

GP 2024 after Race 11 Treggy 7 - Female Table

Race points can't be questioned / changed more than 2 races in the past. Please check your results carefully.
If you find a mistake please contact Jenny Bowden (jenny690@btinternet.com) as soon as possible.

Best 8 events to count. Age category depends on age on 01/01/2024. Only affiliated Cornwall clubs included.
Make name / club changes on your SiEntries account and it will be uploaded on your next event.

	SiEntries ID	Name	Club	Storm Force	Newquay 10k	Looe 10	Falmouth	An Res	Trevornick	Mag 7	Turkey Trot	IQ Half	Sticker 5	Treggy 7	Truro Half	Marazion 10k	Cornish	Score	Completed
1	761681	Emma Paull	Hayle Runners	491	499		500	498	498	500	497		499	498				3989	9
2	394924	Emma Stepto	Cornwall AC	488	497	498		496	493	499			496	496				3963	8
3	424921	Gail Aspden	Cornwall AC		481	491	490	492	488	496		495	493	494				3939	9
4	747856	Amanda Hewitt	Cornwall AC	475	484		491	491	491	497	484	489	495	491				3922	9
5	746924	Mandy Watts	Newquay Road Runners	462	471	480	476	484	482	493		481	494	489				3879	10
6	293511	Julie Towers	Hayle Runners	456			480	485	480	490	475		490	486				3842	8
7	911665	Anna Goodman	Hayle Runners	426	448		481	472	465	489	472	479	491	487				3836	10
8	756886	Fiona Gamble	Hayle Runners	432	457	471		481		488	469	483		490				3771	8
9	451019	Sarah Wilkinson	Newquay Road Runners	411	435	473	462	468	463	482	443	467	473	478				3766	11
10	468574	Zoe Renowden	Hayle Runners	450		479		476	454	481	457		479	481				3757	8
11	425707	Amy Gregory	Newquay Road Runners	454	465				466	484	455	470	474	479				3747	8
12	385026	Demelza Widdershoven	Carn Runners	392	388	455	447	440	436	477	442	462	470	470				3663	11
13	240101	Debbie Marshall	St Austell Running Club	423	412	459	453	456	429	466	426	447	458	460				3628	11
14	583630	Sarah Allen	Hayle Runners	422	432		461	460			438	453	465	465				3596	8
15	422172	Cat Wallman	Truro Running Club	375	396	460	451	450	433	475		450		454				3569	9
16	315324	Janet Ritchie	Carn Runners	420	415		448	453	442	474	431		462					3545	8
17	730928	Rose Harvie	Newquay Road Runners	485	489	494		491		498		492		495				3444	7
18	859634	Nicole Di Maio	Cornwall AC	357	346	439	430	417	399	453	394	433	428	424				3423	11
19	434324	Jacqui Martin	St Austell Running Club	380	378	449	433	438		459			437	439				3413	8
20	724660	Gillian Onley	Cornwall AC	393				432	410	464	397	436	435	442				3409	8
21	800391	Lucy Paull	Hayle Runners	477	478		486	490	489		478	487						3385	7
22	504813	Julie Bolitho	Falmouth Running Club	351	330	436	423	415	387	446		425	418	416				3366	10
23	652263	Theresa Clark	Hayle Runners	359	360	426		418	403	452	406		447	449				3361	9
24	793957	Courtney Marks	St Austell Running Club	388	377			422	411		409	438	451	450				3346	8
25	745096	Jacqueline Jenkin	Cornwall AC	369	341	430		420	385	451	376	428	430	421				3341	10
26	501802	Karina Bowers	St Austell Running Club			477	467	471	467	485			477	484				3328	7
27	820604	Natalie Dunn	Truro Running Club	463			479	480	462		471		489	477				3321	7
28	431617	Samantha Ewart	St Austell Running Club	364	352	425	429	427	382		403		443	440				3313	9
29	610805	Andrea Simmons	Hayle Runners	455		481			468	487	458	477	486					3312	7
30	580949	Jackie Stone	Hayle Runners	377	372			433	386	456	388		432	429				3273	8
31	836129	Thelma Namonje Kapembwa	Falmouth Running Club	447	463		473		474		454	464	480					3255	7
32	567775	Lisa Player	Newquay Road Runners	438		474	450		434		463	473	484					3216	7
33	212431	Diane Warren	Hayle Runners	452	447			458	446		433	461	466					3163	7
34	782496	Carrie Patrick	Carn Runners	348	327		425		389	450	378		422	419				3158	8
35	276349	Louise Ollivier	Hayle Runners	446	452		449	464	432		447	456						3146	7
36	158743	Jane Stedman	Bodmin Running Club	419	383	465	456			465			452	473				3113	7
37	774229	Caroline Cross	Cornwall AC	404	422			431	440	473	437	452						3059	7
38	826400	Chloe Turner	East Cornwall Harriers	400	402	450	458		431			454		458				3053	7
39	818356	Rachel Yelland	East Cornwall Harriers	394	400	451			417		422		454	447				2985	7
40	512242	Rebecca Stobart	Cornwall AC	493			499	495	496		493	497						2973	6
41	441674	Rosie Gibbons	Cornwall AC	490	496		496				489	496	497					2964	6
42	772276	Victoria Walton	Newquay Road Runners			434		419	402		399	430	441	432				2957	7
43	660236	Helen Cattran	Hayle Runners	368		428		413		455	392	437		435				2928	7
44	610044	Eve Hearle	Newquay Road Runners	486	486				486	494	479			492				2923	6
45	748767	Debbie Harrison-Webb	Hayle Runners	473	483	489	484	489				488						2906	6
46	784808	Gwen Maggs	St Austell Running Club	365	381		428	428		458	404		436					2900	7
47	557271	Helen Mitchell	Truro Running Club		476	475		488	487		474	484						2884	6
48	729035	Emma Fox	Newquay Road Runners		464				464	486	459		483	488				2844	6
49	865341	Jenna Bissell	Truro Running Club	451	469	488		478	485		473							2844	6
50	748830	Claire Winfield	Launceston Road Runners						458	483	465	475	481	480				2842	6
51	742959	Tanya Coleman	Truro Running Club	459		486	474	474	476		468							2837	6
52	363333	Lavinia Marshall	Launceston Road Runners	366	348	441			396	454	382	434						2821	7
53	747902	Linda Godfrey	Bodmin Womens Running Club	352	334					448	381	426	429	417				2787	7
54	273360	Sarah Myford	Bodmin Running Club	449	459			470	472		448		487					2785	6
55	159667	Caroline Vinnicombe	Cornwall AC	347	326	433	424	423	406				425					2784	7
56	757149	Margaret Ann Kinahan	East Cornwall Harriers	346	340				390	449	387		417	428				2757	7
57	782710	Nicola Edwards	Newquay Road Runners	424	438			465			445	460		471				2703	6
58	579695	Nicky Brenton	Bodmin Running Club	418	436	464	457	461				459						2695	6
59	759165	Margaret Clark	Hayle Runners		401	456		444	421			440		451				2613	6
60	342972	Tracy Mckenzie	Newquay Road Runners	413	408			445	428				457	455				2606	6
61	747894	Claire Stone	Hayle Runners	390					424	467	423		453	445				2602	6
62	746290	Emma James	Launceston Road Runners	415	421	443			423	470	420							2592	6
63	217210	Jodie Gauld	St Austell Running Club			500	497	494	494					497				2482	5
64	555073	Claire Barlow	Bodmin Running Club	383	389	454	434				384		438					2482	6
65	571104	Natasha Guttridge	Newquay Road Runners	376	366	440	436				419			433				2470	6
66	591350	Rosie Trevains	Bys Vyken Race Team	356	345				412		421	446		452				2432	6
67	785080	Sally Turner	Cornwall AC	471	487		488		479		485							2410	5
68	951162	Gemma Wotherspoon	Bodmin Womens Running Club	360	328	435			392			423	427					2365	6
69	682696	Janet Wills	St Austell Running Club	367	350		427	416			370		426					2356	6
70	752566	Sophie Talling	Newquay Road Runners	461	479			473			460	468						2341	5
71	524126	Kelly Bills	Hayle Runners			472			459		456		472	476				2335	5
72	748670	Olivia Pellowe	Carn Runners		456				450	480	451		475					2312	5
73	584880	Emma Johns	Hayle Runners	345	319				398		383	435	416					2296	6
74	577907	Ruth Simmons	St Austell Running Club	340	316				379	447	379		423					2284	6
75	641940	Hannah Smith	Hayle Runners	441	443			466	453					469				2272	5
76	751066	Joanne Strawbridge	East Cornwall Harriers	412	418	467			441					467				2205	5
77	748385	Kay Middleditch	Truro Running Club		407		444		438		429	448						2166	5
78	359238	Lesley Taphouse	Bodmin Running Club	373		429					385	427		420				2034	5

GP 2024 after Race 11 Treggy 7 - Female Table

**Race points can't be questioned / changed more than 2 races in the past. Please check your results carefully.
If you find a mistake please contact Jenny Bowden (jenny690@btinternet.com) as soon as possible.**

Best 8 events to count. Age category depends on age on 01/01/2024. Only affiliated Cornish clubs included.
Make name / club changes on your SiEntries account and it will be uploaded on your next event.

	SiEntries ID	Name	Club	Storm Force	Newquay 10k	Looe 10	Falmouth	An Res	Trevornick	Mag 7	Turkey Trot	IQ Half	Sticker 5	Treggy 7	Truro Half	Marazion 10k	Cornish	Score	Completed
79	794648	Katie Walker	Cornwall AC	498	500			500				500						1998	4
80	324988	Lorna Hogg	St Austell Running Club		333	437		421	404		393							1988	5
81	718376	Claire Payne	Carn Runners	342		438		429	388		391							1988	5
82	741002	Sarah Luff	JP Fitness Cornwall	370	357	432		426	393									1978	5
83	781344	Angela Tyson	Newquay Road Runners		324				384		400	429	439					1976	5
84	818765	Jasmine Rapson	Newquay & Par AC		498				490		487		498					1973	4
85	791344	Roisin Mooney	Cornwall AC	487	493				495		496							1971	4
86	393536	Corinne Gerrard	Hayle Runners	466		490			471						485			1912	4
87	716839	Hannah Fox	Mile High				472	482			466		488					1908	4
88	716934	Beth Popperwell	Mile High	465				487	475		464							1891	4
89	368022	Liz Trebilcock	Truro Running Club			483	475		457		452							1867	4
90	353859	Claire Johnson	St Austell Running Club			462	463					445	467					1837	4
91	278473	Helen Knowles	Hayle Runners	439				469			449	469						1826	4
92	160186	Helen Thomas	Truro Running Club	444	458			452				463						1817	4
93	747797	Eleanor Ellison	Newquay Road Runners	410	441			467	470									1788	4
94	470943	Ruth Holding	Mile High	421		469		454			434							1778	4
95	726279	Dawn Scallan	Carn Runners		413			446			427	451						1737	4
96	315414	Linda Pickard	Launceston Road Runners		384			437	420	469								1710	4
97	742330	Jackie Chapman	Launceston Road Runners		399					463	430				413			1705	4
98	210570	Lisa Talling	Newquay Road Runners	396	416				445		441							1698	4
99	638185	Janet Lathom	Launceston Road Runners		376						411		444	448				1679	4
100	111146	Janet Watson	Carn Runners		379	452					401	441						1673	4
101	531617	Paula Vieira	St Austell Running Club		370			436			415				438			1659	4
102	878218	Loraine Hoar	St Austell Running Club	391	359	457	442											1649	4
103	748020	Karen Warner	Newquay Road Runners	409	398				375			421						1603	4
104	712700	Aileen Barwell	Falmouth Running Club	374	375		437				410							1596	4
105	794003	Katie Knowles	Truro Running Club	496					500									1496	3
106	735698	Jo Temple	Truro Running Club			499	495					499						1493	3
107	396166	Zelah Morrall	Cornwall AC	489	495			497										1481	3
108	764689	Adrienne Hodge	Newquay Road Runners		491						491	494						1476	3
109	463105	Melissa Nicholas	Hayle Runners	482		495	492											1469	3
110	754375	Jennifer Dunstan	Cornwall AC								480		492	493				1465	3
111	683153	Paula Richardson	East Cornwall Harriers		307				374		365		412					1458	4
112	240026	Kaye Patterson	East Cornwall Harriers			482			484			482						1448	3
113	684939	Rachel Vague	Tri Logic Cornwall	481	482							485						1448	3
114	746124	Kirsty Medlock	Hayle Runners	480	480							486						1446	3
115	295043	Jenny Mills	Launceston Road Runners							479		472		483				1434	3
116	908240	Tess Wakeham	Newquay Road Runners		468	485	477											1430	3
117	728766	Alison Roose	Newquay Road Runners	453	462								485					1400	3
118	747948	Charlie Gray	Newquay Road Runners		454				452	478								1384	3
119	686166	Lucy Oldham	East Cornwall Harriers	417		470				476								1363	3
120	889743	Sandra Holmes	Newquay Road Runners				452		444					464				1360	3
121	631373	Sharon Rowat	Hayle Runners	437	460			462										1359	3
122	555364	Kate Stevens	St Austell Running Club						430	471			455					1356	3
123	747599	Lucy Hewitt	Newquay Road Runners	440	449		460											1349	3
124	509954	Annie Bover	Bude Rats (Run and Tri)	428			459	455										1342	3
125	750985	Jennifer Buckland	Hayle Runners	436	439			457										1332	3
126	745490	Dawn Diprose	East Cornwall Harriers		406	468	445											1319	3
127	818362	Jeanette Duncan	Newquay Road Runners		411				439				459					1309	3
128	872847	Julia Evans	East Cornwall Harriers			447			418						443			1308	3
129	435525	Julie Rundle	Bodmin Running Club	414	433	458												1305	3
130	555265	Jacquie Rapier	Falmouth Running Club							462	405			436				1303	3
131	553368	Joanna Marcinekova	Cornwall AC	427	424				448									1299	3
132	464872	Jean Cutlan	St Austell Athletes Running Club	401					435				461					1297	3
133	903585	Augusta Trussell	Truro Running Club	406	425			459										1290	3
134	764821	Karen Parker	Falmouth Running Club		392			443					445					1280	3
135	746811	Anita Hudson	St Austell Running Club	405	405									466				1276	3
136	368360	Jackie Cope	Falmouth Running Club	384		444			427									1255	3
137	747651	Isobel Hamilton	East Cornwall Harriers	416	414				425									1255	3
138	747910	Liane Holt	Newquay Road Runners		364						424		456					1244	3
139	665436	Susan Thomas	Hayle Runners	382							413		446					1241	3
140	502174	Melanie Nile	St Austell Running Club		369				419				450					1238	3
141	929887	Sara Chapman	Newquay Road Runners						401		395	432						1228	3
142	884656	Cassie Higgins	Perran Trail Runners	387	397		441											1225	3
143	830865	Kerry Hoskin	Truro Running Club	389	385		435											1209	3
144	827410	Christine Boon	Truro Running Club		361			441	380									1182	3
145	401728	Jane Caff	Newquay Road Runners		314	423	422											1159	3
146	899551	Emma Lewis	East Cornwall Harriers		331						390			422				1143	3
147	185901	Kathryn Marsh	Carn Runners		353			424			362							1139	3
148	531490	Jennifer Lawson	Newquay Road Runners		347						373			418				1138	3
149	795958	Greta Viertel	St Austell Athletes Running Club	362	355						402							1119	3
150	621651	Kathran Dormer	Falmouth Running Club		332						366		420					1118	3
151	376613	Sandra Lidiard	Bodmin Womens Running Club		344				397		371							1112	3
152	823678	Jessica Gallienne	Newquay Road Runners		321				383		372							1076	3
153	748043	Sarah Ellis	Hayle Runners	343	320				376									1039	3
154	723331	Anna Harrold	Truro Running Club	500							500							1000	2
155	569236	Tamara Beach	Cornwall AC								499			499				998	2
156	610688	Steph Hutton	Cornwall AC								498		500					998	2

GP 2024 after Race 11 Treggy 7 - Female Table

**Race points can't be questioned / changed more than 2 races in the past. Please check your results carefully.
If you find a mistake please contact Jenny Bowden (jenny690@btinternet.com) as soon as possible.**

Best 8 events to count. Age category depends on age on 01/01/2024. Only affiliated Cornish clubs included.
Make name / club changes on your SiEntries account and it will be uploaded on your next event.

