rachel Flanagan	Falmouth Running Club		184													184	1	Female 55-59
841165	Caroline Davies	Bodmin Womens Running Club		183													183	1	Female 55-59
516080	Julie Gregory	Looe Pioneers Running Club		182													182	1	Female 55-59
907126	Deborah Cotterell	Truro Running Club		181													181	1	Female 55-59
451019	Sarah Wilkinson	Newquay Road Runners	195	200	198	198	199	199	198								1387	7	Female 60-64
315324	Janet Ritchie	Carn Runners	197	199		194	197	197	197								1181	6	Female 60-64
293511	Julie Towers	Hayle Runners	200			200	200	200	199								999	5	Female 60-64
158743	Jane Stedman	Bodmin Running Club	196	192	195	197			195								975	5	Female 60-64
580949	Jackie Stone	Hayle Runners	193	191			194	191	192								961	5	Female 60-64
567775	Lisa Player	Newquay Road Runners	199		199	195		195									788	4	Female 60-64
759165	Margaret Clark	Hayle Runners		196	194		196	194									780	4	Female 60-64
315414	Linda Pickard	Launceston Road Runners		193			195	193	196								777	4	Female 60-64
470943	Ruth Holding	Mile High	198		197		198										593	3	Female 60-64
745490	Dawn Diprose	East Cornwall Harriers		197	196	192											585	3	Female 60-64
401728	Jane Caff	Newquay Road Runners		186	189	190											565	3	Female 60-64
748272	Alison Temple	Bodmin Running Club			200	199											399	2	Female 60-64
889743	Sandra Holmes	Newquay Road Runners				196		198									394	2	Female 60-64
818362	Jeanette Duncan	Newquay Road Runners		198				196									394	2	Female 60-64
742330	Jackie Chapman	Launceston Road Runners		195					194								389	2	Female 60-64
397733	Tandy Andrews	Falmouth Running Club	194	194													388	2	Female 60-64
359238	Lesley Taphouse	Bodmin Running Club	192		191												383	2	Female 60-64
886708	Tamsin Harris	Bodmin Running Club			190	191											381	2	Female 60-64
864969	Deborah Sturges	Hayle Runners	189	187													376	2	Female 60-64
683153	Paula Richardson	East Cornwall Harriers		185				189									374	2	Female 60-64
386188	Revis Crowle	East Cornwall Harriers							200								200	1	Female 60-64
555265	Jacquie Rapiere	Falmouth Running Club							193								193	1	Female 60-64
368072	Emma Earnshaw	East Cornwall Harriers				193											193	1	Female 60-64
561754	Sally Johnston	Tamar Trotters			193												193	1	Female 60-64
746777	Ann Bradley	St Austell Running Club						192									192	1	Female 60-64
902304	Deborah Lord Lord	East Cornwall Harriers			192												192	1	Female 60-64
650028	Jane Naylor	Hayle Runners	191														191	1	Female 60-64
431621	Christine Todd	St Austell Running Club						190									190	1	Female 60-64
899607	Sue Pooley	Bodmin Womens Running Club		190													190	1	Female 60-64
746871	Wendy Williams	JP Fitness Cornwall	190														190	1	Female 60-64

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771357	Angela White	Newquay Road Runners		189													189	1	Female 60-64
746197	Geraldine Bowden	Looe Pioneers Running Club		188													188	1	Female 60-64
610805	Andrea Simmons	Hayle Runners	200		200			199	200								799	4	Female 65-69
747797	Eleanor Ellison	Newquay Road Runners	198	199			200	200									797	4	Female 65-69
212431	Diane Warren	Hayle Runners	199	200			199	198									796	4	Female 65-69
712700	Aileen Barwell	Falmouth Running Club	196	197		200											593	3	Female 65-69
368360	Jackie Cope	Falmouth Running Club	197		199			196									592	3	Female 65-69
747902	Linda Godfrey	Bodmin Womens Running Club	195	195					199								589	3	Female 65-69
764246	Karen Lovegrove	Hayle Runners				199	198										397	2	Female 65-69
638185	Janet Lathom	Launceston Road Runners		198													198	1	Female 65-69
749487	Angela Brincombe	Launceston Road Runners						197									197	1	Female 65-69
430070	Wendy Lowe	Bodmin Womens Running Club		196													196	1	Female 65-69
747235	Theresa Williams	St Austell Running Club						195									195	1	Female 65-69
396493	Christina Lake	Falmouth Running Club		194													194	1	Female 65-69
690858	Kathy Saunders	Looe Pioneers Running Club		193													193	1	Female 65-69
363333	Lavinia Marshall	Launceston Road Runners	198	198	199			200	199								994	5	Female 70-74
682696	Janet Wills	St Austell Running Club	199	199		200	200										798	4	Female 70-74
757149	Margaret Ann Kinahan	East Cornwall Harriers	197	196				199	198								790	4	Female 70-74
111146	Janet Watson	Carn Runners		200	200												400	2	Female 70-74
295043	Jenny Mills	Launceston Road Runners							200								200	1	Female 70-74
726579	Linda Tout	Tamar Trotters	200														200	1	Female 70-74
559425	Lynn Harvey	Newquay Road Runners		197													197	1	Female 70-74
621651	Kathran Dormer	Falmouth Running Club		195													195	1	Female 70-74
745096	Jacqueline Jenkin	Cornwall AC	200	200	200		200	200	200								1200	6	Female 75-79
941368	Sue Mason	Tamar Trotters							199								199	1	Female 75-79
910065	Susan Mason	Tamar Trotters		199													199	1	Female 75-79



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613712	Dominic Turton	Hayle Runners	177	184	196	195	196	190	187								1325	7	Male Under 35
731424	Bradley Parsons	St Austell Running Club	160		192	191	190	194	191								1118	6	Male Under 35
