

GP 2026 after Race 6 Trevornick 10k - Female Age Category Table

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If you find a mistake please contact Jenny Bowden (jenny690@btinternet.com) as soon as possible.

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SiEntries ID	Name	Club	Trevethick 12k	Newquay 10k	Looe 10	An Res	Falmouth	Trevornick	Aggie 5	Mag 7	Turkey Trot	IQ Half	Sticker 5	Treggy 7	Truro Half	Marazion 10k	Cornish	Score	Completed	Age Category
959248	Tear Rogers	Hayle Runners	199	192	198	199	195	198										1181	6	Female Under 35
957505	Kim Cox	Truro Running Club	192	185	193	197	191	193										1151	6	Female Under 35
976723	Nicola Bonfield	St Austell Running Club	181	175	187	192	183	189										1107	6	Female Under 35
971399	Jenna Richards	Cornwall AC	188	182		194	184	188										936	5	Female Under 35
788653	Hollie Martin	St Austell Running Club	186	177	190		185	191										929	5	Female Under 35
1013665	Lauren Barrett	Truro Running Club	182	167	185	191	175											900	5	Female Under 35
1035758	Lauren Smith	Bodmin Running Club	177	171	186		174	185										893	5	Female Under 35
1039152	Iesha Chaney	St Austell Running Club	175	169	184		177	184										889	5	Female Under 35
924152	Annabel White	Cornwall AC			199	200	197	199										795	4	Female Under 35
1091110	Emma Clarke	St Austell Running Club			197	198	196	197										788	4	Female Under 35
1035942	Tamara Kearney	Hayle Runners		186	189	195		195										765	4	Female Under 35
1077436	Samantha Kodola	Carn Runners	187	178		193		192										750	4	Female Under 35
893369	Jemma Kearney	Hayle Runners	179	172	181			183										715	4	Female Under 35
793957	Courtney Marks	St Austell Running Club	176	168		190	180											714	4	Female Under 35
1038625	Abbie Morcom	St Austell Running Club	178	170			179	186										713	4	Female Under 35
928384	Gemma Wicks	St Austell Running Club	171	160	182			177										690	4	Female Under 35
1038557	Abby Diplock	St Austell Running Club	172	164			173	178										687	4	Female Under 35
907452	Megan Clarke	Truro Running Club	170	163			171	179										683	4	Female Under 35
730928	Rose Harvie	Newquay Road Runners	200	195	200													595	3	Female Under 35
315402	Emma Stephens	Bodmin Running Club	197	187	194													578	3	Female Under 35
944667	Teigan Turner	Hayle Runners	193	189			194											576	3	Female Under 35
1083116	Elena Trevechick	Carn Runners			191	196	189											576	3	Female Under 35
1069070	Amber Bolger	Looe Pioneers Running Club	191	181	192													564	3	Female Under 35
1011574	Emilrose Gill	St Austell Running Club	174	166				176										516	3	Female Under 35
933073	Naomi Underwood	St Austell Running Club	169	162			170											501	3	Female Under 35
984543	Sam Kearney	Hayle Runners	168	158				174										500	3	Female Under 35
911507	Helen Barrett	Falmouth Running Club	198				198											396	2	Female Under 35
988027	Ruby King	Hayle Runners	196	190														386	2	Female Under 35
794462	Ashley Elliott	East Cornwall Harriers		188	196													384	2	Female Under 35
1068002	Holly Pengelly	Looe Pioneers Running Club		180	188													368	2	Female Under 35
1076314	Emma Chick	Cornwall AC					181	182										363	2	Female Under 35
1035675	Laura Patryas	Hayle Runners	185	176														361	2	Female Under 35
1071924	Claire Frewen	Newquay Road Runners		179			182											361	2	Female Under 35
903175	Beth Lloyd Davies	Truro Running Club		173				187										360	2	Female Under 35
909457	Izzy Cook	Bys Vyken Race Team	173					181										354	2	Female Under 35
987314	Hollie Catnach	Looe Pioneers Running Club	180	174														354	2	Female Under 35
1011563	Stacey Ford	St Austell Running Club		165				175										340	2	Female Under 35
557272	Louise Mitchell	Truro Running Club					200											200	1	Female Under 35
569236	Tamara Beach	Cornwall AC		200														200	1	Female Under 35
790902	Chloe Clarke	Cornwall AC						200										200	1	Female Under 35
610688	Steph Hutton	Cornwall AC		199														199	1	Female Under 35
964025	Arianna Caddy	Hayle Runners					199											199	1	Female Under 35
794648	Katie Walker	Cornwall AC		198														198	1	Female Under 35
1070514	Eve Sealy	Cornwall AC		197														197	1	Female Under 35
818765	Jasmine Rapson	Newquay & Par AC		196														196	1	Female Under 35
1056248	Briana Robinson	Carn Runners						196										196	1	Female Under 35
833683	Kate Frame	Hayle Runners	195															195	1	Female Under 35
1093432	Jessica Jones	Looe Pioneers Running Club			195													195	1	Female Under 35
420151	Bethan Gay	Cornwall AC		194														194	1	Female Under 35
1001284	Ellie Wheatley	Hayle Runners	194															194	1	Female Under 35
1111326	Emily Bennett	Hayle Runners						194										194	1	Female Under 35
819653	Katie Jennings	Falmouth Running Club					193											193	1	Female Under 35
997948	Megan Butler	St Austell Running Club		193														193	1	Female Under 35
1038854	Keziah Davies	Truro Running Club					192											192	1	Female Under 35
1005820	Leah Emilie Rapson	Newquay & Par AC		191														191	1	Female Under 35
752566	Sophie Talling	Newquay Road Runners					190											190	1	Female Under 35
952565	Hannah Watts	St Austell Running Club	190															190	1	Female Under 35
1043804	Abbie Lucas	Cornwall AC						190										190	1	Female Under 35
1016605	Rachel Bentley	St Austell Athletes Running Club	189															189	1	Female Under 35
1043563	Sophie Greenaway	Hayle Runners				189												189	1	Female Under 35
1078449	Elen James	Cornwall AC					188											188	1	Female Under 35
976491	Lisa Martin	Truro Running Club					187											187	1	Female Under 35
999504	Isabelle Beckett	Cornwall AC					186											186	1	Female Under 35
959996	Lucy Nancarrow	Truro Running Club		184														184	1	Female Under 35
965100	Lily Jacka	Hayle Runners	184															184	1	Female Under 35
826400	Chloe Turner	East Cornwall Harriers			183													183	1	Female Under 35
1077832	Madison Griffiths	Newquay Road Runners		183														183	1	Female Under 35
1079479	Cesca Ryder	Hayle Runners	183															183	1	Female Under 35
1096697	Bethany Lee	Falmouth Running Club						180										180	1	Female Under 35
865404	Verity Bridger	Perran Trail Runners					178											178	1	Female Under 35
964241	Sophie Bourne	St Austell Running Club					176											176	1	Female Under 35
1076304	Amelie Benham	Cornwall AC					172											172	1	Female Under 35
912006	Maddie Southall	Looe Pioneers Running Club		161														161	1	Female Under 35
1068496	Saffron Giles	St Austell Running Club		159														159	1	Female Under 35
1029335	Michaela Barron	Launceston Road Runners	198	200	199	199	199	199										1194	6	Female 35-39
425707	Amy Gregory	Newquay Road Runners	196	199	198	196	198	188										1175	6	Female 35-39
1068080	Kelly Renals	Bodmin Running Club	190	193	191		190	191										955	5	Female 35-39
744571	Katie Robinson	Falmouth Running Club	200			200	200	200										800	4	Female 35-39
416840	Anna Carter	Newquay Road Runners		198	196		196	195										785	4	Female 35-39
833285	Alice Picking	Hayle Runners		197		195	195	193										780	4	Female 35-39
784808	Gwen Maggs	St Austell Running Club	191	194	192	194												771	4	Female 35-39
684226	Michelle Dunn	St Austell Running Club	189	192	190			190										761	4	Female 35-39
750132	Paula Clarkson	Falmouth Running Club	188	191			191											570	3	Female 35-39
1098039	Jenny Stephens	Cornwall AC				197		198										395	2	Female 35-39
748124	Angeline Hadfield	Truro Running Club	194					194										388	2	Female 35-39
795598	Greta Viertel	Truro Running Club	192	196														388	2	Female 35-39
1009286	Nicole Doidge	East Cornwall Harriers	193		195													388	2	Female 35-39
866400	Chloe Thorne	Truro Running Club	187	189														376	2	Female 35-39
665740	Donna Dark	Hayle Runners	186					189										375	2	Female 35-39
240026	Kaye Patterson	East Cornwall Harriers			200													200	1	Female 35-39
356595	Ruth Glover	Tri Logic Cornwall	199															199	1	Female 35-39