	SiEntries ID	Name	Club	Storm Force	Newquay 10k	Looe 10	Falmouth	An Res	Trevornick	Mag 7	Turkey Trot	IQ Half	Sticker 5	Treggy 7	Truro Half	Marazion 10k	Cornish	Score	Completed
157	860281	Sarah Reel	Falmouth Running Club	492			498											990	2
158	537987	Ayasha Gillespie	Tamar Trotters			496						491						987	2
159	800950	Joanna Furtado	Falmouth Running Club				493	493										986	2
160	748040	Charlotte Tansley	Cornwall AC	494							490							984	2
161	447321	Stacie Tregonning	St Austell Athletes Running Club			497	483											980	2
162	748487	Alice Vage	Cornwall AC					486			488							974	2
163	561059	Megan Rowe	St Austell Running Club			487	487											974	2
164	224653	Emma Mossop	Cornwall AC	483	488													971	2
165	911507	Helen Barrett	Falmouth Running Club	478			485											963	2
166	901733	Amy Glynn	Cornwall AC	476							486							962	2
167	666752	Ellen Jones	Cornwall AC	479							476							955	2
168	748272	Alison Temple	Bodmin Running Club			484	471											955	2
169	271994	Susanne Wood	Cornwall AC				470	483										953	2
170	744571	Katie Robinson	Falmouth Running Club	470			482											952	2
171	792186	Fay Cameron	Newquay Road Runners								467			482				949	2
172	956019	Clare Dale	St Austell Running Club										471	474				945	2
173	371301	Laura Rogers	Cornwall AC								462		482					944	2
174	643015	Lia Foreman	Hayle Runners					479	461									940	2
175	882997	Amy Harrington	Truro Running Club					475	460									935	2
176	786321	Katie Fowler	Launceston Road Runners								461			472				933	2
177	807647	Lisa Taper	Newquay Road Runners	461									468					929	2
178	709140	Catrina Ward Sell	Launceston Road Runners								450		476					926	2
179	937213	Amber Simler	Truro Running Club						468					456				924	2
180	166973	Meeta Nicholls	East Cornwall Harriers	448		476												924	2
181	204826	Catheryn Camborieux	Truro Running Club	457	467													924	2
182	319509	Karen Mcclay	Cornwall AC		466				455									921	2
183	214806	Lisa Uren	Hayle Runners									455	464					919	2
184	690298	Vicky Oakes	St Austell Running Club					451					463					914	2
185	893484	Georgia Gowing	St Austell Running Club	442			464											906	2
186	561754	Sally Johnston	Tamar Trotters			453								444				897	2
187	581664	Catherine Sims	Tamar Trotters		427	463												890	2
188	726436	Louisa Chisholm	Looe Pioneers Running Club		428									459				887	2
189	720292	Lisa Wilson	Truro Running Club		445						440							885	2
190	797225	Lorraine Hawkins	Launceston Road Runners							457				427				884	2
191	748124	Angeline Hadfield	Truro Running Club	435	446													881	2
192	936393	Wendy Stuart	St Austell Running Club										449	431				880	2
193	931976	Naomi Grint	Looe Pioneers Running Club					426						453				879	2
194	578509	Helen Stevenson	Bodmin Running Club		430			447										877	2
195	725954	Sally Fletcher	St Austell Running Club					416					460					876	2
196	730223	Sarah Ryan	Newquay Road Runners	434	442													876	2
197	292734	Jennifer Forbes	Hayle Runners	430	444													874	2
198	747899	Karen Sims	East Cornwall Harriers			446					425							871	2
199	949649	Alison Day	St Austell Running Club										434	434				868	2
200	571948	Kate Callaghan	Truro Running Club								417		448					865	2
201	764246	Karen Lovegrove	Hayle Runners				432	430										862	2
202	886708	Tamsin Harris	Bodmin Running Club			427	426											853	2
203	454043	Juliet Stewart	Truro Running Club	403				449										852	2
204	909503	Dellen Carroll	Newquay Road Runners						407			444						851	2
205	492040	Rachel Stephens	Tri Logic Cornwall				443				407							850	2
206	744941	Jamie Gore	Hayle Runners	399								449						848	2
207	759322	Donna Fisher	Newquay Road Runners								408	439						847	2
208	747235	Theresa Williams	St Austell Running Club						394				442					836	2
209	910850	Sara Treeby	Looe Pioneers Running Club			422								414				836	2
210	910996	Samantha Rendell	Falmouth Running Club		387			448										835	2
211	751164	Kelly Lewis	Truro Running Club								412	422						834	2
212	416165	Sarah Steed	East Cornwall Harriers	385		448												833	2
213	197268	Georgina Symons	St Austell Athletes Running Club	407	419													826	2
214	726522	Natalie Jewell	Falmouth Running Club		382		440											822	2
215	726521	Nicola Crilly	Falmouth Running Club		380		439											819	2
216	755457	Donna Pollard	Carn Runners		374			434										808	2
217	652288	Jennifer Burden	St Austell Running Club						378				424					802	2
218	928151	Beth Green	Newquay Road Runners						400		398							798	2
219	453507	Anna Seymour	St Austell Athletes Running Club		354					444								798	2
220	452156	Joanne Barry	JP Fitness Cornwall	354				439										793	2
221	907075	Becky Miles	Newquay Road Runners	398	395													793	2
222	773564	Nicola Dickey	Falmouth Running Club		351			435										786	2
223	747792	Victoria Hall	Bodmin Running Club		349	431												780	2
224	939349	Sally Powell	Carn Runners								364		415					779	2
225	903816	Julie Frost	Hayle Runners	341								431						772	2
226	397733	Tandy Andrews	Falmouth Running Club	379	386													765	2
227	669906	Paula Brooks	Tamar Trotters		317	424												741	2
228	864147	Jenny Bowden	Newquay Road Runners	338							380							718	2
229	864969	Deborah Sturges	Hayle Runners	349	323													672	2
230	514834	Sarah Johns	Hayle Runners	344	318													662	2
231	541030	Ruth Barnes	Falmouth Running Club						499									499	1
232	557272	Louise Mitchell	Truro Running Club					499										499	1
233	749248	Rebecca Ezra-Ham	Tamar Trotters	499														499	1
234	159836	Carly Kendall	St Austell Athletes Running Club									498						498	1

GP 2024 after Race 11 Treggy 7 - Male Table

**Red points can't be questioned / changed more than 2 races in the past. Please check your results carefully.
If you find a mistake please contact Jenny Bowden (jenny690@btinternet.com) as soon as possible.**

Best 8 events to count. Age category depends on age on 01/01/2024. Only affiliated Cornish clubs included.
Make name / club changes on your SiEntries account and it will be uploaded on your next event.

	SiEntries ID	Name	Club	Storm Force	Newquay 10k	Looe 10	Falmouth	An Res	Trevornick	Mag 7	Turkey Trot	IQ Half	Sticker 5	Treggy 7	Truro Half	Marazion 10k	Cornish	Score	Completed
1	717127	Tom Morton	Newquay & Par AC	500	500			500		499	498	500	500	500				3997	8
2	724134	Steve Reynolds	Truro Running Club	498	496	499	499	498		498	496	499	499	499				3989	10
3	728754	Jamie Edwards	Newquay Road Runners	476	482				496	493	483	493	493	495				3911	8
4	896767	Peter Scriven	Cornwall AC	477	483	495	490	492	493		475	491	488					3909	9
5	656473	Neil Hayhurst	Hayle Runners	403	486	494	491		497	492	486	479		479				3904	9
6	501552	Alex Marples	Truro Running Club	482	485		493	485	492	489	470			490				3886	8
7	613712	Dominic Turton	Hayle Runners	447	465	491	486	487	477	473	447	466	476	475				3831	11
8	688769	Liam O'Neill	Hayle Runners	441	449	478		483	486	486	473	488		486				3829	9
9	728052	Ryan Marks	St Austell Running Club	443	462		465	482	480		466	475	480	470				3780	9
10	837416	Sid Standlick	Tamar Trotters	432	433	471	456		459	456	448	461	474	463				3688	10
11	454324	David Guffick	Hayle Runners	434	455				450	472	455	459	473	469				3667	8
12	731424	Bradley Parsons	St Austell Running Club	294		485	481	475	482	481	467			481				3646	8
13	882222	Matt Row	St Austell Running Club	419	416		431	459	464	468		462	465	468				3636	9
14	471808	Mark Sweeney	St Austell Running Club	411	411	462	455	463	441	461	427		457	458				3624	10
15	284124	Stuart Richards	St Austell Running Club	406	404	464	425	461	446	460	426	456		455				3593	10
16	310022	Craig Varcoe	St Austell Running Club	397	405		430	456	436	459	432	448	458	460				3579	10
17	382036	Richard Chynoweth	Truro Running Club	413	418	466	458	450	452	462			455					3574	8
18	215086	Robin Watson	Falmouth Running Club	415	423	453	459		453	465	434		463					3565	8
19	672576	Peter Brodey	St Austell Running Club	421	417	469	447	462		458	438			453				3565	8
20	845707	Charles Curtis	Cornwall AC	393	390	454	451		435	452	422	447	450	451				3562	10
21	909446	Darren Uren	Hayle Runners	389	409	461	438	446	434	447	421	432	448	439				3545	11
22	835583	Nicholas Peters	Hayle Runners	392	407	458	454		440		433	452	460	436				3540	9
23	883250	Andrew Searle	Hayle Runners	384	400	455	444		431	451	416	417	454	457				3525	10
24	684603	Mark Bennetts	St Austell Athletes Running Club	372	382	448	429	442	412	445	410	431	435	430				3472	11
25	728471	David Crawford	Newquay & Par AC	497	494				499	495	489		496	493				3463	7
26	750253	Dylan Stevens	Newquay & Par AC		487				498	490	488	498	492	492				3445	7
27	744929	Kevin Silver	Hayle Runners	388	399	442	427	449	425	454		446						3430	8
28	877418	Damen Powell	St Austell Running Club	348	363	434	420	436	407	438	385	428	441	425				3429	11
29	720455	Ian Savigar	East Cornwall Harriers	381	381	445	439		416		411	436	443	442				3413	9
30	719222	James Stephens	St Austell Running Club	380	384		421	447		450	414	444	451	444				3391	8
31	665637	Peter Barnes	Hayle Runners	485			496		487	488	474	474	484					3388	7
32	901725	Eddie Thomson	Launceston Road Runners	383	397	450	432		402	448		433		443				3388	8
33	813001	Ben Kent	Cornwall AC	474	481		492		481		478		485	489				3380	7
34	501782	David Foy	Falmouth Running Club	345	341	426	416	423	392	436	389	426	432	419				3370	11
35	726626	Neil Carter	Newquay Road Runners	464	478			491		485		484	482	484				3368	7
36	725983	Michael Counter	St Austell Running Club	373	371		423	440	405		405	441	442	437				3366	9
37	716607	Paul Whear	Cornwall AC	486	489		495	493		484			481	427				3355	7
38	538238	Jake Timms	Falmouth Running Club	463	475	489	483		476		461	487						3334	7
39	760591	Richard Collett	Hayle Runners			406		416	397	439	397	430	433	414				3332	8
40	795745	Mark Williams	Hayle Runners			472		467	466	469		468	468	476				3286	7
41	308760	Peter Allen	Newquay Road Runners	339	349	412	404	420	406	417	367	399	418	401				3277	11
42	893070	Christopher Baggott	St Austell Running Club	308	330	413	408	422	410	430	370		408	405				3266	10
43	752530	Richard Morton	Tamar Trotters	357	357	432	417	435				421	431	415				3265	8
44	728572	Anthony Burrows	Hayle Runners	320		409	414	432	401			422	438	428				3264	8
45	731348	Craig Knuckey	Cornwall AC				464	463	475	444	469	472	473					3260	7
46	381794	Malcolm Roberts	St Austell Running Club	326	324	404			429	428	383	435	419	435				3259	9
47	748298	Mike Ellis	Newquay & Par AC	446	458	477	476	472			446			471				3246	7
48	515061	Steven Jenkin	Cornwall AC	338	338	416	403		409	434	390		430	418				3238	9
49	906767	Ben Pearce	Truro Running Club	444	446				465	476	449		475	477				3232	7
50	536144	Stuart Smith	Hayle Runners	347	351	427	413		421	442	402	427						3230	8
51	7111	Stephen Hutchinson	Bude Rats (Run and Tri)	336	337	418	400	418	394			414	420	417				3218	9
52	533489	Trevor Lee	Truro Running Club	341	331	408	391	404	390	433	374		411	406				3217	10
53	747497	Michael Orchard	Hayle Runners	342	346		409	411		431		411	413	399				3162	8
54	550913	Chunky Penhaul	Hayle Runners	324		395		386	429	377	412	415	407					3145	8
55	631285	Des Evans	Newquay Road Runners	305	302	396	379	378	379	423	352	395	403	385				3138	11
56	745095	Richard Jenkin	Cornwall AC	293	292	389		390	380	420	364	386	405	392				3126	10
57	818801	James Toseland	Truro Running Club	414		470	449	458	445		436	442						3114	7
58	315573	Iain Walker	St Austell Running Club				445	453	438		419	439	446	445				3085	7
59	516289	John Barnes	Launceston Road Runners		269	398		381	377	413	350	387	398	380				3084	9
60	773171	Robert Bolitho	Falmouth Running Club	279	260	384	378	374	373	410		388	389	379				3075	10
61	491015	Kevin Marshall	Launceston Road Runners	408	412	440			460	466	425	460						3071	7
62	741008	James Danks	Falmouth Running Club	310	320			393	384	426	378	406		403				3020	8
63	826316	Steve Menear	St Austell Running Club	307	296			387		427	360	402	410	396				2985	8
64	750429	James Cutlan	Cornwall AC	492					495	497	494		494	498				2970	6
65	616146	Jacob Gardner	Hayle Runners			496	498	495	494	491		496						2970	6
66	855247	Andy Coles	St Austell Running Club	295	276		383	396	385		371		416	400				2922	8
67	144151	David Speake	St Austell Running Club		356		422	443	417		406		436	432				2912	7
68	748011	Martin Venning	Launceston Road Runners	280	273			377	370	415	347		391	384				2837	8
69	846971	Callum Waldie	Truro Running Club	455	450		470	476	475	474								2800	6
70	726219	Matt Fox	Falmouth Running Club	450	447	488			471	478	462							2796	6
71	745094	Colin Martin	Newquay Road Runners			403	392	406		425	369		404	393				2792	7
72	494174	Martin Dinham	Mill High	362	360	424		430	408		391			416				2791	7
73	424162	Paul Stevens	St Austell Athletes Running Club		414				478	471		467	477	459				2766	6
74	731861	Scott Abraham	Hayle Runners	438	451			473	469		450	470						2751	6
75	159700	Craig Hall	Cornwall AC		430		475		458		445		466	464				2738	6
76	751073	Jon Mitchell	Cornwall AC	333	325			413	391	435			417	413				2727	7
77	498588	Mike Dowrick	Cornwall AC	427	432	473		469	473		437							2711	6
78	716751	Jon Eldon	Hayle Runners	404				465	456			454	464	461				2704	6

GP 2024 after Race 11 Treggy 7 - Male Table

**Race points can't be questioned / changed more than 2 races in the past. Please check your results carefully.
If you find a mistake please contact Jenny Bowden (jenny690@btinternet.com) as soon as possible.**

Best 8 events to count. Age category depends on age on 01/01/2024. Only affiliated Cornish clubs included.
Make name / club changes on your SiEntries account and it will be uploaded on your next event.

	SiEntries ID	Name	Club	Storm Force	Newquay 10k	Looe 10	Falmouth	An Res	Trevornick	Mag 7	Turkey Trot	IQ Half	Sticker 5	Treggy 7	Truro Half	Marazion 10k	Cornish	Score	Completed
79	900653	Jason Vinnicombe	Cornwall AC	430			467		457		441		461	438				2694	6
80	442383	Tim Twiggs	Hayle Runners	398		468	462		437			444		449				2658	6
81	889539	Steve Kemsley	Falmouth Running Club	322	318	402	393	408	395			401						2639	7
82	209056	Colin Bathe	Truro Running Club		408	460		403			429		459	450				2609	6
83	794079	Anthony Bryant	Hayle Runners	316	303		387	391		419		393		387				2596	7
84	656430	Andrew Heather	Hayle Runners	288			381	383	374	416	354			386				2582	7
85	814224	Harry Stallard	St Austell Running Club	304	295		380	389	383				406	395				2552	7
86	784502	Armando Vieira	St Austell Running Club	329	275			384	389		359		428	383				2547	7
87	558623	Marty Barnfield	Bodmin Running Club	369	383	446		445	433					446				2522	6
88	765035	Martin Curtis	Hayle Runners	296	289	390		392	375	422	355							2519	7
89	719701	Jim Nettleton	Truro Running Club	379	373		448	448	432				439					2519	6
90	878897	Derek Thomas	St Austell Running Club	334			433		414	446			444	433				2504	6
91	557872	Stewart Townend	Hayle Runners	281	282			380		414	345		390	382				2474	7
92	750060	Tommy Polglase	Carn Runners	386	367			427		443	400		421					2444	6
93	760870	Luke Attwood	Tamar Trotters	472		497	494	496		470								2429	5
94	722753	Simon James	Cornwall AC	361	368			433	398				423	422				2405	6
95	826294	Josh Turner	East Cornwall Harriers	356	353	425			415			423		426				2398	6
96	727361	Liam Gallantry	East Cornwall Harriers	465	476					487		486		483				2397	5
97	209372	Simon Williams	Newquay & Par AC		473			488	484		465		478					2388	5
98	872822	Santino Mangion	Hayle Runners	360	345		415			444	394	429						2387	6
99	764621	Ronnie James	Cornwall AC	462	471			489	483			480						2385	5
100	222704	Alan Jeffrey	Bodmin Running Club	457	460	486	482	474										2359	5
101	804303	Paul Trifanov	Newquay Road Runners	461	457				489			497		452				2356	5
102	773141	Ian Curnow	Hayle Runners			463	466					472	471	472				2344	5
103	464421	Adam Keogh	Falmouth Running Club	436	463	483		478	461									2321	5
104	572707	Trevor Cornish	Hayle Runners	323						424	365	398	399	391				2300	6
105	832800	Dan Hocking	Hayle Runners	328	329				404		387	409	424					2281	6
106	423479	James Manning	Hayle Runners	431	439						439		467	465				2241	5
107	759505	Frazer Humbles	Hayle Runners	399						455	424		453	448				2179	5
108	522287	Alan Brandwood	Falmouth Running Club		267				372		356	391	393	390				2169	6
109	794598	Danny O'Shea	Truro Running Club		410		452		423		430		452					2167	5
110	910096	Mark Borman	St Austell Running Club		270		376			411	343	384		377				2161	6
111	800652	Paul Gough	Hayle Runners	407	406	456	440					451						2160	5
112	498963	Richard Foster	Launceston Road Runners	377	391	447	434							431				2080	5
113	873147	Nathan Cudmore	Hayle Runners	354	380			417			415			423				1989	5
114	884764	Ed Dickinson	Falmouth Running Club	496	495	498	497											1986	4
115	885381	Philip Hall	Falmouth Running Club		326	411					380	408	425					1950	5
116	623453	Darren Roose	Newquay Road Runners	480	492						481		486					1939	4
117	726416	Robert Rochowiak	Carn Runners		336	415			393		376	416						1936	5
118	913546	Kyran James	Newquay & Par AC		469				488		484		489					1930	4
119	535398	Clive Ramsden	Newquay Road Runners	473	474								483	488				1918	4
120	776316	Tony Wright	Cornwall AC	470	477						482		487					1916	4
121	752608	Alex Daniels	Newquay Road Runners		459	487							479	482				1907	4
122	660317	Darrin Porter	Cornwall AC				477	468			459	473						1877	4
123	832539	Jamie Daniell	St Austell Running Club	445	468	482	464											1859	4
124	748431	Christopher Ramsey	Truro Running Club		319			394				357		402	381			1853	5
125	877556	Joe Hunt	Falmouth Running Club	449	443			486				464						1842	4
126	880250	Thomas Bateman	Falmouth Running Club	440	452		480					454						1826	4
127	606131	John Beard	Newquay Road Runners	299				395	381		361			388				1824	5
128	417090	Mike Bawden	Carn Runners	318	314	401	390	400										1823	5
129	845488	Henry Cameron	Truro Running Club		421		460	460	448									1789	4
130	899219	Curtis Hayes	Hayle Runners	416	436						451	476						1779	4
131	747923	Dennis Burrell	Carn Runners		262				363		344		388	378				1735	5
132	357060	Steve Lawrence	Falmouth Running Club		259			373	358		342		387					1719	5
133	865336	Ben Johns	Truro Running Club	391							417	443	447					1698	4
134	726369	Craig Underhill	Hayle Runners	378				441	430					440				1689	4
135	424101	Chris Marriott	St Austell Athletes Running Club	366	388	459						457						1670	4
136	747484	Sean Pulley	Hayle Runners	394	395		436	437										1662	4
137	725477	Tristan Lang	Truro Running Club				401	428			398		427					1654	4
138	831278	Luke Bradford	Hayle Runners	350		431	418	438										1637	4
139	386444	Andrew Ellis	Hayle Runners	382	375			444	427									1628	4
140	303051	David Wilcox	Truro Running Club				397					382	403	422				1604	4
141	915275	Ivor Pudner	Looe Pioneers Running Club		332				403	441				410				1586	4
142	688074	Adam Speare	Tamar Trotters	335		419	412					419						1585	4
143	748353	Steven Walkey	Falmouth Running Club	325				407			375	404						1511	4
144	768208	Paul Wright	Bodmin Running Club	284		394				412			401					1491	4
145	880831	Kenny Gibson	Cornwall AC		498					496				497				1491	3
146	830870	Alan Edwards	Newquay Road Runners	330	340			419			392							1481	4
147	661780	Ross Pascoe	Cornwall AC	483							491		491					1465	3
148	953018	Daniel Costello	Hayle Runners								479		490	494				1463	3
149	415199	Richard Ezra-Ham	Tamar Trotters	487	490	476												1453	3
150	812393	Henry Kennaway	Truro Running Club	478	480					482								1440	3
151	176953	Steven Wherry	Hayle Runners		461		487	481										1429	3
152	794762	Joseph Thomson	Launceston Road Runners			475	472							478				1425	3
153	794380	Robert Warner	Tamar Trotters	466					474	480								1420	3
154	845436	Stan Cameron	Mill High		438			479	479									1396	3
155	747885	Ian Grimes	Launceston Road Runners	306	297						368		414					1385	4
156	798632	Innes McCartney	Hayle Runners	290	311			388				389						1378	4

GP 2024 after Race 11 Treggy 7 - Male Table

Race points can't be questioned / changed more than 2 races in the past. Please check your results carefully.
If you find a mistake please contact Jenny Bowden (jenny690@btinternet.com) as soon as possible.