846971	Callum Waldie	Truro Running Club	181	180		186	191	188	188								1114	6	Male Under 35
672576	Peter Brodey	St Austell Running Club	172	171	190	180	187		183								1083	6	Male Under 35
310022	Craig Varcoe	St Austell Running Club	169	169		177	186	179	184								1064	6	Male Under 35
845707	Charles Curtis	Cornwall AC	167	166	187	181		178	182								1061	6	Male Under 35
616146	Jacob Gardner	Hayle Runners			197	200	197	198	196								988	5	Male Under 35
760870	Luke Attwood	Tamar Trotters	187		198	198	198		186								967	5	Male Under 35
538238	Jake Timms	Falmouth Running Club	184	187	194	192		189									946	5	Male Under 35
728052	Ryan Marks	St Austell Running Club	176	183		185	193	192									929	5	Male Under 35
726219	Matt Fox	Falmouth Running Club	179	179	193			186	189								926	5	Male Under 35
835583	Nicholas Peters	Hayle Runners	166	170	188	183		181									888	5	Male Under 35
814224	Harry Stallard	St Austell Running Club	161	158		171	184	174									848	5	Male Under 35
717127	Tom Morton	Newquay & Par AC	200	200			200		199								799	4	Male Under 35
884764	Ed Dickinson	Falmouth Running Club	198	196	199	199											792	4	Male Under 35
728754	Jamie Edwards	Newquay Road Runners	189	191				199	197								776	4	Male Under 35
813001	Ben Kent	Cornwall AC	188	190		197		193									768	4	Male Under 35
750253	Dylan Stevens	Newquay & Par AC		193				200	195								588	3	Male Under 35
415199	Richard Ezra-Ham	Tamar Trotters	193	194	191												578	3	Male Under 35
812393	Henry Kennaway	Truro Running Club	190	189					192								571	3	Male Under 35
727361	Liam Gallantry	East Cornwall Harriers	185	188					194								567	3	Male Under 35
794380	Robert Warner	Tamar Trotters	186					187	190								563	3	Male Under 35
804303	Paul Trifanov	Newquay Road Runners	183	182				197									562	3	Male Under 35
845436	Stan Cameron	Mile High		176			192	191									559	3	Male Under 35
877556	Joe Hunt	Falmouth Running Club	178	178			195										551	3	Male Under 35
730051	Matthew Purcell-Herbert	St Austell Athletes Running Club	174	173	189												536	3	Male Under 35
856346	David Menhenitt	St Austell Athletes Running Club	165		186	176											527	3	Male Under 35
879443	Charles Homer	Hayle Runners		163	184	174											521	3	Male Under 35
409815	Tom Howard	St Austell Athletes Running Club		162	183	175											520	3	Male Under 35
910096	Mark Borman	St Austell Running Club		156		170			180								506	3	Male Under 35
913572	Lester James	Cornwall AC	199	199													398	2	Male Under 35
880831	Kenny Gibson	Cornwall AC		198					198								396	2	Male Under 35
752372	Oliver Oldfield	Tamar Trotters	194	195													389	2	Male Under 35
719903	James Pyke	Truro Running Club	192			196											388	2	Male Under 35
754894	Callum Pinch	Truro Running Club					194		193								387	2	Male Under 35
913546	Kyran James	Newquay & Par AC		186				196									382	2	Male Under 35
805381	Noah Bohge	Truro Running Club		185		194											379	2	Male Under 35
900203	Cameron Pearce	Cornwall AC				187		184									371	2	Male Under 35
740858	Jonny Unwin	Cornwall AC	171	181													352	2	Male Under 35
906658	Harry Brooksbank	Cornwall AC	175	175													350	2	Male Under 35
881350	Dan Walls	Carn Runners		167		178											345	2	Male Under 35
899219	Curtis Hayes	Hayle Runners	170	174													344	2	Male Under 35
863208	Finley Edwards	Newquay Road Runners		165				176									341	2	Male Under 35
899326	Paul Bolingbroke	East Cornwall Harriers		164				177									341	2	Male Under 35
898185	Bailey Ellis	Hayle Runners		157				173									330	2	Male Under 35
718771	Ben Dutton	St Austell Athletes Running Club	162	160													322	2	Male Under 35
745027	Joshua Rowe	Cornwall AC							200								200	1	Male Under 35
749926	Jacob Landers	Tamar Trotters			200												200	1	Male Under 35
712134	Blake Williams	Newquay & Par AC					199										199	1	Male Under 35
910624	Daniel Soltys	Cornwall AC		197													197	1	Male Under 35
875047	Brian Glynn	Cornwall AC	197														197	1	Male Under 35
578114	Liam Rowe	Cornwall AC	196														196	1	Male Under 35
819884	Harry Lobban	Falmouth Running Club						195									195	1	Male Under 35
413436	Ben Austin	Tamar Trotters			195												195	1	Male Under 35
855887	Michael Birchmore	Cornwall AC	195														195	1	Male Under 35
475199	Ryan Williams	Falmouth Running Club				193											193	1	Male Under 35
903375	Luke Mills	Cornwall AC		192													192	1	Male Under 35
661780	Ross Pascoe	Cornwall AC	191														191	1	Male Under 35
761931	Peter Rackstraw	Falmouth Running Club				190											190	1	Male Under 35
823339	Daniel Padfield	Falmouth Running Club					189										189	1	Male Under 35
886866	Ben Berryman	Truro Running Club				189											189	1	Male Under 35
369135	Dan Cocks	St Austell Athletes Running Club					188										188	1	Male Under 35
830329	Jason Cook	Tri Logic Cornwall				188											188	1	Male Under 35
837621	George White	Looe Pioneers Running Club							185								185	1	Male Under 35
727530	Richard Dalton	Falmouth Running Club						185									185	1	Male Under 35
795853	Mitch Acres	Launceston Road Runners					185										185	1	Male Under 35