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SiEntries ID	Name	Club	Trevithick 12k	Newquay 10k	Looe 10	An Res	Falmouth	Trevornick	Aggie 5	Mag 7	Turkey Trot	IQ Half	Sticker 5	Treggy 7	Truro Half	Marazion 10k	Cornish	Score	Completed	Age Category
945541	Victoria Rose	Carn Runners				198												198	1	Female 35-39
460378	Harriet Frost	Newquay Road Runners	197															197	1	Female 35-39
575007	Victoria Humphreys	East Cornwall Harriers			197													197	1	Female 35-39
952799	Jennifer Simpson	Newquay Road Runners					197											197	1	Female 35-39
994890	Joanne Yeo	Launceston Road Runners					197											197	1	Female 35-39
923444	Tamar Menhinick-Clark	Wadebridge Running Club					196											196	1	Female 35-39
587683	Isabel Irwin-Bowler	St Austell Running Club	195															195	1	Female 35-39
799485	Lisa Francey	Cornwall AC		195														195	1	Female 35-39
863111	Joanna White	East Cornwall Harriers			194													194	1	Female 35-39
869012	Jess Cadby	St Austell Athletes Running Club					194											194	1	Female 35-39
481139	Grace Whetton	Hayle Runners					193											193	1	Female 35-39
953896	Tamsin Goodman	East Cornwall Harriers			193													193	1	Female 35-39
859775	Jennifer Kempthorne	Wadebridge Running Club					192											192	1	Female 35-39
933992	Sarah Langton	Wadebridge Running Club					192											192	1	Female 35-39
823678	Jessica Gallienne	Newquay Road Runners		190														190	1	Female 35-39
956019	Clare Dale	St Austell Running Club	198	197	200	199	200	197										1191	6	Female 40-44
908800	Meg Chapman	Falmouth Running Club	191	192	197	195	195	192										1162	6	Female 40-44
820604	Natalie Dunn	Truro Running Club	192	193	198		197	194										974	5	Female 40-44
756886	Fiona Gamble	Hayle Runners	196	180	199		199	193										967	5	Female 40-44
745497	Stella Gardener	Newquay Road Runners	193	195		197		195										780	4	Female 40-44
930043	Sharon Stewart	Newquay Road Runners	184	182	190			189										745	4	Female 40-44
591350	Rosie Trevalins	Bys Vyken Race Team	180	177		189		184										730	4	Female 40-44
754984	Rebecca O'Doherty	St Austell Running Club	174	173	186			183										716	4	Female 40-44
730447	Gemma Wotherspoon	Bodmin Running Club	169	170	184			179										702	4	Female 40-44
233295	Sarah Hoskin	Mile High	200	200				200										600	3	Female 40-44
830779	Emma Shaw	Bodmin Running Club	195	194			196											585	3	Female 40-44
800391	Lucy Paull	Hayle Runners	190			196		196										582	3	Female 40-44
1075297	Hannah Bundy	Hayle Runners	186				194	187										567	3	Female 40-44
964190	Claire Baker-Martin	Hayle Runners	183	183			193											559	3	Female 40-44
820898	Shelley Kirk	Tamar Trotters	170	169				180										519	3	Female 40-44
761681	Emma Paull	Hayle Runners				200		199										399	2	Female 40-44
417187	Ruby Orchard	Cornwall AC	199	199														398	2	Female 40-44
752777	Clare Gwennap	Tri Logic Cornwall	197			198												395	2	Female 40-44
865341	Jenna Bissell	Truro Running Club	194					198										392	2	Female 40-44
893368	Rebecca Martin	Carn Runners			191	192												383	2	Female 40-44
944780	Tammy Dalton	Falmouth Running Club	188			194												382	2	Female 40-44
353859	Claire Johnson	St Austell Running Club		185	195													380	2	Female 40-44
1076421	Hannah Jenkins	St Austell Running Club	185		194													379	2	Female 40-44
292734	Jennifer Forbes	Hayle Runners			188	190												378	2	Female 40-44
840206	Linzi Hanscomb	Bodmin Running Club		184	193													377	2	Female 40-44
930593	Sarah Strippel	Newquay Road Runners		186				191										377	2	Female 40-44
827822	Naomi Astill	Hayle Runners	189	187														376	2	Female 40-44
980439	Amy Greef	Hayle Runners	187	188														375	2	Female 40-44
969259	Kate Burd	Perran Trail Runners	182					186										368	2	Female 40-44
759322	Donna Fisher	Newquay Road Runners	179			188												367	2	Female 40-44
744941	Jamie Gore	Hayle Runners	181	181														362	2	Female 40-44
818356	Rachel Yelland	East Cornwall Harriers		175	187													362	2	Female 40-44
385026	Demelza Martin	Carn Runners	178	179														357	2	Female 40-44
952376	Charmaine White	Carn Runners	173					182										355	2	Female 40-44
751164	Kelly Lewis	Truro Running Club	177	174														351	2	Female 40-44
718706	Emma Figures	Truro Running Club				198												198	1	Female 40-44
950069	Stacey Lowe	Cornwall AC		198														198	1	Female 40-44
439816	Dani Souch	East Cornwall Harriers			196													196	1	Female 40-44
637011	Laura Pool	Truro Running Club		196														196	1	Female 40-44
745244	Jenny Cartwright	Looe Pioneers Running Club				193												193	1	Female 40-44
720452	Sarah McDonough	East Cornwall Harriers			192													192	1	Female 40-44
735977	Michelle Fitt	Cornwall Vikings					192											192	1	Female 40-44
571527	Helen Legrys	St Austell Athletes Running Club				191												191	1	Female 40-44
993720	Rachel Murt	Newquay Road Runners		191														191	1	Female 40-44
1054459	Sheralyn Eden	St Austell Athletes Running Club					191											191	1	Female 40-44
719441	Alison O'Hora	East Cornwall Harriers		190														190	1	Female 40-44
971618	Hannah Chappell	Perran Trail Runners					190											190	1	Female 40-44
1068242	Laura Spargo	Wadebridge Running Club					190											190	1	Female 40-44
961225	Natalie Angel	Wadebridge Running Club		189														189	1	Female 40-44
1025007	Samantha Timothy	St Austell Running Club			189													189	1	Female 40-44
578509	Helen Stevenson	Bodmin Running Club						188										188	1	Female 40-44
728928	Jade Biggs	Cornwall AC						185										185	1	Female 40-44
944221	Karla Aram	East Cornwall Harriers			185													185	1	Female 40-44
952003	Mo Sayers	East Cornwall Harriers			183													183	1	Female 40-44
652288	Jennifer Burden	St Austell Running Club						181										181	1	Female 40-44
977312	Imogen Tomlinson	St Austell Athletes Running Club		178														178	1	Female 40-44
747894	Claire Stone	Hayle Runners	176															176	1	Female 40-44
820780	Abigail Smith	Tamar Trotters		176														176	1	Female 40-44
941052	Arlene Powell	Tamar Trotters	175															175	1	Female 40-44
772748	Sara Needham	Newquay Road Runners		172														172	1	Female 40-44
981666	Catriona Chodkiewicz	Carn Runners	172															172	1	Female 40-44
809333	Maria De Ruvo	Hayle Runners	171															171	1	Female 40-44
991667	Emma Martin	Bodmin Womens Running Club		171														171	1	Female 40-44
1072721	Lisa-Marie Worsfold	St Austell Running Club		168														168	1	Female 40-44
965115	Holly Hewett	Hayle Runners		167														167	1	Female 40-44
690547	Emma Lawry	St Austell Running Club	184	177	189	191	193	189										1123	6	Female 45-49
786453	Lisa Lewis	Tamar Trotters	181	176	188	192	192	190										1119	6	Female 45-49
859634	Nicole Di Maio	Cornwall AC	179	182	185	190	189	188										1113	6	Female 45-49
197268	Georgina Symons	St Austell Athletes Running Club	190	187	194	193	196											960	5	Female 45-49
922988	Maria Moynan	East Cornwall Harriers	185	183	193		194	191										946	5	Female 45-49
584880	Emma Johns	Hayle Runners	176	174	184	189		187										910	5	Female 45-49
748963	Helen Sandey	St Austell Running Club	174	171	183		188	185										901	5	Female 45-49
746257	Julia Pearce	Cornwall AC	198	196		198	199											791	4	Female 45-49
729035	Emma Fox	Newquay Road Runners	194	194		197		199										784	4	Female 45-49
782710	Nicola Edwards	Newquay Road Runners	191	189		194		194										768	4	Female 45-49