Best 8 events to count. Age category depends on age on 01/01/2024. Only affiliated Cornish clubs included.
Make name / club changes on your SiEntries account and it will be uploaded on your next event.

	SiEntries ID	Name	Club	Storm Force	Newquay 10k	Looe 10	Falmouth	An Res	Trevornick	Mag 7	Turkey Trot	IQ Half	Sticker 5	Treggy 7	Truro Half	Marazion 10k	Cornish	Score	Completed
157	929362	Roman Phillips	Cornwall AC						454		452		469					1375	3
158	811701	Simon Jeffs	Hayle Runners	453				480	442									1375	3
159	368721	David Wilton	Falmouth Running Club		268				364		346		392					1370	4
160	316199	Alan Wherry	St Austell Running Club	425			463					463						1351	3
161	863736	Ashley Williams	Hayle Runners								428	465		456				1349	3
162	746069	Paul Heywood	Launceston Road Runners	283	278	393						394						1348	4
163	474045	Neil Ham	JP Fitness Cornwall	291	279	392	377											1339	4
164	855938	Joshua Mills	Cornwall AC						439		442		456					1337	3
165	604348	Peter Drew	Carn Runners	297	286						358		394					1335	4
166	442512	Robert Standing	Truro Running Club		415	467			451									1333	3
167	261763	Tim Adams	St Austell Running Club	423	428		474											1325	3
168	730051	Matthew Purcell-Herbert	St Austell Athletes Running Club	429	424	465												1318	3
169	511371	David Wilding	Hayle Runners							453	423	440						1316	3
170	587548	Ross Buscombe	St Austell Running Club					452					426	434				1312	3
171	450571	Robert Willcocks	Falmouth Running Club	278	274	385			369									1306	4
172	215296	Steve Baker	Tamar Trotters	426	426	451												1303	3
173	538291	Andrew Hickson	Cornwall AC		396			455	443									1294	3
174	830240	Nick Pebody	Newquay Road Runners						419		420	437						1276	3
175	495184	Bruce Carey	Newquay Road Runners		393							425	440					1258	3
176	893165	Nick Rogers	Truro Running Club	364			437	457										1258	3
177	858750	Simon Hambury	Falmouth Running Club	400	398	457												1255	3
178	782622	Steven Thomas	Carn Runners	387				454			413							1254	3
179	458675	Martin Davis	Newquay Road Runners						422		396	434						1252	3
180	269260	Julian Spencer	Truro Running Club		379	443		425										1247	3
181	159853	Paul Angove	Cornwall AC					426	420		399							1245	3
182	744607	Darren Blenkinsop	Tamar Trotters			410				418				397				1225	3
183	856346	David Menhenitt	St Austell Athletes Running Club	368		436	411											1215	3
184	767611	Carl Williams	Newquay Road Runners		354	430			418									1202	3
185	505729	Dave Pickard	Launceston Road Runners					386		421				389				1196	3
186	818911	Jerry Cartlidge	Hayle Runners						388	432	372							1192	3
187	602808	Glyn Talling	Newquay Road Runners	355							412	420						1187	3
188	866930	Ryan Mosney	Truro Running Club	353							403		429					1185	3
189	879443	Charles Homer	Hayle Runners		355	423	394											1172	3
190	740705	Ricky Blackman	St Austell Athletes Running Club		333	422	399											1154	3
191	409815	Tom Howard	St Austell Athletes Running Club		317	421	406											1144	3
192	905251	Lee Bunyan	Truro Running Club	349	365				400									1114	3
193	612996	Martin Palmer	Perran Trail Runners		307			385					409					1101	3
194	531514	Simon Mayho	Hayle Runners					375	371		351							1097	3
195	896511	Brett Stepto	Cornwall AC	346	342						386							1074	3
196	803502	Stephen Amor	Bodmin Running Club	319	299	417												1035	3
197	779680	Lewis Edwards	Cornwall AC	311	321								395					1027	3
198	536794	Paul Skipp	Bude Rats (Run and Tri)	317	312		389											1018	3
199	286102	Paul Treweek	Truro Running Club		265	386			362									1013	3
200	744987	Guy Cooper	Looe Pioneers Running Club		261	383			361									1005	3
201	745027	Joshua Rowe	Cornwall AC							500	500							1000	2
202	913572	Lester James	Cornwall AC	499	499													998	2
203	322352	Ryan Hanley	Cornwall AC					497	500									997	2
204	941991	William Pearce	Newquay & Par AC								495		497					992	2
205	266257	Oliver Jones	East Cornwall Harriers							494		495						989	2
206	875047	Brian Glynn	Cornwall AC	495							492							987	2
207	873558	Colin Snook	Cornwall AC					494	490									984	2
208	718771	Ben Dutton	St Austell Athletes Running Club	312	308						363							983	3
209	748065	Llewin Head	Mile High								487		495					982	2
210	752372	Oliver Oldfield	Tamar Trotters	489	493													982	2
211	200128	Jamie Masters	St Austell Running Club		488									491				979	2
212	657978	Andy Stallard	Truro Running Club	303	294				382									979	3
213	718356	John McWilliams	Mile High	488	491													979	2
214	719903	James Pyke	Truro Running Club	484			489											973	2
215	754894	Callum Pinch	Truro Running Club					484		483								967	2
216	755261	Peter Watson	Falmouth Running Club								476	490						966	2
217	819884	Harry Lobban	Falmouth Running Club						485			481						966	2
218	475199	Ryan Williams	Falmouth Running Club				484					482						966	2
219	756042	Ross Duerden	Cornwall AC	475			488											963	2
220	274470	Ian Ringer	Bodmin Running Club	286	281	395												962	3
221	811500	Ray Frith	Newquay Road Runners	289	284	387												960	3
222	735335	Morgan Craig	Bude Rats (Run and Tri)	471										487				958	2
223	748022	Edmund Bennett	Hayle Runners		472							485						957	2
224	494222	Dave Hannah	East Cornwall Harriers							479		477						956	2
225	788335	Sean Taylor	Bodmin Running Club	285	283	388												956	3
226	799735	Mark Roby	Truro Running Club	469										485				954	2
227	805381	Noah Bohge	Truro Running Club		466		485											951	2
228	214831	Tom Howell	Newquay & Par AC		479						469							948	2
229	912322	Andrew Hall	St Austell Running Club	460		481												941	2
230	358924	Mark Deacon	Looe Pioneers Running Club		456									480				936	2
231	900203	Cameron Pearce	Cornwall AC				471		462									933	2
232	551254	Nigel Swift	Perran Trail Runners						472		456							928	2
233	796448	Alan Thomas	Falmouth Running Club	458	470													928	2
234	721350	Neil Penny-Harding	Cornwall AC									458		467				925	2

GP 2024 after Race 11 Treggy 7 - Male Table

Race points can't be questioned / changed more than 2 races in the past. Please check your results carefully.
If you find a mistake please contact Jenny Bowden (jenny690@btinternet.com) as soon as possible.

Best 8 events to count. Age category depends on age on 01/01/2024. Only affiliated Cornish clubs included.
Make name / club changes on your SiEntries account and it will be uploaded on your next event.

	SiEntries ID	Name	Club	Storm Force	Newquay 10k	Looe 10	Falmouth	An Res	Trevornick	Mag 7	Turkey Trot	IQ Half	Sticker 5	Treggy 7	Truro Half	Marazion 10k	Cornish	Score	Completed
391	476839	Jeremy Brown	Bude Rats (Run and Tri)		442													442	1
392	731556	John Hatchell	St Austell Athletes Running Club	442														442	1
393	930476	James Davison	Bodmin Running Club											441				441	1
394	884814	Alan Richards	Falmouth Running Club				441											441	1
395	639044	Matt Davies	East Cornwall Harriers							440								440	1
396	795853	Mitch Acres	Launceston Road Runners					439										439	1
397	315284	Marcus Wills	East Cornwall Harriers		439													439	1
398	505088	Sean Quinn	St Austell Athletes Running Club									438						438	1
399	531505	Dean Barrett	Tamar Trotters										437					437	1
400	678323	Darren Vilton-Tebbutt	Looe Pioneers Running Club			437												437	1
401	750231	Jason Elliott	Newquay Road Runners			435												435	1
402	283244	Mike Gilbert	Launceston Road Runners					434										434	1
403	919022	Harry Maywood	Looe Pioneers Running Club			433												433	1
404	616218	Jim Powell	Cornwall AC		431													431	1
405	959623	Gregory Bennett	Launceston Road Runners											429				429	1
406	396310	Thomas Sopp	Falmouth Running Club	428														428	1
407	749948	Ross Pearce	Newquay Road Runners		427													427	1
408	266813	Andy Rich	St Austell Running Club						426									426	1
409	748368	Luke Reed	Newquay Road Runners		425													425	1
410	749334	Martin Hynes	Launceston Road Runners											424				424	1
411	812320	Andy Roberts	St Austell Running Club					424										424	1
412	916129	Karl Tomusk	Truro Running Club		422													422	1
413	748934	Wayne Rundle	Launceston Road Runners											421				421	1
414	945244	Sam Eaton	Launceston Road Runners											420				420	1
415	621283	Adam Roberts	Bodmin Dragons Triathlon Club		420													420	1
416	749474	Quentin Gunderson	Bodmin Running Club		419													419	1
417	748062	David Moore	Cornwall AC								418							418	1
418	392337	Matt Phillips	St Austell Running Club									413						413	1
419	885592	Andrew Wroe	Falmouth Running Club						413									413	1
420	385557	Clive Gibbs	St Austell Running Club											412				412	1
421	892355	Ryan Condon	Hayle Runners					412										412	1
422	445308	Ben Rogers	Bude Rats (Run and Tri)											411				411	1
423	802401	Matt Pickard	Launceston Road Runners											409				409	1
424	261641	Doug Alsop	St Austell Running Club					409										409	1
425	758676	Julian Evans	Falmouth Running Club	409														409	1
426	818311	Jon Hoare	East Cornwall Harriers											408				408	1
427	890798	Jack Tempest-Keeping	Cornwall AC								408							408	1
428	746189	Philip Bunt	Newquay Road Runners									407						407	1
429	337370	Andrew Millward	Carn Runners								407							407	1
430	916905	Christopher Ayling	Bodmin Running Club			407												407	1
431	841786	David Byrne	Hayle Runners				405											405	1
432	365385	Jim Lockyer	East Cornwall Harriers			405												405	1
433	866935	Jon Cahill	Truro Running Club	405														405	1
434	800389	Stephen Jenkins	Launceston Road Runners											404				404	1
435	688699	Pete Walker	Truro Running Club		403													403	1
436	792864	Graham Ashton	Launceston Road Runners											402				402	1
437	311839	James Skeplorn	Truro Running Club	402														402	1
438	569285	Ben Leach	Truro Running Club								401							401	1
439	927184	Steve Bowen	St Austell Running Club					401										401	1
440	718299	Jonathan Berridge	Truro Running Club		401													401	1
441	858400	Mark Grassam	Looe Pioneers Running Club	401														401	1
442	861103	Mark Rescorl	Tamar Trotters										400					400	1
443	893210	Neil Blonden	Bodmin Running Club						399									399	1
444	365945	Gary Oswald	Looe Pioneers Running Club			399												399	1
445	378407	John Turtle	Hayle Runners					398										398	1
446	545595	Simon Blackburn	Hayle Runners				398											398	1
447	661724	Daniel Varcoe	St Austell Running Club										397					397	1
448	748103	Steve Zanni	Tri Logic Cornwall			397												397	1
449	782951	Alistair Foster	St Austell Running Club											396				396	1
450	957548	Savio Rozario	Newquay Road Runners										396					396	1
451	752595	Jim Lee	Truro Running Club						396									396	1
452	283641	Paul Warmington	Hayle Runners	396														396	1
453	813231	Christopher Fowler	Launceston Road Runners								395							395	1
454	747888	Andrew Geach	St Austell Athletes Running Club	395														395	1
455	216121	Mark Thomas	Truro Running Club		394													394	1
456	948208	Gavin Pedley	Carn Runners								388							388	1
457	929481	Jonathan Hicks	PB Running Club						387									387	1
458	952421	Sean Mitchell	St Austell Running Club										386					386	1
459	494317	Simon Dowling	Bude Rats (Run and Tri)				386											386	1
460	491637	Andrew Cook	Newquay Road Runners		386													386	1
461	495234	Jon Jones	Looe Pioneers Running Club										385					385	1
462	796431	Connor Davidson	Falmouth Running Club				385											385	1
463	894095	Andy Bray	Tri Logic Cornwall		385													385	1
464	780154	Satnam Basram	Cornwall AC								384							384	1
465	879656	Miles Turner	Truro Running Club				384											384	1
466	779263	Dan Banks	St Austell Athletes Running Club				382											382	1
467	183240	Andrew Sims	East Cornwall Harriers								379							379	1
468	933249	Shaun Gidney	Launceston Road Runners											376				376	1

GP 2024 after Race 11 Treggy 7 - Female Age Category Table

**Race points can't be questioned / changed more than 2 races in the past. Please check your results carefully.
If you find a mistake please contact Jenny Bowden (jenny690@btinternet.com) as soon as possible.**

Best 8 events to count. Age category depends on age on 01/01/2024. Only affiliated Cornish clubs included.
Make name / club changes on your SiEntries account and it will be uploaded on your next event.

SiEntries ID	Name	Club	Storm Force	Newquay 10k	Looe 10	Falmouth	An Res	Trevornick	Mag 7	Turkey Trot	IQ Half	Sticker 5	Treggy 7	Turo Half	Marazion 10k	Cornish	Score	Completed	Age Category
911665	Anna Goodman	Hayle Runners	183	190		190	190	192	198	184	194	198	196				1548	10	Female Under 35
793957	Courtney Marks	St Austell Running Club	178	180			186	186		178	190	197	190				1485	8	Female Under 35
730928	Rose Harvie	Newquay Road Runners	193	193	195		195		200		196		197				1369	7	Female Under 35
826400	Chloe Turner	East Cornwall Harriers	180	183	194	185		187			192		193				1314	7	Female Under 35
774229	Caroline Cross	Cornwall AC	181	186			187	188	197	181	191						1311	7	Female Under 35
512242	Rebecca Stobart	Cornwall AC	196			200	198	198		195	198						1185	6	Female Under 35
217210	Jodie Gauld	St Austell Running Club			200	198	197	196					198				989	5	Female Under 35
641940	Hannah Smith	Hayle Runners	185	189			189	189					195				947	5	Female Under 35
752566	Sophie Talling	Newquay Road Runners	187	192			191			183	193						946	5	Female Under 35
794648	Katie Walker	Cornwall AC	199	200			200				200						799	4	Female Under 35
791344	Roisin Mooney	Cornwall AC	194	197				197		198							786	4	Female Under 35
818765	Jasmine Rapson	Newquay & Par AC		199				195		191		199					784	4	Female Under 35
794003	Katie Knowles	Truro Running Club	198					200					200				598	3	Female Under 35
735698	Jo Temple	Truro Running Club			199	197					199						595	3	Female Under 35
764689	Adrienne Hodge	Newquay Road Runners		195						194	197						586	3	Female Under 35
463105	Melissa Nicholas	Hayle Runners	192		196	194											582	3	Female Under 35
903585	Augusta Trussell	Truro Running Club	182	187			188										557	3	Female Under 35
884656	Cassie Higgins	Perran Trail Runners	177	182		184											543	3	Female Under 35
569236	Tamara Beach	Cornwall AC								200			199				399	2	Female Under 35
610688	Steph Hutton	Cornwall AC								199		200					399	2	Female Under 35
860281	Sarah Reel	Falmouth Running Club	195			199											394	2	Female Under 35
537987	Ayesha Gillespie	Tamar Trotters			197						195						392	2	Female Under 35
800950	Joanna Furtado	Falmouth Running Club				195	196										391	2	Female Under 35
748040	Charlotte Tansley	Cornwall AC	197							193							390	2	Female Under 35
447321	Stacie Tregonning	St Austell Athletes Running Club			198	191											389	2	Female Under 35
937213	Amber Simler	Truro Running Club							196				191				387	2	Female Under 35
748487	Alice Vage	Cornwall AC					194			192							386	2	Female Under 35
643015	Lia Foreman	Hayle Runners					193	191									384	2	Female Under 35
882997	Amy Harrington	Truro Running Club					192	190									382	2	Female Under 35
911507	Helen Barrett	Falmouth Running Club	190			192											382	2	Female Under 35
901733	Amy Glynn	Cornwall AC	189							190							379	2	Female Under 35
666752	Ellen Jones	Cornwall AC	191							185							376	2	Female Under 35
893484	Georgia Gowing	St Austell Running Club	186			186											372	2	Female Under 35
749248	Rebecca Ezra-Ham	Tamar Trotters	200														200	1	Female Under 35
870953	Harriet Housam	Tamar Trotters							199								199	1	Female Under 35
931009	Zoe Levin	Newquay & Par AC						199									199	1	Female Under 35
557272	Louise Mitchell	Truro Running Club					199										199	1	Female Under 35
420151	Bethan Gay	Cornwall AC		198													198	1	Female Under 35
791347	Aoife Mooney	Cornwall AC								197							197	1	Female Under 35
494115	Naomi Flower	Newquay Road Runners										196					196	1	Female Under 35
793900	Olivia Carthew	Newquay & Par AC								196							196	1	Female Under 35
732795	Anna Pearce	Cornwall AC				196											196	1	Female Under 35
911420	Creina O'Shea	Cornwall AC		196													196	1	Female Under 35
926488	Halle Ashworth	Launceston Road Runners											194				194	1	Female Under 35
869368	Jessica Brown	Newquay & Par AC						194									194	1	Female Under 35
443494	Lucy Longbottom	Truro Running Club		194													194	1	Female Under 35
938332	Beth Elkin	Hayle Runners						193									193	1	Female Under 35
857442	Amber Gibb	Cornwall AC				193											193	1	Female Under 35
875509	Abby Munday	Launceston Road Runners											192				192	1	Female Under 35
748731	Leigh Spencer	Newquay Road Runners		191													191	1	Female Under 35
955422	Mallory Marriner	St Austell Running Club											189				189	1	Female Under 35
950484	Grace Roberts	Newquay & Par AC								189							189	1	Female Under 35
900936	Grace Claridge	Cornwall AC				189											189	1	Female Under 35
948088	Isla Mullin	Newquay & Par AC								188							188	1	Female Under 35
891793	Harriet Carr	Falmouth Running Club				188											188	1	Female Under 35
748239	Lauren Symons	St Austell Athletes Running Club		188													188	1	Female Under 35
356595	Ruth Glover	Tri Logic Cornwall	188														188	1	Female Under 35
794462	Ashley Elliott	East Cornwall Harriers								187							187	1	Female Under 35
833683	Kate Frame	Hayle Runners				187											187	1	Female Under 35
950515	Erin Ellis	Newquay & Par AC								186							186	1	Female Under 35
907452	Megan Clarke	Truro Running Club						185									185	1	Female Under 35
891677	Kelly Edwards	Truro Running Club		185													185	1	Female Under 35
718827	Emily Canty	St Austell Athletes Running Club		184													184	1	Female Under 35
888085	Eleanor Dennis	Carn Runners	184														184	1	Female Under 35
907940	Kirsten MacPhee	Launceston Road Runners				183											183	1	Female Under 35
953674	Emily Hoey	Tri Logic Cornwall								182							182	1	Female Under 35
916140	Wenna Shimmield	Falmouth Running Club		181													181	1	Female Under 35
871598	Rachel Thomas	Carn Runners								180							180	1	Female Under 35
953936	Nikita Sutton	Newquay Road Runners								179							179	1	Female Under 35
799053	Kalei Andrews	Carn Runners		179													179	1	Female Under 35
830073	Courtney Bell	Bodmin Running Club	179														179	1	Female Under 35
912006	Maddie Southall	Looe Pioneers Running Club		178													178	1	Female Under 35
912164	Grace Deane	Hayle Runners	176														176	1	Female Under 35
747592	Nicola Masters	Hayle Runners	175														175	1	Female Under 35
665740	Donna Dark	Hayle Runners	174														174	1	Female Under 35
761681	Emma Paull	Hayle Runners	200	200		200	200	200	200			200	200				1600	9	Female 35-39
756886	Fiona Gamble	Hayle Runners	187	191	195		199	199	195	197			198				1561	8	Female 35-39
425707	Amy Gregory	Newquay Road Runners	191	194				193	198	191	193	194	196				1550	8	Female 35-39
820604	Natalie Dunn	Truro Running Club	194			196	198	192		196		198	195				1369	7	Female 35-39
836129	Thelma Namonje Kapembwa	Falmouth Running Club	189	193		194	195	195		190	192	196					1349	7	Female 35-39
784808	Gwen Maggs	St Austell Running Club	184	183		191	195		196	186		190					1325	7	Female 35-39