919022	Harry Maywood	Looe Pioneers Running Club			185												185	1	Male Under 35
826353	Giles Howe	Cornwall AC				184											184	1	Male Under 35
929362	Roman Phillips	Cornwall AC						183									183	1	Male Under 35
831052	Sam Naisby	Falmouth Running Club						182									182	1	Male Under 35
836271	George Tanner	Cornwall AC				182											182	1	Male Under 35
916905	Christopher Ayling	Bodmin Running Club			182												182	1	Male Under 35
624971	James Grogan	Tri Logic Cornwall	182														182	1	Male Under 35
618035	Christopher Nottle	St Austell Running Club							181								181	1	Male Under 35
855938	Joshua Mills	Cornwall AC						180									180	1	Male Under 35
775980	Finlay Allen	Tamar Trotters	180														180	1	Male Under 35
919069	Benjamin Temme	Newquay & Par AC				179											179	1	Male Under 35
732027	Adam Willcox	Newquay Road Runners		177													177	1	Male Under 35
752595	Jim Lee	Truro Running Club						175									175	1	Male Under 35
796431	Connor Davidson	Falmouth Running Club				173											173	1	Male Under 35
908356	Jordan Dingle	St Austell Athletes Running Club	173														173	1	Male Under 35
879656	Miles Turner	Truro Running Club				172											172	1	Male Under 35
916129	Karl Tomusk	Truro Running Club		172													172	1	Male Under 35
495184	Bruce Carey	Newquay Road Runners		168													168	1	Male Under 35
747888	Andrew Geach	St Austell Athletes Running Club	168														168	1	Male Under 35
912071	Edward Ford	Hayle Runners	164														164	1	Male Under 35
822314	Jake Stone	St Austell Running Club	163														163	1	Male Under 35

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795877	Frankie Heaton-Pike	Newquay Road Runners		161													161	1	Male Under 35
915628	Lloyd Cooper	Looe Pioneers Running Club		159													159	1	Male Under 35
877418	Damen Powell	St Austell Running Club	179	183	192	186	193	187	186								1306	7	Male 35-39
724134	Steve Reynolds	Truro Running Club	200	200	200	199	200	200	200								1199	6	Male 35-39
688769	Liam O'Neill	Hayle Runners	191	191	196		198	196	197								1169	6	Male 35-39
882222	Matt Row	St Austell Running Club	189	189		190	197	193	194								1152	6	Male 35-39
901725	Eddie Thomson	Launceston Road Runners	186	186	193	191		186	190								1132	6	Male 35-39
536144	Stuart Smith	Hayle Runners	178	181	191	184		191	188								1113	6	Male 35-39
818801	James Toseland	Truro Running Club	188		194	194	196	192									964	5	Male 35-39
719222	James Stephens	St Austell Running Club	185	185		187	194		191								942	5	Male 35-39
728471	David Crawford	Newquay & Par AC	199	199				199	198								795	4	Male 35-39
832539	Jamie Daniell	St Austell Running Club	192	194	197	196											779	4	Male 35-39
826294	Josh Turner	East Cornwall Harriers	181	182	190			189									742	4	Male 35-39
872822	Santino Mangion	Hayle Runners	182	179		185			189								735	4	Male 35-39
750429	James Cutlan	Cornwall AC	198					198	199								595	3	Male 35-39
322352	Ryan Hanley	Cornwall AC					199	200									399	2	Male 35-39
718356	John McWilliams	Mile High	196	198													394	2	Male 35-39
756042	Ross Duerden	Cornwall AC	195			198											393	2	Male 35-39
794762	Joseph Thomson	Launceston Road Runners			195	197											392	2	Male 35-39
906767	Ben Pearce	Truro Running Club						194	195								389	2	Male 35-39
796448	Alan Thomas	Falmouth Running Club	193	195													388	2	Male 35-39
818083	Lee Pollard	Tamar Trotters	190						193								383	2	Male 35-39
812943	Craig Pound	Hayle Runners		188		195											383	2	Male 35-39
868368	Robert Pearce	Tri Logic Cornwall				183	191										374	2	Male 35-39
906325	Nathan Jenkin	Tri Logic Cornwall	184			188											372	2	Male 35-39
744930	Mark Simpson	Launceston Road Runners		178			190										368	2	Male 35-39
749524	Mark Lancaster	Launceston Road Runners		177			189										366	2	Male 35-39
864950	Dale Betts	St Austell Athletes Running Club	176	180													356	2	Male 35-39
779680	Lewis Edwards	Cornwall AC	175	176													351	2	Male 35-39
215975	Adam Tango Holland	Launceston Road Runners				200											200	1	Male 35-39
829576	Garth McColville	St Austell Athletes Running Club			199												199	1	Male 35-39
761304	Simon Morse	East Cornwall Harriers			198												198	1	Male 35-39
569142	Josh Karpinski	Newquay Road Runners						197									197	1	Male 35-39
200128	Jamie Masters	St Austell Running Club		197													197	1	Male 35-39
608851	Matt Yates	Cornwall AC	197														197	1	Male 35-39
494222	Dave Hannah	East Cornwall Harriers							196								196	1	Male 35-39
214831	Tom Howell	Mile High		196													196	1	Male 35-39
367670	James Barnet	Falmouth Running Club						195									195	1	Male 35-39
587548	Ross Buscombe	St Austell Running Club					195										195	1	Male 35-39
711779	Tim van Berkel	Truro Running Club	194														194	1	Male 35-39
524943	Matt Swiggs	Falmouth Running Club				193											193	1	Male 35-39
810631	Andrew Senior	Truro Running Club		193													193	1	Male 35-39
866507	James Gill	Tamar Trotters							192								192	1	Male 35-39
283244	Mike Gilbert	Launceston Road Runners					192										192	1	Male 35-39