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441674	Rosie Gibbons	Cornwall AC		200		200		200										600	3	Female 45-49
746124	Kirsty Medlock	Hayle Runners	199	197			200											596	3	Female 45-49
1084101	Kerry Kilford	Carn Runners				199	198	198										595	3	Female 45-49
501802	Karina Bowers	St Austell Running Club	193		198			197										588	3	Female 45-49
748670	Olivia Pellowe	Carn Runners		192		196		196										584	3	Female 45-49
749967	Helen Cotton	Bodmin Running Club		186	197	195												578	3	Female 45-49
481115	Helen Cuthbert	Hayle Runners	188	184				192										564	3	Female 45-49
993398	Charlotte Bunt	East Cornwall Harriers	180	179	192													551	3	Female 45-49
876798	Ingrid Goudge	East Cornwall Harriers			199		197											396	2	Female 45-49
728766	Alison Roose	Newquay Road Runners	195	195														390	2	Female 45-49
584634	Lisa Cassidy	Wadebridge Running Club					195	193										388	2	Female 45-49
829660	Katie Hicks	Hayle Runners	192	191														383	2	Female 45-49
571948	Kate Callaghan	Truro Running Club	183	178														361	2	Female 45-49
367503	Joanne Robinson	Looe Pioneers Running Club	200															200	1	Female 45-49
746506	Mary Rossetti	Truro Running Club			200													200	1	Female 45-49
908254	Lynsey Newcombe	Wadebridge Running Club		199														199	1	Female 45-49
420877	Mandy Gibson	Looe Pioneers Running Club		198														198	1	Female 45-49
717181	Lee Strickland	Hayle Runners	197															197	1	Female 45-49
363491	Emma Langstaff	Looe Pioneers Running Club	196															196	1	Female 45-49
501279	Sue Pendleton	Tamar Trotters			196													196	1	Female 45-49
644560	Helen Waters	Perran Trail Runners						195										195	1	Female 45-49
921110	Heidi Chapman	Bodmin Running Club			195													195	1	Female 45-49
264194	Alison Caldwell	Tamar Trotters		193														193	1	Female 45-49
686166	Lucy Oldham	East Cornwall Harriers			191													191	1	Female 45-49
865503	Diana Cordingley-Clark	St Austell Athletes Running Club					191											191	1	Female 45-49
435525	Julie Rundle	Bodmin Running Club		190														190	1	Female 45-49
931976	Naomi Grint	Looe Pioneers Running Club			190													190	1	Female 45-49
1072034	Tamsin Rooker	Wadebridge Running Club					190											190	1	Female 45-49
342972	Tracy Mckenzie	Newquay Road Runners	189															189	1	Female 45-49
956172	Kizzy Udy	St Austell Athletes Running Club		188														188	1	Female 45-49
418273	Becky Wise	Launceston Road Runners			187													187	1	Female 45-49
597860	Claire Palmer	Bodmin Running Club	187															187	1	Female 45-49
726522	Natalie Jewell	Falmouth Running Club	186															186	1	Female 45-49
899551	Emma Lewis	East Cornwall Harriers			186													186	1	Female 45-49
948193	Suzie Smith	Hayle Runners						186										186	1	Female 45-49
890450	Stacey Carder	Tri Logic Cornwall		185														185	1	Female 45-49
757334	Merwyn Quick	Launceston Road Runners	182															182	1	Female 45-49
867593	Fleur Johnson	Newquay Road Runners		181														181	1	Female 45-49
864980	Kate Williams	St Austell Running Club		180														180	1	Female 45-49
895233	Zoe Webb	Carn Runners	178															178	1	Female 45-49
782496	Carrie Patrick	Carn Runners	177															177	1	Female 45-49
514834	Sarah Johns	Hayle Runners		175														175	1	Female 45-49
725804	Samantha Dixon	Hayle Runners	175															175	1	Female 45-49
933416	Anne Cobell	Hayle Runners		173														173	1	Female 45-49
721966	Sarah Hardy	Bodmin Womens Running Club		172														172	1	Female 45-49
910996	Samantha Rendell	Falmouth Running Club	189	189	199	197	199	195										1168	6	Female 50-54
240101	Debbie Marshall	St Austell Running Club	186	187	198	195	196	192										1154	6	Female 50-54
553271	Sally Martin	Falmouth Running Club	175	180	189	192	191	190										1117	6	Female 50-54
555073	Claire Barlow	Bodmin Running Club	171	171	186	188	187	187										1090	6	Female 50-54
434324	Jacqui Martin	St Austell Running Club	170	174	184	187	185	185										1085	6	Female 50-54
746920	Natasha Stevens	Bodmin Running Club	197	196	200	199		198										990	5	Female 50-54
176724	Charlotte Bennett	Hayle Runners	200	200		200		200										800	4	Female 50-54
774879	Emma Cases	Newquay Road Runners	193	198			200	199										790	4	Female 50-54
746811	Anita Hudson	St Austell Running Club	195	195			198	196										784	4	Female 50-54
690298	Vicky Oakes	St Austell Running Club		191			196	197	193									777	4	Female 50-54
936393	Wendy Stuart	St Austell Running Club		185	191	190	189											755	4	Female 50-54
949649	Alison Day	St Austell Running Club		182	192	189	190											753	4	Female 50-54
431617	Samantha Ewart	St Austell Running Club	180		183		186	188										737	4	Female 50-54
502174	Melanie Nile	St Austell Running Club	185		197	194												576	3	Female 50-54
746290	Emma James	Launceston Road Runners	182	186	194													562	3	Female 50-54
581664	Catherine Sims	Tamar Trotters	179		190			189										558	3	Female 50-54
416165	Sarah Steed	East Cornwall Harriers	178	181	193													552	3	Female 50-54
1022050	Marsha Hughes	Looe Pioneers Running Club	172	177	187													536	3	Female 50-54
716934	Beth Popperwell	Mile High	199	199														398	2	Female 50-54
745643	Claire Mildenhall	Newquay Road Runners	196					197										393	2	Female 50-54
747948	Charlie Gray	Newquay Road Runners	194	194														388	2	Female 50-54
643489	Julie Oxenham	Bodmin Running Club			195													386	2	Female 50-54
761151	Vicky Cloete	Carn Runners		190				194										384	2	Female 50-54
370367	Alison Catnach	Looe Pioneers Running Club	190	192														382	2	Female 50-54
982279	Iiane Whiteley	St Austell Running Club	181			191												372	2	Female 50-54
988234	Charlie Thomas	Truro Running Club		183			188											371	2	Female 50-54
726279	Dawn Scallan	Carn Runners	176			193												369	2	Female 50-54
424610	Marie Green	Falmouth Running Club		176			192											368	2	Female 50-54
755457	Donna Brooks	Carn Runners	177	188														365	2	Female 50-54
747792	Victoria Hall	Bodmin Running Club		175				186										361	2	Female 50-54
750622	Kirstie Slater	Truro Running Club	173	172														345	2	Female 50-54
858152	Jennifer Williams	Cornwall AC	198															198	1	Female 50-54
865906	Linda Carter	Carn Runners					198											198	1	Female 50-54
720292	Lisa Wilson	Truro Running Club		197														197	1	Female 50-54
943196	Emma Pinnick	Looe Pioneers Running Club			196													196	1	Female 50-54
435768	Kath Wisner	St Austell Running Club					195											195	1	Female 50-54
974316	Jo Todd	Wadebridge Running Club					194											194	1	Female 50-54
915710	Suzannah Salmon	Newquay Road Runners		193														193	1	Female 50-54
1073155	Emma Jenkins	Wadebridge Running Club					193											193	1	Female 50-54
750145	Helen Cowling	Newquay Road Runners	192															192	1	Female 50-54
836001	Tracy Gibson	Truro Running Club	191															191	1	Female 50-54
795543	Gill Aze-Thomas	Launceston Road Runners			188													188	1	Female 50-54
909503	Dellen Carroll	Newquay Road Runners	188															188	1	Female 50-54
826484	Claire Norris	Falmouth Running Club	187															187	1	Female 50-54
746254	Sarah Marsh	East Cornwall Harriers			185													185	1	Female 50-54
571104	Natasha Guttridge	Newquay Road Runners		184														184	1	Female 50-54