GP 2024 after Race 11 Treggy 7 - Female Age Category Table

Race points can't be questioned / changed more than 2 races in the past. Please check your results carefully.
If you find a mistake please contact Jenny Bowden (jenny690@btinternet.com) as soon as possible.

Best 8 events to count. Age category depends on age on 01/01/2024. Only affiliated Cornish clubs included.
Make name / club changes on your SIEntries account and it will be uploaded on your next event.

SIEntries ID	Name	Club	Storm Force	Newquay 10k	Looe 10	Falmouth	An Res	Trevornick	Mag 7	Turkey Trot	IQ Half	Sticker 5	Treggy 7	Turo Half	Marazion 10k	Cornish	Score	Completed	Age Category
865341	Jenna Bissell	Truro Running Club	190	196	199		197	198		197							1177	6	Female 35-39
591350	Rosie Trevains	Bys Vyken Race Team	181	180				190		187	189		192				1119	6	Female 35-39
951162	Gemma Wotherspoon	Bodmin Womens Running Club	182	179	192			187			187	189					1116	6	Female 35-39
785080	Sally Turner	Cornwall AC	197	199		199		196		199							990	5	Female 35-39
353859	Claire Johnson	St Austell Running Club			193	193					188	192					766	4	Female 35-39
754375	Jennifer Dunstan	Cornwall AC								198		199	199				596	3	Female 35-39
684939	Rachel Vague	Tri Logic Cornwall	199	198							198						595	3	Female 35-39
240026	Kaye Patterson	East Cornwall Harriers			196			197			196						589	3	Female 35-39
908240	Tess Wakeham	Newquay Road Runners		195	197	195											587	3	Female 35-39
747910	Liane Holt	Newquay Road Runners		182						188		191					561	3	Female 35-39
795598	Greta Viertel	St Austell Athletes Running Club	183	181						185							549	3	Female 35-39
823678	Jessica Gallienne	Newquay Road Runners		178				186		182							546	3	Female 35-39
561059	Megan Rowe	St Austell Running Club			198	198											396	2	Female 35-39
744571	Katie Robinson	Falmouth Running Club	196			197											393	2	Female 35-39
792186	Fay Cameron	Newquay Road Runners								194			197				391	2	Female 35-39
371301	Laura Rogers	Cornwall AC								193		197					390	2	Female 35-39
786321	Katie Fowler	Launceston Road Runners								192			194				386	2	Female 35-39
807647	Lisa Taper	Newquay Road Runners		192								193					385	2	Female 35-39
709140	Catriona Ward Sell	Launceston Road Runners								189		195					384	2	Female 35-39
748124	Angeline Hadfield	Truro Running Club	188	188													376	2	Female 35-39
744941	Jamie Gore	Hayle Runners	185								190						375	2	Female 35-39
292734	Jennifer Forbes	Hayle Runners	186	187													373	2	Female 35-39
928151	Beth Green	Newquay Road Runners						188		184							372	2	Female 35-39
159836	Carly Kendall	St Austell Athletes Running Club									200						200	1	Female 35-39
620794	Melodie Manners	Hayle Runners			200												200	1	Female 35-39
957312	Sarah Hunter	Newquay Road Runners									199						199	1	Female 35-39
522445	Lucy Williams	Truro Running Club						199									199	1	Female 35-39
689343	Hannah Matthews	East Cornwall Harriers	198														198	1	Female 35-39
938333	Susan Horne	Tamar Trotters							197								197	1	Female 35-39
754414	Grace Barratt	Newquay Road Runners		197													197	1	Female 35-39
774009	Holly Byatt	Perran Trail Runners					196										196	1	Female 35-39
467736	Ariane Odessy Novales	Newquay Road Runners									195						195	1	Female 35-39
745244	Jenny Cartwright	Looe Pioneers Running Club	195														195	1	Female 35-39
797868	Su Woodman	St Austell Athletes Running Club									194						194	1	Female 35-39
783850	Elizabeth Whinnett	Bodmin Running Club						194									194	1	Female 35-39
575007	Victoria Humphreys	East Cornwall Harriers			194												194	1	Female 35-39
471236	Nina Bond	Looe Pioneers Running Club											193				193	1	Female 35-39
827822	Naomi Astill	Hayle Runners	193														193	1	Female 35-39
785995	Hayley Christopher	St Austell Athletes Running Club				192											192	1	Female 35-39
858419	Emily Cameron	Newquay Road Runners	192														192	1	Female 35-39
956145	Kayley Tucker	Launceston Road Runners											191				191	1	Female 35-39
942270	Stephanie Netherton	St Austell Athletes Running Club									191						191	1	Female 35-39
868543	Jenna Ferris	Perran Trail Runners						191									191	1	Female 35-39
799485	Lisa Francey	Cornwall AC		190													190	1	Female 35-39
587683	Isabel Irwin-Bowler	St Austell Running Club						189									189	1	Female 35-39
416840	Anna Carter	Newquay Road Runners		189													189	1	Female 35-39
818535	Sara Robins	Newquay Road Runners		186													186	1	Female 35-39
859775	Jennifer Kempthorne	Bodmin Womens Running Club		185													185	1	Female 35-39
910493	Laura Blight	Falmouth Running Club		184													184	1	Female 35-39
383208	Amy Abraham	Hayle Runners								183							183	1	Female 35-39
549589	Kimberley Wadham-Smith	Carn Runners								181							181	1	Female 35-39
745310	Amy Shackelford	Bys Vyken Race Team	180														180	1	Female 35-39
750132	Paula Clarkson	Falmouth Running Club		177													177	1	Female 35-39
423501	Katie Bullock	Newquay Road Runners		176													176	1	Female 35-39
468574	Zoe Renowden	Hayle Runners	193		200		199	196	197	195		200	198				1578	8	Female 40-44
385026	Demelza Widdershoven	Carn Runners	184	182	196	196	196	192	196	193	195	197	196				1565	11	Female 40-44
859634	Nicole Di Maio	Cornwall AC	177	176	194	190	193	186	193	185	191	193	191				1531	11	Female 40-44
501802	Karina Bowers	St Austell Running Club			198	199	198	198	198			199	199				1389	7	Female 40-44
800391	Lucy Paull	Hayle Runners	195	197		200	200	200		197	200						1389	7	Female 40-44
818356	Rachel Yelland	East Cornwall Harriers	185	184	195			188		190		196	193				1331	7	Female 40-44
610044	Eve Hearle	Newquay Road Runners	197	200				199	199	198			200				1193	6	Female 40-44
747894	Claire Stone	Hayle Runners	183					189	194	191		195	192				1144	6	Female 40-44
748385	Kay Middleditch	Truro Running Club		186		195		193		192	193						959	5	Female 40-44
741002	Sarah Luff	JP Fitness Cornwall	180	178	193		195	185									931	5	Female 40-44
746124	Kirsty Medlock	Hayle Runners	196	198							199						593	3	Female 40-44
509954	Annie Bover	Bude Rats (Run and Tri)	190			197	197										584	3	Female 40-44
553368	Joanna Marcinekova	Cornwall AC	189	189				195									573	3	Female 40-44
747651	Isobel Hamilton	East Cornwall Harriers	188	187				190									565	3	Female 40-44
830865	Kerry Hoskin	Truro Running Club	182	181		192											555	3	Female 40-44
899551	Emma Lewis	East Cornwall Harriers		175						184		189					548	3	Female 40-44
723331	Anna Harrold	Truro Running Club	200							200							400	2	Female 40-44
956019	Clare Dale	St Austell Running Club										198	197				395	2	Female 40-44
931976	Naomi Grint	Looe Pioneers Running Club						191					194				385	2	Female 40-44
726436	Louisa Chisholm	Looe Pioneers Running Club		190									195				385	2	Female 40-44
578509	Helen Stevenson	Bodmin Running Club		191				194									385	2	Female 40-44
730223	Sarah Ryan	Newquay Road Runners	191	193													384	2	Female 40-44
571948	Kate Callaghan	Truro Running Club								189		194					383	2	Female 40-44
492040	Rachel Stephens	Tri Logic Cornwall				194				186							380	2	Female 40-44
759322	Donna Fisher	Newquay Road Runners								187	192						379	2	Female 40-44
910850	Sara Treeby	Looe Pioneers Running Club			192								187				379	2	Female 40-44
751164	Kelly Lewis	Truro Running Club								188	190						378	2	Female 40-44

GP 2024 after Race 11 Treggy 7 - Female Age Category Table

Race points can't be questioned / changed more than 2 races in the past. Please check your results carefully.
If you find a mistake please contact Jenny Bowden (jenny690@btinternet.com) as soon as possible.

Best 8 events to count. Age category depends on age on 01/01/2024. Only affiliated Cornish clubs included.
Make name / club changes on your S!Entries account and it will be updated on your next event.

S!Entries ID	Name	Club	Storm Force	Newquay 10k	Looe 10	Falmouth	An Res	Trevornick	Mag 7	Turkey Trot	IQ Half	Sticker 5	Treggy 7	Turo Half	Marazion 10k	Cornish	Score	Completed	Age Category
652288	Jennifer Burden	St Austell Running Club						184				192					376	2	Female 40-44
726522	Natalie Jewell	Falmouth Running Club		180		193											373	2	Female 40-44
453507	Anna Seymour	St Austell Athletes Running Club		177					192								369	2	Female 40-44
907075	Becky Miles	Newquay Road Runners	186	183													369	2	Female 40-44
514834	Sarah Johns	Hayle Runners	176	174													350	2	Female 40-44
795437	Alexia Zilli	Tamar Trotters							200								200	1	Female 40-44
423487	Pip Riches	Newquay & Par AC								199							199	1	Female 40-44
353916	Hayley Stacey	East Cornwall Harriers			199												199	1	Female 40-44
745497	Stella Gardener	Newquay Road Runners		199													199	1	Female 40-44
417187	Ruby Orchard	Cornwall AC	199														199	1	Female 40-44
704272	Nat Dowling	St Austell Running Club									198						198	1	Female 40-44
874266	Noora Stanforth	Falmouth Running Club				198											198	1	Female 40-44
233295	Sarah Hoskin	Mile High	198														198	1	Female 40-44
944780	Tammy Dalton	Falmouth Running Club									197						197	1	Female 40-44
933936	Sammy Stringer	Newquay Road Runners						197									197	1	Female 40-44
823751	Claire Manton	Looe Pioneers Running Club			197												197	1	Female 40-44
728928	Jade Biggs	Cornwall AC									196						196	1	Female 40-44
661596	Lauren Bailey	Truro Running Club								196							196	1	Female 40-44
750577	Kelly Keough	Newquay Road Runners		196													196	1	Female 40-44
941052	Arlene Powell	Tamar Trotters							195								195	1	Female 40-44
637011	Laura Pool	Truro Running Club		195													195	1	Female 40-44
930593	Sarah Strippel	Newquay Road Runners									194						194	1	Female 40-44
159697	Janna Eyre	Carn Runners								194							194	1	Female 40-44
745090	Marlene Grobler	Carn Runners					194										194	1	Female 40-44
810245	Kate Murphy	St Austell Athletes Running Club		194													194	1	Female 40-44
420137	Emma Clark	Looe Pioneers Running Club	194														194	1	Female 40-44
577016	Emma Williams	JP Fitness Cornwall					192										192	1	Female 40-44
915866	Helen Matthews	St Austell Athletes Running Club		192													192	1	Female 40-44
814721	Tamsin Lay	East Cornwall Harriers	192														192	1	Female 40-44
809442	Emma-Jane Howman	Hayle Runners				191											191	1	Female 40-44
944221	Karla Aram	East Cornwall Harriers											190				190	1	Female 40-44
933416	Anne Cobell	Hayle Runners											188				188	1	Female 40-44
408220	Christiana Richardson	Truro Running Club		188													188	1	Female 40-44
454541	Joanna Skyba	St Austell Running Club						187									187	1	Female 40-44
809333	Maria De Ruvo	Hayle Runners	187														187	1	Female 40-44
430367	R Friel	Newquay Road Runners		185													185	1	Female 40-44
952376	Charmaine White	Carn Runners								183							183	1	Female 40-44
501151	Harriet Oates	Carn Runners	181														181	1	Female 40-44
814583	Stephanie Rennie	JP Fitness Cornwall		179													179	1	Female 40-44
754984	Rebecca O'Doherty	St Austell Athletes Running Club	179														179	1	Female 40-44
415961	Yelda Muge Parsons	Hayle Runners	178														178	1	Female 40-44
240101	Debbie Marshall	St Austell Running Club	192	189	195	197	196	191	195	190	194	192	194				1555	11	Female 45-49
431617	Samantha Ewart	St Austell Running Club	183	180	187	193	191	182		184		187	192				1499	9	Female 45-49
782496	Carrie Patrick	Carn Runners	180	177		192		184	194	179		182	187				1475	8	Female 45-49
772276	Victoria Walton	Newquay Road Runners			190		188	186		182	190	186	189				1311	7	Female 45-49
159667	Caroline Vinnicombe	Cornwall AC	179	176	189	191	189	187				183					1294	7	Female 45-49
441674	Rosie Gibbons	Cornwall AC	200	200		200				200	200	200					1200	6	Female 45-49
729035	Emma Fox	Newquay Road Runners		198				198	200	198		197	200				1191	6	Female 45-49
782710	Nicola Edwards	Newquay Road Runners	193	193			197			193	196		197				1169	6	Female 45-49
342972	Tracy Mckenzie	Newquay Road Runners	189	188			195	190				191	193				1146	6	Female 45-49
571104	Natasha Gutridge	Newquay Road Runners	184	183	191	195				189			190				1132	6	Female 45-49
555073	Claire Barlow	Bodmin Running Club	186	187	193	194				181		184					1125	6	Female 45-49
584880	Emma Johns	Hayle Runners	178	173				185		180	191	181					1088	6	Female 45-49
524126	Kelly Bills	Hayle Runners			198			197		197		194	199				985	5	Female 45-49
748670	Olivia Pellowe	Carn Runners		196				195	199	195		195					980	5	Female 45-49
751066	Joanne Strawbridge	East Cornwall Harriers	188	190	196			194					196				964	5	Female 45-49
781344	Angela Tyson	Newquay Road Runners		175				183		183	189	185					915	5	Female 45-49
716839	Hannah Fox	Mile High				199	199			199		199					796	4	Female 45-49
278473	Helen Knowles	Hayle Runners	195				198			194	198						785	4	Female 45-49
531617	Paula Vieira	St Austell Running Club		184			192			186			191				753	4	Female 45-49
728766	Alison Roose	Newquay Road Runners	198	197								198					593	3	Female 45-49
747948	Charlie Gray	Newquay Road Runners		194				196	198								588	3	Female 45-49
686166	Lucy Oldham	East Cornwall Harriers	191		197				197								585	3	Female 45-49
555364	Kate Stevens	St Austell Running Club						192	196			190					578	3	Female 45-49
435525	Julie Rundle	Bodmin Running Club	190	192	194												576	3	Female 45-49
665436	Susan Thomas	Hayle Runners	185							185		188					558	3	Female 45-49
185901	Kathryn Marsh	Carn Runners		181			190			177							548	3	Female 45-49
748043	Sarah Ellis	Hayle Runners	177	174				181									532	3	Female 45-49
271994	Susanne Wood	Cornwall AC				198	200										398	2	Female 45-49
166973	Meeta Nicholls	East Cornwall Harriers	197		199												396	2	Female 45-49
214806	Lisa Uren	Hayle Runners									195	193					388	2	Female 45-49
726521	Nicola Crilly	Falmouth Running Club		186		196											382	2	Female 45-49
197268	Georgina Symons	St Austell Athletes Running Club	187	191													378	2	Female 45-49
936393	Wendy Stuart	St Austell Running Club										189	188				377	2	Female 45-49
452156	Joanne Barry	JP Fitness Cornwall	182				193										375	2	Female 45-49
747792	Victoria Hall	Bodmin Running Club		179	188												367	2	Female 45-49
541030	Ruth Barnes	Falmouth Running Club						200									200	1	Female 45-49
420877	Mandy Gibson	Looe Pioneers Running Club			200												200	1	Female 45-49
512377	Alison Catnach	Looe Pioneers Running Club									199						199	1	Female 45-49
360385	Gail Hartill	Bodmin Running Club						199									199	1	Female 45-49
754927	Michelle Hague	Newquay Road Runners		199													199	1	Female 45-49

GP 2024 after Race 11 Treggy 7 - Female Age Category Table

Race points can't be questioned / changed more than 2 races in the past. Please check your results carefully. If you find a mistake please contact Jenny Bowden (jenny690@btinternet.com) as soon as possible.