748295	Martin Bunt	Newquay Road Runners				192											192	1	Male 35-39
358924	Mark Deacon	Looe Pioneers Running Club		192													192	1	Male 35-39
830240	Nick Pebody	Newquay Road Runners						190									190	1	Male 35-39
447736	Rob Argall	Cornwall AC		190													190	1	Male 35-39
400722	Andy Chase	St Austell Athletes Running Club				189											189	1	Male 35-39
885592	Andrew Wroe	Falmouth Running Club						188									188	1	Male 35-39
639044	Matt Davies	East Cornwall Harriers							187								187	1	Male 35-39
688699	Pete Walker	Truro Running Club		187													187	1	Male 35-39
865336	Ben Johns	Truro Running Club	187														187	1	Male 35-39
467954	Mathew Wale	Newquay Road Runners		184													184	1	Male 35-39
833617	Johnathan Billing	Hayle Runners	183														183	1	Male 35-39
779263	Dan Banks	St Austell Athletes Running Club				182											182	1	Male 35-39
866930	Ryan Mosney	Truro Running Club	180														180	1	Male 35-39
800951	Tommy Temp	Hayle Runners	177														177	1	Male 35-39
423928	Jared Sanderson	Hayle Runners	174														174	1	Male 35-39
382036	Richard Chynoweth	Truro Running Club	190	189	196	196	198	195	196								1360	7	Male 40-44
909446	Darren Uren	Hayle Runners	183	188	195	193	197	193	192								1341	7	Male 40-44
684603	Mark Bennetts	St Austell Athletes Running Club	180	183	192	192	196	191	191								1325	7	Male 40-44
656473	Neil Hayhurst	Hayle Runners	187	200	200	199		200	200								1186	6	Male 40-44
837416	Sid Standlick	Tamar Trotters	192	194	197	195		197	195								1170	6	Male 40-44
883250	Andrew Searle	Hayle Runners	181	186	193	194		192	193								1139	6	Male 40-44
741008	James Danks	Falmouth Running Club	173	178			191	188	189								919	5	Male 40-44
665637	Peter Barnes	Hayle Runners	199			200		199	199								797	4	Male 40-44
726626	Neil Carter	Newquay Road Runners	196	199			200	198	198								793	4	Male 40-44
454324	David Guffick	Hayle Runners	193	197				194	197								781	4	Male 40-44
760591	Richard Collett	Hayle Runners			188		194	189	190								761	4	Male 40-44
831278	Luke Bradford	Hayle Runners	177		191	190	195										753	4	Male 40-44
880250	Thomas Bateman	Falmouth Running Club	195	196		198											589	3	Male 40-44
424101	Chris Marriott	St Austell Athletes Running Club	178	185	194												557	3	Male 40-44
905251	Lee Bunyan	Truro Running Club	176	182				190									548	3	Male 40-44
309275	Ben Harding	East Cornwall Harriers	191		198												389	2	Male 40-44
813088	Tim Hicks	Truro Running Club	189	195													384	2	Male 40-44
657568	Andrew James	Hayle Runners		184			199										383	2	Male 40-44
830676	Ant Barrett	St Austell Athletes Running Club			190	191											381	2	Male 40-44
759505	Frazer Humbles	Hayle Runners	185						194								379	2	Male 40-44
452256	Leo Muid	Falmouth Running Club	188	187													375	2	Male 40-44
764279	Martyn Griffiths	Newquay Road Runners																	

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SIntries ID	Name	Club	Storm Force	Newquay 10k	Looe 10	Falmouth	An Res	Trevornick	Mag 7	Turkey Trot	IQ Half	Sticker 5	Treggy 7	Truro Half	Marazion 10k	Cornish	Score	Completed	Age Category
748022	Edmund Bennett	Hayle Runners		198													198	1	Male 40-44
810789	Andrew Paroissien	Hayle Runners	198														198	1	Male 40-44
899700	Thomas Studd	Mile High				197											197	1	Male 40-44
186116	Dan Alsop	St Austell Running Club	197														197	1	Male 40-44
864061	Garry Watkins	Perran Trail Runners						196									196	1	Male 40-44
315284	Marcus Wills	East Cornwall Harriers	194														194	1	Male 40-44
634212	Gregory May	Carn Runners					193										193	1	Male 40-44
616218	Jim Powell	Cornwall AC		193													193	1	Male 40-44
892355	Ryan Condon	Hayle Runners					192										192	1	Male 40-44
749948	Ross Pearce	Newquay Road Runners		192													192	1	Male 40-44
748368	Luke Reed	Newquay Road Runners		191													191	1	Male 40-44
621283	Adam Roberts	Bodmin Dragons Triathlon Club		190													190	1	Male 40-44
827416	Tom Edie	St Austell Athletes Running Club			189												189	1	Male 40-44
311839	James Skeplorn	Truro Running Club	186														186	1	Male 40-44
283641	Paul Warmington	Hayle Runners	184														184	1	Male 40-44
894095	Andy Bray	Tri Logic Cornwall	182														182	1	Male 40-44
292737	James Forbes	Perran Trail Runners		179													179	1	Male 40-44
558401	Jon Fletcher	St Austell Running Club	179														179	1	Male 40-44
453250	Neill Furlonger	Newquay Road Runners		177													177	1	Male 40-44
469425	Marc Allen	St Austell Athletes Running Club	174														174	1	Male 40-44
875956	Daniel De Ruvo	Hayle Runners	172														172	1	Male 40-44
284124	Stuart Richards	St Austell Running Club	185	187	195	194	193	192	198								1344	7	Male 45-49
501552	Alex Marples	Truro Running Club	200	199		200	198	199	200								1196	6	Male 45-49
896767	Peter Scriven	Cornwall AC	198	198	200	199	199	200									1194	6	Male 45-49
464421	Adam Keogh	Falmouth Running Club	190	196	199		196	195									976	5	Male 45-49
748298	Mike Ellis	Newquay & Par AC	192	195	196	198	195										976	5	Male 45-49