GP 2026 after Race 6 Trevornick 10k - Female Age Category Table

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SiEntries ID	Name	Club	Trevithick 12k	Newquay 10k	Looe 10	An Res	Falmouth	Trevornick	Aggie 5	Mag 7	Turkey Trot	IQ Half	Sticker 5	Treggy 7	Truro Half	Marazion 10k	Cornish	Score	Completed	Age Category
726521	Nicola Crilly	Falmouth Running Club	184															184	1	Female 50-54
870464	Lorna Burton	Hayle Runners						184										184	1	Female 50-54
1005866	Emma Harris	Tamar Trotters	183															183	1	Female 50-54
1075325	Stephanie Glasson	Newquay Road Runners		179														179	1	Female 50-54
943103	Claire Hobson	Wadebridge Running Club		178														178	1	Female 50-54
875759	Lisa Shennan	Tamar Trotters	174															174	1	Female 50-54
414017	Miranda Honey	Bodmin Running Club		173														173	1	Female 50-54
818863	Sara Grattan	Looe Pioneers Running Club		170														170	1	Female 50-54
888810	Sam Robinson	Hayle Runners	169															169	1	Female 50-54
691229	Rebecca Shore	St Austell Running Club	181	182	188	189	186	186										1112	6	Female 55-59
416717	Helen Lawes	Looe Pioneers Running Club		186	193	193	189	191										952	5	Female 55-59
422172	Cat Wallman	Falmouth Running Club	184	185	195		191	188										943	5	Female 55-59
872847	Julia Evans	East Cornwall Harriers	186	187	194		187	189										943	5	Female 55-59
396166	Zelah Morrall	Cornwall AC	200	200		200		200										800	4	Female 55-59
742959	Tanya Coleman	Truro Running Club	197	197		197		199										790	4	Female 55-59
746924	Mandy Watts	Newquay Road Runners	195	196			198	197										786	4	Female 55-59
941807	Amanda Stevens	Newquay Road Runners	190		198		194	196										778	4	Female 55-59
583630	Sarah Thomas	Hayle Runners	189			196	197	194										776	4	Female 55-59
336814	Rachael Church	Perran Trail Runners	182	189		191		187										749	4	Female 55-59
976785	Vicky Chenoweth	St Austell Running Club	178	181		190		183										732	4	Female 55-59
953395	Sue Nancarrow	Truro Running Club	198	199			199											596	3	Female 55-59
393536	Corinne Gerrard	Hayle Runners	196			198	199											593	3	Female 55-59
726353	Gill Overell	St Austell Running Club			197	194	192											583	3	Female 55-59
210570	Lisa Talling	Newquay Road Runners	192	194			195											581	3	Female 55-59
747599	Lucy Hewitt	Newquay Road Runners	188			195		193										576	3	Female 55-59
878218	Loraine Hoar	St Austell Running Club			189		188	192										569	3	Female 55-59
728417	Gail Cory	East Cornwall Harriers	185	190			190											565	3	Female 55-59
955126	Rachel Holt	Looe Pioneers Running Club		180	191			184										555	3	Female 55-59
748767	Debbie Harrison-Webb	Hayle Runners	199				200											399	2	Female 55-59
188018	Karen Pascoe	Cornwall AC		198				198										396	2	Female 55-59
484969	Jane Stephens	Bodmin Running Club		192	199													391	2	Female 55-59
1067472	Elaine Griffiths	Newquay Road Runners		195				195										390	2	Female 55-59
160186	Helen Thomas	Truro Running Club	191	193														384	2	Female 55-59
786203	Elaine Hill	Launceston Road Runners		184	192													376	2	Female 55-59
797225	Lorraine Hawkins	Launceston Road Runners		183	190													373	2	Female 55-59
577907	Ruth Simmons	St Austell Running Club	180		187													367	2	Female 55-59
516080	Julie Gregory	Looe Pioneers Running Club		179	186													365	2	Female 55-59
1047484	Pamela Nolan	Carn Runners	176	177														353	2	Female 55-59
745054	Debbie Jones	Looe Pioneers Running Club			200													200	1	Female 55-59
579695	Nicky Brenton	Bodmin Running Club		196														196	1	Female 55-59
1068232	Rosie Simon	Wadebridge Running Club					196											196	1	Female 55-59
204826	Catheryn Camborieux	Truro Running Club	194															194	1	Female 55-59
162008	Alison Parsons	Wadebridge Running Club					193											193	1	Female 55-59
276349	Louise Ollivier	Hayle Runners	193															193	1	Female 55-59
525864	Elizabeth Brown	St Austell Athletics Running Club				192												192	1	Female 55-59
747899	Karen Sims	East Cornwall Harriers		191														191	1	Female 55-59
727095	Val Carter	Truro Running Club						190										190	1	Female 55-59
1064456	Linda Ashe	Falmouth Running Club		188														188	1	Female 55-59
244469	Tamzin Davey	Cornwall AC	187															187	1	Female 55-59
953940	Sarah Pipa-Harding	Cornwall AC						185										185	1	Female 55-59
343079	Deborah Hocking	Hayle Runners	183															183	1	Female 55-59
245179	Debra Gibbs	St Austell Running Club	179															179	1	Female 55-59
960618	Maggie Bunting	Tamar Trotters		178														178	1	Female 55-59
952211	Emma Taylor	Hayle Runners	177															177	1	Female 55-59
451019	Sarah Wilkinson	Newquay Road Runners	197	194	198	197	197	199										1182	6	Female 60-64
652263	Theresa Clark	Hayle Runners	184	189	193	193	192											951	5	Female 60-64
773378	Soraya Williams	Hayle Runners	182	180		191	190	189										932	5	Female 60-64
504813	Julie Bolitho	Falmouth Running Club	172		188	190	189	188										927	5	Female 60-64
368022	Liz Trebilcock	Truro Running Club	199	198	200		199											796	4	Female 60-64
315414	Linda Pickard	Launceston Road Runners	194	196	199	198												787	4	Female 60-64
580949	Jackie Stone	Hayle Runners	176	183		192	194											745	4	Female 60-64
557271	Helen Mitchell	Truro Running Club		200		200	200											600	3	Female 60-64
386188	Revis Crowle	East Cornwall Harriers	200	199				200										599	3	Female 60-64
727278	Helen Casey	Hayle Runners	196	197			198											591	3	Female 60-64
454043	Juliet Stewart	Truro Running Club	198	195		195												588	3	Female 60-64
827410	Christine Boon	Truro Running Club		191			196	198										585	3	Female 60-64
724660	Gillian Onley	Cornwall AC	192	190				195										577	3	Female 60-64
1029911	Karen Sexton	Falmouth Running Club	189	187	197													573	3	Female 60-64
470943	Ruth Holding	Mile High	195			199												394	2	Female 60-64
873139	Julie Thomas	East Cornwall Harriers			195			192										387	2	Female 60-64
397733	Tandy Andrews	Falmouth Running Club	190			196												386	2	Female 60-64
1039423	Laura Topping	Hayle Runners	193	193														386	2	Female 60-64
1067971	Wendy Holmes	Newquay Road Runners		192				191										383	2	Female 60-64
368072	Emma Earnshaw	East Cornwall Harriers	185		196													381	2	Female 60-64
417942	Alison Cox	Bodmin Womens Running Club	188		191													379	2	Female 60-64
746777	Ann Bradley	St Austell Running Club	186					193										379	2	Female 60-64
988331	Gabrielle Lyons	Launceston Road Runners		185	194													379	2	Female 60-64
839617	Carol Beaver	Looe Pioneers Running Club		184				194										378	2	Female 60-64
745827	Helen Squire	Hayle Runners	177					190										367	2	Female 60-64
495224	Lynne Overd	Looe Pioneers Running Club		177	189													366	2	Female 60-64
744971	Gwen Vaughan	Looe Pioneers Running Club		176	190													366	2	Female 60-64
662696	Lorraine Wherry	St Austell Running Club	181	181														362	2	Female 60-64
531490	Jennifer Lawson	Newquay Road Runners	179	182														361	2	Female 60-64
864147	Jenny Bowden	Newquay Road Runners	173		187													360	2	Female 60-64
538687	Nicola Slateford	St Austell Running Club	175	179														354	2	Female 60-64
431621	Christine Todd	St Austell Running Club	174	178														352	2	Female 60-64
652154	Diane Walker	St Austell Running Club	171	175														346	2	Female 60-64
725954	Sally Fletcher	St Austell Running Club						197										197	1	Female 60-64
853307	Caroline Pack	Falmouth Running Club						196										196	1	Female 60-64
158743	Jane Stedman	Bodmin Running Club					195											195	1	Female 60-64