Best 8 events to count. Age category depends on age on 01/01/2024. Only affiliated Cornish clubs included. Make name / club changes on your SIEntries account and it will be updated on your next event.

SIEntries ID	Name	Club	Storm Force	Newquay 10k	Looe 10	Falmouth	An Res	Trevornick	Mag 7	Turkey Trot	IQ Half	Sticker 5	Treggy 7	Turo Half	Marazion 10k	Cornish	Score	Completed	Age Category
578573	Katy Jenkins	Truro Running Club	199														199	1	Female 45-49
671484	Sallie Brennan	Tamar Trotters											198				198	1	Female 45-49
264194	Alison Caldwell	Tamar Trotters									197						197	1	Female 45-49
746506	Mary Rossetti	Truro Running Club										196					196	1	Female 45-49
746257	Julia Pearce	Cornwall AC								196							196	1	Female 45-49
183165	Claire Longman	Truro Running Club	196														196	1	Female 45-49
362561	Nicola Emmett	Bude Rats (Run and Tri)											195				195	1	Female 45-49
909058	Julie Gillbard	Tamar Trotters		195													195	1	Female 45-49
206040	Charlotte Trethewey	St Austell Running Club					194										194	1	Female 45-49
584634	Lisa Cassidy	Bodmin Womens Running Club	194														194	1	Female 45-49
936928	Jane Wicks	East Cornwall Harriers								193							193	1	Female 45-49
159773	Helen Dodwell	Truro Running Club						193									193	1	Female 45-49
553271	Sally Martin	Falmouth Running Club									192						192	1	Female 45-49
865906	Linda Carter	Carn Runners								192							192	1	Female 45-49
838215	Bianca Phillips-Libby	Looe Pioneers Running Club			192												192	1	Female 45-49
942560	Ali Potter	Newquay Road Runners								191							191	1	Female 45-49
190133	Joanna Rich	St Austell Running Club						189									189	1	Female 45-49
725804	Samantha Dixon	Hayle Runners									188						188	1	Female 45-49
867593	Fleur Johnson	Newquay Road Runners								188							188	1	Female 45-49
936868	Anna Cullen	Tri Logic Cornwall						188									188	1	Female 45-49
799791	Amanda Lawry	Carn Runners								187							187	1	Female 45-49
414017	Miranda Honey	Bodmin Running Club		185													185	1	Female 45-49
424610	Marie Green	Falmouth Running Club		182													182	1	Female 45-49
745153	Sonia McLean	St Austell Running Club	181														181	1	Female 45-49
892361	Joanne Cauchi	Carn Runners								178							178	1	Female 45-49
895233	Zoe Webb	Carn Runners		178													178	1	Female 45-49
408199	Kathryn Thomas	Cornwall AC		172													172	1	Female 45-49
394924	Emma Stepto	Cornwall AC	199	200	200		199	200	200			200	200				1598	8	Female 50-54
747856	Amanda Hewitt	Cornwall AC	197	197		200		199	199	200	198	199	198				1590	9	Female 50-54
424921	Gail Aspden	Cornwall AC		195	199	199	198	198	198		200	197	199				1588	9	Female 50-54
746924	Mandy Watts	Newquay Road Runners	191	194	195	197	195	197	197		196	198	197				1572	10	Female 50-54
583630	Sarah Allen	Hayle Runners	184	185		194	191			196	194	195	193				1532	8	Female 50-54
422172	Cat Wallman	Truro Running Club	177	178	193	193	187	192	196		192		192				1523	9	Female 50-54
434324	Jacqui Martin	St Austell Running Club	178	174	191	191	184		194			192	190				1494	8	Female 50-54
748767	Debbie Harrison-Webb	Hayle Runners	196	196	197	198	197				197						1181	6	Female 50-54
742959	Tanya Coleman	Truro Running Club	190		196	196	193	196		199							1170	6	Female 50-54
746290	Emma James	Launceston Road Runners	183	181	188			191	195	194							1132	6	Female 50-54
577907	Ruth Simmons	St Austell Running Club	174	162				181	193	191		189					1090	6	Female 50-54
718376	Claire Payne	Carn Runners	175		187		181	182		192							917	5	Female 50-54
324988	Lorna Hogg	St Austell Running Club		165	186		180	185		193							909	5	Female 50-54
393536	Corinne Gerrard	Hayle Runners	194		198			194					196				782	4	Female 50-54
716934	Beth Popperwell	Mile High	193				196	195		198							782	4	Female 50-54
160186	Helen Thomas	Truro Running Club	188	191			189				195						763	4	Female 50-54
726279	Dawn Scallan	Carn Runners		180			185			195	193						753	4	Female 50-54
878218	Loraine Hoar	St Austell Running Club	180	170	192	192											734	4	Female 50-54
396166	Zelah Morrall	Cornwall AC	200	199			200										599	3	Female 50-54
631373	Sharon Rowat	Hayle Runners	187	192			192										571	3	Female 50-54
872847	Julia Evans	East Cornwall Harriers			189			189					191				569	3	Female 50-54
750985	Jennifer Buckland	Hayle Runners	186	187			190										563	3	Female 50-54
502174	Melanie Nile	St Austell Running Club		172				190				193					555	3	Female 50-54
746811	Anita Hudson	St Austell Running Club	182	179									194				555	3	Female 50-54
376613	Sandra Lidiard	Bodmin Womens Running Club		167				184		190							541	3	Female 50-54
224653	Emma Mossop	Cornwall AC	198	198													396	2	Female 50-54
720292	Lisa Wilson	Truro Running Club		189						197							386	2	Female 50-54
690298	Vicky Oakes	St Austell Running Club					188					194					382	2	Female 50-54
204826	Catheryn Camborieux	Truro Running Club	189	193													382	2	Female 50-54
949649	Alison Day	St Austell Running Club									191	189					380	2	Female 50-54
909503	Dellen Carroll	Newquay Road Runners						187		191							378	2	Female 50-54
581664	Catherine Sims	Tamar Trotters		183	194												377	2	Female 50-54
416165	Sarah Steed	East Cornwall Harriers	179		190												369	2	Female 50-54
910996	Samantha Rendell	Falmouth Running Club		175			186										361	2	Female 50-54
75457	Donna Pollard	Carn Runners		173			182										355	2	Female 50-54
773564	Nicola Dickey	Falmouth Running Club		168			183										351	2	Female 50-54
669906	Paula Brooks	Tamar Trotters		163	185												348	2	Female 50-54
858099	Chloe Constantine	Bude Rats (Run and Tri)									199						199	1	Female 50-54
793774	Hayley Marriott	East Cornwall Harriers										196					196	1	Female 50-54
771371	Ann Barribal	Launceston Road Runners											195				195	1	Female 50-54
908430	Kathryn Lindsay	Falmouth Running Club				195											195	1	Female 50-54
576118	Katie Spencer	Truro Running Club	195														195	1	Female 50-54
407003	Monique Jeffrey-Jones	Bodmin Running Club					194										194	1	Female 50-54
931753	Catherine Horton	Falmouth Running Club						193									193	1	Female 50-54
746920	Natasha Stevens	Bodmin Womens Running Club	192														192	1	Female 50-54
953940	Sarah Pipa-Harding	Cornwall AC										190					190	1	Female 50-54
745643	Claire Mildenhall	Newquay Road Runners		190													190	1	Female 50-54
532217	Joanne Bailey	Launceston Road Runners											188				188	1	Female 50-54
662057	Lisa Vercoe	St Austell Running Club										188					188	1	Female 50-54
749121	Clare Dent	St Austell Running Club						188									188	1	Female 50-54
487188	Paula Bate	St Austell Athletes Running Club		188													188	1	Female 50-54
336814	Rachael Church	Perran Trail Runners						186									186	1	Female 50-54
748465	Karen Masters	Newquay Road Runners		186													186	1	Female 50-54
498189	Alison Weir	Falmouth Running Club	185														185	1	Female 50-54

GP 2024 after Race 11 Treggy 7 - Female Age Category Table

Race points can't be questioned / changed more than 2 races in the past. Please check your results carefully.
If you find a mistake please contact Jenny Bowden (jenny690@btinternet.com) as soon as possible.

Best 8 events to count. Age category depends on age on 01/01/2024. Only affiliated Cornish clubs included.
Make name / club changes on your SIEntries account and it will be uploaded on your next event.

SIEntries ID	Name	Club	Storm Force	Newquay 10k	Looe 10	Falmouth	An Res	Trevornick	Mag 7	Turkey Trot	IQ Half	Sticker 5	Treggy 7	Turo Half	Marazion 10k	Cornish	Score	Completed	Age Category
624823	Clare Fuller	Bodmin Dragons Triathlon Club		184													184	1	Female 50-54
829492	Sarah Griffiths	Newquay Road Runners						183									183	1	Female 50-54
915710	Suzannah Kelly	Newquay Road Runners		182													182	1	Female 50-54
435768	Kath Wisner	St Austell Running Club	181														181	1	Female 50-54
748081	Diane Foster	Looe Pioneers Running Club		177													177	1	Female 50-54
195667	Nicola Hall	Bodmin Womens Running Club		176													176	1	Female 50-54
595738	Nicola Rudgley	East Cornwall Harriers	176														176	1	Female 50-54
888810	Sam Robinson	Hayle Runners	173														173	1	Female 50-54
576979	Kelly Stevens	Falmouth Running Club		171													171	1	Female 50-54
858364	Kathryn Berry	Falmouth Running Club		169													169	1	Female 50-54
868464	Rowena Rutledge	Falmouth Running Club		166													166	1	Female 50-54
866000	Clare Duncan	Falmouth Running Club		164													164	1	Female 50-54
268255	Rachael Staff	St Austell Running Club		161													161	1	Female 50-54
910032	Jude Hollyman	Tamar Trotters		160													160	1	Female 50-54
724660	Gillian Onley	Cornwall AC	191				192	189	199	191	195	194	198				1549	8	Female 55-59
652263	Theresa Clark	Hayle Runners	188	187	194		191	188	195	192		196	199				1543	9	Female 55-59
504813	Julie Bolitho	Falmouth Running Club	187	185	196	195	190	186	194		192	191	191				1536	10	Female 55-59
276349	Louise Ollivier	Hayle Runners	199	197		196	198	191		196	197						1374	7	Female 55-59
660236	Helen Cattran	Hayle Runners	189		195		189		196	189	196		196				1350	7	Female 55-59
557271	Helen Mitchell	Truro Running Club		200	199		200	200		200	200						1199	6	Female 55-59
748830	Claire Winfield	Launceston Road Runners					196	200	199	199	199	200					1193	6	Female 55-59
273360	Sarah Myford	Bodmin Running Club	200	198			199	197		197		200					1191	6	Female 55-59
579695	Nicky Brenton	Bodmin Running Club	196	195	198	198	196				198						1181	6	Female 55-59
368022	Liz Trebilcock	Truro Running Club			200	200		195		198							793	4	Female 55-59
210570	Lisa Talling	Newquay Road Runners	192	194				193		195							774	4	Female 55-59
748020	Karen Warner	Newquay Road Runners	195	192				183			191						761	4	Female 55-59
747599	Lucy Hewitt	Newquay Road Runners	198	196		199											593	3	Female 55-59
464872	Jean Cutlan	St Austell Athletes Running Club	193					192				198					583	3	Female 55-59
764821	Karen Parker	Falmouth Running Club		191			194					195					580	3	Female 55-59
929887	Sara Chapman	Newquay Road Runners					187		190	194							571	3	Female 55-59
827410	Christine Boon	Truro Running Club		188			193	184									565	3	Female 55-59
531490	Jennifer Lawson	Newquay Road Runners		186						186			192				564	3	Female 55-59
319509	Karen Mcclay	Cornwall AC		199				194									393	2	Female 55-59
797225	Lorraine Hawkins	Launceston Road Runners						197					194				391	2	Female 55-59
747899	Karen Sims	East Cornwall Harriers			197					193							390	2	Female 55-59
454043	Juliet Stewart	Truro Running Club	194				195										389	2	Female 55-59
725954	Sally Fletcher	St Austell Running Club					190					197					387	2	Female 55-59
903816	Julie Frost	Hayle Runners	186								193						379	2	Female 55-59
864147	Jenny Bowden	Newquay Road Runners	185							187							372	2	Female 55-59
929560	Sharon Coyne	Newquay Road Runners					199										199	1	Female 55-59
786203	Elaine Hill	Launceston Road Runners						198									198	1	Female 55-59
188018	Karen Pascoe	Cornwall AC						198									198	1	Female 55-59
955819	Julie Moffat	Looe Pioneers Running Club											197				197	1	Female 55-59
748265	Mel Burgess	Hayle Runners					197										197	1	Female 55-59
728417	Gail Cory	East Cornwall Harriers			197												197	1	Female 55-59
437107	Linda Cuff	Looe Pioneers Running Club	197														197	1	Female 55-59
245179	Debra Gibbs	St Austell Running Club											195				195	1	Female 55-59
730156	Judith Mooney	Cornwall AC							194								194	1	Female 55-59
955126	Rachel Holt	Looe Pioneers Running Club											193				193	1	Female 55-59
778999	Julie Flower	Newquay Road Runners										193					193	1	Female 55-59
827341	Jane Garside	Newquay Road Runners		193													193	1	Female 55-59
662696	Lorraine Wherry	St Austell Running Club										192					192	1	Female 55-59
211017	Cathy Willows	East Cornwall Harriers		190													190	1	Female 55-59
778781	Anna Devlin	Bude Rats (Run and Tri)	190														190	1	Female 55-59
206713	Denise Facey	Falmouth Running Club		189													189	1	Female 55-59
748952	Michaela Thomas-Horton	St Austell Running Club								188							188	1	Female 55-59
209474	Sarah Choak	Carn Runners								185							185	1	Female 55-59
637512	Fiona Stallard	Truro Running Club						185									185	1	Female 55-59
206323	Rachel Flanagan	Falmouth Running Club		184													184	1	Female 55-59
841165	Caroline Davies	Bodmin Womens Running Club		183													183	1	Female 55-59
516080	Julie Gregory	Looe Pioneers Running Club		182													182	1	Female 55-59
907126	Deborah Cotterell	Truro Running Club		181													181	1	Female 55-59
293511	Julie Towers	Hayle Runners	200			200	200	200	199	200		200	200				1599	8	Female 60-64
451019	Sarah Wilkinson	Newquay Road Runners	195	200	198	198	199	199	198	198	199	198	199				1590	11	Female 60-64
315324	Janet Ritchie	Carn Runners	197	199		194	197	197	197	196		197					1574	8	Female 60-64
580949	Jackie Stone	Hayle Runners	193	191			194	191	192	192		194	193				1540	8	Female 60-64
567775	Lisa Player	Newquay Road Runners	199		199	195		195		199	200	199					1386	7	Female 60-64
158743	Jane Stedman	Bodmin Running Club	196	192	195	197			195			195	198				1368	7	Female 60-64
759165	Margaret Clark	Hayle Runners		196	194		196	194				198	196				1174	6	Female 60-64
359238	Lesley Taphouse	Bodmin Running Club	192		191					191	197		192				963	5	Female 60-64
470943	Ruth Holding	Mile High	198		197		198			197							790	4	Female 60-64
315414	Linda Pickard	Launceston Road Runners		193			195	193	196								777	4	Female 60-64
742330	Jackie Chapman	Launceston Road Runners		195					194	195			191				775	4	Female 60-64
683153	Paula Richardson	East Cornwall Harriers		185				189		188		191					753	4	Female 60-64
889743	Sandra Holmes	Newquay Road Runners				196		198				197					591	3	Female 60-64
818362	Jeanette Duncan	Newquay Road Runners		198				196				196					590	3	Female 60-64
745490	Dawn Diprose	East Cornwall Harriers		197	196	192											585	3	Female 60-64
555265	Jacquie Rapiere	Falmouth Running Club							193	193			194				580	3	Female 60-64
401728	Jane Caff	Newquay Road Runners		186	189	190											565	3	Female 60-64
748272	Alison Temple	Bodmin Running Club			200	199											399	2	Female 60-64

GP 2024 after Race 11 Treggy 7 - Female Age Category Table

Race points can't be questioned / changed more than 2 races in the past. Please check your results carefully.
If you find a mistake please contact Jenny Bowden (jenny690@btinternet.com) as soon as possible.

Best 8 events to count. Age category depends on age on 01/01/2024. Only affiliated Cornish clubs included.
Make name / club changes on your SiEntries account and it will be uploaded on your next event.