794079	Anthony Bryant	Hayle Runners	176	174		190	188		196								924	5	Male 45-49
784502	Armando Vieira	St Austell Running Club	178	172			187	186									723	4	Male 45-49
424162	Paul Stevens	St Austell Athletes Running Club		189				197	199								585	3	Male 45-49
159700	Craig Hall	Cornwall AC		191		197		194									582	3	Male 45-49
811701	Simon Jeffs	Hayle Runners	193				197	191									581	3	Male 45-49
900653	Jason Vinnicombe	Cornwall AC	188			196		193									577	3	Male 45-49
794598	Danny O'Shea	Truro Running Club		188	195			189									572	3	Male 45-49
858750	Simon Hambury	Falmouth Running Club	183	186	194												563	3	Male 45-49
873147	Nathan Cudmore	Hayle Runners	180	184			191										555	3	Male 45-49
606131	John Beard	Newquay Road Runners	175				189	185									549	3	Male 45-49
832800	Dan Hocking	Hayle Runners	177	176				187									540	3	Male 45-49
623453	Darren Roose	Newquay Road Runners	199	200													399	2	Male 45-49
873558	Colin Snook	Cornwall AC				200	198										398	2	Male 45-49
535398	Clive Ramsden	Newquay Road Runners	197	197													394	2	Male 45-49
912322	Andrew Hall	St Austell Running Club	194		198												392	2	Male 45-49
423479	James Manning	Hayle Runners	189	193													382	2	Male 45-49
811077	Simon Brown	Falmouth Running Club	186	190													376	2	Male 45-49
782622	Steven Thomas	Carn Runners	182				192										374	2	Male 45-49
494956	Gareth Casey	St Austell Athletes Running Club		182				188									370	2	Male 45-49
730143	Shaun Roberts	Hayle Runners		183			186										369	2	Male 45-49
347916	Mark Jones	Launceston Road Runners		178			190										368	2	Male 45-49
915706	James Wombwell	St Austell Athletes Running Club		175		193											368	2	Male 45-49
371063	Phillip Henwood	Newquay Road Runners		173		191											364	2	Male 45-49
896511	Brett Stepto	Cornwall AC	179	177													356	2	Male 45-49
511371	David Wilding	Hayle Runners							197								197	1	Male 45-49
500073	Kevin Woodley	Tri Logic Cornwall			197												197	1	Male 45-49
551254	Nigel Swift	Perran Trail Runners						196									196	1	Male 45-49
735335	Morgan Craig	Bude Rats (Run and Tri)	196														196	1	Male 45-49
799735	Mark Roby	Truro Running Club	195														195	1	Male 45-49
369267	Simon Knowles	Hayle Runners					194										194	1	Male 45-49
675675	Carl Murphy	Truro Running Club		194													194	1	Male 45-49
331197	Darren Harvey	East Cornwall Harriers			193												193	1	Male 45-49
303051	David Wilcox	Truro Running Club				192											192	1	Male 45-49
765050	Steve Webb	Carn Runners		192													192	1	Male 45-49
731556	John Hatchell	St Austell Athletes Running Club	191														191	1	Male 45-49
266813	Andy Rich	St Austell Running Club						190									190	1	Male 45-49
396310	Thomas Sopp	Falmouth Running Club	187														187	1	Male 45-49
491637	Andrew Cook	Newquay Road Runners		185													185	1	Male 45-49
671583	Thomas Grafton	Truro Running Club					184										184	1	Male 45-49
866935	Jon Cahill	Truro Running Club	184														184	1	Male 45-49
799190	John Roberts	Newquay Road Runners		181													181	1	Male 45-49
206118	Clive Shute	East Cornwall Harriers	181														181	1	Male 45-49
537306	Julian Shakerley	St Austell Athletes Running Club		180													180	1	Male 45-49
746755	Steve Mildenhall	Newquay Road Runners		179													179	1	Male 45-49
501782	David Foy	Falmouth Running Club	179	171	184	189	186	184	197								1290	7	Male 50-54
893070	Christopher Baggott	St Austell Running Club	170	167	179	188	185	189	194								1272	7	Male 50-54
515061	Steven Jenkin	Cornwall AC	177	169	180	187		188	195								1096	6	Male 50-54
222704	Alan Jeffrey	Bodmin Running Club	199	198	199	200	198										994	5	Male 50-54
498588	Mike Dowrick	Cornwall AC	194	193	198		196	199									980	5	Male 50-54
558623	Marty Barnfield	Bodmin Running Club	184	181	192		193	194									944	5	Male 50-54
494174	Martin Dinham	Mile High	182	175	183		189	187									916	5	Male 50-54
751073	Jon Mitchell	Cornwall AC	174	165			183	183	196								901	5	Male 50-54
731861	Scott Abraham	Hayle Runners	196	196			197	198									787	4	Male 50-54
845488	Henry Cameron	Truro Running Club		191		196	195	196									778	4	Male 50-54
800652	Paul Gough	Hayle Runners	191	187	194	194											766	4	Male 50-54
498963	Richard Foster	Launceston Road Runners	187	184	193	192											756	4	Male 50-54
878897	Derek Thomas	St Austell Running Club	175			191		190	198								754	4	Male 50-54
386444	Andrew Ellis	Hayle Runners	188	179			192	193									752	4	Male 50-54
144151	David Speake	St Austell Running Club		173		190	191	191									745	4	Male 50-54

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SIntries ID	Name	Club	Storm Force	Newquay 10k	Looe 10	Falmouth	An Res	Trevornick	Mag 7	Turkey Trot	IQ Half	Sticker 5	Treggy 7	Truro Half	Marazion 10k	Cornish	Score	Completed	Age Category
722753	Simon James	Cornwall AC	181	177			190	185									733	4	Male 50-54
209372	Simon Williams	Newquay & Par AC		200			199	200									599	3	Male 50-54
261763	Tim Adams	St Austell Running Club	193	192		199											584	3	Male 50-54
442512	Robert Standing	Truro Running Club		189	197			197									583	3	Male 50-54