GP 2026 after Race 6 Trevornick 10k - Female Age Category Table

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359250	Rachel Thomson	Hayle Runners				194												194	1	Female 60-64
1068249	Julie Frost	Wadebridge Running Club					193											193	1	Female 60-64
906944	Jeannie Cathcart	Looe Pioneers Running Club			192													192	1	Female 60-64
159557	Caroline Studd	Tri Logic Cornwall	191															191	1	Female 60-64
833866	Yvonne Watkins	Hayle Runners					191											191	1	Female 60-64
211017	Cathy Willows	East Cornwall Harriers		188														188	1	Female 60-64
886708	Tamsin Harris	Bodmin Running Club					188											188	1	Female 60-64
768199	Sharon Willis	Newquay Road Runners	187															187	1	Female 60-64
359238	Lesley Taphouse	Bodmin Running Club			186													186	1	Female 60-64
899607	Sue Pooley	Bodmin Womens Running Club		186														186	1	Female 60-64
929887	Sara Chapman	Newquay Road Runners	183															183	1	Female 60-64
1077491	Shelagh Mitchell	Carn Runners	180															180	1	Female 60-64
767136	Sandra Shelley	Carn Runners	178															178	1	Female 60-64
759165	Margaret Clark	Hayle Runners	199	199	199	200	199											996	5	Female 65-69
749487	Angela Brincombe	Launceston Road Runners	200	200	200			200										800	4	Female 65-69
939349	Sally Powell	Carn Runners	193	193	196			197										779	4	Female 65-69
555265	Jacque Rapiere	Falmouth Running Club	198	195		199												592	3	Female 65-69
747235	Theresa Williams	St Austell Running Club	197	196			199											592	3	Female 65-69
712700	Aileen Barwell	Falmouth Running Club	196	197	197													590	3	Female 65-69
864969	Deborah Sturges	Hayle Runners		194		198	198											590	3	Female 65-69
197384	Hilary Kennedy	Truro Running Club			198		200											398	2	Female 65-69
396493	Christina Lake	Falmouth Running Club	195				198											393	2	Female 65-69
430070	Wendy Lowe	Bodmin Womens Running Club		198														198	1	Female 65-69
683153	Paula Richardson	East Cornwall Harriers	194															194	1	Female 65-69
212431	Diane Warren	Hayle Runners	199	200	200		199	200										998	5	Female 70-74
363333	Lavinia Marshall	Launceston Road Runners	197	198	198													593	3	Female 70-74
610805	Andrea Simmons	Hayle Runners	200				200											400	2	Female 70-74
111146	Janet Watson	Carn Runners		199	199													398	2	Female 70-74
764246	Karen Lovegrove	Hayle Runners	196	197														393	2	Female 70-74
757149	Margaret Ann Kinahan	East Cornwall Harriers	195	196														391	2	Female 70-74
305375	Sandy Jamieson	Carn Runners	198															198	1	Female 70-74
306370	Margaret Wade	Carn Runners	194															194	1	Female 70-74
745096	Jacqueline Jenkin	Cornwall AC	199	199		200		200										798	4	Female 75-79
682696	Janet Wills	St Austell Running Club	198	198	200		200											796	4	Female 75-79
295043	Jenny Mills	Launceston Road Runners	200															200	1	Female 75-79
621651	Kathran Dormer	Falmouth Running Club		200														200	1	Female 75-79

GP 2026 after Race 6 Trevornick 10k - Male Age Category Table

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731424	Bradley Parsons	St Austell Running Club	199	191	200	198	195	196										1179	6	Male Under 35
672576	Peter Brodey	St Austell Running Club	184	179	193	196	187	185										1124	6	Male Under 35
1067995	Oliver Finnimore	Looe Pioneers Running Club	189	183	194	195	188	173										1122	6	Male Under 35
827783	Kevin Bunkum	Looe Pioneers Running Club	180	175	192	194	182	186										1109	6	Male Under 35
363645	Matthew Renals	Bodmin Running Club	176	170	191	193	183	190										1103	6	Male Under 35
1064575	Taylor Hosking	Carn Runners	172	168	181	190	176	178										1065	6	Male Under 35
1077882	Samuel Little	Hayle Runners	174	167	187	191	162	182										1063	6	Male Under 35
899267	Sam Farmer	Hayle Runners	200	198		200	198	200										996	5	Male Under 35
837621	George White	Looe Pioneers Running Club	190	169	195		192	189										935	5	Male Under 35
1080545	Scott Redrup	Hayle Runners	162	149	178	187		170										846	5	Male Under 35
907790	Prentice England	St Austell Running Club	164	153	180		166	174										837	5	Male Under 35
951077	Jordan Cocks	St Austell Running Club		145	175	185	161	169										835	5	Male Under 35
910096	Mark Borman	St Austell Running Club	159	144	176	186		168										833	5	Male Under 35
384549	Kieran Murrant	Hayle Runners	195	189	196		190											770	4	Male Under 35
765942	Tom Blewett	Truro Running Club	193	185			191	195										764	4	Male Under 35
728052	Ryan Marks	St Austell Running Club	192	187			189	192										760	4	Male Under 35
885452	Oliver Meredew	Falmouth Running Club	186		188		180	188										742	4	Male Under 35
835583	Nicholas Peters	Hayle Runners	167		182	189	168											706	4	Male Under 35
953271	Lewis Halliday	Launceston Road Runners	170	163	186		171											690	4	Male Under 35
1002984	Adam Howells	Falmouth Running Club	166	156		188		175										685	4	Male Under 35
813001	Ben Kent	Cornwall AC	198	193	197													588	3	Male Under 35
1060545	Joe Jones	East Cornwall Harriers	188	181	198													567	3	Male Under 35
978127	Dan Hay	Newquay Road Runners				192	177	179										548	3	Male Under 35
835621	Ryan Lane	Mile High	177	173				187										537	3	Male Under 35
1032096	Matthew Trathen	Cornwall AC	178	177			181											536	3	Male Under 35
991713	Alex Brooks	Hayle Runners	181	171			178											530	3	Male Under 35
1071072	Dan Osborne	St Austell Running Club		154	183			177										514	3	Male Under 35
1052160	Clinton Da Encarnaqao	St Austell Running Club	165	148				171										484	3	Male Under 35
954070	Daniel Millington	Hayle Runners				199		198										397	2	Male Under 35
703607	David Maasdorp	Truro Running Club			199		196											395	2	Male Under 35
728754	Jamie Edwards	Newquay Road Runners		195				199										394	2	Male Under 35
1036006	Jack Newman	Hayle Runners	197	192														389	2	Male Under 35
819884	Harry Lobban	Falmouth Running Club	196	186														382	2	Male Under 35
563699	Jacob Howard-Endean	St Austell Athletes Running Club					186	194										380	2	Male Under 35
855938	Joshua Mills	Cornwall AC		188				191										379	2	Male Under 35
726684	Sam Lara	St Austell Running Club	191	182														373	2	Male Under 35
1029734	Aidan Tappin	Hayle Runners	182				184											366	2	Male Under 35
996267	Phone Naing	Tri Logic Cornwall	175		190													365	2	Male Under 35
477346	Daniel Cox	Bodmin Running Club	179					184										363	2	Male Under 35
975629	Alex Burridge	East Cornwall Harriers	185	176														361	2	Male Under 35
998082	Riley Udy	St Austell Athletes Running Club		166				193										359	2	Male Under 35
1074868	Alfie Lovett	Cornwall AC					174	183										357	2	Male Under 35
972599	Joel Mitchell	East Cornwall Harriers	171		184													355	2	Male Under 35
1087075	Nathan Matthews	St Austell Running Club		164	185													349	2	Male Under 35
409815	Tom Howard	St Austell Athletes Running Club			179		164											343	2	Male Under 35
899326	Paul Bolingbroke	East Cornwall Harriers	173	165														338	2	Male Under 35
957772	Alfie Cuthbert	Hayle Runners		160				176										336	2	Male Under 35
904123	Adam Glenville	Hayle Runners	169	157														326	2	Male Under 35
930956	Zac Jones	Hayle Runners	168	158														326	2	Male Under 35
718771	Ben Dutton	Truro Running Club	163	151														314	2	Male Under 35
1073857	Samuel Bunting	Tamar Trotters	161	152														313	2	Male Under 35
749926	Jacob Landers	Tamar Trotters					200											200	1	Male Under 35
868914	Freddie Fielding	Cornwall AC		200														200	1	Male Under 35
661780	Ross Pascoe	Cornwall AC					199											199	1	Male Under 35
717127	Tom Morton	Newquay & Par AC		199														199	1	Male Under 35
561007	Blake Brown	Cornwall AC		197														197	1	Male Under 35
754894	Callum Pinch	Truro Running Club						197										197	1	Male Under 35
830470	Jed Ardren	St Austell Athletes Running Club			197													197	1	Male Under 35
871524	Luke Roberts	Cornwall AC					197											197	1	Male Under 35
947026	Sam Anderson	Cornwall AC		196														196	1	Male Under 35
415199	Richard Ezra-Ham	Tamar Trotters		194														194	1	Male Under 35
813343	Ollie Poole	Falmouth Running Club					194											194	1	Male Under 35
893963	Max Davies	Hayle Runners	194															194	1	Male Under 35
1043704	Elliott Holmes	Hayle Runners					193											193	1	Male Under 35
812393	Henry Kennaway	Truro Running Club		190														190	1	Male Under 35
618035	Christopher Nottle	St Austell Running Club			189													189	1	Male Under 35
761931	Peter Rackstraw	Falmouth Running Club	187															187	1	Male Under 35
984123	Peter Rowe	Cornwall AC					185											185	1	Male Under 35
1072140	Alexander Russell	Newquay Road Runners		184														184	1	Male Under 35
1031435	Henry Massimo	Falmouth Running Club	183															183	1	Male Under 35
613712	Dominic Turton	Hayle Runners						181										181	1	Male Under 35
1081680	Jacob Rowell	Cornwall AC		180														180	1	Male Under 35
1100396	William Henwood	Newquay & Par AC						180										180	1	Male Under 35
1085030	Harry Francis-Jones	Cornwall AC					179											179	1	Male Under 35
893002	Todd Reynolds	Hayle Runners		178														178	1	Male Under 35
1080428	Oli Barnard	Looe Pioneers Running Club			177													177	1	Male Under 35
981040	Ashley Smith	St Austell Running Club					175											175	1	Male Under 35
794380	Robert Warner	Tamar Trotters		174														174	1	Male Under 35
768753	Joseph Bidewell	Cornwall AC					173											173	1	Male Under 35
914252	Ollie Carroll	Cornwall AC					172											172	1	Male Under 35
961596	Marc Metherell	Truro Running Club		172														172	1	Male Under 35
1012533	Matthew Stedman	St Austell Running Club						172										172	1	Male Under 35
980940	Alistair Sayer	Cornwall AC					170											170	1	Male Under 35
836271	George Tanner	Cornwall AC					169											169	1	Male Under 35
1051008	Christopher Hall	Carn Runners					167											167	1	Male Under 35
831052	Sam Naisby	Falmouth Running Club					165											165	1	Male Under 35
1037086	Fin Rogers	Falmouth Running Club					163											163	1	Male Under 35
1041918	Cody Thomas	Newquay & Par AC		162														162	1	Male Under 35
1050228	Rory Osborne	Truro Running Club		161														161	1	Male Under 35
1010766	Dominik Juras	Bodmin Running Club	160															160	1	Male Under 35
1073255	Jack Libby	Looe Pioneers Running Club		159														159	1	Male Under 35
952313	Reece Heywood	Launceston Road Runners	158															158	1	Male Under 35