SiEntries ID	Name	Club	Storm Force	Newquay 10k	Looe 10	Falmouth	An Res	Trevornick	Mag 7	Turkey Trot	IQ Half	Sticker 5	Treggy 7	Turo Half	Marazion 10k	Cornish	Score	Completed	Age Category
561754	Sally Johnston	Tamar Trotters			193								195				388	2	Female 60-64
397733	Tandy Andrews	Falmouth Running Club	194	194													388	2	Female 60-64
886708	Tamsin Harris	Bodmin Running Club			190	191											381	2	Female 60-64
864969	Deborah Sturges	Hayle Runners	189	187													376	2	Female 60-64
386188	Revis Crowle	East Cornwall Harriers						200									200	1	Female 60-64
853307	Caroline Pack	Falmouth Running Club								194							194	1	Female 60-64
538687	Nicola Slateford	St Austell Running Club										193					193	1	Female 60-64
368072	Emma Earnshaw	East Cornwall Harriers				193											193	1	Female 60-64
652154	Diane Walker	St Austell Running Club										192					192	1	Female 60-64
746777	Ann Bradley	St Austell Running Club						192									192	1	Female 60-64
902304	Deborah Lord Lord	East Cornwall Harriers			192												192	1	Female 60-64
650028	Jane Naylor	Hayle Runners	191														191	1	Female 60-64
947101	Jo Heather	Hayle Runners										190					190	1	Female 60-64
767136	Sandra Shelley	Carn Runners								190							190	1	Female 60-64
431621	Christine Todd	St Austell Running Club						190									190	1	Female 60-64
899607	Sue Pooley	Bodmin Womens Running Club		190													190	1	Female 60-64
746871	Wendy Williams	JP Fitness Cornwall	190														190	1	Female 60-64
530557	Judy Jameson	Carn Runners								189							189	1	Female 60-64
771357	Angela White	Newquay Road Runners		189													189	1	Female 60-64
746197	Geraldine Bowden	Looe Pioneers Running Club		188													188	1	Female 60-64
610805	Andrea Simmons	Hayle Runners	200		200			199	200	200	200	200					1399	7	Female 65-69
212431	Diane Warren	Hayle Runners	199	200			199	198		199	199	199					1393	7	Female 65-69
747902	Linda Godfrey	Bodmin Womens Running Club	195	195					199	196	198	196	199				1378	7	Female 65-69
747797	Eleanor Ellison	Newquay Road Runners	198	199			200	200									797	4	Female 65-69
638185	Janet Lathom	Launceston Road Runners		198						198		198	200				794	4	Female 65-69
712700	Aileen Barwell	Falmouth Running Club	196	197		200				197							790	4	Female 65-69
368360	Jackie Cope	Falmouth Running Club	197		199			196									592	3	Female 65-69
764246	Karen Lovegrove	Hayle Runners				199	198										397	2	Female 65-69
747235	Theresa Williams	St Austell Running Club						195				197					392	2	Female 65-69
939349	Sally Powell	Carn Runners								194		195					389	2	Female 65-69
749487	Angela Brinicombe	Launceston Road Runners						197									197	1	Female 65-69
430070	Wendy Lowe	Bodmin Womens Running Club		196													196	1	Female 65-69
781964	Amanda Gore	Hayle Runners								195							195	1	Female 65-69
396493	Christina Lake	Falmouth Running Club		194													194	1	Female 65-69
690858	Kathy Saunders	Looe Pioneers Running Club		193													193	1	Female 65-69
363333	Lavinia Marshall	Launceston Road Runners	198	198	199			200	199	197	198						1389	7	Female 70-74
757149	Margaret Ann Kinahan	East Cornwall Harriers	197	196				199	198	198		198	199				1385	7	Female 70-74
682696	Janet Wills	St Austell Running Club	199	199		200	200			196		200					1194	6	Female 70-74
111146	Janet Watson	Carn Runners		200	200					200	199						799	4	Female 70-74
295043	Jenny Mills	Launceston Road Runners							200		200		200				600	3	Female 70-74
621651	Kathran Dormer	Falmouth Running Club		195						194		199					588	3	Female 70-74
726579	Linda Tout	Tamar Trotters	200														200	1	Female 70-74
305375	Sandy Jamieson	Carn Runners								199							199	1	Female 70-74
559425	Lynn Harvey	Newquay Road Runners		197													197	1	Female 70-74
306370	Margaret Wade	Carn Runners								195							195	1	Female 70-74
745096	Jacqueline Jenkin	Cornwall AC	200	200	200		200	200	200	200	200	200					1600	10	Female 75-79
941368	Sue Mason	Tamar Trotters							199								199	1	Female 75-79
910065	Susan Mason	Tamar Trotters		199													199	1	Female 75-79

GP 2024 after Race 11 Treggy 7 - Male Age Category Table

Race points can't be questioned / changed more than 2 races in the past. Please check your results carefully.
If you find a mistake please contact Jenny Bowden (jenny690@btinternet.com) as soon as possible.

Best 8 events to count. Age category depends on age on 01/01/2024. Only affiliated Cornish clubs included.
Make name / club changes on your SiEntries account and it will be uploaded on your next event.

SiEntries ID	Name	Club	Storm Force	Newquay 10k	Looe 10	Falmouth	An Res	Trevornick	Mag 7	Turkey Trot	IQ Half	Sticker 5	Treggy 7	Turo Half	Marazion 10k	Cornish	Score	Completed	Age Category
717127	Tom Morton	Newquay & Par AC	200	200			200		199	198	200	200	200				1597	8	Male Under 35
728754	Jamie Edwards	Newquay Road Runners	189	191				199	197	187	196	196	197				1552	8	Male Under 35
613712	Dominic Turton	Hayle Runners	177	184	196	195	196	190	187	169	187	189	191				1531	11	Male Under 35
728052	Ryan Marks	St Austell Running Club	176	183		185	193	192		179	188	190	190				1500	9	Male Under 35
731424	Bradley Parsons	St Austell Running Club	160		192	191	190	194	191	180			192				1490	8	Male Under 35
310022	Craig Varcoe	St Austell Running Club	169	169		177	186	179	184	164	182	184	189				1450	10	Male Under 35
845707	Charles Curtis	Cornwall AC	167	166	187	181		178	182	162	181	182	185				1443	10	Male Under 35
835583	Nicholas Peters	Hayle Runners	166	170	188	183		181		165	184	185	183				1440	9	Male Under 35
672576	Peter Brodey	St Austell Running Club	172	171	190	180	187		183	166			187				1436	8	Male Under 35
750253	Dylan Stevens	Newquay & Par AC		193				200	195	191	199	195	195				1368	7	Male Under 35
813001	Ben Kent	Cornwall AC	188	190		197		193		184		191	194				1337	7	Male Under 35
538238	Jake Timms	Falmouth Running Club	184	187	194	192		189		175	193						1314	7	Male Under 35
814224	Harry Stallard	St Austell Running Club	161	158		171	184	174				179	179				1206	7	Male Under 35
616146	Jacob Gardner	Hayle Runners			197	200	197	198	196		197						1185	6	Male Under 35
846971	Callum Waldie	Truro Running Club	181	180		186	191	188	188								1114	6	Male Under 35
726219	Matt Fox	Falmouth Running Club	179	179	193			186	189	176							1102	6	Male Under 35
910096	Mark Borman	St Austell Running Club		156		170			180	160	176		178				1020	6	Male Under 35
760870	Luke Attwood	Tamar Trotters	187		198	198			186								967	5	Male Under 35
727361	Liam Gallantry	East Cornwall Harriers	185	188					194		192		193				952	5	Male Under 35
804303	Paul Trifanov	Newquay Road Runners	183	182				197			198		186				946	5	Male Under 35
884764	Ed Dickinson	Falmouth Running Club	198	196	199	199											792	4	Male Under 35
913546	Kyran James	Newquay & Par AC		186				196		188		192					762	4	Male Under 35
877556	Joe Hunt	Falmouth Running Club	178	178			195			178							729	4	Male Under 35
899219	Curtis Hayes	Hayle Runners	170	174						170	189						703	4	Male Under 35
880831	Kenny Gibson	Cornwall AC		198					198				199				595	3	Male Under 35
661780	Ross Pascoe	Cornwall AC	191							193		194					578	3	Male Under 35
415199	Richard Ezra-Ham	Tamar Trotters	193	194	191												578	3	Male Under 35
953018	Daniel Costello	Hayle Runners								185		193	196				574	3	Male Under 35
812393	Henry Kennaway	Truro Running Club	190	189					192								571	3	Male Under 35
794380	Robert Warner	Tamar Trotters	186					187	190								563	3	Male Under 35
845436	Stan Cameron	Mile High		176			192	191									559	3	Male Under 35
929362	Roman Philips	Cornwall AC						183		171		187					541	3	Male Under 35
863736	Ashley Williams	Hayle Runners								163	186		188				537	3	Male Under 35
730051	Matthew Purcell-Herbert	St Austell Athletes Running Club	174	173	189												536	3	Male Under 35
855938	Joshua Mills	Cornwall AC						180		167		183					530	3	Male Under 35
495184	Bruce Carey	Newquay Road Runners		168							180	180					528	3	Male Under 35
856346	David Menhenitt	St Austell Athletes Running Club	165		186	176											527	3	Male Under 35
879443	Charles Homer	Hayle Runners		163	184	174											521	3	Male Under 35
409815	Tom Howard	St Austell Athletes Running Club		162	183	175											520	3	Male Under 35
718771	Ben Dutton	St Austell Athletes Running Club	162	160						161							483	3	Male Under 35
745027	Joshua Rowe	Cornwall AC							200	200							400	2	Male Under 35
913572	Lester James	Cornwall AC	199	199													398	2	Male Under 35
941991	William Pearce	Newquay & Par AC								196		198					394	2	Male Under 35
875047	Brian Glynn	Cornwall AC	197							194							391	2	Male Under 35
752372	Oliver Oldfield	Tamar Trotters	194	195													389	2	Male Under 35
719903	James Pyke	Truro Running Club	192			196											388	2	Male Under 35
748065	Llewin Head	Mile High								190		197					387	2	Male Under 35
754894	Callum Pinch	Truro Running Club				194		193									387	2	Male Under 35
819884	Harry Lobban	Falmouth Running Club						195		190							385	2	Male Under 35
475199	Ryan Williams	Falmouth Running Club				193				191							384	2	Male Under 35
805381	Noah Bohge	Truro Running Club		185		194											379	2	Male Under 35
755261	Peter Watson	Falmouth Running Club								182	195						377	2	Male Under 35
900203	Cameron Pearce	Cornwall AC				187		184									371	2	Male Under 35
831052	Sam Naisby	Falmouth Running Club						182		183							365	2	Male Under 35
618035	Christopher Nottle	St Austell Running Club							181			181					362	2	Male Under 35
908356	Jordan Dingle	St Austell Athletes Running Club	173									188					361	2	Male Under 35
727530	Richard Dalton	Falmouth Running Club						185		174							359	2	Male Under 35
732027	Adam Willcox	Newquay Road Runners		177							178						355	2	Male Under 35
740858	Jonny Unwin	Cornwall AC	171	181													352	2	Male Under 35
906658	Harry Brooksbank	Cornwall AC	175	175													350	2	Male Under 35
881350	Dan Walls	Carn Runners		167		178											345	2	Male Under 35
863208	Finley Edwards	Newquay Road Runners		165				176									341	2	Male Under 35
899326	Paul Bolingbroke	East Cornwall Harriers		164				177									341	2	Male Under 35
795877	Frankie Heaton-Pike	Cornwall AC		161							179						340	2	Male Under 35
898185	Bailey Ellis	Hayle Runners		157				173									330	2	Male Under 35
749926	Jacob Landers	Tamar Trotters			200												200	1	Male Under 35
751037	Ben Foyle	Cornwall AC										199					199	1	Male Under 35
728633	Sam Goodchild	Cornwall AC								199							199	1	Male Under 35
712134	Blake Williams	Newquay & Par AC					199										199	1	Male Under 35
424338	Jordan Morant	Hayle Runners											198				198	1	Male Under 35
954253	Sam Farmer	Hayle Runners								197							197	1	Male Under 35
910624	Daniel Soltys	Cornwall AC		197													197	1	Male Under 35
578114	Liam Rowe	Cornwall AC	196														196	1	Male Under 35
794464	Tom Luton	Newquay & Par AC								195							195	1	Male Under 35
413436	Ben Austin	Tamar Trotters			195												195	1	Male Under 35
855887	Michael Birchmore	Cornwall AC	195														195	1	Male Under 35
652614	James Roper	St Austell Running Club									194						194	1	Male Under 35
949879	Aidan Mooney	Cornwall AC								192							192	1	Male Under 35
903375	Luke Mills	Cornwall AC		192													192	1	Male Under 35
761931	Peter Rackstraw	Falmouth Running Club				190											190	1	Male Under 35
954040	Lachlan MacLennan	Newquay & Par AC								189							189	1	Male Under 35
823339	Daniel Padfield	Falmouth Running Club					189										189	1	Male Under 35

GP 2024 after Race 11 Treggy 7 - Male Age Category Table

Race points can't be questioned / changed more than 2 races in the past. Please check your results carefully.
If you find a mistake please contact Jenny Bowden (jenny690@btinternet.com) as soon as possible.

Best 8 events to count. Age category depends on age on 01/01/2024. Only affiliated Cornish clubs included.
Make name / club changes on your SIEntries account and it will be uploaded on your next event.

SIEntries ID	Name	Club	Storm Force	Newquay 10k	Looe 10	Falmouth	An Res	Trevornick	Mag 7	Turkey Trot	IQ Half	Sticker 5	Treggy 7	Turo Half	Marazion 10k	Cornish	Score	Completed	Age Category
886866	Ben Berryman	Truro Running Club				189											189	1	Male Under 35
369135	Dan Cocks	St Austell Athletes Running Club					188										188	1	Male Under 35
830329	Jason Cook	Tri Logic Cornwall				188											188	1	Male Under 35
750433	Liam Donelly	St Austell Running Club										186					186	1	Male Under 35
953977	Oliver Brunnock	Hayle Runners								186							186	1	Male Under 35
957348	Aidan Tucker	Hayle Runners									185						185	1	Male Under 35
837621	George White	Looe Pioneers Running Club							185								185	1	Male Under 35
795853	Mitch Acres	Launceston Road Runners					185										185	1	Male Under 35
919022	Harry Maywood	Looe Pioneers Running Club			185												185	1	Male Under 35
930476	James Davison	Bodmin Running Club											184				184	1	Male Under 35
826353	Giles Howe	Cornwall AC				184											184	1	Male Under 35
947026	Sam Anderson	Cornwall AC								183							183	1	Male Under 35
945244	Sam Eaton	Launceston Road Runners											182				182	1	Male Under 35
836271	George Tanner	Cornwall AC				182											182	1	Male Under 35
916905	Christopher Ayling	Bodmin Running Club			182												182	1	Male Under 35
624971	James Grogan	Tri Logic Cornwall	182														182	1	Male Under 35
802401	Matt Pickard	Launceston Road Runners											181				181	1	Male Under 35
954070	Daniel Millington	Hayle Runners								181							181	1	Male Under 35
792864	Graham Ashton	Launceston Road Runners											180				180	1	Male Under 35
775980	Finlay Allen	Tamar Trotters	180														180	1	Male Under 35
919069	Benjamin Temme	Newquay & Par AC				179											179	1	Male Under 35
957548	Savio Rozario	Newquay Road Runners									177						177	1	Male Under 35
954151	Liam Crook	Hayle Runners								177							177	1	Male Under 35
752595	Jim Lee	Truro Running Club						175									175	1	Male Under 35
948530	Oliver Riches	Newquay & Par AC								173							173	1	Male Under 35
796431	Connor Davidson	Falmouth Running Club				173											173	1	Male Under 35
893963	Max Davies	Hayle Runners								172							172	1	Male Under 35
879656	Miles Turner	Truro Running Club				172											172	1	Male Under 35
916129	Karl Tomusk	Truro Running Club		172													172	1	Male Under 35
952934	Fin Martin	Mile High								168							168	1	Male Under 35
747888	Andrew Geach	St Austell Athletes Running Club	168														168	1	Male Under 35
912071	Edward Ford	Hayle Runners	164														164	1	Male Under 35
822314	Jake Stone	St Austell Running Club	163														163	1	Male Under 35
915628	Lloyd Cooper	Looe Pioneers Running Club		159													159	1	Male Under 35
724134	Steve Reynolds	Truro Running Club	200	200	200	199	200		200	200	200	200	200				1600	10	Male 35-39
688769	Liam O'Neill	Hayle Runners	190	191	196		198	196	197	197	197		196				1568	9	Male 35-39
882222	Matt Row	St Austell Running Club	188	188		190	197	193	194		195	196	191				1544	9	Male 35-39
719222	James Stephens	St Austell Running Club	184	184		187	194		191	189		195	189				1513	8	Male 35-39
877418	Damen Powell	St Austell Running Club	178	182	192	186	193	187	186	184	187	193	185				1509	11	Male 35-39
901725	Eddie Thomson	Launceston Road Runners	185	185	193	191		186	190		189		188				1507	8	Male 35-39
536144	Stuart Smith	Hayle Runners	177	180	191	184		191	188	187	186						1484	8	Male 35-39
728471	David Crawford	Newquay & Par AC	199	199				199	198	198		199	198				1390	7	Male 35-39
906767	Ben Pearce	Truro Running Club	191	189				194	195	193		197	193				1352	7	Male 35-39
818801	James Toseland	Truro Running Club	187		194	194	196	192		192	191						1346	7	Male 35-39
750429	James Cutlan	Cornwall AC	198					198	199	199		198	199				1191	6	Male 35-39
826294	Josh Turner	East Cornwall Harriers	180	181	190			189			185		186				1111	6	Male 35-39
872822	Santino Mangion	Hayle Runners	181	178		185			189	185	188						1106	6	Male 35-39
832539	Jamie Daniell	St Austell Running Club	192	194	197	196											779	4	Male 35-39
865336	Ben Johns	Truro Running Club	186							190	192	194					762	4	Male 35-39
794762	Joseph Thomson	Launceston Road Runners			195	197							194				586	3	Male 35-39
587548	Ross Buscombe	St Austell Running Club					195					191	187				573	3	Male 35-39
830240	Nick Pebody	Newquay Road Runners						190		191	190						571	3	Male 35-39
866930	Ryan Mosney	Truro Running Club	179							188		192					559	3	Male 35-39
779680	Lewis Edwards	Cornwall AC	174	175								189					538	3	Male 35-39
322352	Ryan Hanley	Cornwall AC					199	200									399	2	Male 35-39
200128	Jamie Masters	St Austell Running Club		197									197				394	2	Male 35-39
718356	John McWilliams	Mile High	196	198													394	2	Male 35-39
756042	Ross Duerden	Cornwall AC	195			198											393	2	Male 35-39
494222	Dave Hannah	East Cornwall Harriers							196		196						392	2	Male 35-39
214831	Tom Howell	Newquay & Par AC		196						195							391	2	Male 35-39
796448	Alan Thomas	Falmouth Running Club	193	195													388	2	Male 35-39
358924	Mark Deacon	Looe Pioneers Running Club		192									195				387	2	Male 35-39
524943	Matt Swiggs	Falmouth Running Club				193					193						386	2	Male 35-39
447736	Rob Argall	Cornwall AC		190						194							384	2	Male 35-39
400722	Andy Chase	St Austell Athletes Running Club				189					194						383	2	Male 35-39
818083	Lee Pollard	Tamar Trotters	189						193								382	2	Male 35-39
812943	Craig Pound	Hayle Runners		187		195											382	2	Male 35-39
868368	Robert Pearce	Tri Logic Cornwall				183	191										374	2	Male 35-39
906325	Nathan Jenkin	Tri Logic Cornwall	183			188											371	2	Male 35-39
744930	Mark Simpson	Launceston Road Runners		177			190										367	2	Male 35-39
749524	Mark Lancaster	Launceston Road Runners		176			189										365	2	Male 35-39
864950	Dale Betts	St Austell Athletes Running Club	175	179													354	2	Male 35-39
215975	Adam Tango Holland	Launceston Road Runners				200											200	1	Male 35-39
941578	Matthew Murt	Newquay Road Runners									199						199	1	Male 35-39
829576	Garth McColville	St Austell Athletes Running Club			199												199	1	Male 35-39
813760	Adam Gore	Hayle Runners									198						198	1	Male 35-39
761304	Simon Morse	East Cornwall Harriers			198												198	1	Male 35-39
569142	Josh Karpinski	Newquay Road Runners						197									197	1	Male 35-39
608851	Matt Yates	Cornwall AC	197														197	1	Male 35-39
795166	Jonathan Webb	Cornwall AC								196							196	1	Male 35-39
367670	James Barnet	Falmouth Running Club						195									195	1	Male 35-39

GP 2024 after Race 11 Treggy 7 - Male Age Category Table

Race points can't be questioned / changed more then 2 races in the past. Please check your results carefully. If you find a mistake please contact Jenny Bowden (jenny690@btinternet.com) as soon as possible.