893165	Nick Rogers	Truro Running Club	183			193	194										570	3	Male 50-54
209056	Colin Bathe	Truro Running Club		188	195		182										565	3	Male 50-54
767611	Carl Williams	Newquay Road Runners		172	185			192									549	3	Male 50-54
740705	Ricky Blackman	St Austell Athletics Running Club		168	182	185											535	3	Male 50-54
830870	Alan Edwards	Newquay Road Runners	173	170			184										527	3	Male 50-54
744987	Guy Cooper	Looe Pioneers Running Club		161	176			179									516	3	Male 50-54
803502	Stephen Amor	Bodmin Running Club	171	162	181												514	3	Male 50-54
752608	Alex Daniels	Newquay Road Runners		197	200												397	2	Male 50-54
773141	Ian Curnow	Hayle Runners			196	197											393	2	Male 50-54
295698	Larry Martin	Tri Logic Cornwall	195			198											393	2	Male 50-54
324130	Crispin Brabner	Tamar Trotters	198	194													392	2	Male 50-54
778383	David Thomasson	Bodmin Running Club		183	191												374	2	Male 50-54
725477	Tristan Lang	Truro Running Club				186	187										373	2	Male 50-54
744607	Darren Blenkinsop	Tamar Trotters			178				193								371	2	Male 50-54
276216	Jonathan Crowle	Truro Running Club	189	182													371	2	Male 50-54
669901	Joe Brooks	Tamar Trotters		180	188												368	2	Male 50-54
421716	Nick Richards	Tri Logic Cornwall	178				188										366	2	Male 50-54
871636	John Featherstone	Looe Pioneers Running Club		176	190												366	2	Male 50-54
531514	Simon Mayho	Hayle Runners					180	180									360	2	Male 50-54
375987	Wayne Caff	Perran Trail Runners			177		181										358	2	Male 50-54
266257	Oliver Jones	East Cornwall Harriers							200								200	1	Male 50-54
517910	James Attwood	Cornwall AC					200										200	1	Male 50-54
208656	Jonny Colaco	Newquay Road Runners	200														200	1	Male 50-54
422634	Gareth Price	East Cornwall Harriers							199								199	1	Male 50-54
446463	Mark Knight	Newquay & Par AC		199													199	1	Male 50-54
706501	Steve Law	Falmouth Running Club	197														197	1	Male 50-54
819169	Richard Daniels	Newquay & Par AC						195									195	1	Male 50-54
884814	Alan Richards	Falmouth Running Club				195											195	1	Male 50-54
476839	Jeremy Brown	Bude Rats (Run and Tri)		195													195	1	Male 50-54
758676	Julian Evans	Falmouth Running Club	192														192	1	Male 50-54
749474	Quentin Gunderson	Bodmin Running Club		190													190	1	Male 50-54
858400	Mark Grassam	Looe Pioneers Running Club	190														190	1	Male 50-54
747259	Peter James	Launceston Road Runners			189												189	1	Male 50-54
678323	Darren Vilton-Tebbutt	Looe Pioneers Running Club			187												187	1	Male 50-54
893210	Neil Blonden	Bodmin Running Club						186									186	1	Male 50-54
750231	Jason Elliott	Newquay Road Runners			186												186	1	Male 50-54
718299	Jonathan Berridge	Truro Running Club		186													186	1	Male 50-54
407042	Steven Bullen	Tamar Trotters	186														186	1	Male 50-54
216121	Mark Thomas	Truro Running Club		185													185	1	Male 50-54
459730	Martin Penney	Bys Vyken Race Team	185														185	1	Male 50-54
494317	Simon Dowling	Bude Rats (Run and Tri)				184											184	1	Male 50-54
929481	Jonathan Hicks	PB Running Club						182									182	1	Male 50-54
932674	Dean Llewellyn	Looe Pioneers Running Club						181									181	1	Male 50-54
602808	Glyn Talling	Newquay Road Runners	180														180	1	Male 50-54
901984	Richard Smith	Newquay Road Runners		178													178	1	Male 50-54
866929	Richard Olive	Truro Running Club	176														176	1	Male 50-54
796249	Geoff Tyrrell	Looe Pioneers Running Club		174													174	1	Male 50-54
266362	Craig Tonkin	Hayle Runners	172														172	1	Male 50-54
206194	Richard Boucher	Hayle Runners	169														169	1	Male 50-54
840047	Seamus O'Doherty	St Austell Running Club	168														168	1	Male 50-54
831126	Andrew Morley	Newquay Road Runners		166													166	1	Male 50-54
751676	Nathan de Rozarieux	Hayle Runners		164													164	1	Male 50-54
749413	Peter Combella	Newquay Road Runners		163													163	1	Male 50-54
744929	Kevin Silver	Hayle Runners	192	194	195	192	192	192	197								1354	7	Male 55-59
716607	Paul Whear	Cornwall AC	200	200		200	200		200								1000	5	Male 55-59
719701	Jim Nettleton	Truro Running Club	191	191		194	191	194									961	5	Male 55-59
725983	Michael Counter	St Austell Running Club	189	190		191	189	190									949	5	Male 55-59
728572	Anthony Burrows	Hayle Runners	184		192	190	188	188									942	5	Male 55-59
656430	Andrew Heather	Hayle Runners	178			186	179	185	193								921	5	Male 55-59
764621	Ronnie James	Cornwall AC	197	198			199	200									794	4	Male 55-59
795745	Mark Williams	Hayle Runners			199		195	199	198								791	4	Male 55-59
442383	Tim Twiggs	Hayle Runners	193		198	196		195									782	4	Male 55-59
474045	Neil Ham	JP Fitness Cornwall	180	177	189	185											731	4	Male 55-59
176953	Steven Wherry	Hayle Runners		197		199	198										594	3	Male 55-59
731348	Craig Knuckey	Cornwall AC					194	198	199								591	3	Male 55-59
538291	Andrew Hickson	Cornwall AC		193			193	196									582	3	Male 55-59