GP 2026 after Race 6 Trevornick 10k - Male Age Category Table

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964640	Jaxx Bartle	Cornwall AC		155														155	1	Male Under 35
1067516	Adam Eastham	Bodmin Running Club		150														150	1	Male Under 35
795877	Frankie Heaton-Pike	Cornwall AC		147														147	1	Male Under 35
1072540	Andy Seary	St Austell Running Club		146														146	1	Male Under 35
688769	Liam O'Neill	Hayle Runners	193	193	198	199	197	200										1180	6	Male 35-39
845707	Charles Curtis	Cornwall AC	187	189	191	196	191	193										1147	6	Male 35-39
865336	Ben Johns	Truro Running Club	188	187	190	194	190	194										1143	6	Male 35-39
916905	Christopher Ayling	Bodmin Running Club	184	185	188	192	188	196										1133	6	Male 35-39
802401	Matt Pickard	Launceston Road Runners	182	183	185	190	185	188										1113	6	Male 35-39
986220	Jed Matthews	Looe Pioneers Running Club	178	180	184	188	182	183										1095	6	Male 35-39
833789	Jacob Heslip	Cornwall AC	175	178	181	187	180	180										1081	6	Male 35-39
495184	Bruce Carey	Newquay Road Runners	173	176	179	185	179	179										1071	6	Male 35-39
756042	Ross Rielly	Hayle Runners	198	195		200	199	197										989	5	Male 35-39
1023807	Brad Keenan	Hayle Runners	183	184			189	186	184									926	5	Male 35-39
1064062	Marc McEwan-Rice	Looe Pioneers Running Club	172	175	180	184		178										889	5	Male 35-39
724134	Steve Reynolds	Truro Running Club	200	199	200		200											799	4	Male 35-39
872928	Adam Tatlow	Truro Running Club			195	198	193	198										784	4	Male 35-39
726219	Matt Fox	Falmouth Running Club	196	191	197		194											778	4	Male 35-39
1027981	Laurent Moseley	St Austell Running Club	190	190	189			187										756	4	Male 35-39
1024319	Mark Williams	St Austell Running Club	180	182	183		183											728	4	Male 35-39
393090	Oisín Curtis	Hayle Runners	177			186	181	181										725	4	Male 35-39
823339	Daniel Padfield	Falmouth Running Club	194		196		195											585	3	Male 35-39
828237	Damon Hocking	Cornwall AC	195	194			196											585	3	Male 35-39
866930	Ryan Mosney	Truro Running Club	186	186			187											559	3	Male 35-39
1034535	Antony Morvan	Carn Runners		181		191		185										557	3	Male 35-39
661724	Dan Varcoe	St Austell Running Club	179	179	182													540	3	Male 35-39
424338	Jordan Morant	Hayle Runners	199	196														395	2	Male 35-39
906767	Ben Pearce	Truro Running Club	197				198											395	2	Male 35-39
965473	James Milliner-Woodcock	Carn Runners				193		195										388	2	Male 35-39
871792	David Folger	Hayle Runners			192		191											383	2	Male 35-39
310022	Craig Varcoe	St Austell Running Club	189		193													382	2	Male 35-39
901725	Eddie Thomson	Launceston Road Runners		188				192										380	2	Male 35-39
831625	Luke Fordham	St Austell Running Club			187		192											379	2	Male 35-39
885592	Andrew Wroe	Falmouth Running Club	181					186										367	2	Male 35-39
1074142	Matt Burrow	Wadebridge Running Club		177			184											361	2	Male 35-39
751076	Peter Le Grice	Cornwall AC		200														200	1	Male 35-39
686614	Daniel Harper	Falmouth Running Club						199										199	1	Male 35-39
760870	Luke Attwood	Tamar Trotters			199													199	1	Male 35-39
750429	James Cutlan	Cornwall AC		198														198	1	Male 35-39
616146	Jacob Gardner	Hayle Runners		197														197	1	Male 35-39
740858	Jonny Unwin	Cornwall AC				197												197	1	Male 35-39
209141	Chris Hitchings	Cornwall Vikings				195												195	1	Male 35-39
353861	Paul Johnson	St Austell Running Club			194													194	1	Male 35-39
794762	Joe Thomson	Launceston Road Runners	192															192	1	Male 35-39
1089536	Luke Gibbons	Tamar Trotters		192														192	1	Male 35-39
368371	Chris Annear	Truro Running Club	191															191	1	Male 35-39
1111384	James Taylor	Cornwall AC						190										190	1	Male 35-39
449918	Andrew Blizard	Truro Running Club						189										189	1	Male 35-39
954450	Jonathan Olds	Hayle Runners					189											189	1	Male 35-39
866507	James Gill	Tamar Trotters			186													186	1	Male 35-39
524943	Matt Swiggs	Falmouth Running Club	185															185	1	Male 35-39
979397	Ben Lane	St Austell Running Club						182										182	1	Male 35-39
817147	Richard Hoskins	Hayle Runners	176															176	1	Male 35-39
902438	Tony Hicks	East Cornwall Harriers	174															174	1	Male 35-39
882482	Andy Corbett	Launceston Road Runners	192	187	192	195	189	191										1146	6	Male 40-44
386230	Mike Greer	St Austell Running Club	190	183	190	194	190	186										1133	6	Male 40-44
909446	Darren Uren	Hayle Runners	186	181	184	193	188	185										1117	6	Male 40-44
514188	James Davies	Truro Running Club	198	197	196	197	199											987	5	Male 40-44
921663	James Martyn	St Austell Running Club	196	193	198	198		194										979	5	Male 40-44
454324	David Guffick	Hayle Runners	194	190	195	196		193										968	5	Male 40-44
918443	Jesse Cox	Truro Running Club	182		180	191	186	180										919	5	Male 40-44
996144	Matt Hawcroft	Wadebridge Running Club		200	200		200	199										799	4	Male 40-44
832539	Jamie Daniell	St Austell Running Club	195	191	197			195										778	4	Male 40-44
1043812	Elliott David	St Austell Running Club	187	185	191		192											755	4	Male 40-44
741008	James Danks	Falmouth Running Club	178	175		190		179										722	4	Male 40-44
358924	Mark Deacon	Looe Pioneers Running Club	200	196	199													595	3	Male 40-44
813088	Tim Hicks	Truro Running Club			194		195	192										581	3	Male 40-44
727779	Simon Ainsley	Perran Trail Runners		184			193	189										566	3	Male 40-44
198135	Thomas Moore	Truro Running Club	191	182				187										560	3	Male 40-44
1075298	Mike Oxley	Hayle Runners	183				187	181										551	3	Male 40-44
861346	Robert Nicholas	Hayle Runners	177	179		192												548	3	Male 40-44
665637	Peter Barnes	Hayle Runners				199		198										397	2	Male 40-44
283641	Paul Warmington	Hayle Runners	199	195														394	2	Male 40-44
726626	Neil Carter	Newquay Road Runners		192				196										388	2	Male 40-44
880250	Thomas Bateman	Falmouth Running Club		188			196											384	2	Male 40-44
721350	Neil Penny-Harding	Cornwall AC	193					188										381	2	Male 40-44
639044	Matt Davies	East Cornwall Harriers	188		186													374	2	Male 40-44
1073647	Richard Sweetman	St Austell Running Club			183			183										366	2	Male 40-44
827416	Tom Edie	St Austell Athletics Running Club			182			182										364	2	Male 40-44
652064	Gregg Norton	St Austell Running Club	181	176														357	2	Male 40-44
903531	Ross Camps	St Austell Athletics Running Club	176					178										354	2	Male 40-44
362924	Thomas Rosenfeld	Hayle Runners				200												200	1	Male 40-44
771956	Mark Rea	Cornwall AC					200											200	1	Male 40-44
981524	Dan Rodgers	Newquay Road Runners		199														199	1	Male 40-44
200128	Jamie Masters	St Austell Running Club		198														198	1	Male 40-44
1024756	Aaron Green	Truro Running Club					198											198	1	Male 40-44
748063	Graham Ditty	Mile High					197											197	1	Male 40-44
810631	Andrew Senior	Truro Running Club						197										197	1	Male 40-44
1039732	Lee Standen	Hayle Runners	197															197	1	Male 40-44
795166	Jonathan Webb	Cornwall AC		194														194	1	Male 40-44