Best 8 events to count. Age category depends on age on 01/01/2024. Only affiliated Cornish clubs included. Make name / club changes on your SiEntries account and it will be uploaded on your next event.

SiEntries ID	Name	Club	Storm Force	Newquay 10k	Looe 10	Falmouth	An Res	Trevornick	Mag 7	Turkey Trot	IQ Half	Sticker 5	Treggy 7	Turo Half	Marazion 10k	Cornish	Score	Completed	Age Category
711779	Tim van Berkel	Truro Running Club	194														194	1	Male 35-39
810631	Andrew Senior	Truro Running Club		193													193	1	Male 35-39
551279	Daniel Case	Tamar Trotters											192				192	1	Male 35-39
866507	James Gill	Tamar Trotters							192								192	1	Male 35-39
283244	Mike Gilbert	Launceston Road Runners					192										192	1	Male 35-39
748295	Martin Bunt	Newquay Road Runners				192											192	1	Male 35-39
955421	Henry Marriner	St Austell Running Club											190				190	1	Male 35-39
661724	Daniel Varcoe	St Austell Running Club										190					190	1	Male 35-39
885592	Andrew Wroe	Falmouth Running Club						188									188	1	Male 35-39
639044	Matt Davies	East Cornwall Harriers							187								187	1	Male 35-39
813231	Christopher Fowler	Launceston Road Runners								186							186	1	Male 35-39
688699	Pete Walker	Truro Running Club		186													186	1	Male 35-39
467954	Mathew Wale	Newquay Road Runners		183													183	1	Male 35-39
779263	Dan Banks	St Austell Athletes Running Club				182											182	1	Male 35-39
833617	Johnathan Billing	Hayle Runners	182														182	1	Male 35-39
800951	Tommy Temp	Hayle Runners	176														176	1	Male 35-39
423928	Jared Sanderson	Hayle Runners	173														173	1	Male 35-39
656473	Neil Hayhurst	Hayle Runners	187	200	200	199		200	200	200	197		199				1595	9	Male 40-44
837416	Sid Standlick	Tamar Trotters	192	194	197	195		197	195	196	193	198	196				1568	10	Male 40-44
454324	David Guffick	Hayle Runners	193	197				194	197	198	192	197	198				1566	8	Male 40-44
382036	Richard Chynoweth	Truro Running Club	190	189	196	196	198	195	196				196				1556	8	Male 40-44
909446	Darren Uren	Hayle Runners	183	188	195	193	197	193	192	194	189	193	192				1549	11	Male 40-44
883250	Andrew Searle	Hayle Runners	181	186	193	194		192	193	193	186	195	194				1540	10	Male 40-44
684603	Mark Bennetts	St Austell Athletes Running Club	180	183	192	192	196	191	191	192	188	192	191				1537	11	Male 40-44
760591	Richard Collett	Hayle Runners			188		194	189	190	190	187	191	189				1518	8	Male 40-44
741008	James Danks	Falmouth Running Club	173	178			191	188	189	187	184		187				1477	8	Male 40-44
665637	Peter Barnes	Hayle Runners	199			200		199	199	199	195	200					1391	7	Male 40-44
726626	Neil Carter	Newquay Road Runners	196	199			200		198		199	199	200				1391	7	Male 40-44
759505	Frazer Humbles	Hayle Runners	185						194	195		194	193				961	5	Male 40-44
880250	Thomas Bateman	Falmouth Running Club	195	196		198				197							786	4	Male 40-44
831278	Luke Bradford	Hayle Runners	177		191	190	195										753	4	Male 40-44
424101	Chris Marriott	St Austell Athletes Running Club	178	185	194						190						747	4	Male 40-44
905251	Lee Bunyan	Truro Running Club	176	182				190									548	3	Male 40-44
748022	Edmund Bennett	Hayle Runners		198							200						398	2	Male 40-44
309275	Ben Harding	East Cornwall Harriers	191		198												389	2	Male 40-44
721350	Neil Penny-Harding	Cornwall AC									191		197				388	2	Male 40-44
813088	Tim Hicks	Truro Running Club	189	195													384	2	Male 40-44
657568	Andrew James	Hayle Runners		184			199										383	2	Male 40-44
634212	Gregory May	Carn Runners					193			188							381	2	Male 40-44
830676	Ant Barrett	St Austell Athletes Running Club			190	191											381	2	Male 40-44
827416	Tom Edie	St Austell Athletes Running Club			189							190					379	2	Male 40-44
452256	Leo Muid	Falmouth Running Club	188	187													375	2	Male 40-44
764279	Marty Griffiths	Newquay Road Runners		180		189											369	2	Male 40-44
469425	Marc Allen	St Austell Athletes Running Club	174								185						359	2	Male 40-44
160294	Simon Timms	Tri Logic Cornwall	175	181													356	2	Male 40-44
435484	Andrew Martin	Mile High	200														200	1	Male 40-44
507440	Shaun Mellow	St Austell Athletes Running Club			199												199	1	Male 40-44
952696	Steven Hagan	Hayle Runners									198						198	1	Male 40-44
561736	Russell King	Falmouth Running Club						198									198	1	Male 40-44
810789	Andrew Paroissien	Hayle Runners	198														198	1	Male 40-44
899700	Thomas Studd	Mile High				197											197	1	Male 40-44
186116	Dan Alsop	St Austell Running Club	197														197	1	Male 40-44
846606	Bradley Medlock	Hayle Runners									196						196	1	Male 40-44
864061	Garry Watkins	Perran Trail Runners						196									196	1	Male 40-44
956141	Louis Matthews	Launceston Road Runners											195				195	1	Male 40-44
796319	Clem Mitchell	Hayle Runners									194						194	1	Male 40-44
315284	Marcus Willis	East Cornwall Harriers	194														194	1	Male 40-44
616218	Jim Powell	Cornwall AC		193													193	1	Male 40-44
892355	Ryan Condon	Hayle Runners					192										192	1	Male 40-44
749948	Ross Pearce	Newquay Road Runners		192													192	1	Male 40-44
890798	Jack Tempest-Keeping	Cornwall AC								191							191	1	Male 40-44
748368	Luke Reed	Newquay Road Runners		191													191	1	Male 40-44
959623	Gregory Bennett	Launceston Road Runners											190				190	1	Male 40-44
621283	Adam Roberts	Bodmin Dragons Triathlon Club		190													190	1	Male 40-44
861103	Mark Rescori	Tamar Trotters										189					189	1	Male 40-44
948208	Gavin Pedley	Carn Runners								189							189	1	Male 40-44
445308	Ben Rogers	Bude Rats (Run and Tri)											188				188	1	Male 40-44
311839	James Skeplorn	Truro Running Club	186														186	1	Male 40-44
283641	Paul Warmington	Hayle Runners	184														184	1	Male 40-44
894095	Andy Bray	Tri Logic Cornwall	182														182	1	Male 40-44
292737	James Forbes	Perran Trail Runners		179													179	1	Male 40-44
558401	Jon Fletcher	St Austell Running Club	179														179	1	Male 40-44
453250	Neill Furlonger	Newquay Road Runners		177													177	1	Male 40-44
875956	Daniel De Ruvo	Hayle Runners	172														172	1	Male 40-44
896767	Peter Scriven	Cornwall AC	198	198	200	199	199	200		199	200	200					1595	9	Male 45-49
501552	Alex Marples	Truro Running Club	200	199		200	198	199	200	198			200				1594	8	Male 45-49
284124	Stuart Richards	St Austell Running Club	185	187	195	194	193	192	198	189	198		192				1551	10	Male 45-49
748298	Mike Ellis	Newquay & Par AC	192	195	196	198	195				196		196				1368	7	Male 45-49
794079	Anthony Bryant	Hayle Runners	176	174		190	188		196		193		188				1305	7	Male 45-49
784502	Armando Vieira	St Austell Running Club	178	172			187	186		180		192	187				1282	7	Male 45-49

GP 2024 after Race 11 Treggy 7 - Male Age Category Table

Red points can't be questioned / changed more than 2 races in the past. Please check your results carefully. If you find a mistake please contact Jenny Bowden (jenny690@btinternet.com) as soon as possible.

Best 8 events to count. Age category depends on age on 01/01/2024. Only affiliated Cornish clubs included. Make name / club changes on your S!Entries account and it will be uploaded on your next event.

S!Entries ID	Name	Club	Storm Force	Newquay 10k	Looe 10	Falmouth	An Res	Trevornick	Mag 7	Turkey Trot	IQ Half	Sticker 5	Treggy 7	Truro Half	Marazion 10k	Cornish	Score	Completed	Age Category
424162	Paul Stevens	St Austell Athletes Running Club		189				197	199		199	197	193				1174	6	Male 45-49
159700	Craig Hall	Cornwall AC		191		197		194		195		195	194				1166	6	Male 45-49
900653	Jason Vinnicombe	Cornwall AC	188			196		193		194		194	191				1156	6	Male 45-49
832800	Dan Hocking	Hayle Runners	177	176				187		184	196	191					1111	6	Male 45-49
464421	Adam Keogh	Falmouth Running Club	190	196	199		196	195									976	5	Male 45-49
423479	James Manning	Hayle Runners	189	193						192		196	195				965	5	Male 45-49
794598	Danny O'Shea	Truro Running Club		188		195		189		190		193					955	5	Male 45-49
873147	Nathan Cudmore	Hayle Runners	180	184			191			187			190				932	5	Male 45-49
606131	John Beard	Newquay Road Runners	175				189	185		181			189				919	5	Male 45-49
623453	Darren Roose	Newquay Road Runners	199	200						200		199					798	4	Male 45-49
535398	Clive Ramsden	Newquay Road Runners	197	197								198	199				791	4	Male 45-49
303051	David Wilcox	Truro Running Club				192				182	195	190					759	4	Male 45-49
511371	David Wilding	Hayle Runners							197	188	197						582	3	Male 45-49
811701	Simon Jeffs	Hayle Runners	193				197	191									581	3	Male 45-49
858750	Simon Hambury	Falmouth Running Club	183	186	194												563	3	Male 45-49
782622	Steven Thomas	Carn Runners	182				192			186							560	3	Male 45-49
896511	Brett Stepto	Cornwall AC	179	177						183							539	3	Male 45-49
873558	Colin Snook	Cornwall AC					200	198									398	2	Male 45-49
735335	Morgan Craig	Bude Rats (Run and Tri)	196										198				394	2	Male 45-49
551254	Nigel Swift	Perran Trail Runners						196		197							393	2	Male 45-49
799735	Mark Roby	Truro Running Club	195										197				392	2	Male 45-49
912322	Andrew Hall	St Austell Running Club	194		198												392	2	Male 45-49
369267	Simon Knowles	Hayle Runners					194			193							387	2	Male 45-49
765050	Steve Webb	Carn Runners		192						191							383	2	Male 45-49
811077	Simon Brown	Falmouth Running Club	186	190													376	2	Male 45-49
799190	John Roberts	Newquay Road Runners		181							194						375	2	Male 45-49
494956	Gareth Casey	St Austell Athletes Running Club		182				188									370	2	Male 45-49
730143	Shaun Roberts	Hayle Runners		183			186										369	2	Male 45-49
347916	Mark Jones	Launceston Road Runners		178			190										368	2	Male 45-49
915706	James Wombwell	St Austell Athletes Running Club		175		193					194						368	2	Male 45-49
371063	Phillip Henwood	Newquay Road Runners		173		191											364	2	Male 45-49
500073	Kevin Woodley	Tri Logic Cornwall			197												197	1	Male 45-49
675675	Carl Murphy	Truro Running Club		194													194	1	Male 45-49
331197	Darren Harvey	East Cornwall Harriers			193												193	1	Male 45-49
731556	John Hatchell	St Austell Athletes Running Club	191						190								191	1	Male 45-49
266813	Andy Rich	St Austell Running Club															190	1	Male 45-49
952421	Sean Mitchell	St Austell Running Club										189					189	1	Male 45-49
396310	Thomas Sopp	Falmouth Running Club	187														187	1	Male 45-49
569285	Ben Leach	Truro Running Club								185							185	1	Male 45-49
491637	Andrew Cook	Newquay Road Runners		185													185	1	Male 45-49
671583	Thomas Grafton	Truro Running Club						184									184	1	Male 45-49
866935	Jon Cahill	Truro Running Club	184														184	1	Male 45-49
206118	Clive Shute	East Cornwall Harriers	181														181	1	Male 45-49
537306	Julian Shakerley	St Austell Athletes Running Club		180													180	1	Male 45-49
746755	Steve Mildenhall	Newquay Road Runners		179													179	1	Male 45-49
501782	David Foy	Falmouth Running Club	179	171	184	189	186	184	197	186	195	193	189				1519	11	Male 50-54
515061	Steven Jenkin	Cornwall AC	177	169	180	187	188	188	195	187		192	188				1494	9	Male 50-54
893070	Christopher Baggott	St Austell Running Club	170	167	179	188	185	189	194	184		188	185				1492	10	Male 50-54
144151	David Speake	St Austell Running Club		173		190	191	191		192		194	193				1324	7	Male 50-54
494174	Martin Dinham	Mile High	182	175	183		189	187		188			187				1291	7	Male 50-54
751073	Jon Mitchell	Cornwall AC	174	165			183	183	196			189	186				1276	7	Male 50-54
731861	Scott Abraham	Hayle Runners	196	196			197	198		199	198						1184	6	Male 50-54
498588	Mike Dowrick	Cornwall AC	194	193	198		196	199		198							1178	6	Male 50-54
209056	Colin Bathe	Truro Running Club		188	195		182			196		197	197				1155	6	Male 50-54
878897	Derek Thomas	St Austell Running Club	175			191		190	198			195	194				1143	6	Male 50-54
558623	Marty Barnfield	Bodmin Running Club	184	181	192		193	194					195				1139	6	Male 50-54
722753	Simon James	Cornwall AC	181	177			190	185				190	191				1114	6	Male 50-54
209372	Simon Williams	Newquay & Par AC		200			199	200		200		199					998	5	Male 50-54
222704	Alan Jeffrey	Bodmin Running Club	199	198	199	200	198					199	198	199			994	5	Male 50-54
773141	Ian Curnow	Hayle Runners			196	197											989	5	Male 50-54
800652	Paul Gough	Hayle Runners	191	187	194	194					196						962	5	Male 50-54
498963	Richard Foster	Launceston Road Runners	187	184	193	192							192				948	5	Male 50-54
752608	Alex Daniels	Newquay Road Runners		197	200							200	200				797	4	Male 50-54
845488	Henry Cameron	Truro Running Club		191		196	195	196									778	4	Male 50-54
725477	Tristan Lang	Truro Running Club				186	187			190		191					754	4	Male 50-54
386444	Andrew Ellis	Hayle Runners	188	179			192	193									752	4	Male 50-54
830870	Alan Edwards	Newquay Road Runners	173	170			184			189							716	4	Male 50-54
261763	Tim Adams	St Austell Running Club	193	192		199											584	3	Male 50-54
442512	Robert Standing	Truro Running Club		189	197			197									583	3	Male 50-54
893165	Nick Rogers	Truro Running Club	183			193	194										570	3	Male 50-54
602808	Glyn Talling	Newquay Road Runners	180							194	194						568	3	Male 50-54
744607	Darren Blenkinsop	Tamar Trotters			178				193				184				555	3	Male 50-54
767611	Carl Williams	Newquay Road Runners		172	185			192									549	3	Male 50-54
531514	Simon Mayho	Hayle Runners					180	180		183							543	3	Male 50-54
740705	Ricky Blackman	St Austell Athletes Running Club		168	182	185											535	3	Male 50-54
744987	Guy Cooper	Looe Pioneers Running Club		161	176			179									516	3	Male 50-54
803502	Stephen Amor	Bodmin Running Club	171	162	181												514	3	Male 50-54
266257	Oliver Jones	East Cornwall Harriers							200		200						400	2	Male 50-54
400385	Richard Kell	Newquay Road Runners								197	197						394	2	Male 50-54
295698	Larry Martin	Tri Logic Cornwall	195			198											393	2	Male 50-54
324130	Crispin Brabner	Tamar Trotters	198	194													392	2	Male 50-54

GP 2024 after Race 11 Treggy 7 - Male Age Category Table

Race points can't be questioned / changed more than 2 races in the past. Please check your results carefully.
If you find a mistake please contact Jenny Bowden (jenny690@btinternet.com) as soon as possible.

Best 8 events to count. Age category depends on age on 01/01/2024. Only affiliated Cornish clubs included.
Make name / club changes on your SiEntries account and it will be updated on your next event.