269260	Julian Spencer	Truro Running Club		192	196		186										574	3	Male 55-59
726369	Craig Underhill	Hayle Runners	190				190	193									573	3	Male 55-59
915275	Ivor Pudner	Looe Pioneers Running Club		187				189	196								572	3	Male 55-59
688074	Adam Speare	Tamar Trotters	186		193	189											568	3	Male 55-59
536794	Paul Skipp	Bude Rats (Run and Tri)	183	185		187											555	3	Male 55-59
657978	Andy Stallard	Truro Running Club	182	182				186									550	3	Male 55-59
798632	Innes McCartney	Hayle Runners	179	184			180										543	3	Male 55-59
788335	Sean Taylor	Bodmin Running Club	177	178	188												543	3	Male 55-59
746069	Paul Heywood	Launceston Road Runners	176	176	190												542	3	Male 55-59
776316	Tony Wright	Cornwall AC	199	199													398	2	Male 55-59
748184	Kevin Edwards	Tamar Trotters		196	200												396	2	Male 55-59
660317	Darrin Porter	Cornwall AC				198	196										394	2	Male 55-59
316199	Alan Wherry	St Austell Running Club	194				197										391	2	Male 55-59
748270	Ian Temple	Bodmin Running Club			197	193											390	2	Male 55-59
615893	Mattias Ronngard	Newquay Road Runners	195	195													390	2	Male 55-59
728589	Darren Hardwick	Looe Pioneers Running Club		189	194												383	2	Male 55-59

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818911	Jerry Cartlidge	Hayle Runners						187	195								382	2	Male 55-59
572707	Trevor Cornish	Hayle Runners	185						194								379	2	Male 55-59
159853	Paul Angove	Cornwall AC					187	191									378	2	Male 55-59
206038	Martin Trethewey	St Austell Running Club		186	191												377	2	Male 55-59
771105	Chris Campbell	Hayle Runners				188	183										371	2	Male 55-59
560056	Gary Swain	Hayle Runners		180			181										361	2	Male 55-59
748028	Sen Devadathan	Truro Running Club	181	179													360	2	Male 55-59
496775	Stephen Fuller	Hayle Runners	198														198	1	Male 55-59
159593	Gary Richards	Truro Running Club						197									197	1	Male 55-59
756650	Anthony Worthington	Tamar Trotters					197										197	1	Male 55-59
471881	Steven Brown	Cornwall AC	196														196	1	Male 55-59
737512	Phil Bristow	Falmouth Running Club				195											195	1	Male 55-59
907226	Martin Gregory	Looe Pioneers Running Club		188													188	1	Male 55-59
823667	Phillip Ciano	Perran Trail Runners	188														188	1	Male 55-59
588289	Kevin Loomes	Falmouth Running Club	187														187	1	Male 55-59
812320	Andy Roberts	St Austell Running Club					185										185	1	Male 55-59
854955	Tim Cutlan	St Austell Athletes Running Club						184									184	1	Male 55-59
360740	Paul Gwynne	Perran Trail Runners					184										184	1	Male 55-59
450214	Sean Webb	Hayle Runners		183													183	1	Male 55-59
927184	Steve Bowen	St Austell Running Club					182										182	1	Male 55-59
874692	Jason Thorns	Launceston Road Runners		181													181	1	Male 55-59
902550	David Bolton	Newquay Road Runners		175													175	1	Male 55-59
471808	Mark Sweeney	St Austell Running Club	199	198	200	199	199	197	197								1389	7	Male 60-64
533489	Trevor Lee	Truro Running Club	192	192	194	194	196	193	196								1357	7	Male 60-64
773171	Robert Bolitho	Falmouth Running Club	185	182	188	191	189	189	193								1317	7	Male 60-64
215086	Robin Watson	Falmouth Running Club	200	200	199	200		198	199								1196	6	Male 60-64
889539	Steve Kemsley	Falmouth Running Club	191	191	193	195	197	195									1162	6	Male 60-64
491015	Kevin Marshall	Launceston Road Runners	198	199	197			200	200								994	5	Male 60-64
720455	Ian Savigar	East Cornwall Harriers	195	196	198	198		196									983	5	Male 60-64
417090	Mike Bawden	Carn Runners	190	190	192	193	195										960	5	Male 60-64
516289	John Barnes	Launceston Road Runners		184	191		190	191	194								950	5	Male 60-64
855247	Andy Coles	St Austell Running Club	187	185		192	193	192									949	5	Male 60-64
747484	Sean Pulley	Hayle Runners	196	197		197	198										788	4	Male 60-64
716751	Jon Eldon	Hayle Runners	197				200	199									596	3	Male 60-64
726416	Robert Rochowiak	Carn Runners		193	195			194									582	3	Male 60-64
286102	Paul Treweek	Truro Running Club		183	189			188									560	3	Male 60-64
527316	Nigel Grant	Bude Rats (Run and Tri)		194	196												390	2	Male 60-64
802741	Simon Murray	Hayle Runners	194	195													389	2	Male 60-64
505729	Dave Pickard	Launceston Road Runners					192		195								387	2	Male 60-64
612996	Martin Palmer	Perran Trail Runners		189			191										380	2	Male 60-64
853649	David Thomson	Launceston Road Runners							198								198	1	Male 60-64
545595	Simon Blackburn	Hayle Runners				196											196	1	Male 60-64
378407	John Turtle	Hayle Runners					194										194	1	Male 60-64
803516	Paul Cole	Falmouth Running Club	193														193	1	Male 60-64
607818	David Banbury	Bys Vyken Race Team						190									190	1	Male 60-64
748103	Steve Zanni	Tri Logic Cornwall			190												190	1	Male 60-64
755620	John Brady	East Cornwall Harriers	189														189	1	Male 60-64
748756	Norbert Hamacher	Truro Running Club		188													188	1	Male 60-64
210339	Mark Colton-Taylor	Truro Running Club	188														188	1	Male 60-64
829004	Dermot McCann	Looe Pioneers Running Club		187													187	1	Male 60-64