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751073	Jon Mitchell	Cornwall AC	176	175				185										536	3	Male 50-54
929481	Jonathan Hicks	Newquay Road Runners	170	173				183										526	3	Male 50-54
840047	Seamus O'Doherty	St Austell Running Club	166	168				179										513	3	Male 50-54
535398	Clive Ramsden	Newquay Road Runners	199	198														397	2	Male 50-54
1084315	Paul Bestwick	Newquay Road Runners			198		199											397	2	Male 50-54
159670	Jason Vinnicombe	Cornwall AC	197				195											392	2	Male 50-54
424162	Paul Stevens	St Austell Athletes Running Club		194			196											390	2	Male 50-54
386444	Andrew Ellis	Hayle Runners	184	181														365	2	Male 50-54
936362	Adrian Green	Falmouth Running Club		174			188											362	2	Male 50-54
678323	Darren Vilton-Tebbutt	Looe Pioneers Running Club	177	180														357	2	Male 50-54
830870	Alan Edwards	Newquay Road Runners	178	177														355	2	Male 50-54
799735	Mark Roby	Bodmin Running Club			199													199	1	Male 50-54
752608	Alex Daniels	Newquay Road Runners		197														197	1	Male 50-54
843237	Marv Hine	St Austell Running Club		197														197	1	Male 50-54
893165	Nick Rogers	Truro Running Club						197										197	1	Male 50-54
159700	Craig Hall	Cornwall AC	196															196	1	Male 50-54
369267	Simon Knowles	Hayle Runners				194												194	1	Male 50-54
555109	Dale Staff	Looe Pioneers Running Club	193															193	1	Male 50-54
934036	Andrew Poulter	Wadebridge Running Club		193														193	1	Male 50-54
359251	Stuart Thomson	Hayle Runners				191												191	1	Male 50-54
799190	John Roberts	Newquay Road Runners						190										190	1	Male 50-54
1068243	John Kneebone	Wadebridge Running Club					190											190	1	Male 50-54
747259	Peter James	Launceston Road Runners			189													189	1	Male 50-54
901984	Richard Smith	Newquay Road Runners		188														188	1	Male 50-54
930557	Si Barnett	St Austell Athletes Running Club			188													188	1	Male 50-54
303051	David Wilcox	Truro Running Club					187											187	1	Male 50-54
936438	Ashley Davies	Bodmin Running Club			187													187	1	Male 50-54
796249	Geoff Tyrrell	Looe Pioneers Running Club		184														184	1	Male 50-54
744987	Guy Cooper	Looe Pioneers Running Club			182													182	1	Male 50-54
893210	Neil Blonden	Bodmin Running Club	182															182	1	Male 50-54
902334	Arron West	Looe Pioneers Running Club	173															173	1	Male 50-54
503253	Christian Boyce	Looe Pioneers Running Club		172														172	1	Male 50-54
667653	Nick Kelly	Hayle Runners	172															172	1	Male 50-54
663857	Merlin Keating	St Austell Athletes Running Club	169															169	1	Male 50-54
795745	Mark Williams	Hayle Runners	196	197	200	197	199	198										1187	6	Male 55-59
535435	Iain Mobbs	Truro Running Club	192	193	199	193	194	192										1163	6	Male 55-59
893070	Christopher Baggott	St Austell Running Club	187	192	198	194	195	194										1160	6	Male 55-59
948210	John Neat	Wadebridge Running Club	185	188	197	192	193	193										1148	6	Male 55-59
773141	Ian Curnow	Hayle Runners	199	198		198	200	199										994	5	Male 55-59
206038	Martin Trethewey	St Austell Running Club	182	184	194	191		191										942	5	Male 55-59
731348	Craig Knuckey	Cornwall AC	198	199				197										594	3	Male 55-59
1021000	Andrew Biggs	Truro Running Club	194	195		196												585	3	Male 55-59
771105	Chris Campbell	Hayle Runners	183			189	192											564	3	Male 55-59
449237	Alan Byron	Newquay Road Runners	177			188	191											556	3	Male 55-59
656430	Andrew Heather	Hayle Runners	180	183		190												553	3	Male 55-59
1069727	Mark Barlow	Bodmin Running Club	173		191	187												551	3	Male 55-59
788335	Sean Taylor	Bodmin Running Club	175	180	190													545	3	Male 55-59
1002684	Nige Hoar	St Austell Running Club	172	178			190											540	3	Male 55-59
716607	Paul Whear	Cornwall AC				200	200											400	2	Male 55-59
776316	Tony Wright	Cornwall AC	200	200														400	2	Male 55-59
453988	Steve Babb	Wadebridge Running Club	197	196														393	2	Male 55-59
716604	Matthew Fauli	Wadebridge Running Club					197	196										393	2	Male 55-59
209056	Colin Bathe	Truro Running Club	195	194														389	2	Male 55-59
159593	Gary Richards	Truro Running Club	190				198											388	2	Male 55-59
726369	Craig Underhill	Hayle Runners	189					195										384	2	Male 55-59
183240	Andrew Sims	East Cornwall Harriers		187	196													383	2	Male 55-59
515568	Colin Bunting	Tamar Trotters	186	191														377	2	Male 55-59
803502	Stephen Amor	Bodmin Running Club		181	195													376	2	Male 55-59
494174	Martin Dinham	Mile High	184	189														373	2	Male 55-59
531514	Simon Mayho	Hayle Runners				186		187										373	2	Male 55-59
859712	David Bidgway	Bodmin Running Club	176		193													369	2	Male 55-59
1036758	Graham Smallpeice	Tri Logic Cornwall	179					190										369	2	Male 55-59
748028	Sen Devadathan	Truro Running Club	178	182														360	2	Male 55-59
441933	Toby Lowe	Perran Trail Runners					199											199	1	Male 55-59
339661	Tim Adams	St Austell Running Club					196											196	1	Male 55-59
505088	Sean Quinn	St Austell Athletes Running Club					195											195	1	Male 55-59
800652	Paul Gough	Hayle Runners	193															193	1	Male 55-59
728589	Darren Hardwick	Looe Pioneers Running Club			192													192	1	Male 55-59
858400	Mark Grassam	Looe Pioneers Running Club	191															191	1	Male 55-59
760075	Mike Lackey	Newquay Road Runners		190														190	1	Male 55-59
956628	Richard Japes	Launceston Road Runners						189										189	1	Male 55-59
830889	Dan Stevens	Falmouth Running Club	188															188	1	Male 55-59
854955	Tim Cutlan	St Austell Athletes Running Club						188										188	1	Male 55-59
747966	Martin Gregory	Looe Pioneers Running Club		186														186	1	Male 55-59
912841	Phil Calcutt	Newquay Road Runners		185														185	1	Male 55-59
793517	Roly Boyd	Truro Running Club	181															181	1	Male 55-59
902550	David Bolton	Newquay Road Runners		179														179	1	Male 55-59
368264	Damian Cook	Bys Vyken Race Team	174															174	1	Male 55-59
471808	Mark Sweeney	St Austell Running Club	197	197	198	198	198	198										1186	6	Male 60-64
533489	Trevor Lee	Truro Running Club	184	188	191	188	193	189										1133	6	Male 60-64
853649	David Thomson	Launceston Road Runners		199	199	200	200	199										997	5	Male 60-64
775639	Cas Leo	Hayle Runners	179		193	190	194	188										944	5	Male 60-64
893371	Peter Kearney	Hayle Runners	183	187	190	193	187											940	5	Male 60-64
607818	David Banbury	Bys Vyken Race Team	182	186			189	190										747	4	Male 60-64
202790	Glynn Davis	Carn Runners				197	199	195										591	3	Male 60-64
657978	Andy Stallard	Truro Running Club	195	196				197										588	3	Male 60-64
725983	Michael Counter	St Austell Running Club	193	194			195											582	3	Male 60-64
889539	Steve Kemsley	Falmouth Running Club			194	192		192										578	3	Male 60-64
545595	Simon Blackburn	Hayle Runners	187	191				197										575	3	Male 60-64
612996	Martin Palmer	Perran Trail Runners	181	189	195													565	3	Male 60-64