SiEntries ID	Name	Club	Storm Force	Newquay 10k	Looe 10	Falmouth	An Res	Trevornick	Mag 7	Turkey Trot	IQ Half	Sticker 5	Treggy 7	Turo Half	Marazion 10k	Cornish	Score	Completed	Age Category
144613	Steve Phillips	Carn Runners								191		196					387	2	Male 50-54
747259	Peter James	Launceston Road Runners			189					193							382	2	Male 50-54
561173	Dale Clarke	Hayle Runners								185	193						378	2	Male 50-54
901984	Richard Smith	Newquay Road Runners		178									196				374	2	Male 50-54
778383	David Thomasson	Bodmin Running Club		183	191												374	2	Male 50-54
276216	Jonathan Crowle	Truro Running Club	189	182													371	2	Male 50-54
669901	Joe Brooks	Tamar Trotters		180	188												368	2	Male 50-54
421716	Nick Richards	Tri Logic Cornwall	178				188										366	2	Male 50-54
871636	John Featherstone	Looe Pioneers Running Club		176	190												366	2	Male 50-54
932674	Dean Llewellyn	Looe Pioneers Running Club						181					183				364	2	Male 50-54
375987	Wayne Caff	Perran Trail Runners			177		181										358	2	Male 50-54
749413	Peter Combella	Newquay Road Runners		163							192						355	2	Male 50-54
517910	James Attwood	Cornwall AC					200										200	1	Male 50-54
208656	Jonny Colaco	Newquay Road Runners	200														200	1	Male 50-54
422634	Gareth Price	East Cornwall Harriers						199									199	1	Male 50-54
446463	Mark Knight	Newquay & Par AC		199													199	1	Male 50-54
799072	Jonathan Kappes	Launceston Road Runners											198				198	1	Male 50-54
706501	Steve Law	Falmouth Running Club	197														197	1	Male 50-54
748062	David Moore	Cornwall AC								195							195	1	Male 50-54
819169	Richard Daniels	Newquay & Par AC						195									195	1	Male 50-54
884814	Alan Richards	Falmouth Running Club				195											195	1	Male 50-54
476839	Jeremy Brown	Bude Rats (Run and Tri)		195													195	1	Male 50-54
758676	Julian Evans	Falmouth Running Club	192														192	1	Male 50-54
495234	Jon Jones	Looe Pioneers Running Club								191							191	1	Male 50-54
748934	Wayne Rundle	Launceston Road Runners											190				190	1	Male 50-54
749474	Quentin Gunderson	Bodmin Running Club		190													190	1	Male 50-54
858400	Mark Grassam	Looe Pioneers Running Club	190														190	1	Male 50-54
782951	Alistair Foster	St Austell Running Club										187					187	1	Male 50-54
678323	Darren Vilton-Tebbutt	Looe Pioneers Running Club			187												187	1	Male 50-54
893210	Neil Blonden	Bodmin Running Club						186									186	1	Male 50-54
750231	Jason Elliott	Newquay Road Runners			186												186	1	Male 50-54
718299	Jonathan Berridge	Truro Running Club		186													186	1	Male 50-54
407042	Steven Bullen	Tamar Trotters	186														186	1	Male 50-54
216121	Mark Thomas	Truro Running Club		185													185	1	Male 50-54
459730	Martin Penney	Bys Vyken Race Team	185														185	1	Male 50-54
494317	Simon Dowling	Bude Rats (Run and Tri)				184											184	1	Male 50-54
933249	Shaun Gidney	Launceston Road Runners											182				182	1	Male 50-54
929481	Jonathan Hicks	PB Running Club						182									182	1	Male 50-54
866929	Richard Olive	Truro Running Club	176														176	1	Male 50-54
796249	Geoff Tyrrell	Looe Pioneers Running Club		174													174	1	Male 50-54
266362	Craig Tonkin	Hayle Runners	172														172	1	Male 50-54
206194	Richard Boucher	Hayle Runners	169														169	1	Male 50-54
840047	Seamus O'Doherty	St Austell Running Club	168														168	1	Male 50-54
831126	Andrew Morley	Newquay Road Runners	166														166	1	Male 50-54
751676	Nathan de Rozarieux	Hayle Runners	164														164	1	Male 50-54
744929	Kevin Silver	Hayle Runners	192	194	195	192	192	192	197		195						1549	8	Male 55-59
725983	Michael Counter	St Austell Running Club	189	190		191	189	190		196	193	196	196				1541	9	Male 55-59
728572	Anthony Burrows	Hayle Runners	184		192	190	188	188			191	194	195				1522	8	Male 55-59
716607	Paul Whear	Cornwall AC	200	200		200	200		200			199	194				1393	7	Male 55-59
795745	Mark Williams	Hayle Runners		199			195	199	198		197	197	200				1385	7	Male 55-59
731348	Craig Knuckey	Cornwall AC					194	198	199	197	198	198	199				1383	7	Male 55-59
656430	Andrew Heather	Hayle Runners	178			186	179	185	193	190				188			1299	7	Male 55-59
442383	Tim Twigg	Hayle Runners	193		198	196		195			194		198				1174	6	Male 55-59
719701	Jim Nettleton	Truro Running Club	191	191		194	191	194					195				1156	6	Male 55-59
572707	Trevor Cornish	Hayle Runners	185						194	191	188	191	189				1138	6	Male 55-59
764621	Ronnie James	Cornwall AC	197	198			199	200			200						994	5	Male 55-59
776316	Tony Wright	Cornwall AC	199	199						200		200					798	4	Male 55-59
660317	Darrin Porter	Cornwall AC				198	196			198	199						791	4	Male 55-59
726369	Craig Underhill	Hayle Runners	190				190	193					197				770	4	Male 55-59
915275	Ivor Pudner	Looe Pioneers Running Club		187				189	196				192				764	4	Male 55-59
688074	Adam Speare	Tamar Trotters	186		193	189					190						758	4	Male 55-59
474045	Neil Ham	JP Fitness Cornwall	180	177	189	185											731	4	Male 55-59
798632	Innes McCartney	Hayle Runners	179	184			180				186						729	4	Male 55-59
746069	Paul Heywood	Launceston Road Runners	176	176	190						187						729	4	Male 55-59
176953	Steven Wherry	Hayle Runners		197		199	198										594	3	Male 55-59
316199	Alan Wherry	St Austell Running Club	194			197					196						587	3	Male 55-59
538291	Andrew Hickson	Cornwall AC		193			193	196									582	3	Male 55-59
818911	Jerry Cartlidge	Hayle Runners						187	195	192							574	3	Male 55-59
269260	Julian Spencer	Truro Running Club		192	196		186										574	3	Male 55-59
159853	Paul Angove	Cornwall AC					187	191		195							573	3	Male 55-59
536794	Paul Skipp	Bude Rats (Run and Tri)	183	185		187											555	3	Male 55-59
657978	Andy Stallard	Truro Running Club	182	182				186									550	3	Male 55-59
788335	Sean Taylor	Bodmin Running Club	177	178	188												543	3	Male 55-59
748184	Kevin Edwards	Tamar Trotters		196	200												396	2	Male 55-59
748270	Ian Temple	Bodmin Running Club			197	193											390	2	Male 55-59
615893	Mattias Ronngard	Newquay Road Runners	195	195													390	2	Male 55-59
728589	Darren Hardwick	Looe Pioneers Running Club	191	189	194												383	2	Male 55-59
823667	Phillip Ciano	Perran Trail Runners	188							194							382	2	Male 55-59
206038	Martin Trethewey	St Austell Running Club		186	191												377	2	Male 55-59
360740	Paul Gwynne	Perran Trail Runners					184					192					376	2	Male 55-59
771105	Chris Campbell	Hayle Runners				188	183										371	2	Male 55-59

GP 2024 after Race 11 Treggy 7 - Male Age Category Table

Race points can't be questioned / changed more than 2 races in the past. Please check your results carefully.
If you find a mistake please contact Jenny Bowden (jenny690@btinternet.com) as soon as possible.

Best 8 events to count. Age category depends on age on 01/01/2024. Only affiliated Cornish clubs included.
Make name / club changes on your SiEntries account and it will be uploaded on your next event.

SiEntries ID	Name	Club	Storm Force	Newquay 10k	Looe 10	Falmouth	An Res	Trevornick	Mag 7	Turkey Trot	IQ Half	Sticker 5	Treggy 7	Turo Half	Marazion 10k	Cornish	Score	Completed	Age Category
560056	Gary Swain	Hayle Runners		180			181										361	2	Male 55-59
748028	Sen Devadathan	Truro Running Club	181	179													360	2	Male 55-59
248258	Adrian Ball	Cornwall AC								199							199	1	Male 55-59
496775	Stephen Fuller	Hayle Runners	198														198	1	Male 55-59
159593	Gary Richards	Truro Running Club						197									197	1	Male 55-59
756650	Anthony Worthington	Tamar Trotters					197										197	1	Male 55-59
471881	Steven Brown	Cornwall AC	196														196	1	Male 55-59
737512	Phil Bristow	Falmouth Running Club				195											195	1	Male 55-59
385557	Clive Gibbs	St Austell Running Club											193				193	1	Male 55-59
531505	Dean Barrett	Tamar Trotters										193					193	1	Male 55-59
183240	Andrew Sims	East Cornwall Harriers							193								193	1	Male 55-59
505088	Sean Quinn	St Austell Athletes Running Club									192						192	1	Male 55-59
818311	Jon Hoare	East Cornwall Harriers											191				191	1	Male 55-59
800389	Stephen Jenkins	Launceston Road Runners											190				190	1	Male 55-59
392337	Matt Phillips	St Austell Running Club									189						189	1	Male 55-59
791818	Mark Scallan	Carn Runners								189							189	1	Male 55-59
907226	Martin Gregory	Looe Pioneers Running Club		188													188	1	Male 55-59
588289	Kevin Loomes	Falmouth Running Club	187														187	1	Male 55-59
812320	Andy Roberts	St Austell Running Club					185										185	1	Male 55-59
854955	Tim Cutlan	St Austell Athletes Running Club						184									184	1	Male 55-59
450214	Sean Webb	Hayle Runners		183													183	1	Male 55-59
927184	Steve Bowen	St Austell Running Club					182										182	1	Male 55-59
874692	Jason Thorns	Launceston Road Runners		181													181	1	Male 55-59
902550	David Bolton	Newquay Road Runners		175													175	1	Male 55-59
215086	Robin Watson	Falmouth Running Club	200	200	199	200		198	199	200		199					1595	8	Male 60-64
471808	Mark Sweeney	St Austell Running Club	199	198	200	199	199	197	197	199		198	199				1591	10	Male 60-64
720455	Ian Savigar	East Cornwall Harriers	195	196	198	198		196		197	197	197	198				1577	9	Male 60-64
533489	Trevor Lee	Truro Running Club	192	192	194	194	196	193	196	193		195	197				1558	10	Male 60-64
516289	John Barnes	Launceston Road Runners		184	191		190	191	194	191	191	192	194				1534	9	Male 60-64
855247	Andy Coles	St Austell Running Club	187	185		192	193	192		192		196	196				1533	8	Male 60-64
773171	Robert Bolitho	Falmouth Running Club	185	182	188	191	189	189	193		192	191	193				1526	10	Male 60-64
491015	Kevin Marshall	Launceston Road Runners	198	199	197			200	200	198	200						1392	7	Male 60-64
889539	Steve Kemsley	Falmouth Running Club	191	191	193	195	197	195		195							1357	7	Male 60-64
716751	Jon Eldon	Hayle Runners	197				200	199		199	200	200					1195	6	Male 60-64
726416	Robert Rochowiak	Carn Runners		193	195			194		194	196						972	5	Male 60-64
417090	Mike Bawden	Carn Runners	190	190	192	193	195										960	5	Male 60-64
747484	Sean Pulley	Hayle Runners	196	197		197	198										788	4	Male 60-64
505729	Dave Pickard	Launceston Road Runners					192		195				195				582	3	Male 60-64
612996	Martin Palmer	Perran Trail Runners		189			191					194					574	3	Male 60-64
286102	Paul Treweek	Truro Running Club		183	189			188									560	3	Male 60-64
853649	David Thomson	Launceston Road Runners							198		198						396	2	Male 60-64
527316	Nigel Grant	Bude Rats (Run and Tri)		194	196												390	2	Male 60-64
802741	Simon Murray	Hayle Runners	194	195													389	2	Male 60-64
607818	David Banbury	Bys Vyken Race Team					190			194							384	2	Male 60-64
748756	Norbert Hamacher	Truro Running Club		188								193					381	2	Male 60-64
667674	Pete Higham	Falmouth Running Club	184								193						377	2	Male 60-64
744935	Steve Whitfield	Carn Runners		186						189							375	2	Male 60-64
337370	Andrew Millward	Carn Runners								196							196	1	Male 60-64
545595	Simon Blackburn	Hayle Runners				196											196	1	Male 60-64
780154	Satnam Basram	Cornwall AC								195							195	1	Male 60-64
378407	John Turtle	Hayle Runners					194										194	1	Male 60-64
803516	Paul Cole	Falmouth Running Club	193														193	1	Male 60-64
784201	Antony Chapman	Carn Runners								190							190	1	Male 60-64
748103	Steve Zanni	Tri Logic Cornwall			190												190	1	Male 60-64
755620	John Brady	East Cornwall Harriers	189														189	1	Male 60-64
210339	Mark Colton-Taylor	Truro Running Club	188														188	1	Male 60-64
829004	Dermot McCann	Looe Pioneers Running Club		187													187	1	Male 60-64
434172	Trevor Williams	Tamar Trotters	186														186	1	Male 60-64
308760	Peter Allen	Newquay Road Runners	197	198	199	197	199	198	197	197	193	198	199				1585	11	Male 65-69
747497	Michael Orchard	Hayle Runners	198	197		199	198		199		197	197	198				1583	8	Male 65-69
826316	Steve Menear	St Austell Running Club	193	193			196		198	195	194	196	196				1561	8	Male 65-69
315573	Iain Walker	St Austell Running Club				200	200	200		200	200	200	200				1400	7	Male 65-69
885381	Philip Hall	Falmouth Running Club	196	198						198	196	199					987	5	Male 65-69
357060	Steve Lawrence	Falmouth Running Club		188			194	194		193		194					963	5	Male 65-69
450571	Robert Willcocks	Falmouth Running Club	191	191	196			197									775	4	Male 65-69
368721	David Wilton	Falmouth Running Club		189				195		194		195					773	4	Male 65-69
215296	Steve Baker	Tamar Trotters	200	200	200												600	3	Male 65-69
458675	Martin Davis	Newquay Road Runners						199		199	199						597	3	Male 65-69
603684	John Sudell	East Cornwall Harriers							200		198						398	2	Male 65-69
718104	Philip Spargo	Truro Running Club					197						197				394	2	Male 65-69
856484	Michael Wilson	Truro Running Club		192						196							388	2	Male 65-69
498911	Nigel Knuckey	Truro Running Club	192	194													386	2	Male 65-69
780554	Neville Witham	Cornwall AC		199													199	1	Male 65-69
898135	Gary Hickman	Tri Logic Cornwall	199														199	1	Male 65-69
841786	David Byrne	Hayle Runners				198											198	1	Male 65-69
365385	Jim Lockyer	East Cornwall Harriers			197												197	1	Male 65-69
745920	Mark Squire	Hayle Runners						196									196	1	Male 65-69
760538	Andrew George	Hayle Runners	196														196	1	Male 65-69
746189	Philip Bunt	Newquay Road Runners									195						195	1	Male 65-69
664494	Roland Hardman	Hayle Runners					195										195	1	Male 65-69

GP 2024 after Race 11 Treggy 7 - Male Age Category Table

Race points can't be questioned / changed more than 2 races in the past. Please check your results carefully.
If you find a mistake please contact Jenny Bowden (jenny690@btinternet.com) as soon as possible.

Best 8 events to count. Age category depends on age on 01/01/2024. Only affiliated Cornish clubs included.
Make name / club changes on your SiEntries account and it will be uploaded on your next event.

SiEntries ID	Name	Club	Storm Force	Newquay 10k	Looe 10	Falmouth	An Res	Trevornick	Mag 7	Turkey Trot	IQ Half	Sticker 5	Treggy 7	Turo Half	Marazion 10k	Cornish	Score	Completed	Age Category
749510	Simon Webber	East Cornwall Harriers		195													195	1	Male 65-69
454678	Robert Burrows	Hayle Runners	195														195	1	Male 65-69
281390	Mark Tamblyn	Falmouth Running Club	194														194	1	Male 65-69
834709	John Bowden	Looe Pioneers Running Club		190													190	1	Male 65-69
725994	Peter Jenkin	Falmouth Running Club		187													187	1	Male 65-69
752530	Richard Morton	Tamar Trotters	199	199	200	200	200				199	200	197				1594	8	Male 70-74
381794	Malcolm Roberts	St Austell Running Club	197	197	198			200	199	199	200	197	200				1590	9	Male 70-74
7111	Stephen Hutchinson	Bude Rats (Run and Tri)	198	198	199	199	198	199			198	198	198				1587	9	Male 70-74
748011	Martin Venning	Launceston Road Runners	193	192			194	197	197	192		191	194				1550	8	Male 70-74
745094	Colin Martin	Newquay Road Runners			197	198	196		198	197		195	196				1377	7	Male 70-74
750060	Tommy Polglase	Carn Runners	200	200			199		200	200		199					1198	6	Male 70-74
522287	Alan Brandwood	Falmouth Running Club		191				198		193	196	192	195				1165	6	Male 70-74
748431	Christopher Ramsey	Truro Running Club		196			195			194		194	193				972	5	Male 70-74
748353	Steven Walkley	Falmouth Running Club	196				197			198	197						788	4	Male 70-74
747885	Ian Grimes	Launceston Road Runners	195	195						196		196					782	4	Male 70-74
604348	Peter Drew	Carn Runners	194	193						195		193					775	4	Male 70-74
749334	Martin Hynes	Launceston Road Runners											199				199	1	Male 70-74
365945	Gary Oswald	Looe Pioneers Running Club			196												196	1	Male 70-74
750113	Nick Miles	Newquay Road Runners		194													194	1	Male 70-74
350003	John Tilley	Bodmin Running Club		190													190	1	Male 70-74
550913	Chunky Penhaul	Hayle Runners	200			200		200	200	200	200	200	200				1600	8	Male 75-79
631285	Des Evans	Newquay Road Runners	199	200	200	199	197	198	199	196	199	198	198				1592	11	Male 75-79
745095	Richard Jenkin	Cornwall AC	197	199	196		198	199	197	199	198	199	199				1588	10	Male 75-79
765035	Martin Curtis	Hayle Runners	198	198	197		199	197	198	197							1384	7	Male 75-79
747923	Dennis Burrell	Carn Runners		193				196		195		196	197				977	5	Male 75-79
768208	Paul Wright	Bodmin Running Club	194		198				196			197					785	4	Male 75-79
274470	Ian Ringer	Bodmin Running Club	195	196	199												590	3	Male 75-79
811500	Ray Frith	Newquay Road Runners	196	197	195												588	3	Male 75-79
193851	Roy Newton	Falmouth Running Club	193	194				194									581	3	Male 75-79
747308	John Lillis	Newquay Road Runners		195						198							393	2	Male 75-79
261641	Doug Alsop	St Austell Running Club					200										200	1	Male 75-79
896831	Andrew Cameron	Truro Running Club						195									195	1	Male 75-79
718927	Michael Wooding	Newquay Road Runners						193									193	1	Male 75-79
557872	Stewart Townend	Hayle Runners	200	200			200		200	200		200	200				1400	7	Male 80-84

GP 2024 after Race 11 Treggy 7 - Statistics

Race points can't be questioned / changed more than 2 races in the past. Please check your results carefully.
If you find a mistake please contact Jenny Bowden (jenny690@btinternet.com) as soon as possible.

Best 8 events to count. Age category depends on age on 01/01/2024. Only affiliated Cornish clubs included.
Make name / club changes on your SIEntries account and it will be uploaded on your next event.

Statistic	Storm Force	Newquay 10k	Looe 10	Falmouth	An Res	Trevornick	Mag 7	Turkey Trot	IQ Half	Sticker 5	Treggy 7	Truro Half	Marazion 10k	Cornish	Total
Total Entrants	514	768	458	619	291	369	277	352	386	237	389				4660
Male Entrants	306	416	274	371	172	192	176	188	238	136	230				2699
Female Entrants	208	352	184	248	119	177	101	164	148	101	159				1961
Cornish Male Entrants	226	243	118	125	128	144	91	159	117	115	125				1591
Cornish Female Entrants	164	197	79	79	88	127	57	140	80	90	88				1189