744935	Steve Whitfield	Carn Runners		186													186	1	Male 60-64
434172	Trevor Williams	Tamar Trotters	186														186	1	Male 60-64
667674	Pete Higham	Falmouth Running Club	184														184	1	Male 60-64
308760	Peter Allen	Newquay Road Runners	197	198	199	197	199	198	197								1385	7	Male 65-69
747497	Michael Orchard	Hayle Runners	198	197		199	198		199								991	5	Male 65-69
826316	Steve Menear	St Austell Running Club	193	193			196		198								780	4	Male 65-69
450571	Robert Willcocks	Falmouth Running Club	191	191	196			197									775	4	Male 65-69
315573	Iain Walker	St Austell Running Club				200	200	200									600	3	Male 65-69
215296	Steve Baker	Tamar Trotters	200	200	200												600	3	Male 65-69
357060	Steve Lawrence	Falmouth Running Club		188			194	194									576	3	Male 65-69
885381	Philip Hall	Falmouth Running Club		196	198												394	2	Male 65-69
498911	Nigel Knuckey	Truro Running Club	192	194													386	2	Male 65-69
368721	David Wilton	Falmouth Running Club		189				195									384	2	Male 65-69
603684	John Sudell	East Cornwall Harriers							200								200	1	Male 65-69
458675	Martin Davis	Newquay Road Runners						199									199	1	Male 65-69
780554	Neville Witham	Cornwall AC		199													199	1	Male 65-69
898135	Gary Hickman	Tri Logic Cornwall	199														199	1	Male 65-69
841786	David Byrne	Hayle Runners				198											198	1	Male 65-69
718104	Philip Spargo	Truro Running Club					197										197	1	Male 65-69
365385	Jim Lockyer	East Cornwall Harriers			197												197	1	Male 65-69
745920	Mark Squire	Hayle Runners						196									196	1	Male 65-69
760538	Andrew George	Hayle Runners	196														196	1	Male 65-69
664494	Roland Hardman	Hayle Runners					195										195	1	Male 65-69
749510	Simon Webber	East Cornwall Harriers		195													195	1	Male 65-69
454678	Robert Burrows	Hayle Runners	195														195	1	Male 65-69
281390	Mark Tamblin	Falmouth Running Club	194														194	1	Male 65-69
856484	Michael Wilson	Truro Running Club		192													192	1	Male 65-69
834709	John Bowden	Looe Pioneers Running Club		190													190	1	Male 65-69
725994	Peter Jenkin	Falmouth Running Club		187													187	1	Male 65-69
7111	Stephen Hutchinson	Bude Rats (Run and Tri)	198	198	199	199	198	199									1191	6	Male 70-74
752530	Richard Morton	Tamar Trotters	199	199	200	200	200										998	5	Male 70-74
381794	Malcolm Roberts	St Austell Running Club	197	197	198			200	199								991	5	Male 70-74
748011	Martin Venning	Launceston Road Runners	193	192			194	197	197								973	5	Male 70-74
750060	Tommy Polglase	Carn Runners	200	200			199		200								799	4	Male 70-74

## GP 2024 after Race 6 Mag 7 - Male Age Category Table

Race points can't be questioned / changed more than 2 races in the past. Please check your results carefully.  
If you find a mistake please contact Jenny Bowden (jenny690@btinternet.com) as soon as possible.

Best 8 events to count. Age category depends on age on 01/01/2024. Only affiliated Cornish clubs included.  
Make name / club changes on your SIEntries account and it will be uploaded on your next event.

SIEntries ID	Name	Club	Storm Force	Newquay 10k	Looe 10	Falmouth	An Res	Trevornick	Mag 7	Turkey Trot	IQ Half	Sticker 5	Treggy 7	Truro Half	Marazion 10k	Cornish	Score	Completed	Age Category
745094	Colin Martin	Newquay Road Runners			197	198	196		198								789	4	Male 70-74
748353	Steven Walkey	Falmouth Running Club	196				197										393	2	Male 70-74
748431	Christopher Ramsey	Truro Running Club		196			195										391	2	Male 70-74
747885	Ian Grimes	Launceston Road Runners	195	195													390	2	Male 70-74
522287	Alan Brandwood	Falmouth Running Club		191				198									389	2	Male 70-74
604348	Peter Drew	Carn Runners	194	193													387	2	Male 70-74
365945	Gary Oswald	Looe Pioneers Running Club			196												196	1	Male 70-74
750113	Nick Miles	Newquay Road Runners		194													194	1	Male 70-74
350003	John Tilley	Bodmin Running Club		190													190	1	Male 70-74
631285	Des Evans	Newquay Road Runners	199	200	200	199	197	198	199								1392	7	Male 75-79
765035	Martin Curtis	Hayle Runners	198	198	197		199	197	198								1187	6	Male 75-79
745095	Richard Jenkin	Cornwall AC	197	199	196		198	199	197								1186	6	Male 75-79
550913	Chunky Penhaul	Hayle Runners	200			200		200	200								800	4	Male 75-79
274470	Ian Ringer	Bodmin Running Club	195	196	199												590	3	Male 75-79
768208	Paul Wright	Bodmin Running Club	194		198				196								588	3	Male 75-79
811500	Ray Frith	Newquay Road Runners	196	197	195												588	3	Male 75-79
193851	Roy Newton	Falmouth Running Club	193	194				194									581	3	Male 75-79
747923	Dennis Burrell	Carn Runners		193				196									389	2	Male 75-79
261641	Doug Alsop	St Austell Running Club				200											200	1	Male 75-79
896831	Andrew Cameron	Truro Running Club						195									195	1	Male 75-79
747308	John Lillis	Newquay Road Runners		195													195	1	Male 75-79
718927	Michael Wooding	Newquay Road Runners						193									193	1	Male 75-79
557872	Stewart Townend	Hayle Runners	200	200			200		200								800	4	Male 80-84