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176953	Steven Wherry	Hayle Runners	200	200														400	2	Male 60-64
215086	Robin Watson	Falmouth Running Club	199				200											399	2	Male 60-64
316199	Alan Wherry	St Austell Running Club			200	199												399	2	Male 60-64
726416	Robert Rochowiak	Carn Runners					196	194										390	2	Male 60-64
799819	Andrew Bunt	Newquay Road Runners	194				196											390	2	Male 60-64
818911	Jerry Cartlidge	Hayle Runners					191											382	2	Male 60-64
991971	Tim Myers	Carn Runners		190	192													382	2	Male 60-64
392337	Matt Phillips	St Austell Running Club	186				194											380	2	Male 60-64
487928	Mark Trebilcock	Cornwall AC	188	192														380	2	Male 60-64
1073331	Simon Lawes	Looe Pioneers Running Club		184				184										368	2	Male 60-64
661384	Nick Morley	Hayle Runners	180	185														365	2	Male 60-64
491015	Kevin Marshall	Launceston Road Runners	198															198	1	Male 60-64
977855	Ian Butler	Newquay Road Runners		198														198	1	Male 60-64
915275	Ivor Pudner	Looe Pioneers Running Club			197													197	1	Male 60-64
379310	Bill Wood	Falmouth Running Club						196										196	1	Male 60-64
621857	Michael Batty	Newquay Road Runners	196															196	1	Male 60-64
1004593	Kev Beer	Bodmin Running Club			196													196	1	Male 60-64
908891	Alan Mackenzie	Falmouth Running Club					195											195	1	Male 60-64
1022921	Nigel Holmes	Newquay Road Runners		195														195	1	Male 60-64
514804	Adam Speare	Tamar Trotters		193														193	1	Male 60-64
1015479	Shaun Roseveare	Newquay Road Runners						193										193	1	Male 60-64
780154	Satnam Basram	Cornwall AC	192															192	1	Male 60-64
823667	Phillip Ciano	Perran Trail Runners	191															191	1	Male 60-64
803516	Paul Cole	Falmouth Running Club	190															190	1	Male 60-64
720455	Ian Savigar	East Cornwall Harriers	189															189	1	Male 60-64
728572	Anthony Burrows	Hayle Runners						186										186	1	Male 60-64
385557	Clive Gibbs	St Austell Running Club	185															185	1	Male 60-64
784201	Antony Chapman	Carn Runners						185										185	1	Male 60-64
716751	Jon Eldon	Hayle Runners	200	200	200	200	200											1000	5	Male 65-69
768098	Andrew Cassidy	Cornwall AC	199	199		199	199	200										996	5	Male 65-69
1075834	Stuart Armstrong	Launceston Road Runners	196		196		196	199										787	4	Male 65-69
308760	Peter Allen	Newquay Road Runners	195		197	194	195											781	4	Male 65-69
826316	Steve Menear	St Austell Running Club	192	195	195			198										780	4	Male 65-69
773171	Robert Bolitho	Falmouth Running Club	185				191	194	194									764	4	Male 65-69
835219	Phillip Clatworthy	St Austell Running Club	186	191	192			193										762	4	Male 65-69
749510	Simon Webber	East Cornwall Harriers	198	198		198												594	3	Male 65-69
944101	Steve Towsey	St Austell Running Club	197		198		198											593	3	Male 65-69
855247	Andy Coles	St Austell Running Club	194	197				196										587	3	Male 65-69
718104	Philip Spargo	Truro Running Club	191			195		195										581	3	Male 65-69
417090	Mike Bawden	Carn Runners				197		197										394	2	Male 65-69
911696	Mike Flavelle	Truro Running Club	193				197											390	2	Male 65-69
796794	David Lean	East Cornwall Harriers		190	193													383	2	Male 65-69
566288	Tim Andrews	Falmouth Running Club	188			192												380	2	Male 65-69
450571	Robert Willcocks	Falmouth Running Club	187	192														379	2	Male 65-69
367481	Andrew Vosper	Bodmin Running Club			199													199	1	Male 65-69
281390	Mark Tamblyn	Falmouth Running Club				196												196	1	Male 65-69
908632	Keith Bartram	Newquay Road Runners		196														196	1	Male 65-69
856484	Michael Wilson	Truro Running Club		194														194	1	Male 65-69
1070871	Dave Hotchkiss	Looe Pioneers Running Club			194													194	1	Male 65-69
210339	Mark Colton-Taylor	Truro Running Club				193												193	1	Male 65-69
748756	Norbert Hamacher	Truro Running Club		193														193	1	Male 65-69
434172	Trevor Williams	Tamar Trotters	190															190	1	Male 65-69
498911	Nigel Knuckey	Truro Running Club	189															189	1	Male 65-69
745920	Mark Squire	Hayle Runners	192	193	196	196	198	193										1168	6	Male 70-74
7111	Stephen Hutchinson	Bude Rats (Run and Tri)	196	195		200	200	198										989	5	Male 70-74
747885	Ian Grimes	Launceston Road Runners	194	196	198	198		197										983	5	Male 70-74
993907	Rowan Mulliss	Hayle Runners		194	197	199	199	194										983	5	Male 70-74
749334	Martin Hynes	Launceston Road Runners	200		200			199										599	3	Male 70-74
885381	Phillip Hall	Falmouth Running Club	199	199				200										598	3	Male 70-74
748431	Christopher Ramsey	Truro Running Club	197	192		197												586	3	Male 70-74
752530	Richard Morton	Tamar Trotters	198		199													397	2	Male 70-74
381794	Malcolm Roberts	St Austell Running Club	195	198														393	2	Male 70-74
25702	Gavin Clegg	East Cornwall Harriers		200														200	1	Male 70-74
780554	Neville Witham	Cornwall AC		197														197	1	Male 70-74
24931	Barry Olver	Tamar Trotters					196											196	1	Male 70-74
365945	Gary Oswald	Looe Pioneers Running Club			195													195	1	Male 70-74
750113	Nick Miles	Newquay Road Runners					195											195	1	Male 70-74
746189	Philip Bunt	Newquay Road Runners	193															193	1	Male 70-74
368721	David Wilton	Falmouth Running Club					192											192	1	Male 70-74
664494	Roland Hardman	Hayle Runners					191											191	1	Male 70-74
750060	Tommy Polglase	Carn Runners	200		200	200		200										800	4	Male 75-79
631285	Des Evans	Newquay Road Runners	195	198	198		200											791	4	Male 75-79
522287	Alan Brandwood	Falmouth Running Club	197	197		198		198										790	4	Male 75-79
550913	Chunky Penhaul	Hayle Runners	199	200		199												598	3	Male 75-79
604348	Peter Drew	Carn Runners	196	199				197										592	3	Male 75-79
261751	Doug Alsop	St Austell Running Club			199			199										398	2	Male 75-79
811500	Ray Frith	Newquay Road Runners	198															198	1	Male 75-79
193851	Roy Newton	Falmouth Running Club	194															194	1	Male 75-79
557872	Stewart Townend	Hayle Runners	200	200		200		198										798	4	Male 80-84
745095	Richard Jenkin	Cornwall AC	198	198		199		199										794	4	Male 80-84
768208	Paul Wright	Looe Pioneers Running Club	199		200													399	2	Male 80-84
929210	John Horton	Newquay & Par AC					200											200	1	Male 80-84
747308	John Lillis	Newquay Road Runners		199														199	1	Male 80-84
747923	Dennis Burrell	Carn Runners	197															197	1	Male 80-84

